

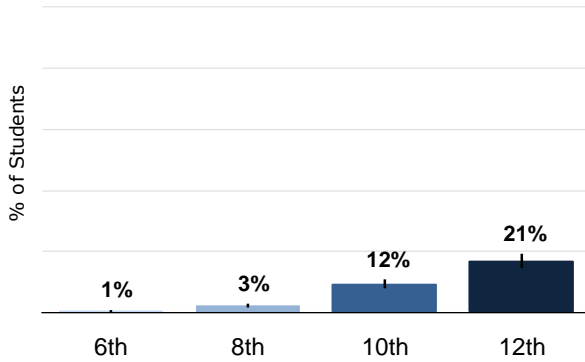


# What Do Lake Washington School District Youth Say about Marijuana in 2014

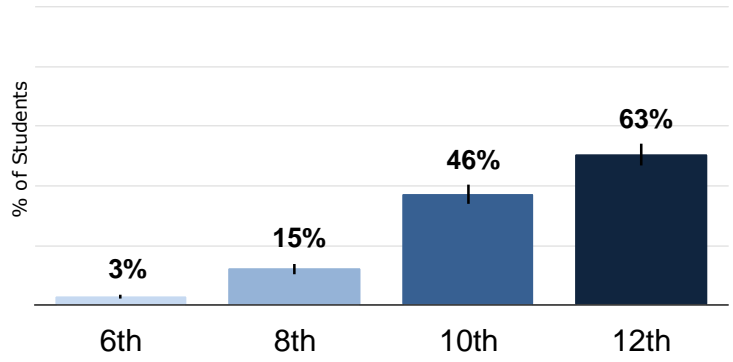
## Are OUR youth using marijuana?

### Current (past 30-day) Marijuana Use

"I have used marijuana at least once in the past month."

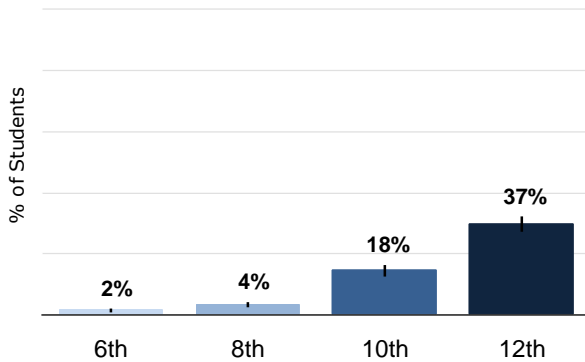


### Marijuana is Perceived as Easy or Very Easy to Get

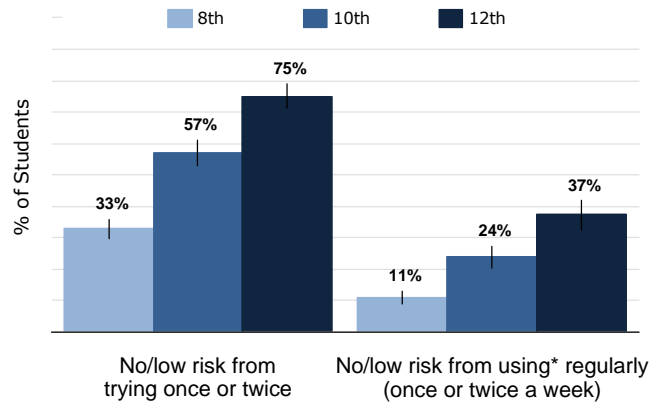


### Lifetime Marijuana Use

"I have used marijuana at least once."



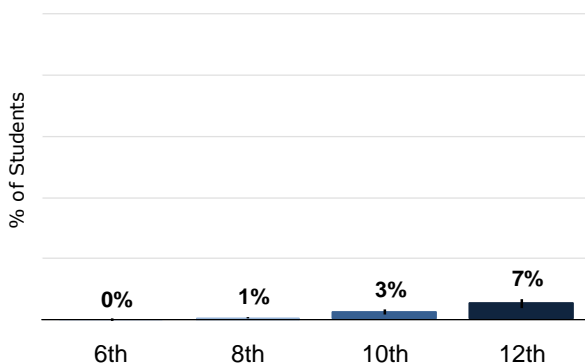
### Marijuana is Perceived as Not Harmful



\*"Smoked" regularly changed to "Used" regularly in 2014

### Heavy Marijuana Use

"I have used marijuana on 10 or more days in the past month."

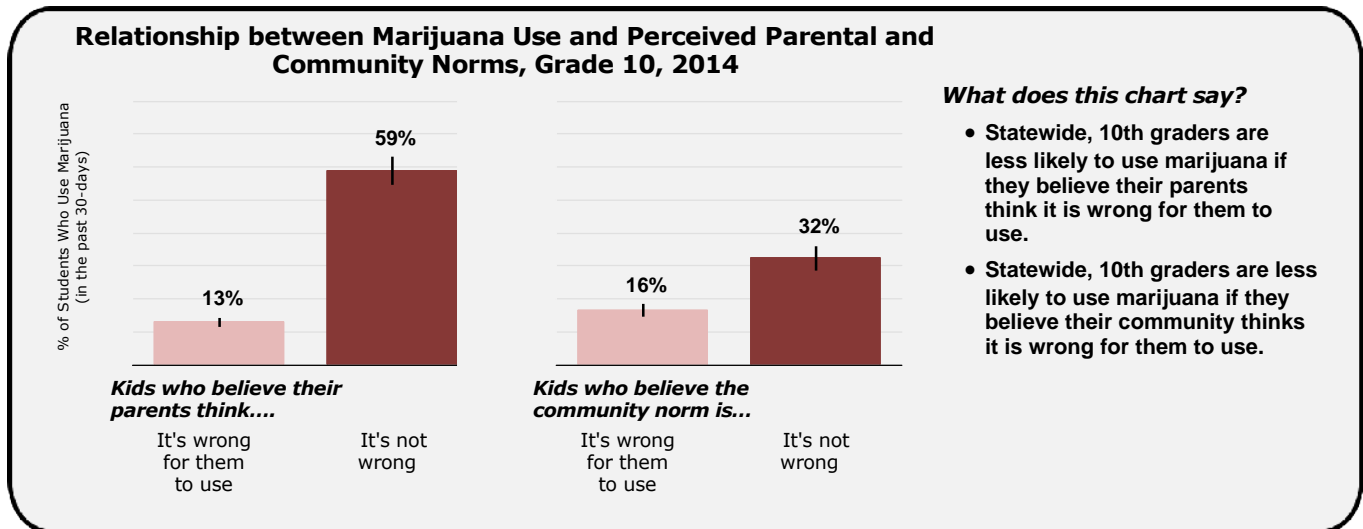


The data in these charts are based on the Healthy Youth Survey conducted in fall 2014. In Lake Washington School District, 1,742 6th graders, 1,767 8th graders, 1,178 10th graders and 893 12th graders completed the survey.

For more results from the 2014 Healthy Youth Survey, please visit [www.AskHYS.net](http://www.AskHYS.net)

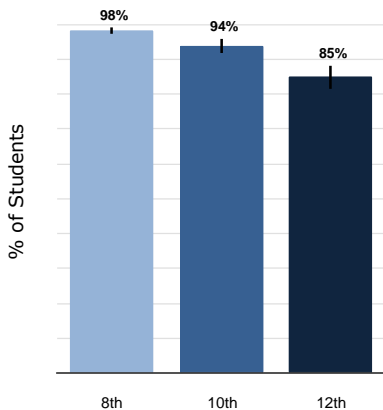
## Parents and communities can have influence.

***Kids are less likely to use marijuana if they believe their parents or their communities disapprove of youth using marijuana.***

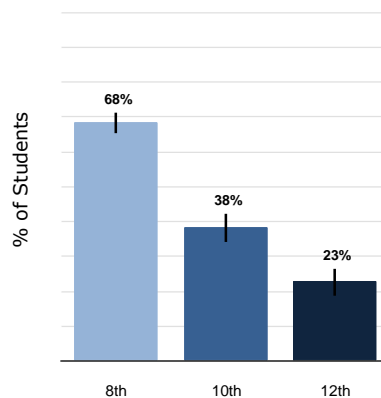


## ***Kids in Lake Washington School District reported that they believe...***

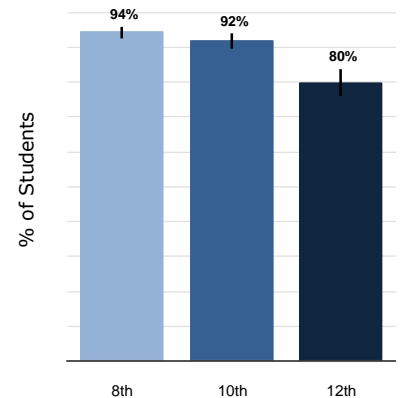
Parents think youth marijuana use is wrong



Police would catch me if I used marijuana



Community norm is marijuana use is wrong



## **What can parents do to help teens avoid alcohol, marijuana and other drugs?**

- You are the most powerful influence on whether your child or teen chooses to use drugs.
- Talk early and often about the risks. Get tips for how to talk with your child and stay better connected at [www.Start.TalkingNow.org](http://www.Start.TalkingNow.org).
- Model healthy choices for your child.
- Set clear rules against alcohol and drug use, and enforce reasonable consequences.
- Reward positive and healthy choices.
- Stay involved in your child's life: eat dinner together, know who their friends are, keep track of what they are doing.
- Be aware of the signs and take action if you think your teen is using. Talk to your school's counselor, or get information about other resources in your area by calling the Washington Recovery Help Line at 1-866-789-1511.