

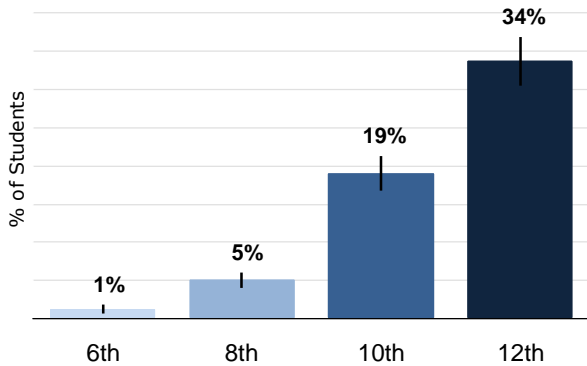


Youth Alcohol Use in Lake Washington School District in 2014

Are OUR youth using alcohol?

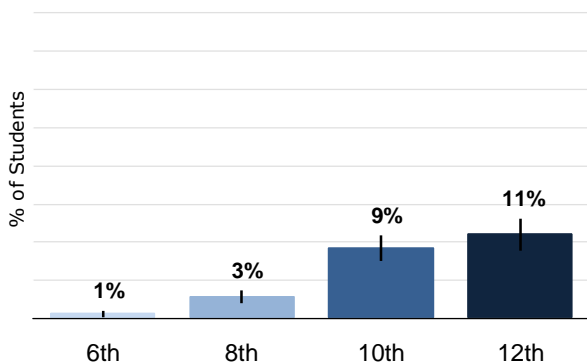
Current Drinking

Students who report drinking at least once in the past month



Experimental Drinking

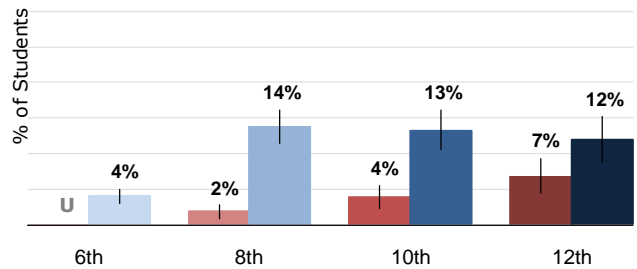
Students who report drinking on 1-2 days in the past month, but no binge drinking



In a Vehicle

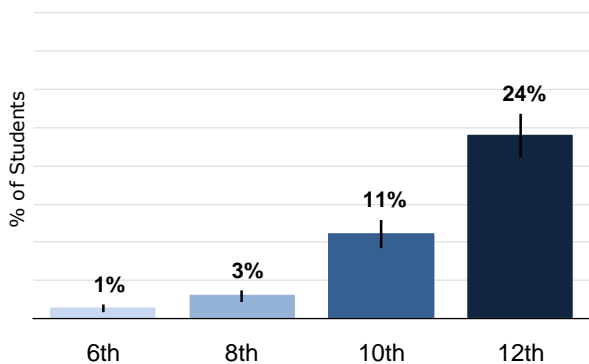
Students who report drinking and driving OR riding with a driver who had been drinking

■ Drove after drinking ■ Rode with drinking driver



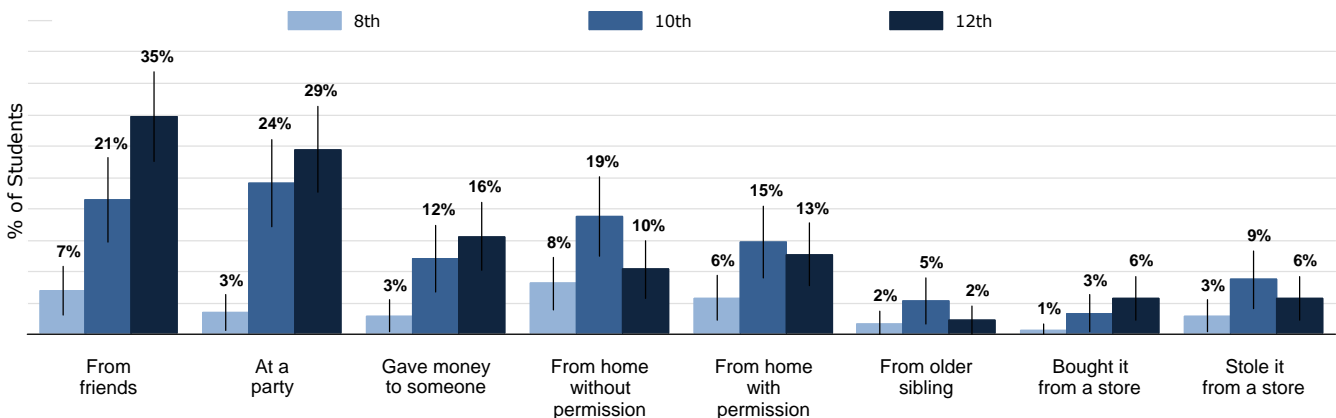
Problem or Heavy Drinking

Students who report drinking 3 or more days in the past month and/or one or more binge drinking episodes*



*Binge drinking is drinking 5 or more drinks in a row in the past two weeks.

Where Do They Get It?



The numbers in the chart above are based on those students who reported getting alcohol. Students who got alcohol could choose multiple sources.

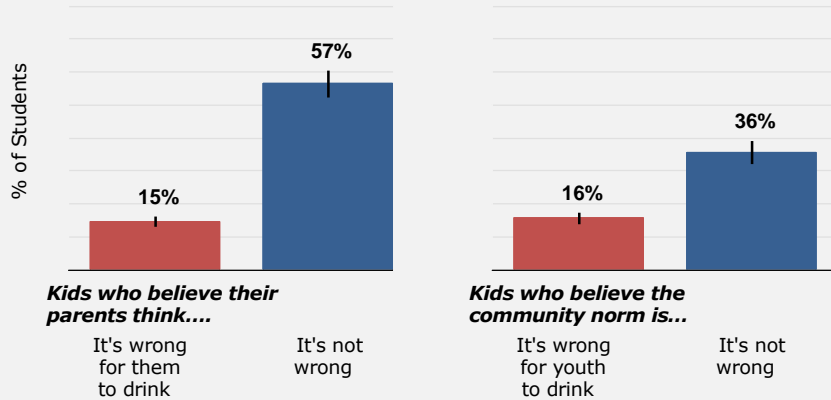
The data in these charts are based on the Healthy Youth Survey conducted in fall 2014. In Lake Washington School District, 1,742 6th graders, 1,767 8th graders, 1,178 10th graders and 893 12th graders completed the survey.

For more results from the 2014 Healthy Youth Survey, please visit www.AskHYS.net

Parents and communities have influence!

Kids are less likely to drink if they believe their parents or their communities disapprove of youth drinking.

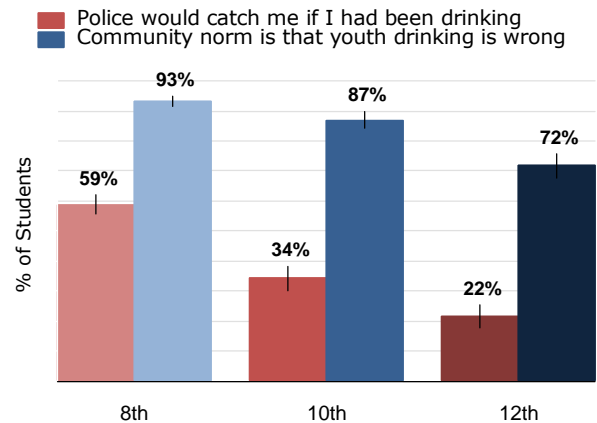
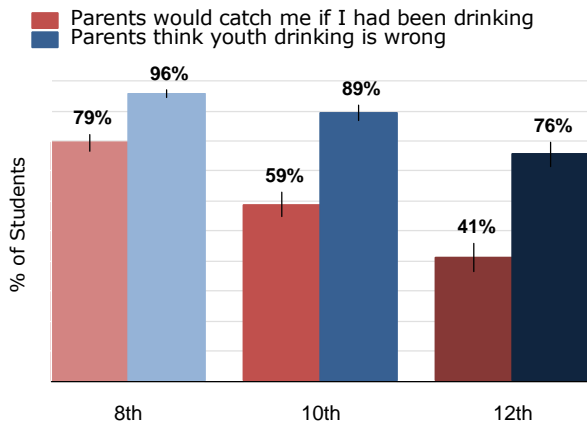
Percent of 10th Graders who Drink Alcohol (Statewide)



What does this chart say?

- Only 15% of kids drink alcohol if their parent's think it's wrong, while 57% drink if their parents don't think it's wrong.
- 16% of kids drink alcohol if their community thinks it's wrong, while 36% drink if their community doesn't think it's wrong.

Kids in Lake Washington School District reported that they believe...



Take action to reduce youth alcohol use!

Community Members - help reduce youth drinking by making it difficult for them to get alcohol.

The percent of Lake Washington School District kids who think that it would be easy to get alcohol increases as they get older, from 13% in 6th Grade to 64% in 12th Grade.

Parents - talk to your kids about the dangers of drinking alcohol.

The percent of Lake Washington School District kids who said their parents **didn't** talk to them about the dangers of alcohol increases as they get older, from 22% in 8th Grade to 41% in 12th Grade.

Start the conversation

Continue the conversation

Visit us at: StartTalkingNow.org

