Westerly District Wellness Policy, 3.19.25

Federal and RI Required Items in WellSAT 3.0

***Indicates RI State Law is stronger than federal law.**

	WellSAT Item	Item Description	Required Score	Your Score
1.	FR1	*Includes goals for nutrition education that are designed to promote student wellness.* Federal Rule language states that policies must include "specific goals for nutrition promotion and education, physical activity, and other school-based activities that promote student wellness."	2	2
2.*	FR2	*Assures compliance with USDA nutrition standards for reimbursable school meals.* Federal Rule language states that local educational agencies must set "standards and nutrition guidelines for all food and beverages sold to students during the school day" that "are consistent with applicable requirements set forth under 210.10." Additionally, the WIC Reauthorization Act of 2004 states that all wellness policies must "provide an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by the Secretary of Agriculture."	1 or 2	2
3.	FR3	*District takes steps to protect the privacy of students who qualify for free or reduced priced meals.* The National School Lunch Act puts restrictions on how much information can be shared from participants. The USDA states "school food authorities must assure that a child's eligibility status is not disclosed at any point in the process of providing free or reduced-price meals, including notification of the availability of free or reduced-price benefits, certification and notification of eligibility, provision of meals in the cafeteria, and the point of service." N/A (district qualifies for community eligibility)	2	2
4.	FR4	*Free drinking water is available during meals.* Federal Rule language states that schools "must make potable water available to children at no charge in the place where lunches are served during the meal service, consistent with amendments made by section 203 of the HHFKA, and in the cafeteria during breakfast meal service."	1 or 2	2
	WellSAT Item	**Item Description**	**Required Score**	**Your Score**
5.	FR5	*Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards.* Training requirements include: new and current directors: 12 hours; new and current managers:	2	2

		10 hours; new and current staff: 6 hours. Requirement information available at: https://www.gpo.gov/fdsys/pkg/FR-2015-03-02/pdf/2015-04234.pdf.		
6.*	FR6	*Addresses compliance with USDA nutrition standards (commonly referred to as Smart Snacks) for all food and beverages sold to students during the school day. The school day begins at midnight the night before and goes until 30 minutes after the final bell.* Federal Rule language states that policies must contain "standards and nutrition guidelines for all foods and beverages sold to students during the school day on each participating school campus under the jurisdiction of the local educational agency."	2	2
7.*	FR7	*Regulates food and beverages sold in a la carte.* If a policy requires that "all food sold" or "all food and beverages made available" meet Smart Snacks standards, or competitive foods are not allowed to be sold, NS3 should be coded as a 2.	2	2
8.*	FR8	*Regulates food and beverages sold in vending machines.* If a policy requires that "all food sold" or "all food and beverages made available" meet Smart Snacks standards, or competitive foods are not allowed to be sold, NS4 should be coded as a 2.	2	2
9.*	FR9	*Regulates food and beverages sold in school stores.* If a policy requires that "all food sold" or "all food and beverages made available" meet Smart Snacks standards, or competitive foods are not allowed to be sold, NS5 should be coded as a 2.	2	2
	WellSAT Item	**Item Description**	**Required Score**	**Your Score**
10.*	FR10	*Addresses fundraising with food to be consumed during the school day.* If a policy requires that "all food sold" or "all food and beverages made available" meet Smart Snacks standards, or competitive foods are not allowed to be sold, NS6 should be coded as a 2. Smart Snacks applies to food and beverages sold as fundraiser during the school day. State agencies may adopt a policy that allows for exemptions to this requirement for infrequent school-sponsored fundraisers. The next variable (NS7) will capture whether or not those exemptions apply. Please indicate whether your district's nutrition standards apply to fundraising with food to be consumed during the school day here.	2	2
11.	FR11	*Regulates food and beverages served at class parties and other school celebrations in elementary schools.* Use N/A if no elementary schools in district.	1 or 2	1

12.*	FR12	*Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards. School marketing includes food and beverage advertising and other marketing, such as the name or depiction of products, brands, logos, trade marks, or spokespersons or characters, on any property or facility owned or leased by the school district or school (such as school buildings and campus, outside and areas adjacent to school buildings, athletic fields, school buses, parking lots, or other facilities) and used at any time for school-related activities.* Federal Rule language states that schools may only "permit marketing on the school campus during the school day of those foods and beverages that meet the nutrition standards under 210.11 and promote student health and reduce childhood obesity."	2	2
13.	FR13	*Addresses how all relevant stakeholders (parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrator, and the general public) will participate in the development, implementation, and periodic review and update of the local wellness policy.* Federal Rule language states that the policy must include "a description of the manner in which parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrators, and the general public are provided an opportunity to participate in the development, implementation, and periodic review and update of the local school wellness policy."	2	2
	WellSAT Item	**Item Description**	**Required Score**	**Your Score**
14.	FR14	*Identifies the officials responsible for the implementation and compliance of the local wellness policy.* Federal Rule language states that each local educational agency must "designate one or more local educational agency officials or school officials to ensure that each participating school complies with the local school wellness policy."	2	2
15.	FR15	*Addresses making the wellness policy available to the public.* Federal Rule language states that local educational agencies must "inform the public about the content and implementation of the local school wellness policy, and make the policy and any updates to the policy available to the public on an annual basis."	2	2
16.	FR16	*Addresses the assessment of district implementation of the local wellness policy at least once every three years.* Federal Rule language states that local educational agencies must "at least once every three years, assess schools' compliance with the local school wellness policy, and make assessment results available to the public."	2	2
17.	FR17	*Triennial assessment results will be made available to the public and will include:* *1. The extent to which schools under the jurisdiction of the LEA are in compliance with the local school wellness*	2	2

		policy; *2. The extent to which the LEA's local school wellness policy compares to model local school wellness policies;* *3. A description of the progress made in attaining the goals of the local school wellness policy*		
18.	FR18	*Addresses a plan for updating policy based on results of the triennial assessment.* Federal Rule language states that districts must "make appropriate updates or modifications to the local school wellness policy, based on the triennial assessment."	2	2

State of Rhode Island Required Items in WellSAT 3.0

These laws/regulations apply to ALL RI public/charter schools and schools under the control or management of the State of RI.

	Rhode Island General Law Number & Name	Rhode Island State Law Description	Include in WP?	WellSAT Item	WellSAT Score	Your Score
1.	§ 16-8-10.1. Mandatory school breakfast programs	http://webserver.rilin.state.ri.us/Statutes/TITLE16/16-8/16-8-10.1.HTM All public schools shall make a breakfast program available to students attending the school.	Yes	NES1	2	2
2.	§ 16-21-7. School health	Law passed by the RI General Assembly in 2007/08 requiring all RI schools to sell ONLY healthier snacks and beverages outside of the federal reimbursable meals program (including vending, fundraising, school stores and other sales before, during and one hour after the school day). Update to law in 2016 to align RI nutrition standards with new federal nutrition standards while preserving stronger state provisions for caffeine and artificial sweetener ban.	Yes	FR7 FR8 FR9 FR10 NES9 NES10	2 on all items	FR7 - 2 FR8 - 2 FR9 - 2 FR10 - 2 NES9 - 2 NES10 - 2
3.	§ 16-21-7.1. Unhealthy food and beverage advertising prohibited in schools	Law passed by the RI General Assembly in 2018 that prohibits the advertising and marketing of unhealthy foods and beverages in schools that do not meet minimum federal/state nutrition standards.	Yes	FR12	2	FR12 - 2
24.	§§16-21-28 Health and Wellness Subcommittee	Law passed by the RI General Assembly in 2005 requiring all RI districts to establish a wellness committee as a sub-committee of the full school committee.	Yes	IC1 FR13	2 on all items	IC1 - 2 FR13 - 2

5.	§§16-21-31 Notice of peanut/tree nut allergies - posting	https://www.lawserver.com/law/state/rhode-island/ri-laws/rhode_island_general_laws_16-21-31	Not required	NA		
	Rhode Island General Law Number & Name	**Rhode Island State Law Description**	**Include in WP?**	**WellSAT Item**	**WellSAT Score**	**Your Score**
6.	§§16-21-32 Peanut/tree nut allergies	https://www.lawserver.com/law/state/rhode-island/ri-laws/rhode_island_general_laws_16-21-32	Not required	NA		
7.	RINR Rhode Island Nutrition Requirements	Law passed by the RI General Assembly in 2007/08 requiring all RI schools to sell ONLY healthier snacks and beverages outside of the federal reimbursable meals program (including vending, fundraising, school stores and other sales before, during and one hour after the school day). Update to law in 2016 to align RI nutrition standards with new federal nutrition standards while preserving stronger state provisions for caffeine and artificial sweetener ban. Criteria first approved by the RI Board of Education in 2009 to add additional nutrition requirements for school meals and prohibit sales of competitive foods/beverages in elementary schools. In 2016, these standards were aligned with strengthened USDA meal nutrition standards, while preserving a stronger state whole grain requirement, fruit/vegetables offerings and ban on artificial sweeteners and caffeine.	Yes	Caffeine – NES10 Artificial sweeteners - NA Whole Grains - NA Fruit/Vegetables/Juice - NA	2	2
8.	§ 16-22-4. Instruction in health and physical education	Law passed by the RI General Assembly in 2012 that requires all school PE program curriculum be based on the standards of the RI Physical Education Framework (in addition to average 20 minutes/day instruction in PE/Health for students in grades 1 – 12).	Yes	PEPA1 PEPA2 PEPA3 PEPA4 PEPA5 PEPA6	2 on PEPA1-3,1 or 2 on PEPA4-6	PEPA1 - 2 PEPA2 - 2 PEPA3 - 2 PEPA4 - 1 PEPA5 - 1 PEPA6 - 1
9.	§ 16-22-4.2. Free-play recess	Law passed by the RI General Assembly in 2016 requiring any RI public school that has elementary grades K – 6 to offer students daily supervised, safe and unstructured free play recess for 20 consecutive minutes each day.	Yes	PEPA13	2	2