



Lake Washington School District

Highlights from the Healthy Youth Survey
(March 1, 2017)

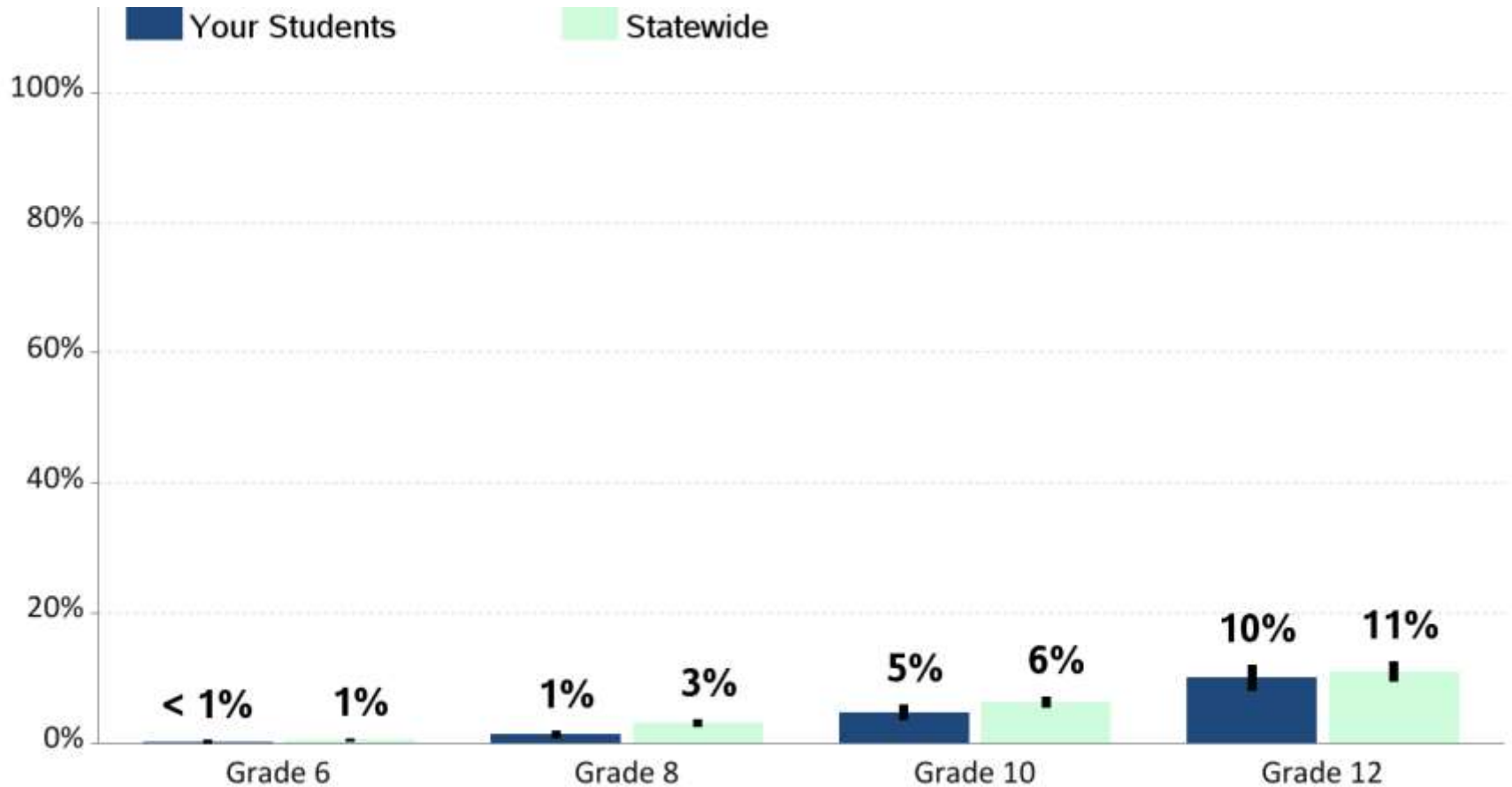
Student Participation

Lake Washington School District

- 2,063 (91%) of Grade 6 students
- 1,835 (87%) of Grade 8 students
- 1,443 (73%) of Grade 10 students
- 975 (52%) of Grade 12 students

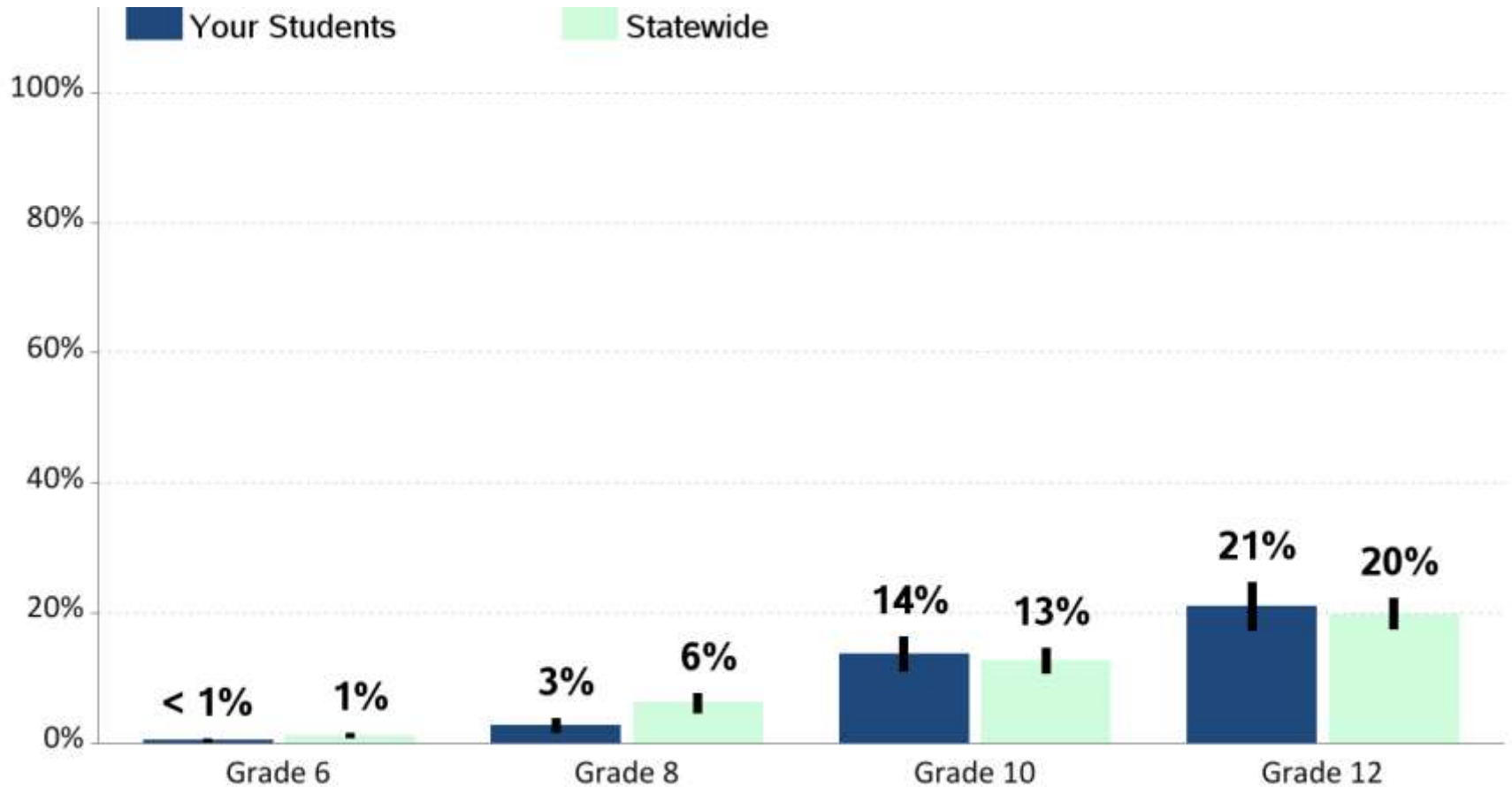
Current Cigarette Smoking

Percent of students who report smoking cigarettes
in the past 30 days



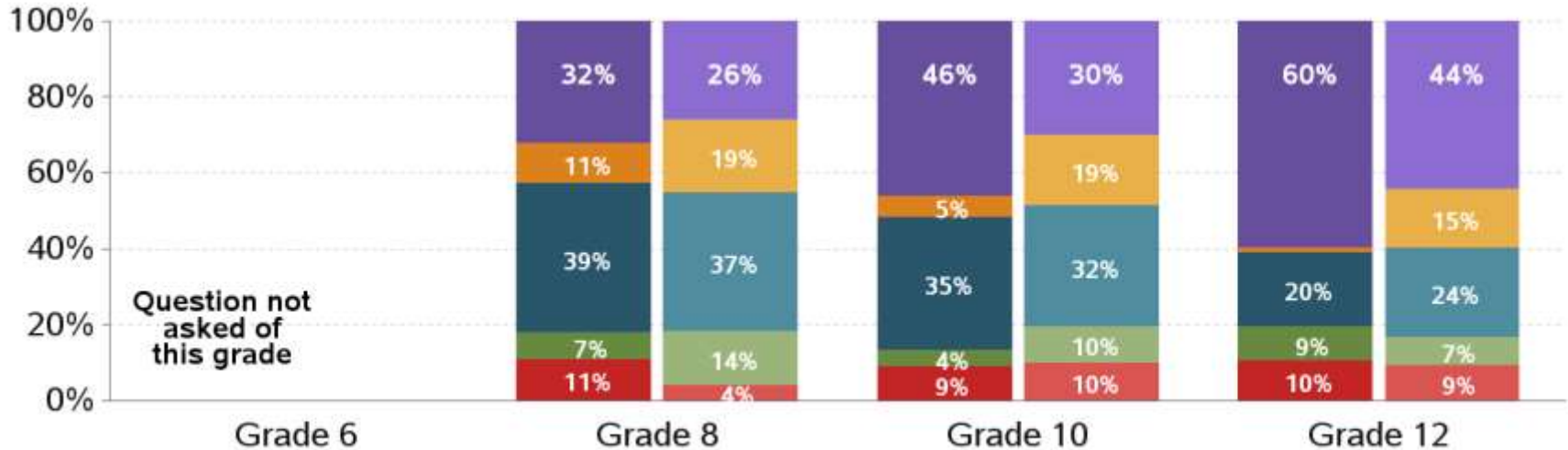
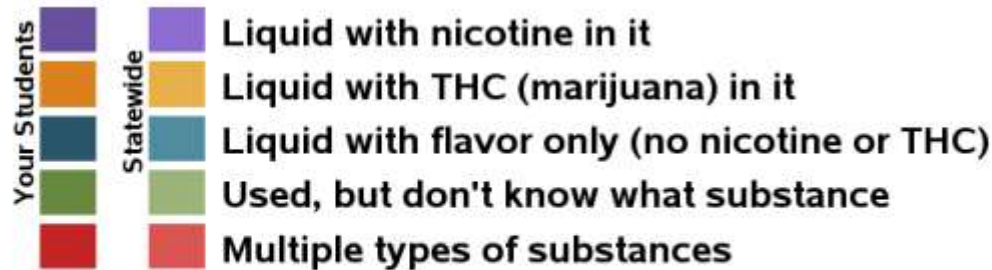
Current E-Cigarette Smoking or Vaping

Percent of students who report using an electronic cigarette, e-cig or vape pen in the past 30 days



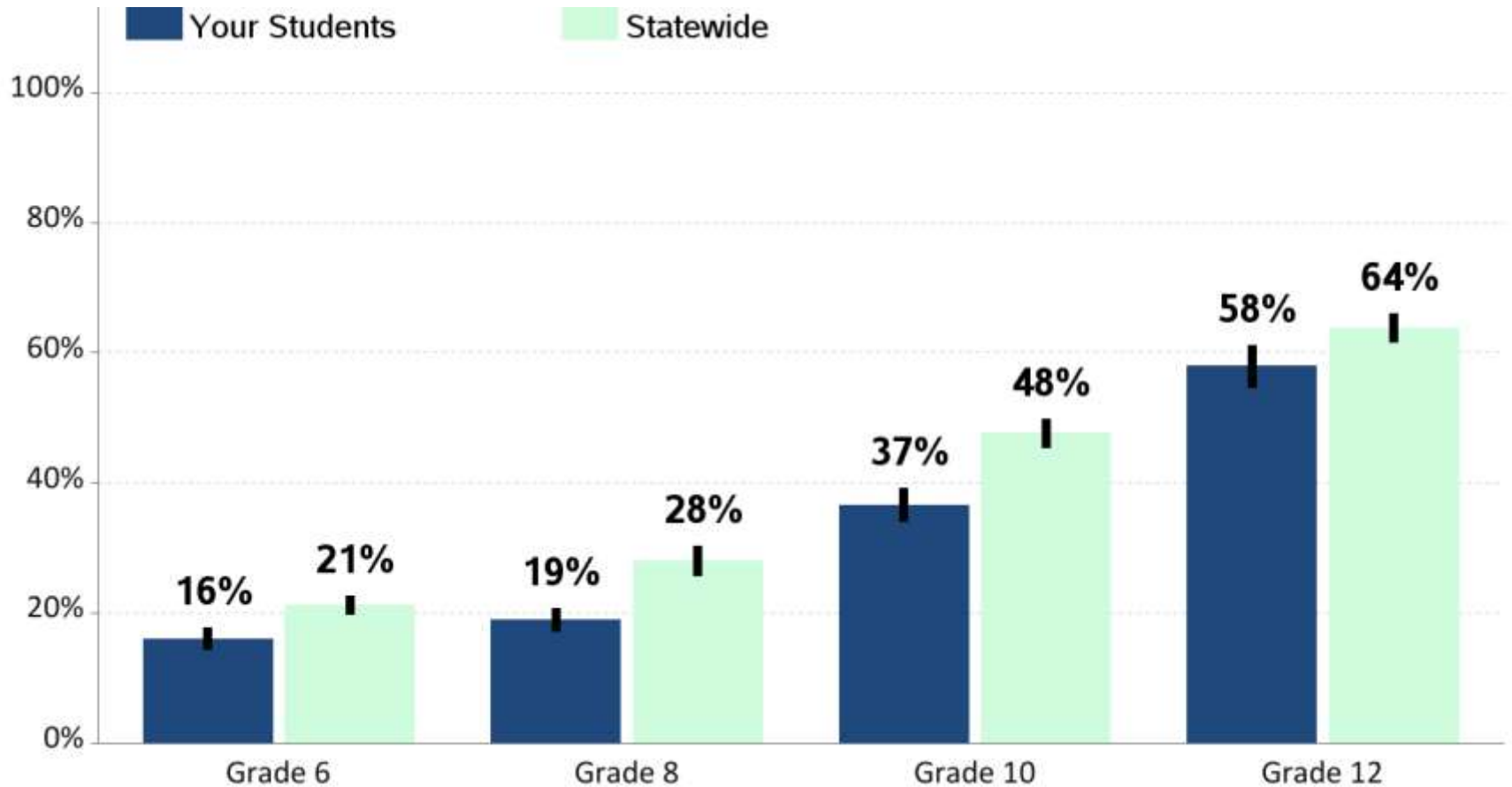
Type of Substance Used in E-Cigarette or Vaped in Past 30 Days

Percentages are of students who used e-cigarettes in the past 30 days



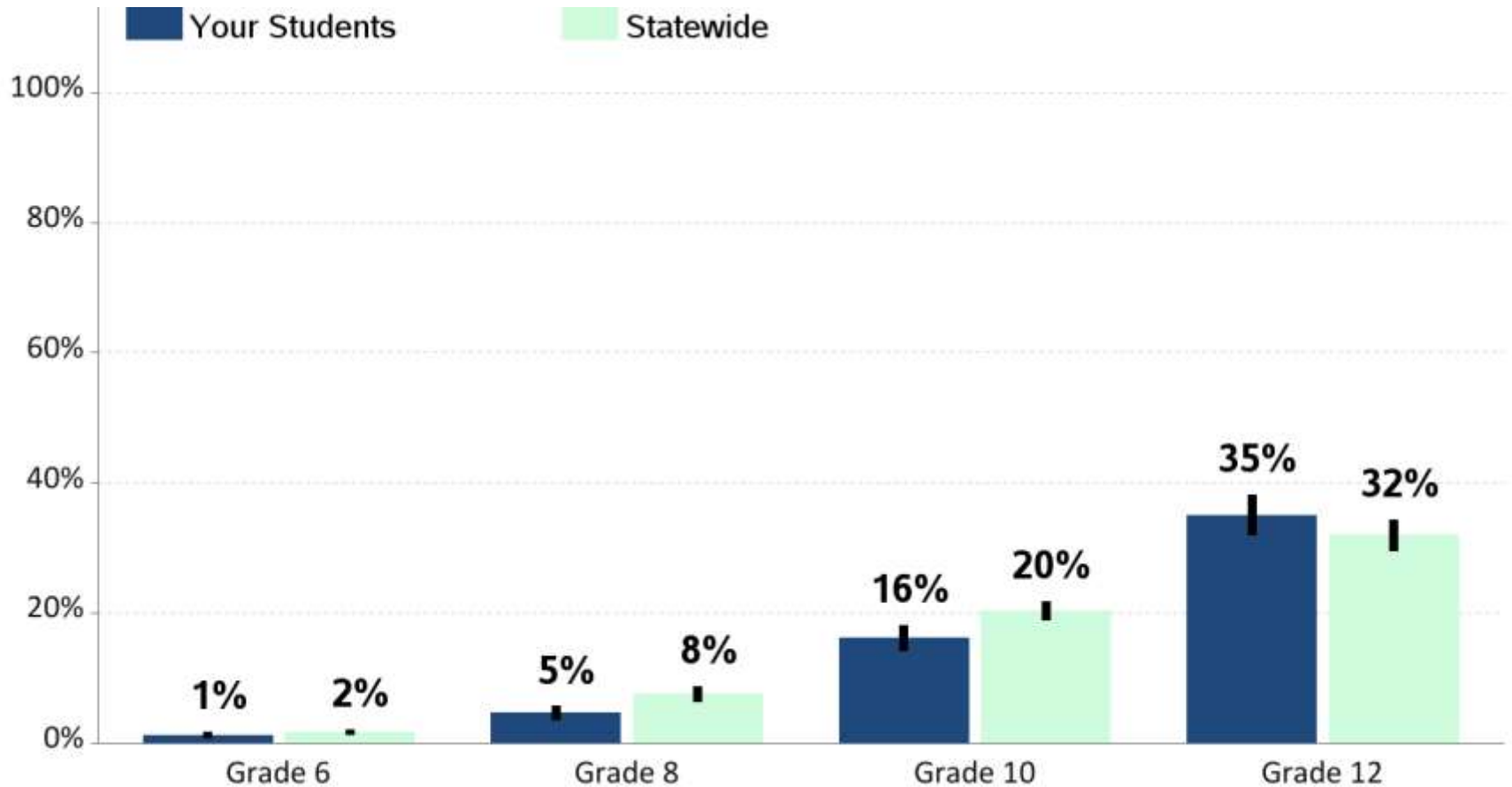
Lifetime Alcohol Use

Percent of students who report having ever drunk more than a sip of alcohol



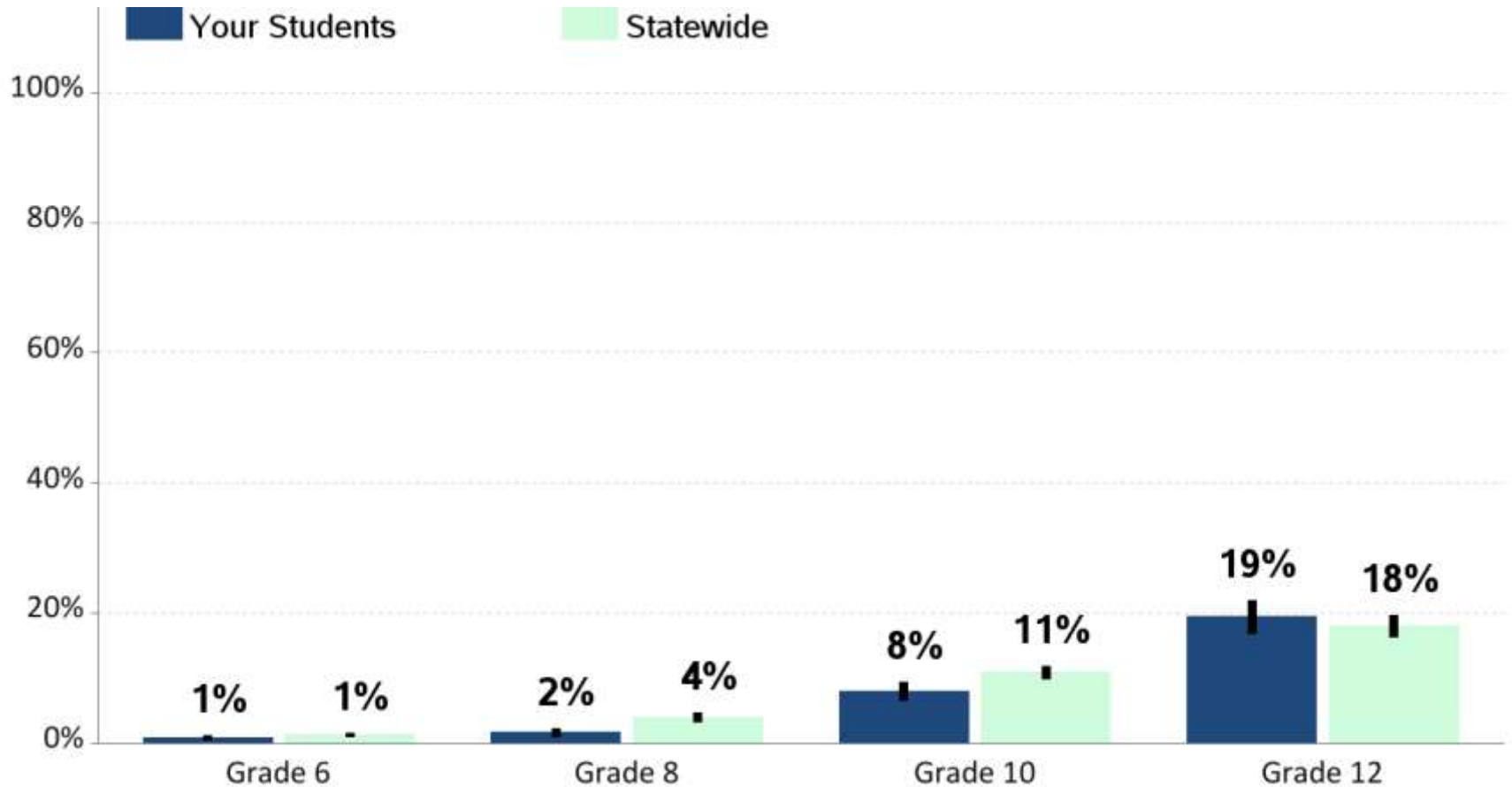
Current Alcohol Use

Percent of students who report having drunk a glass, can or bottle of alcohol in the past 30 days

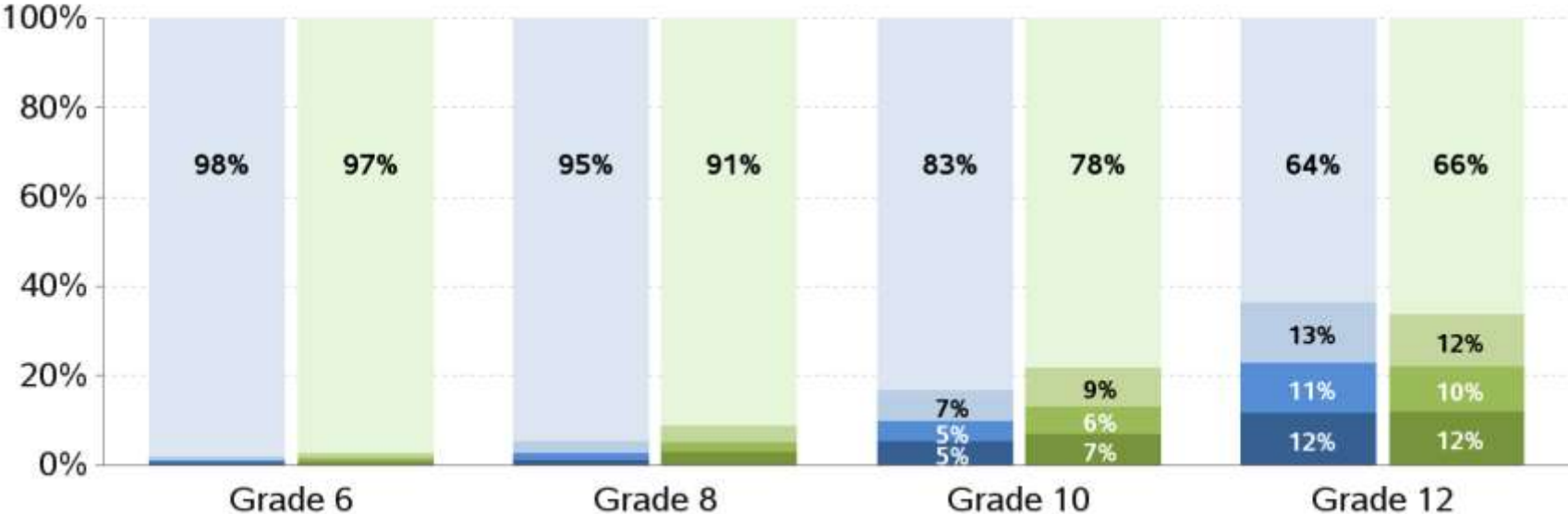
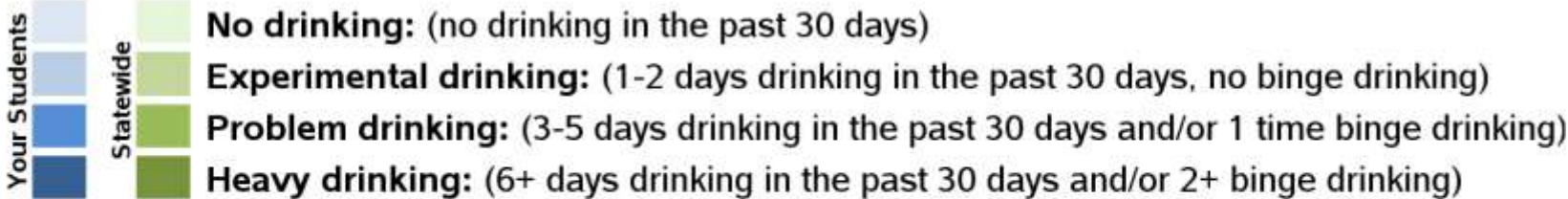


Current Binge Drinking

Percent of students who report having drunk 5 or more drinks in a row in the past 2 weeks

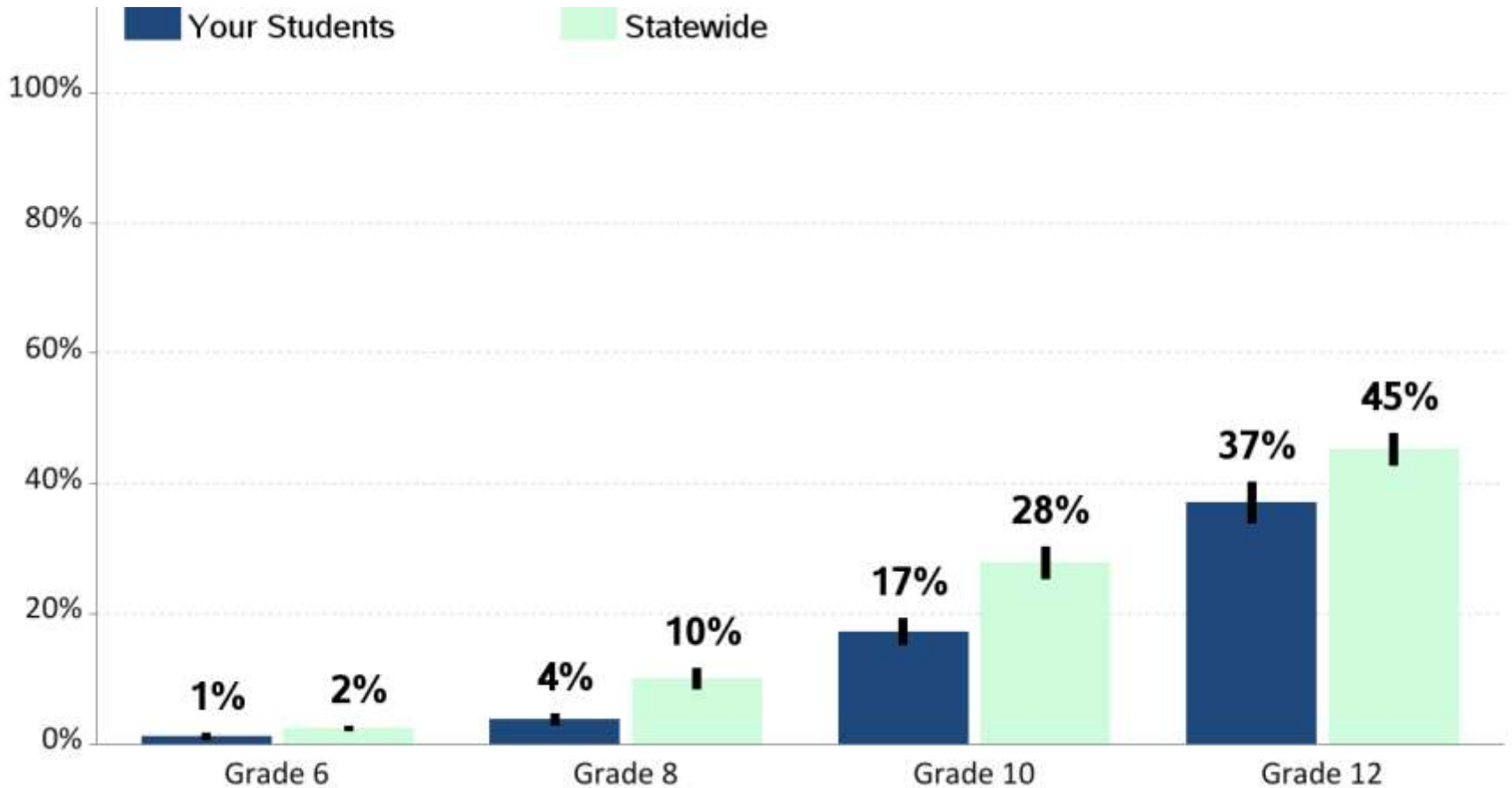


Levels of Alcohol Use



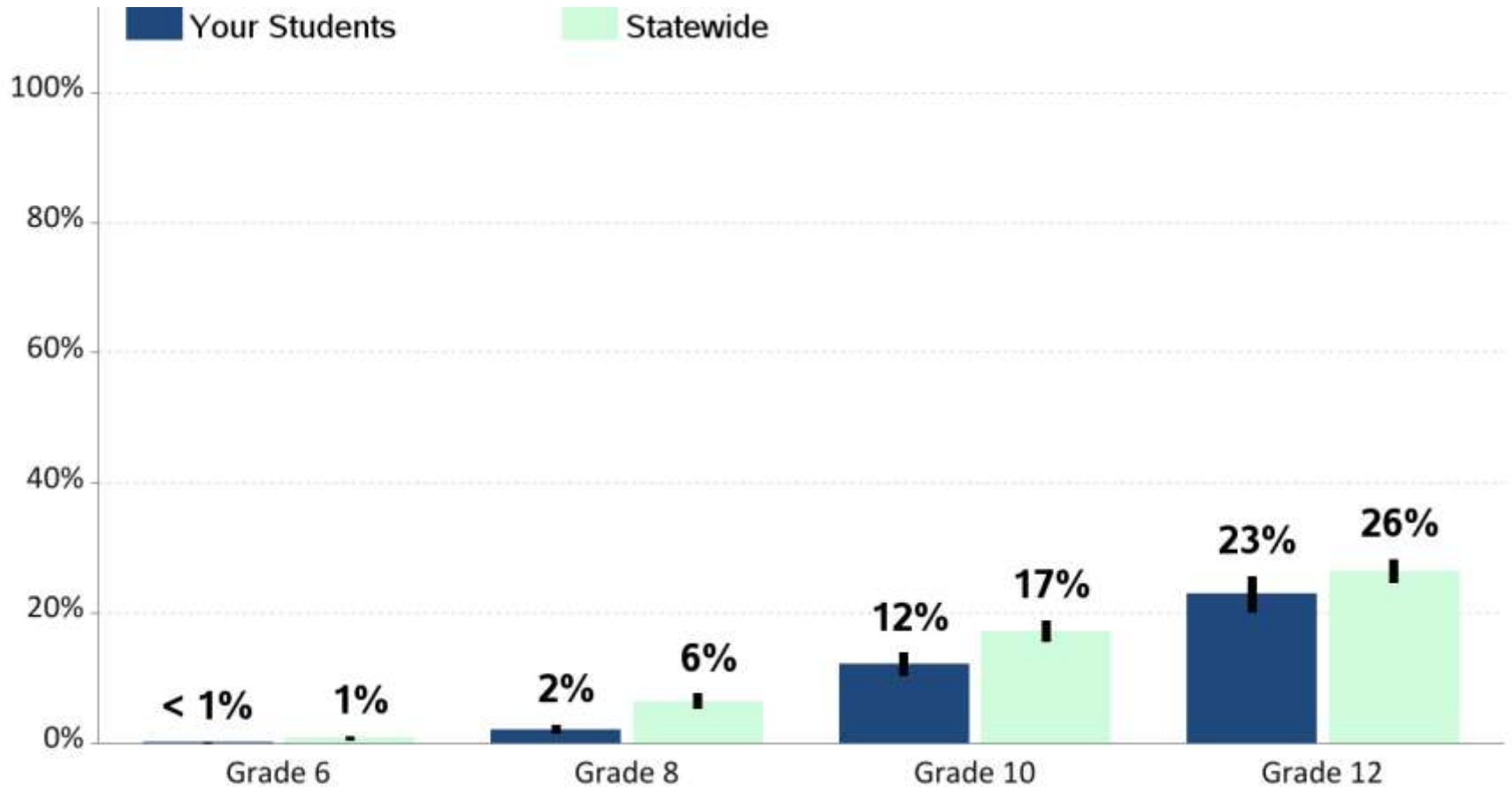
Lifetime Marijuana Use

Percent of students who report having ever used marijuana



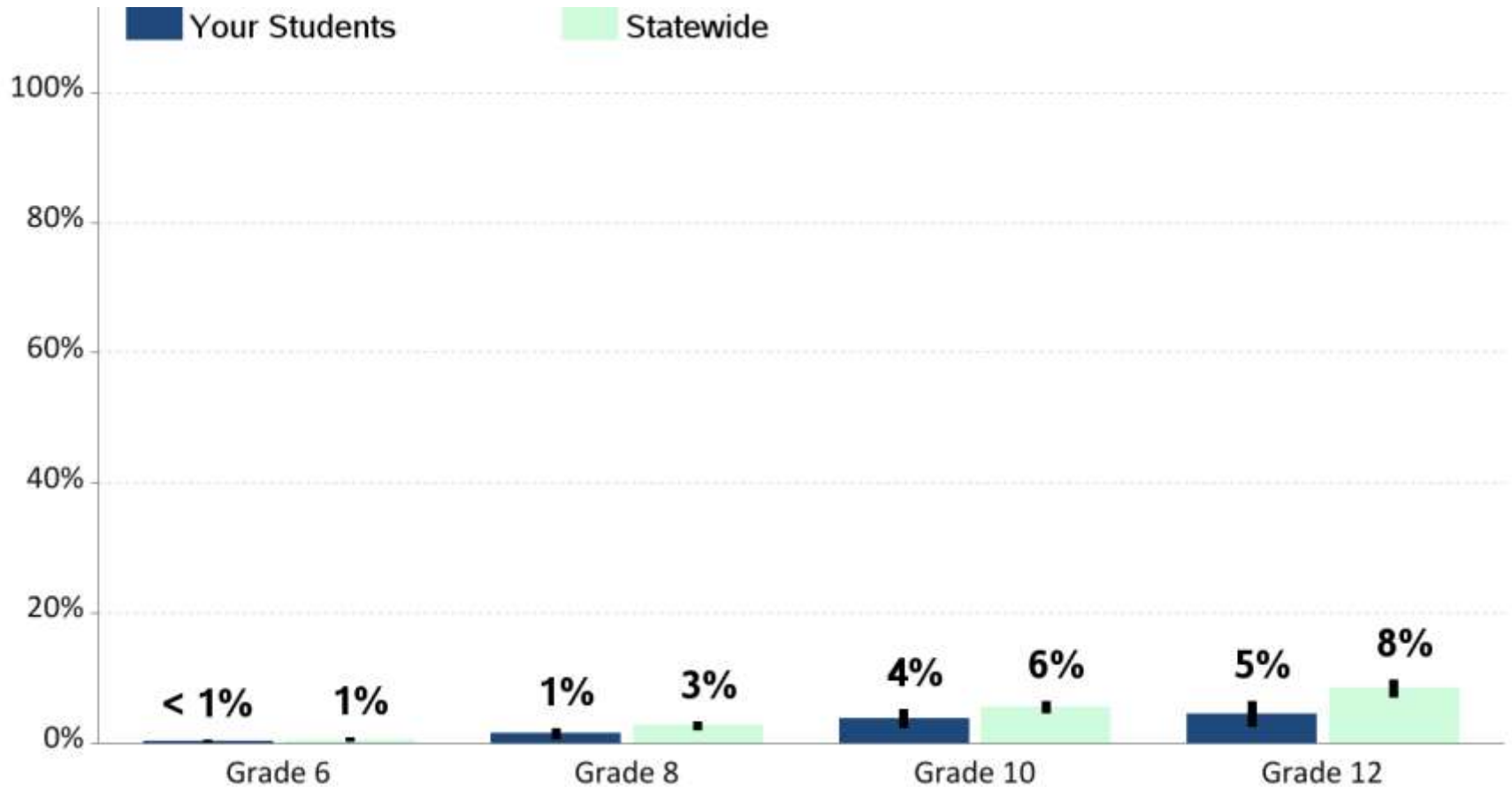
Current Marijuana Use

Percent of students who report using marijuana in the past 30 days



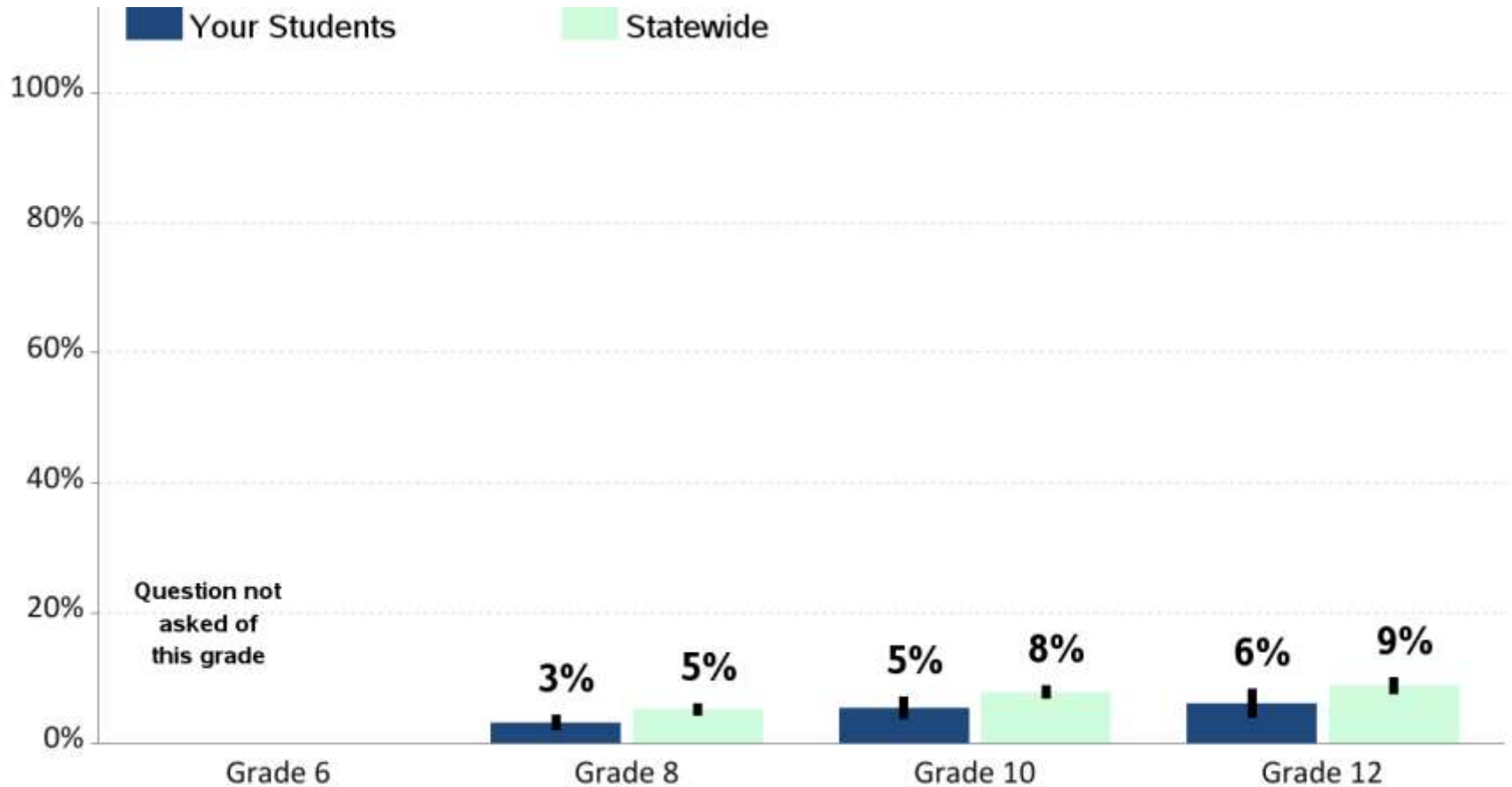
Current Illegal Drug Use

Percent of students who report using illegal drugs in the past 30 days (not including alcohol, tobacco or marijuana)



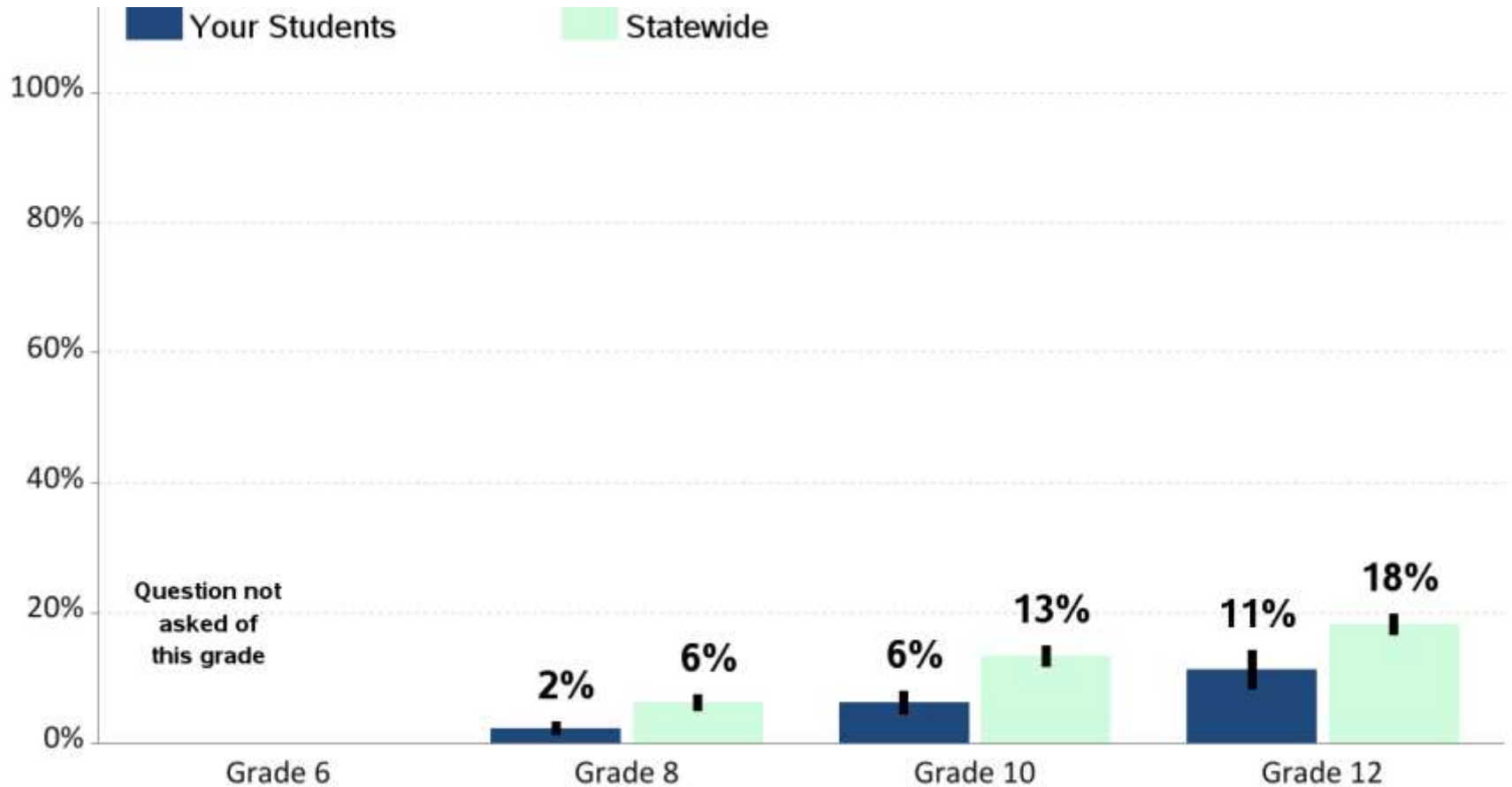
Current Prescription Drug Use

Percent of students who report using prescription drugs not prescribed to them in the past 30 days



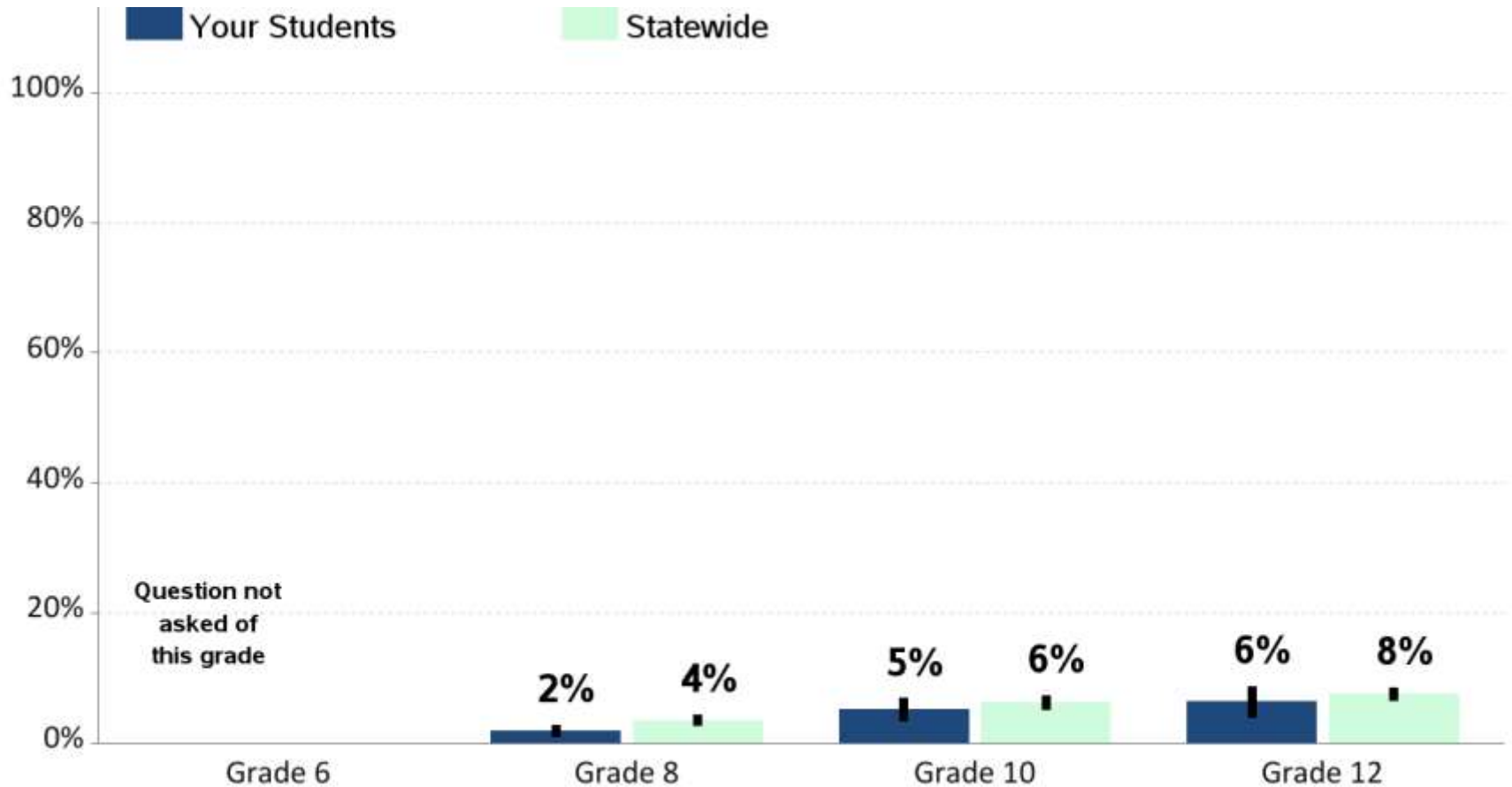
Substance Use at School

Percent of students who report being drunk or high at school in the past year



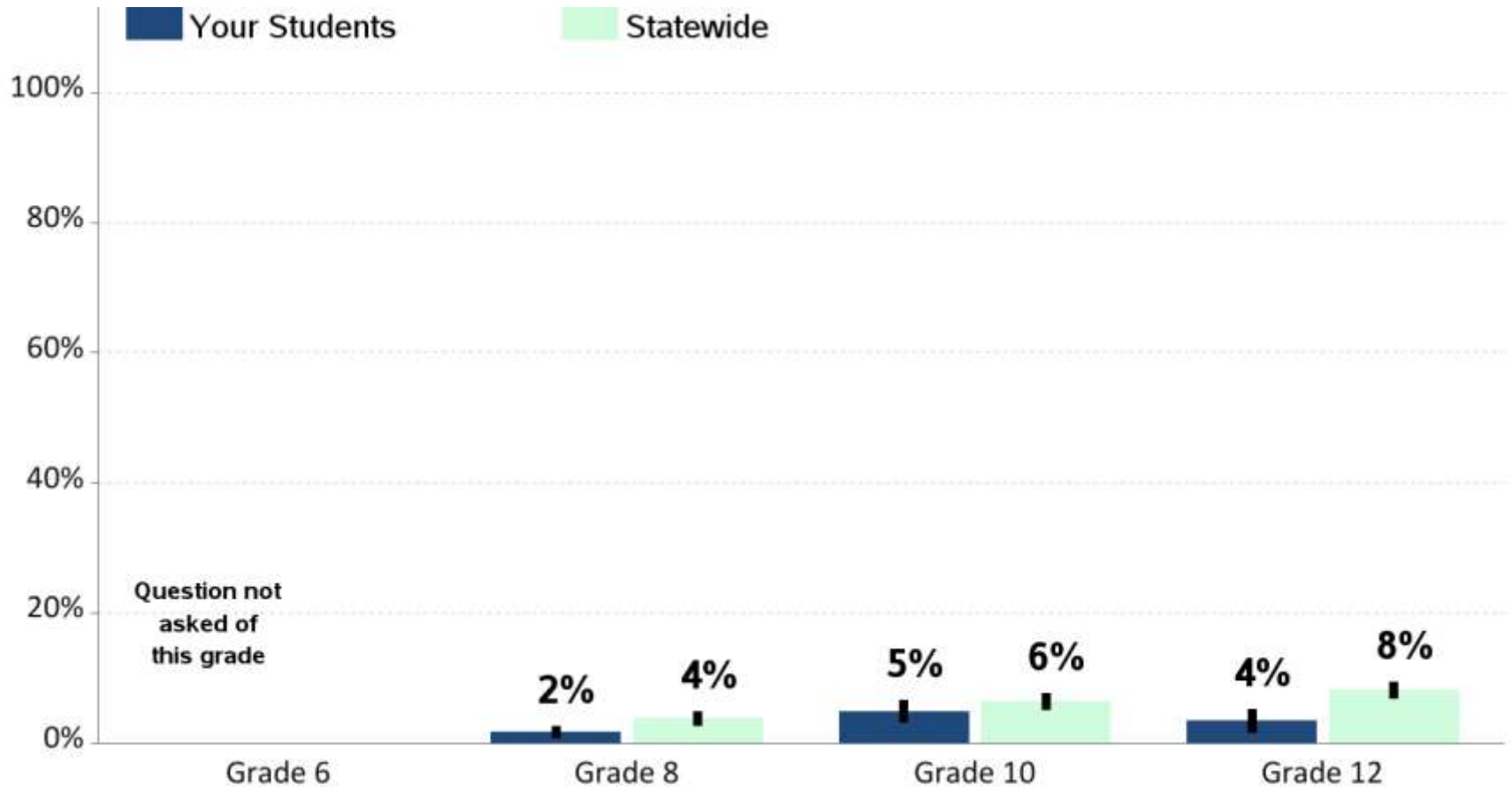
Alcohol Use on School Property

Percent of students who report having at least one drink of alcohol on school property in the past 30 days



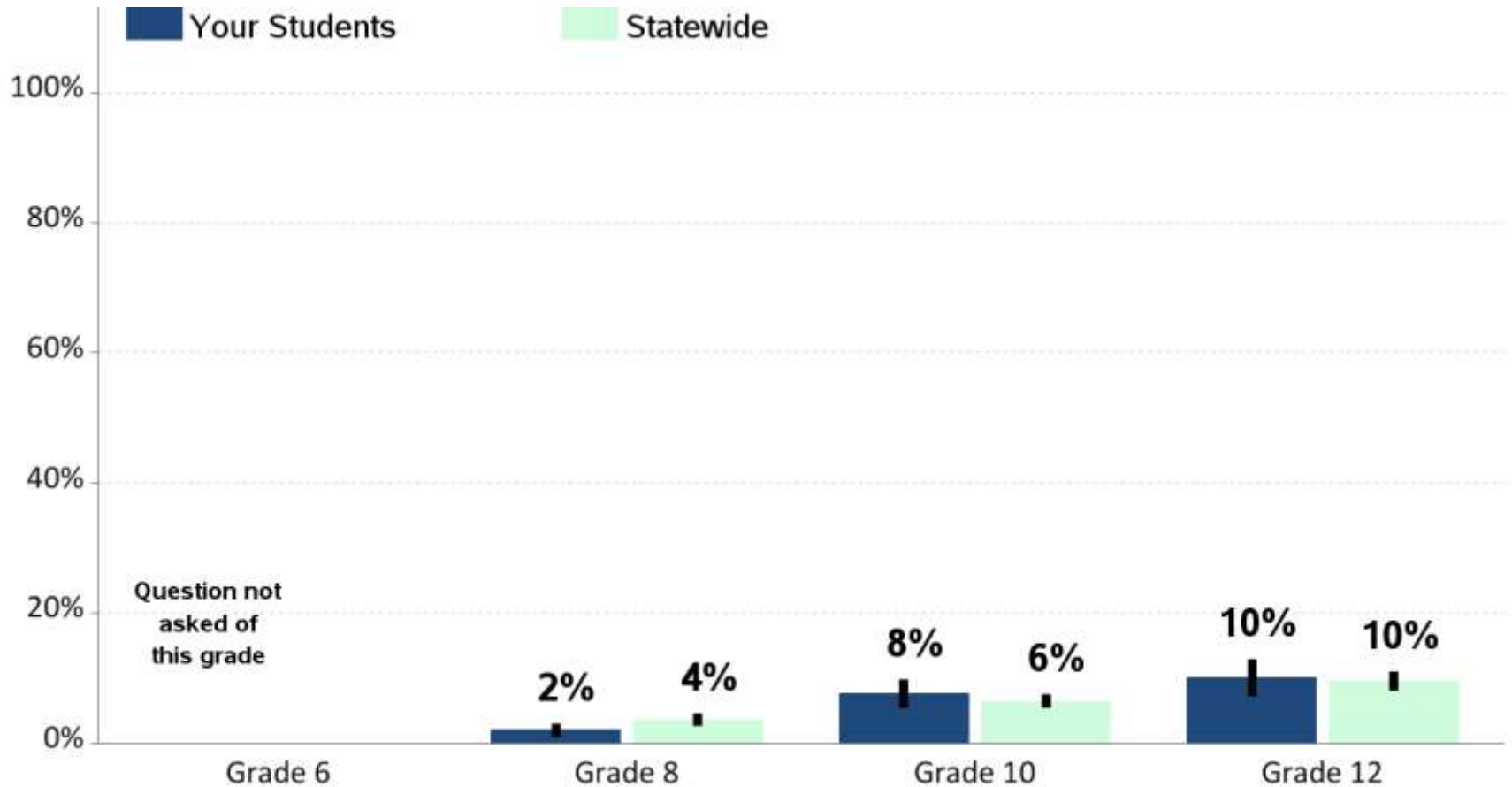
Marijuana Use on School Property

Percent of students who report using marijuana on school property in the past 30 days



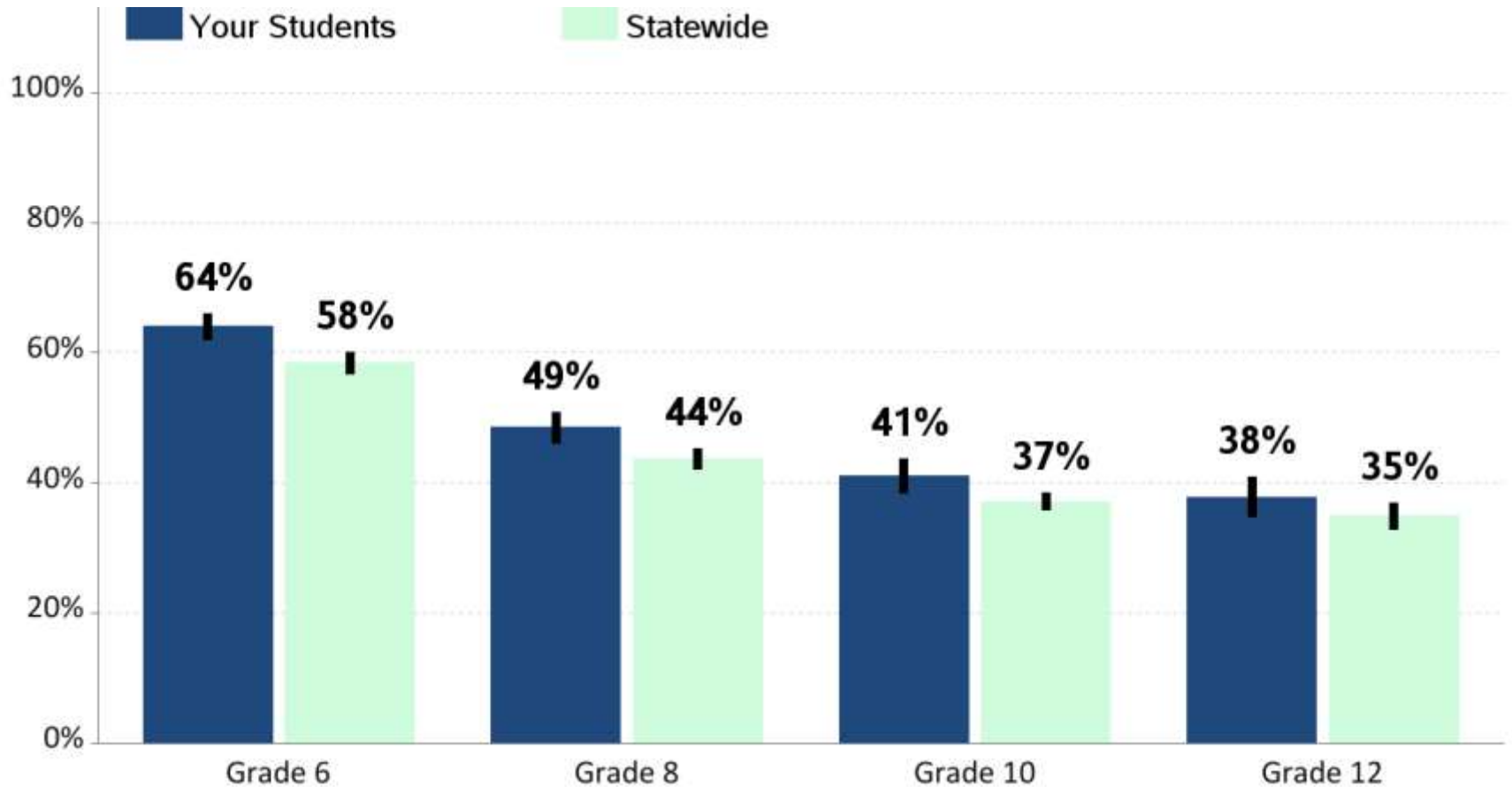
E-Cigarette Use on School Property

Percent of students who report using an electronic cigarette on school property in the past 30 days



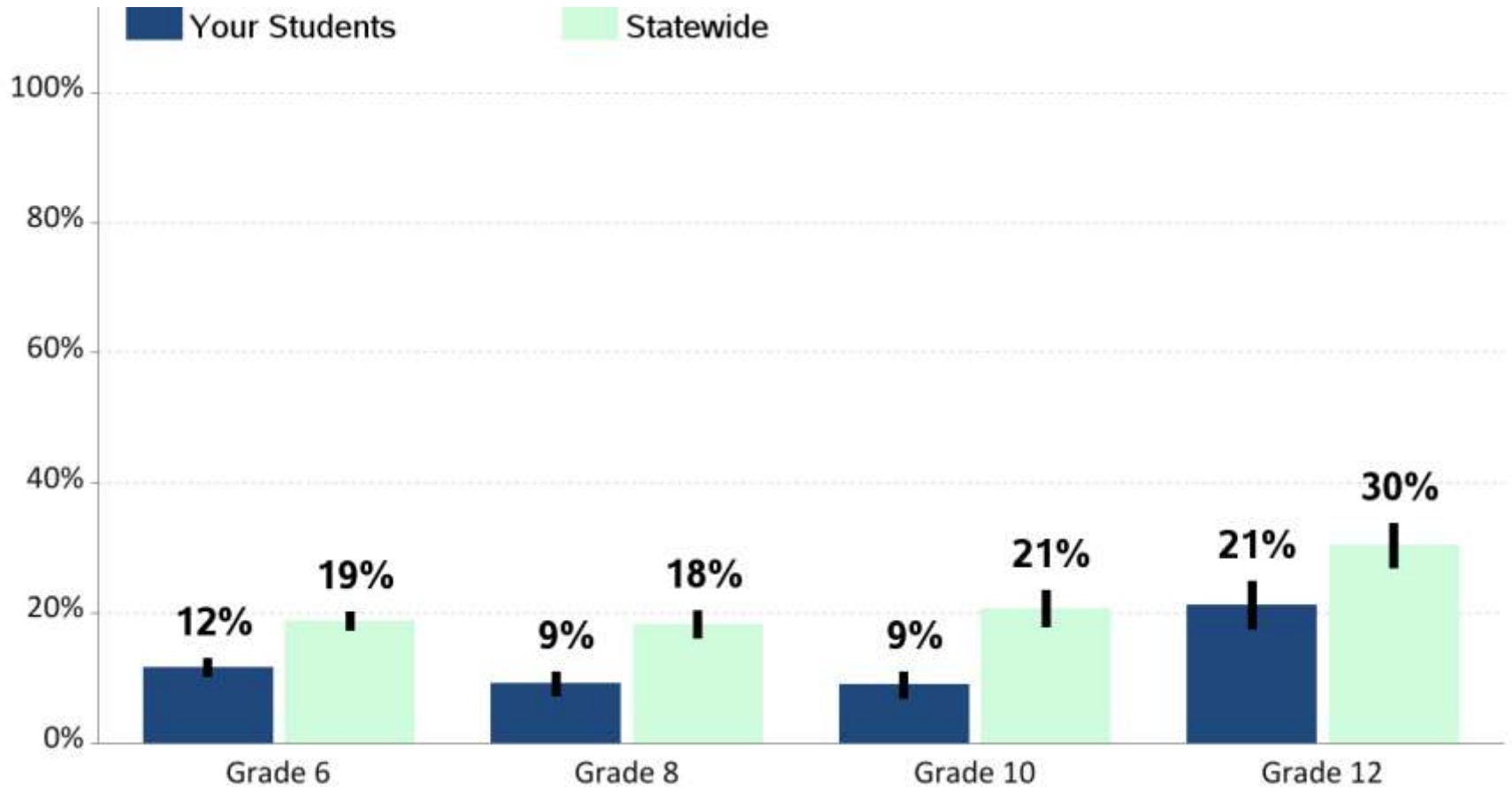
Enjoyment of School

Percent of students who report "often" or "almost always" enjoying being at school in the past year



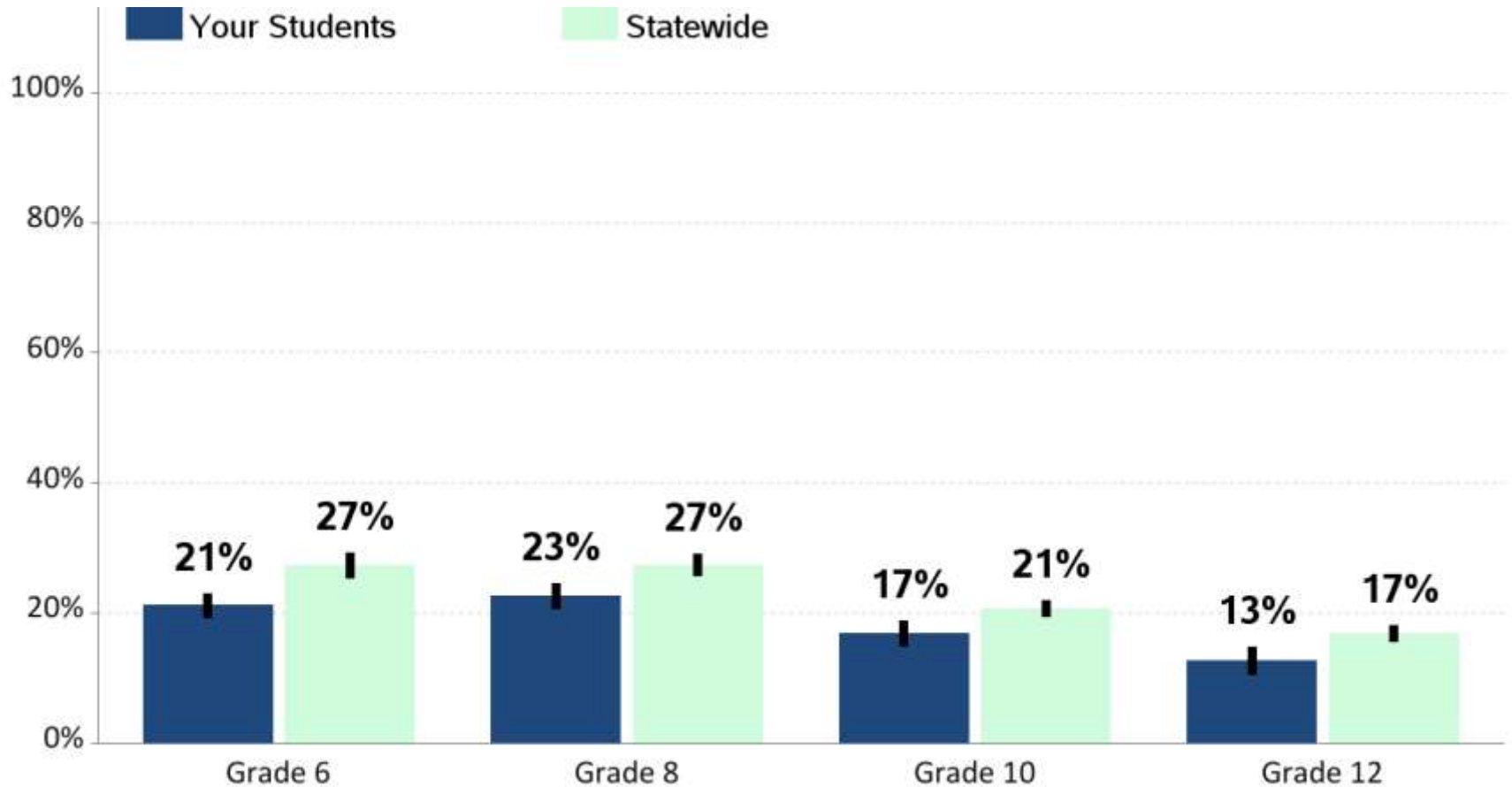
Skipping School

Percent of students who report skipping
1 or more whole days of school in the past 4 weeks



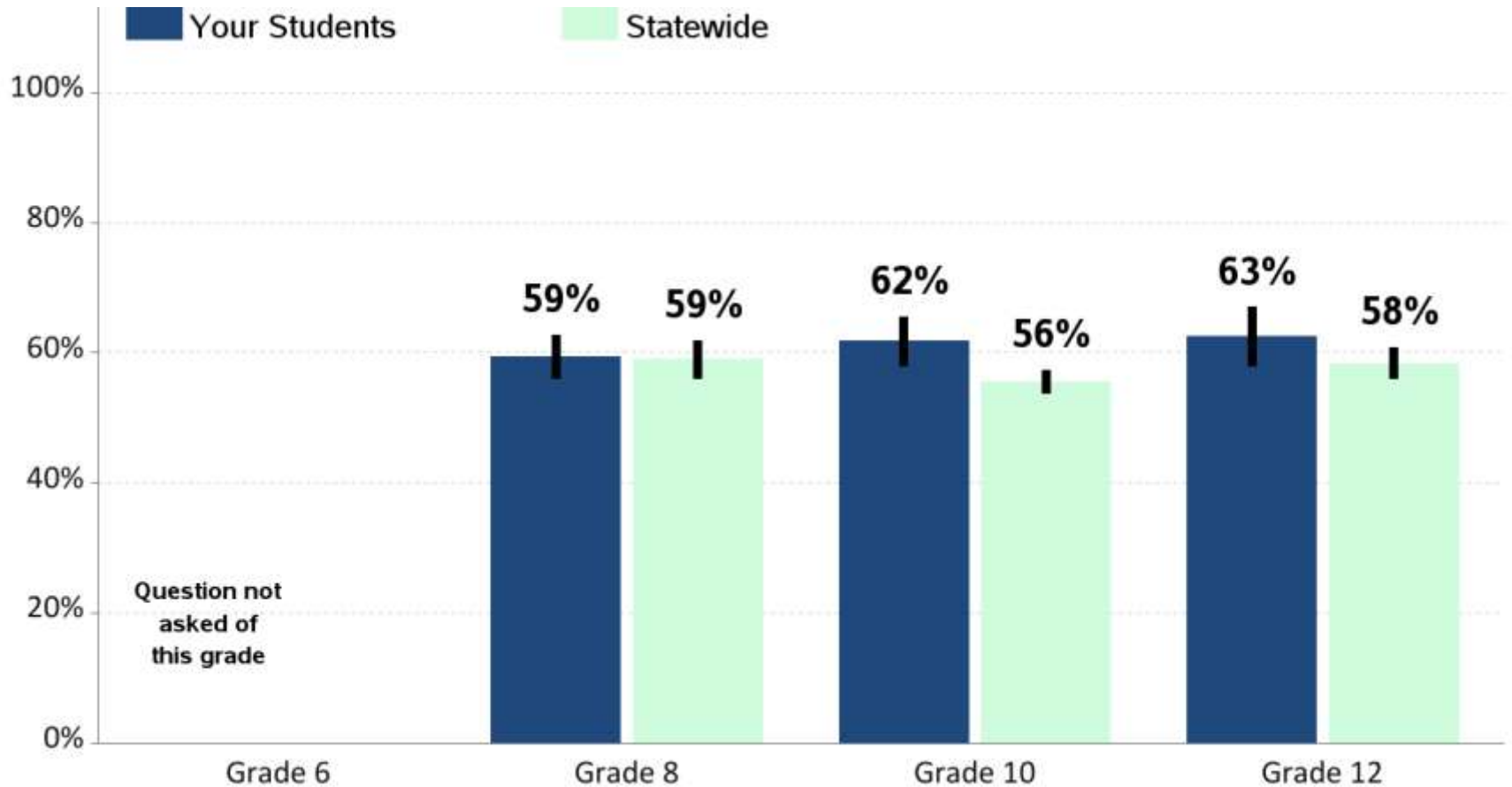
Bullying

Percent of students who report being bullied
in the past 30 days



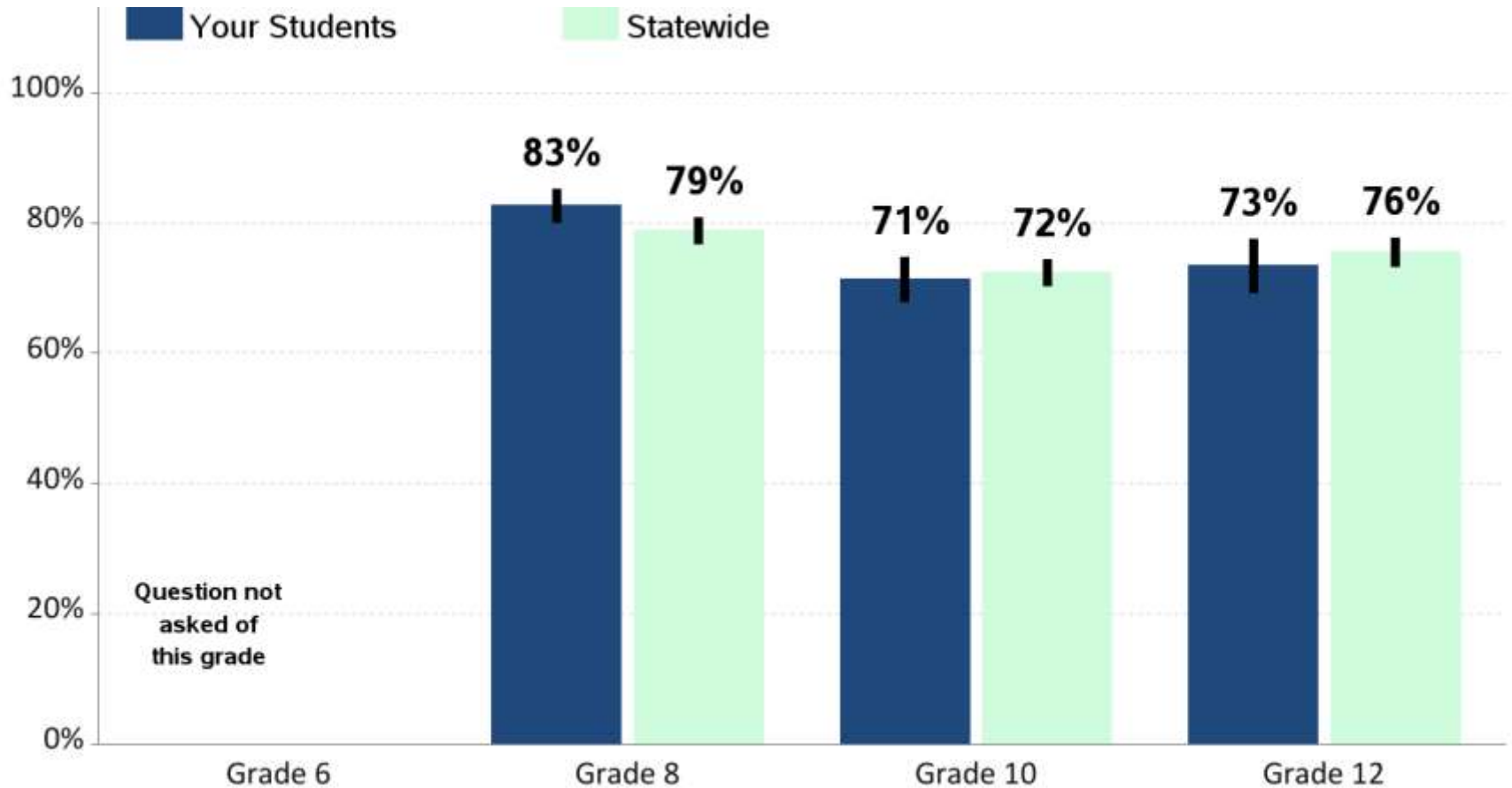
School Tries to Stop Bullying

Percent of students who report teachers or other adults at school
“almost always” or “often” try to stop bullying



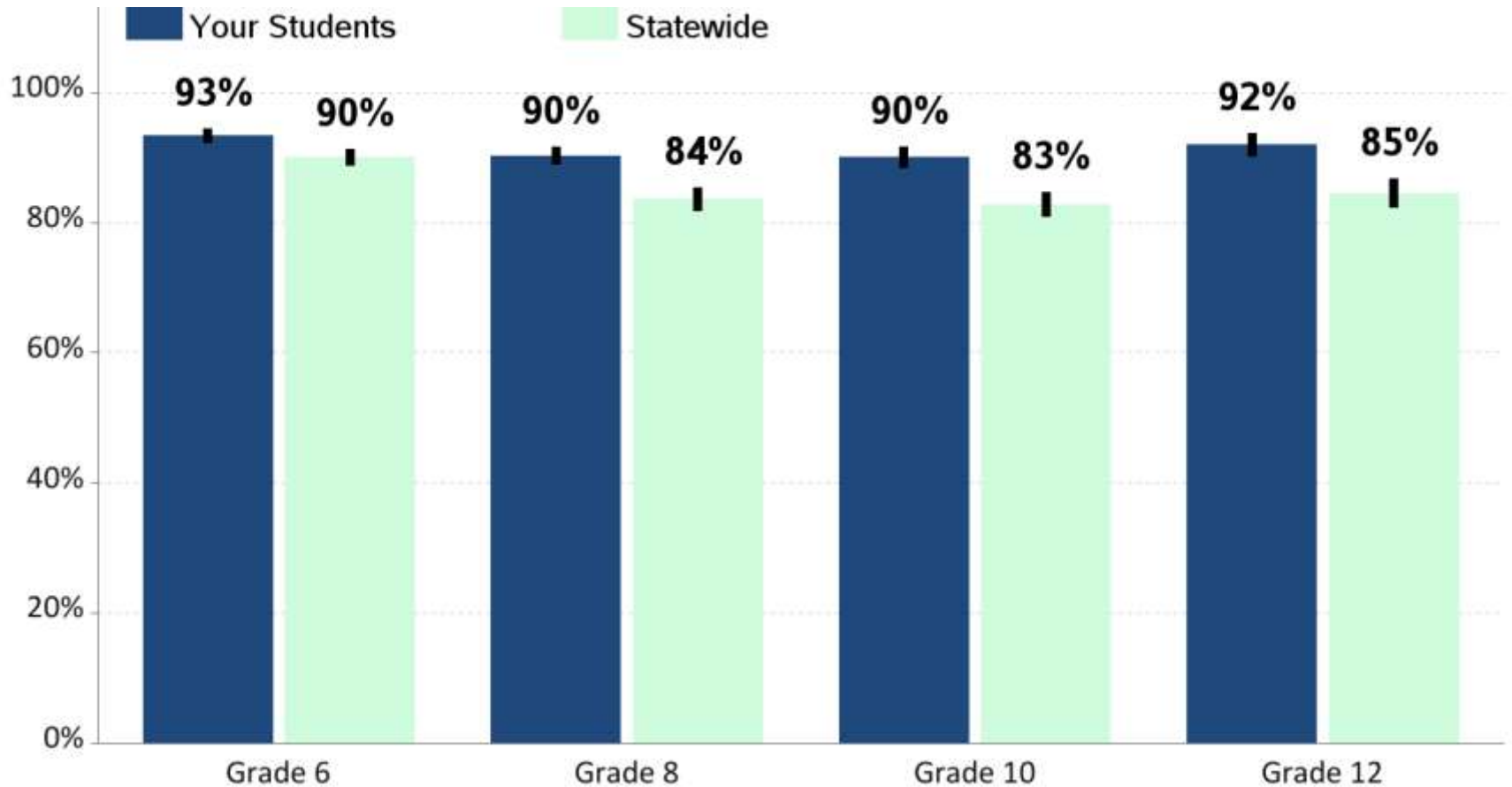
Students Know How to Report Bullying

Percent of students who report they know how to report bullying at school



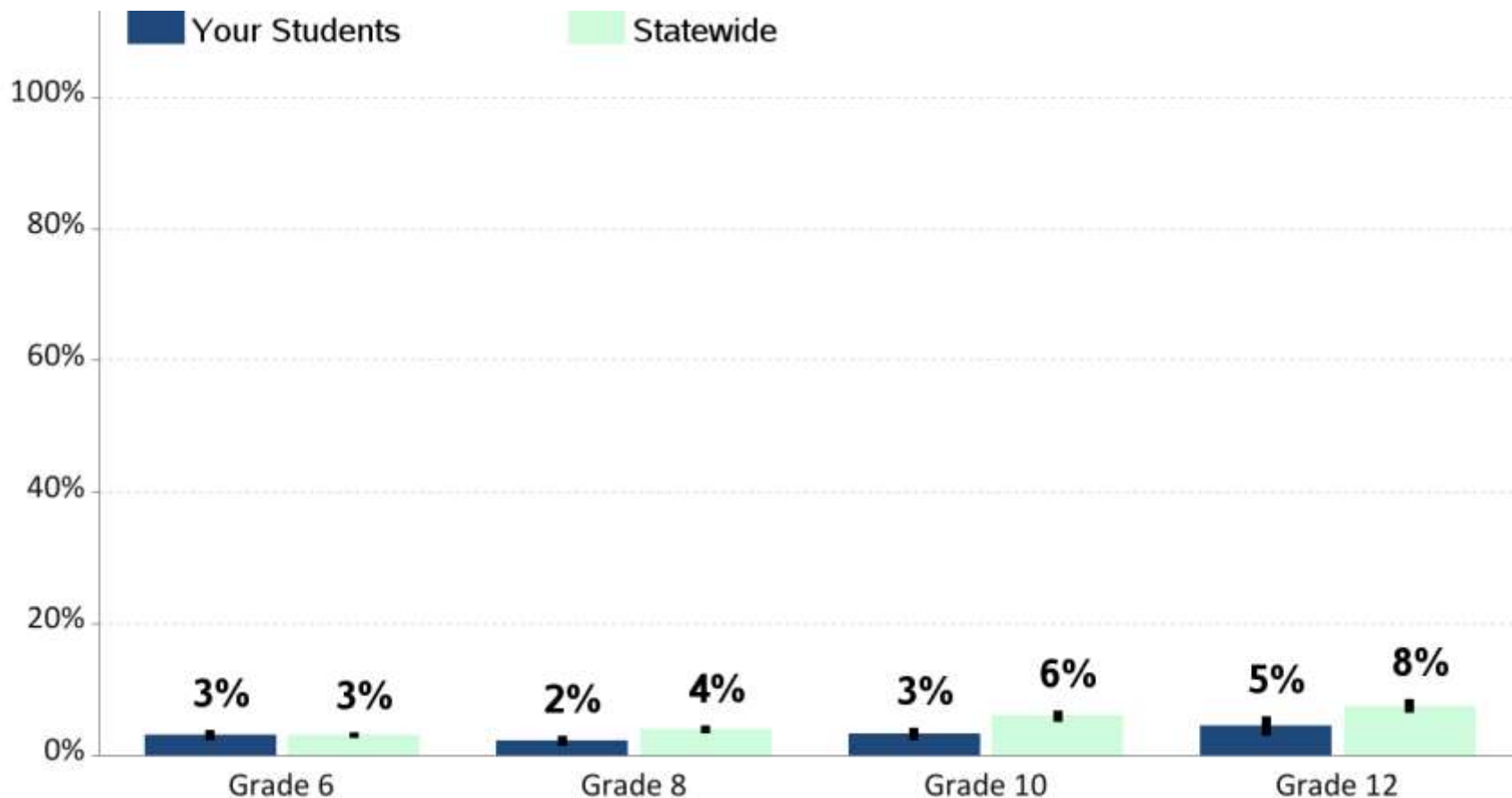
Feeling Safe at School

Percent of students who report that they feel safe at school



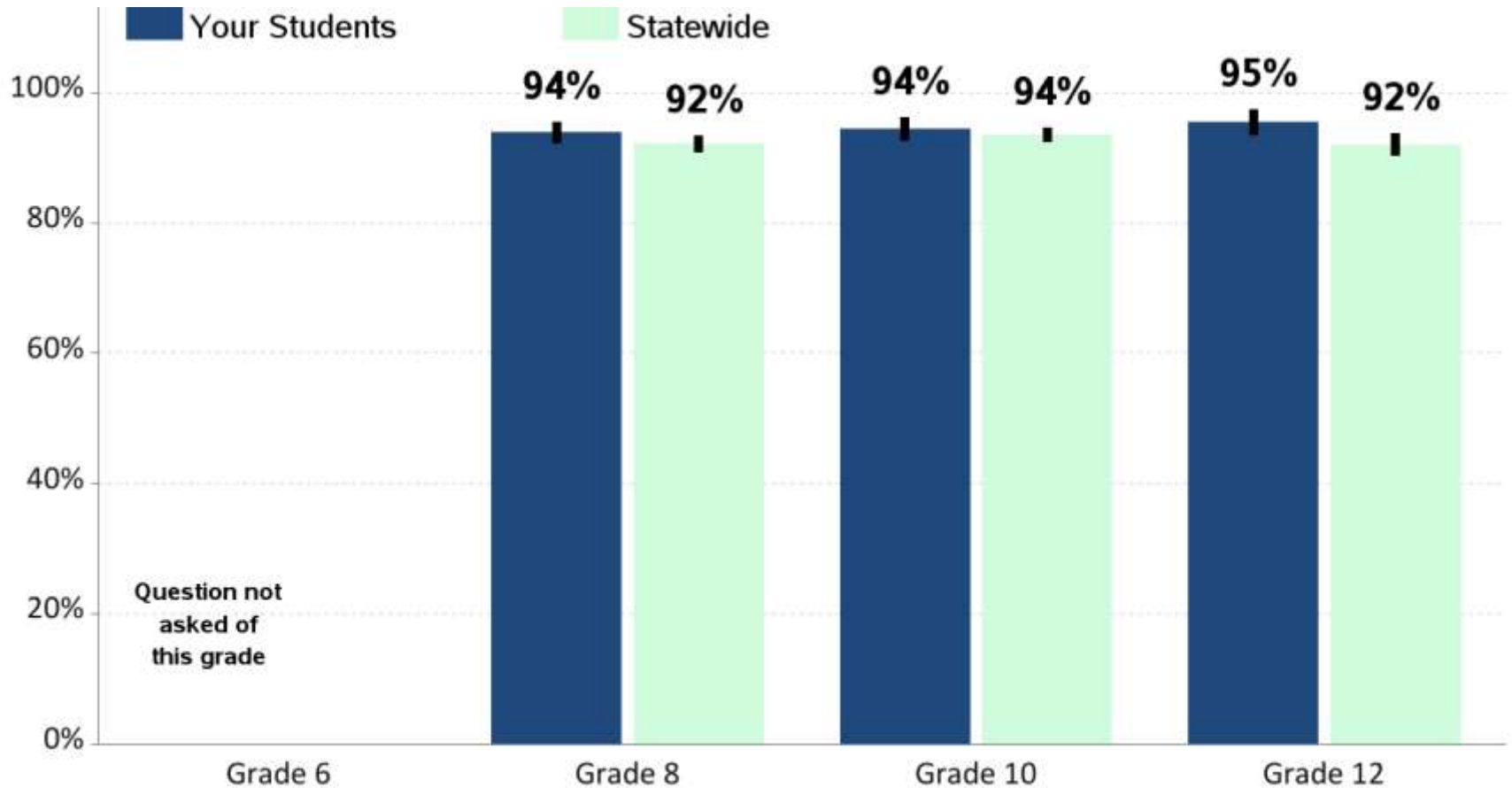
Weapon Carrying at School

Percent of students who report carrying a weapon on school property in the past 30 days



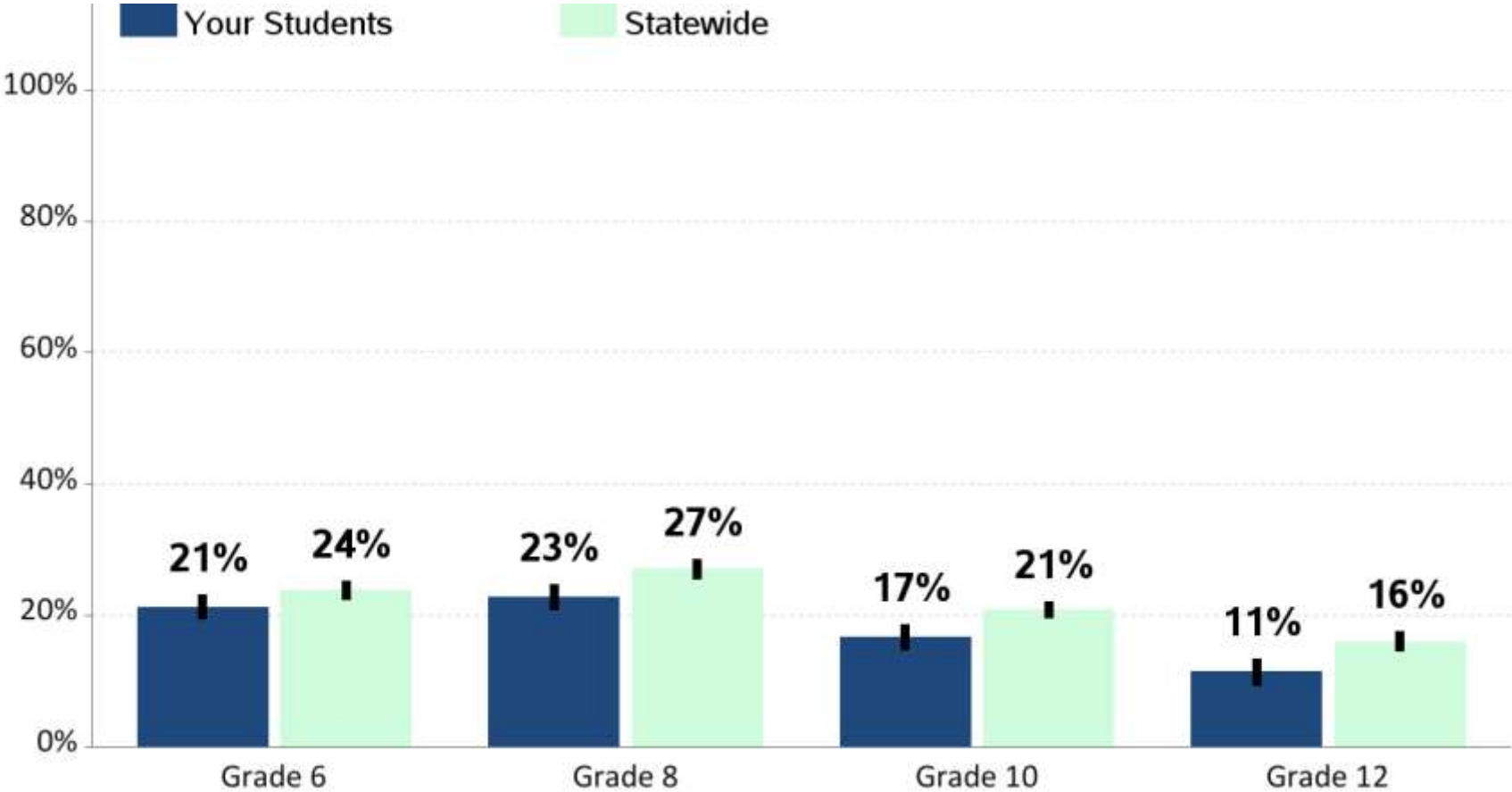
Opportunities for School Involvement

Percent of students who report that they have lots of chances for involvement in school activities



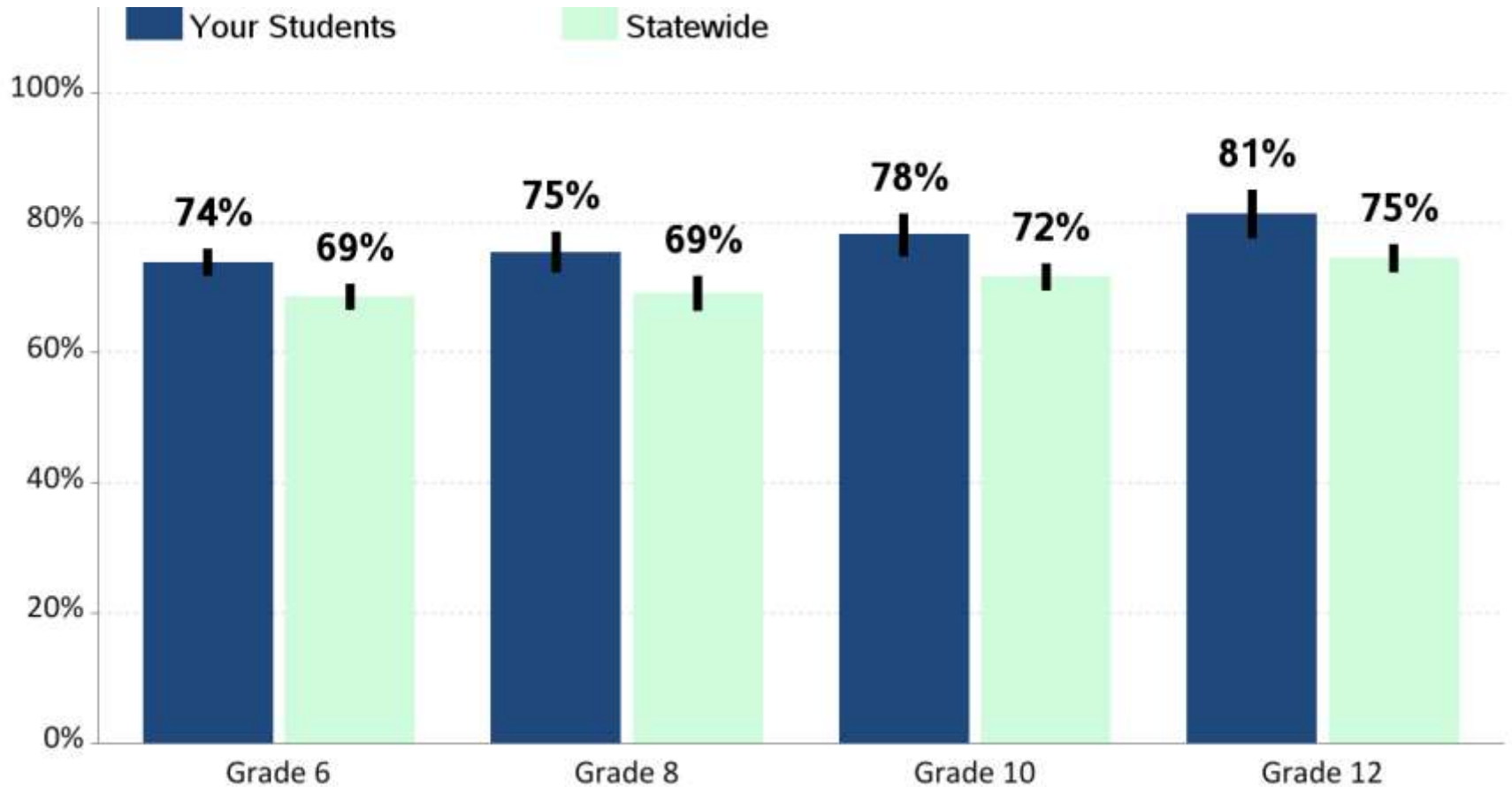
Physical Fighting

Percent of students who report being in a physical fight in the past year



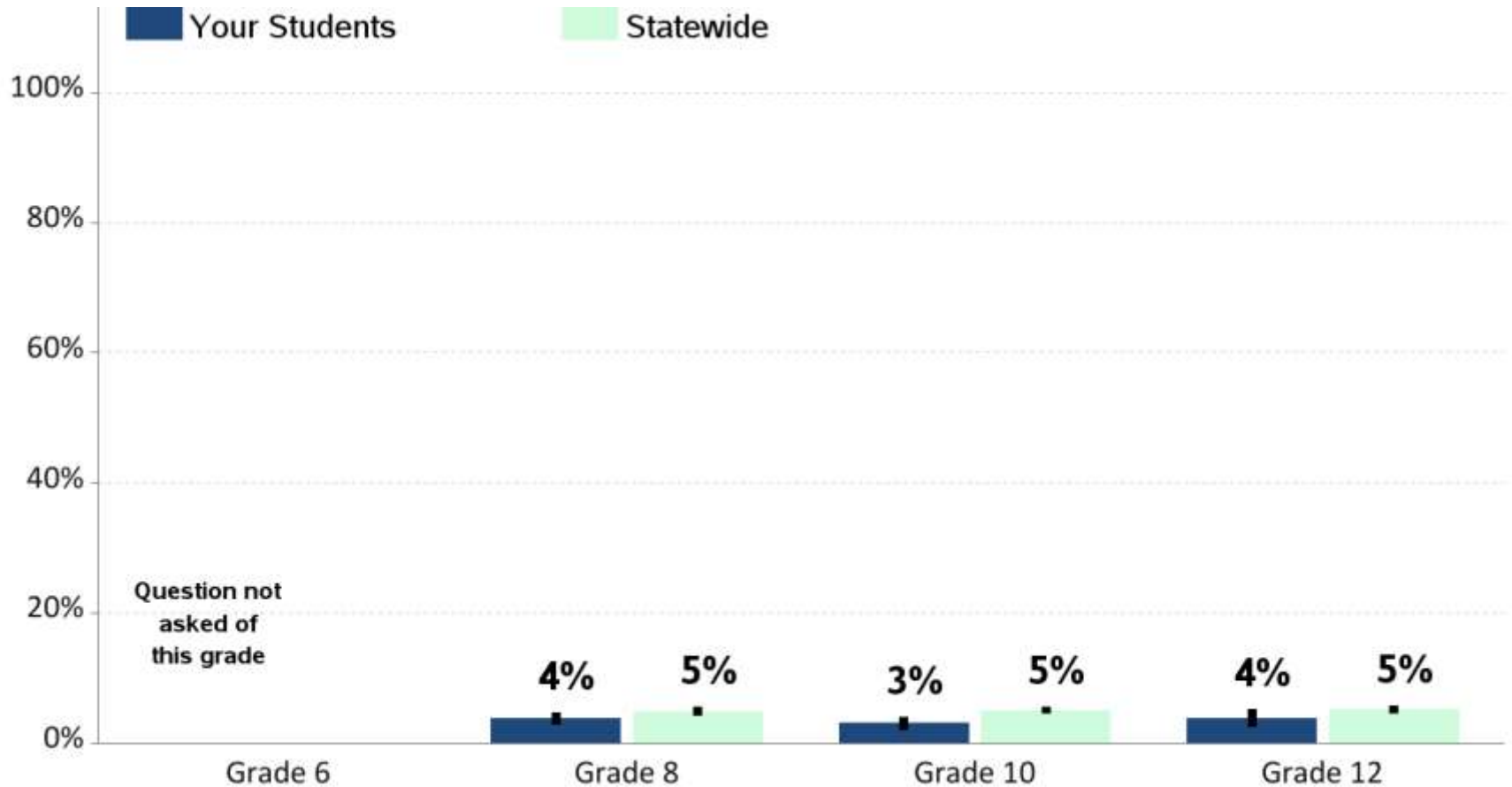
Social Emotional Skills

Percent of students who know how to handle disagreements, solve problems, consider effects of decisions, and be empathetic



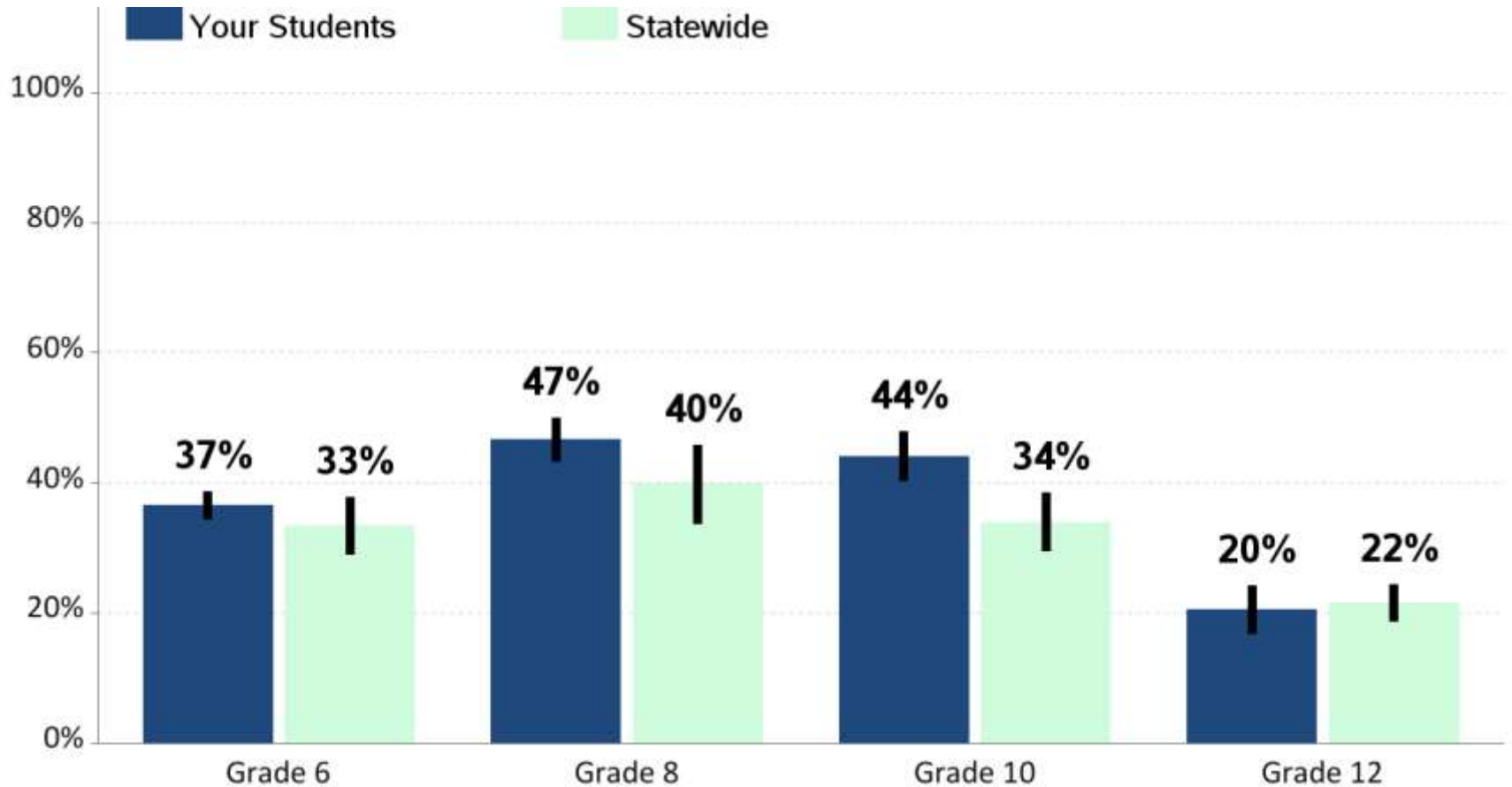
Gang Membership

Percent of students who report being members of a gang in the past year



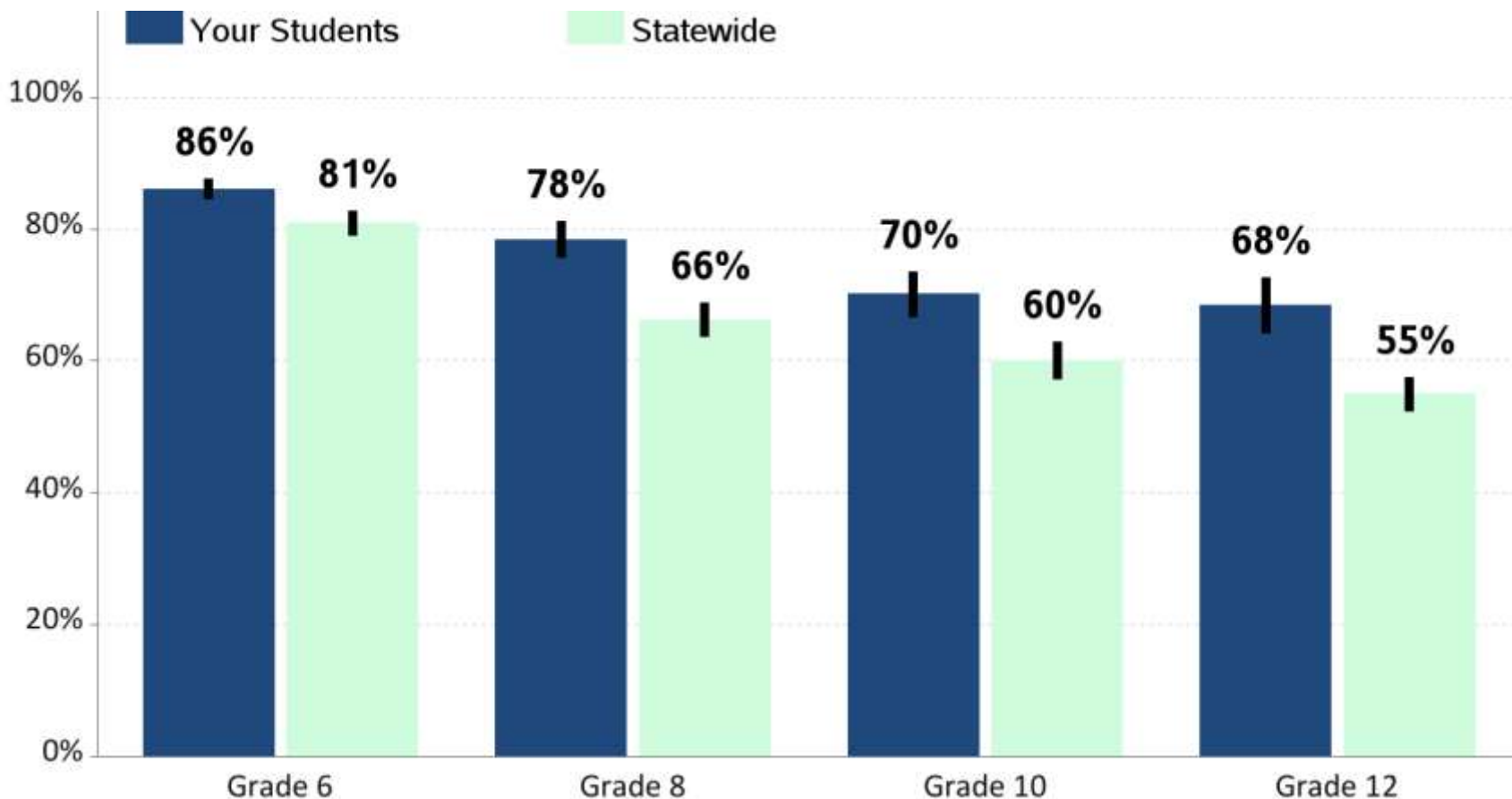
Walking/Biking To or From School

Percent of students who report walking or riding a bicycle to or from school during an average week



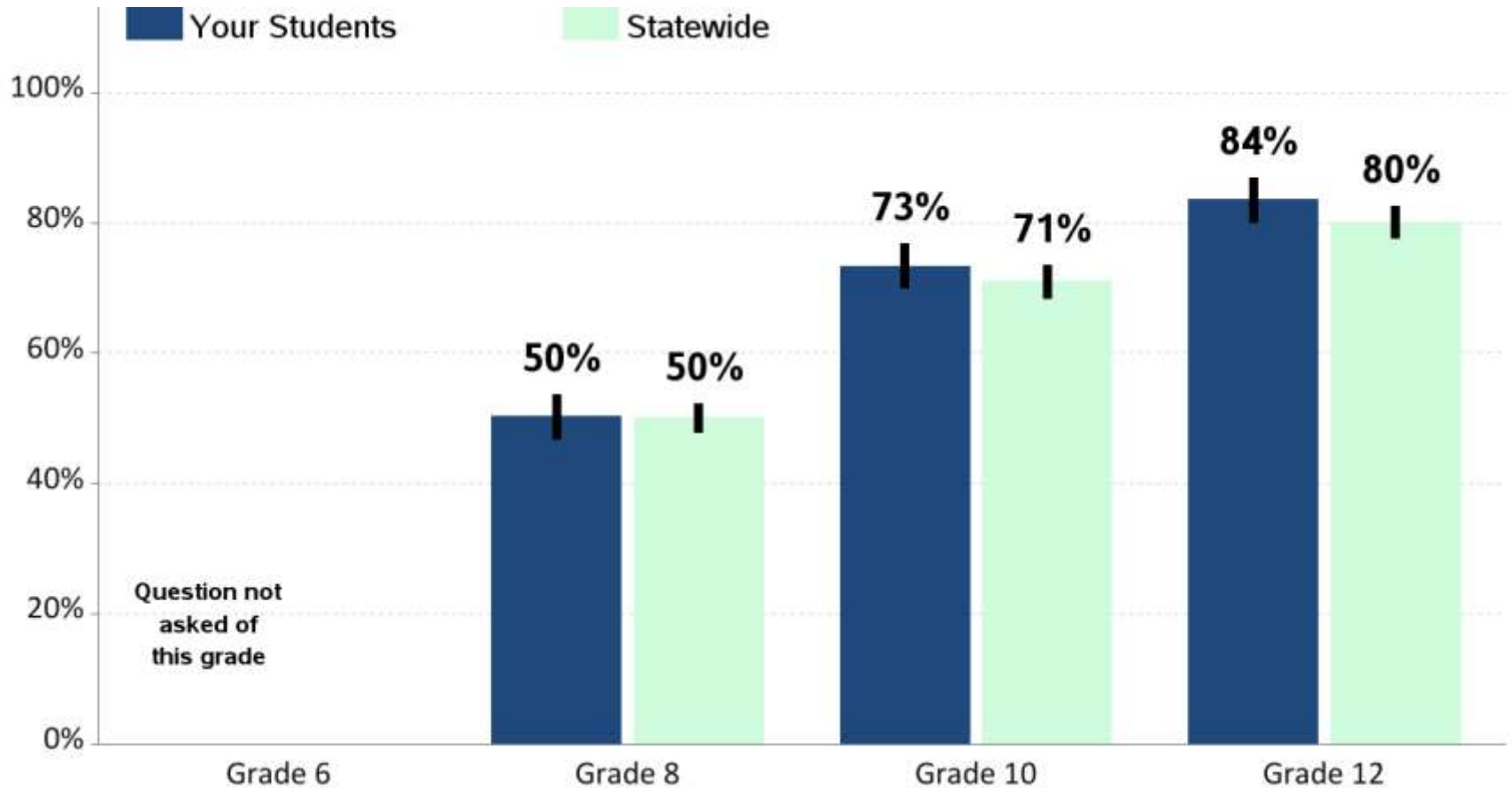
Eating Breakfast

Percent of students who report eating breakfast today



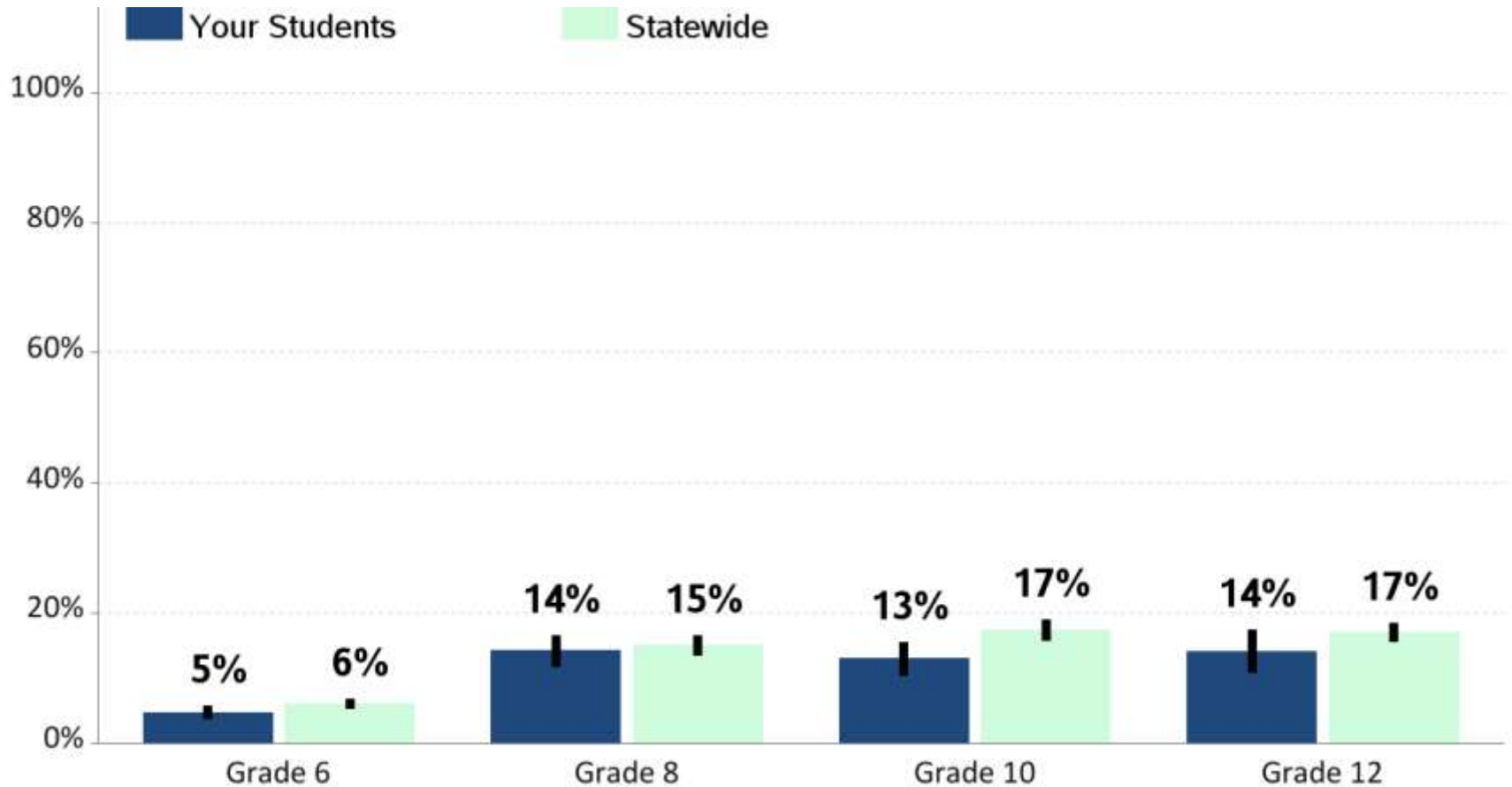
Sleep on a School Night

Percent of students who report sleeping less than 8 hours on an average school night



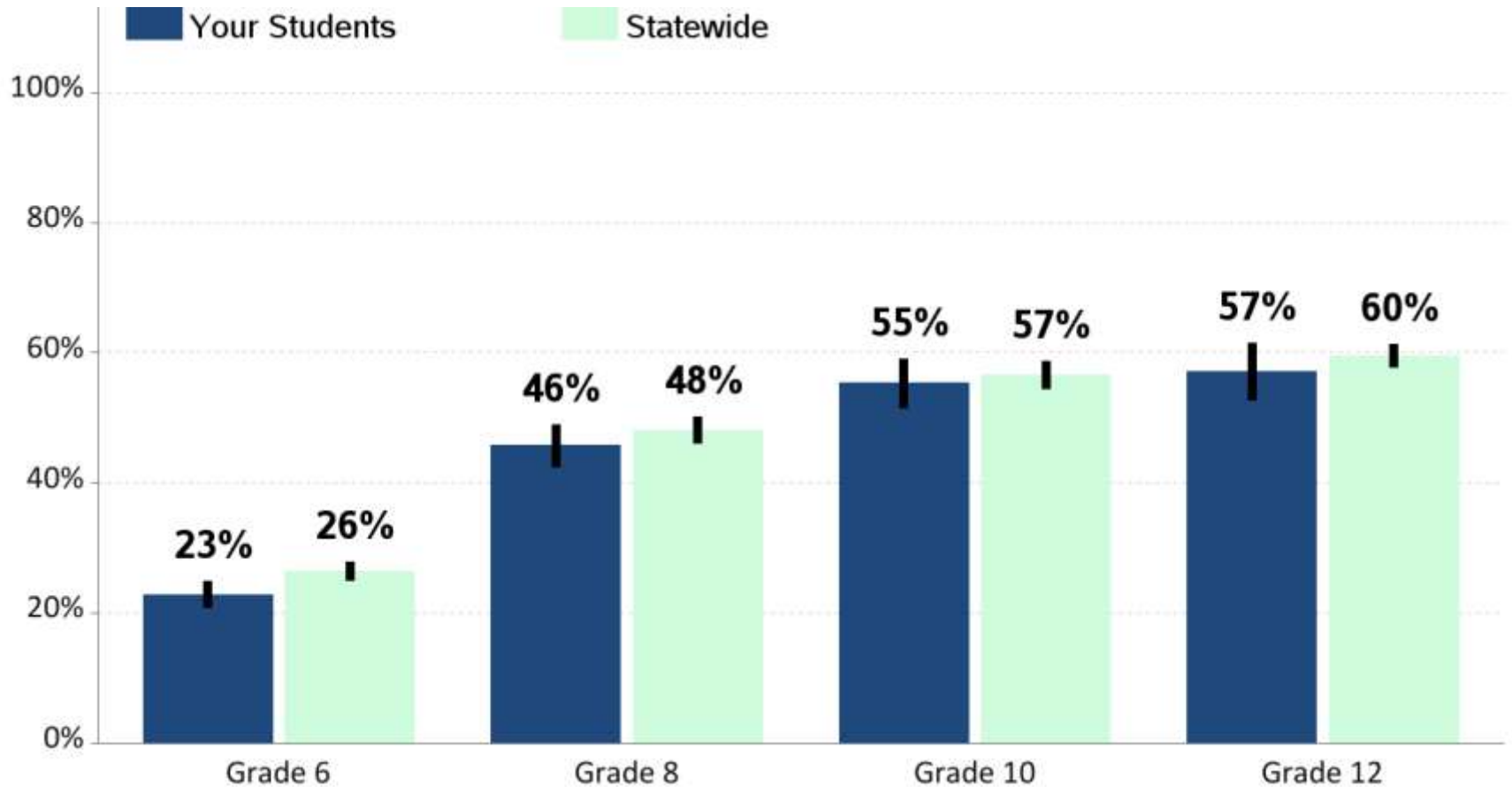
Riding with a Drinking Driver

Percent of students who report having ridden in the past 30 days with a driver who had been drinking alcohol



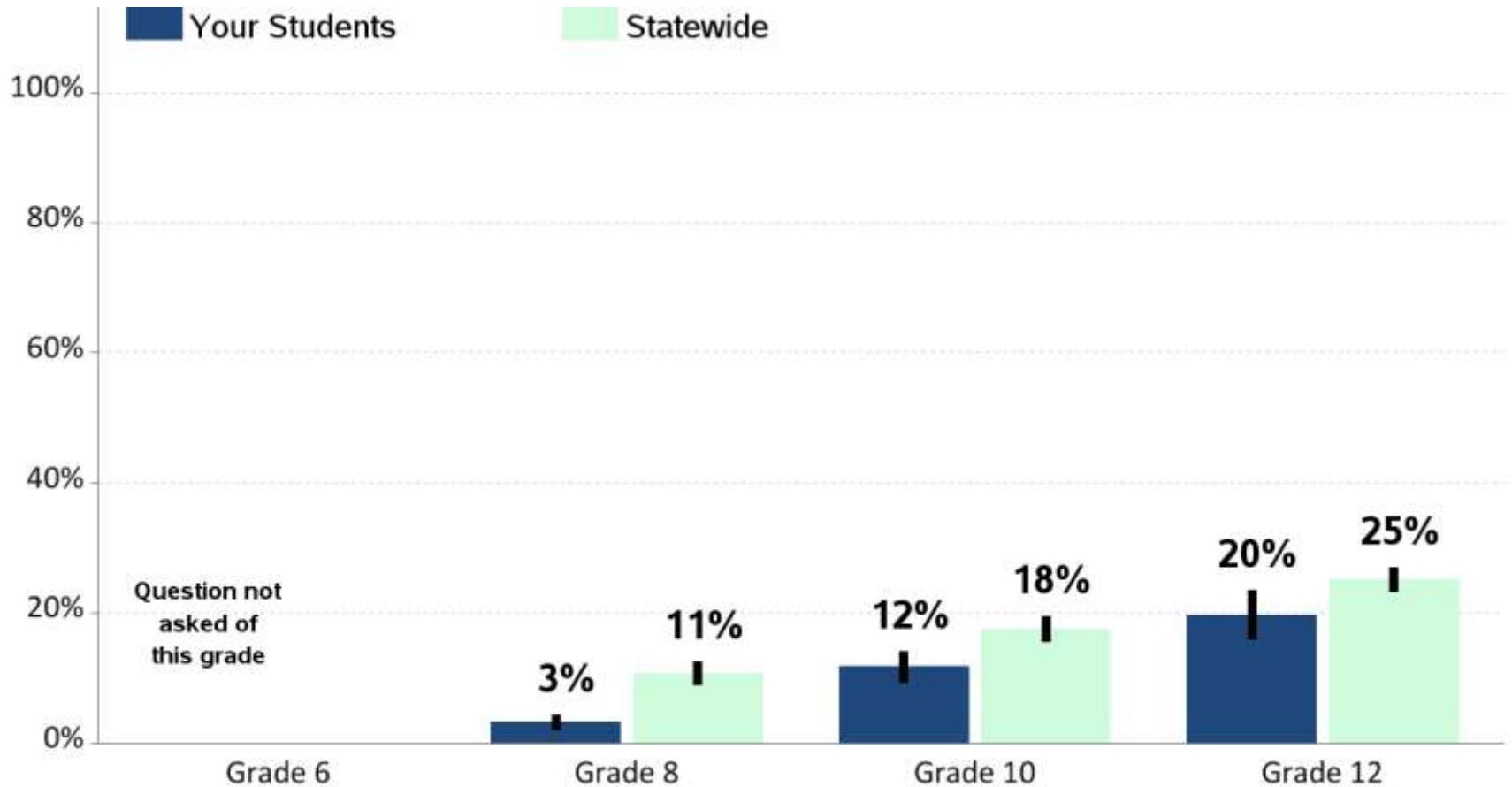
Riding With a Texting Driver

Percent of students who report having ridden in the past 30 days with a driver who was texting or emailing



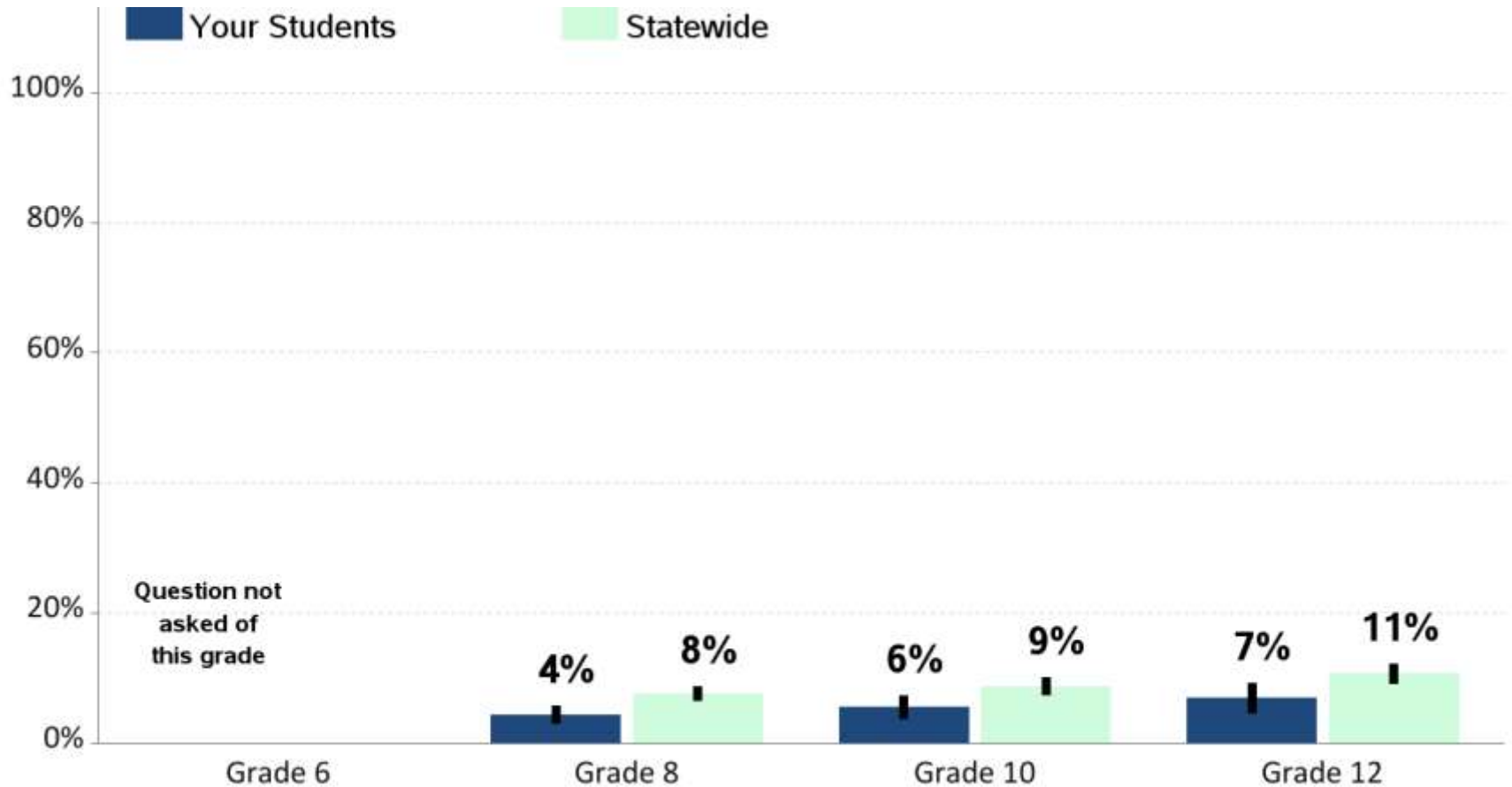
Riding With a Recent Marijuana User

Percent of students who report having ridden in the past 30 days with a driver who had been using marijuana



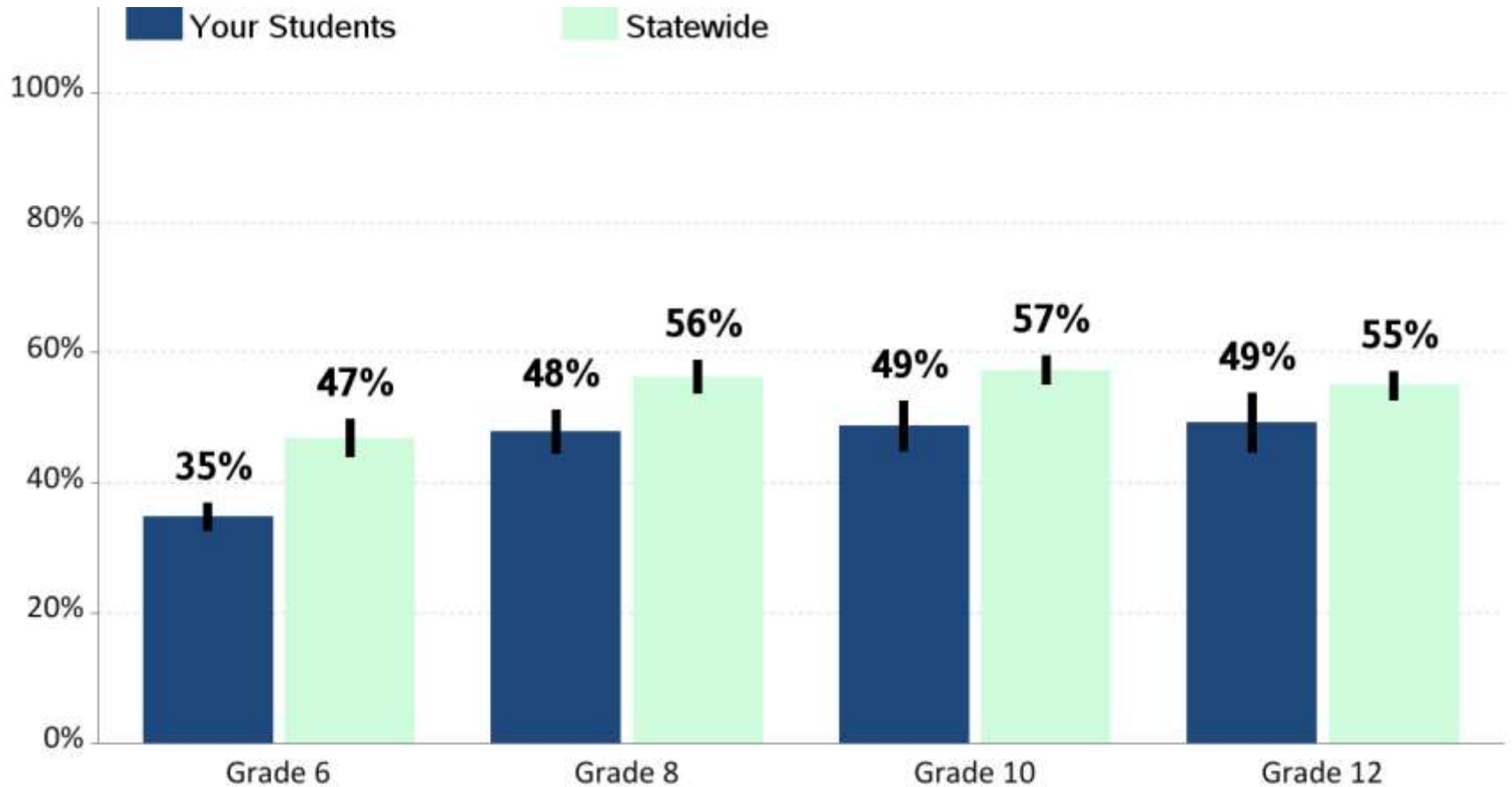
Excessive Sugar Sweetened Beverages Consumption

Percent of students who report drinking sugar sweetened beverages 2 or more times a day



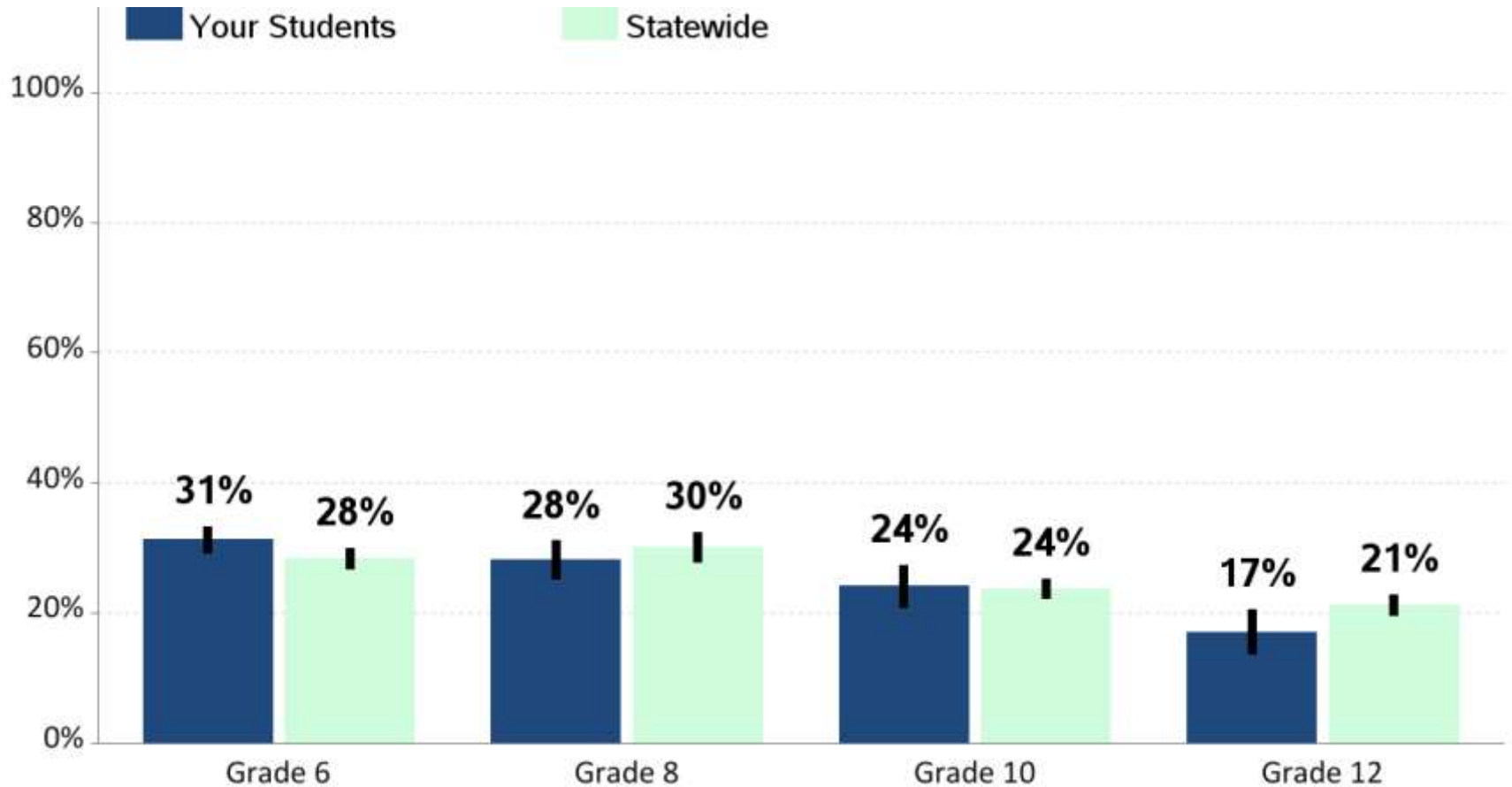
Excessive Television/Video Game Use

Percent of students who report 3 or more hours watching television, playing video games or using the computer for fun on an average school day



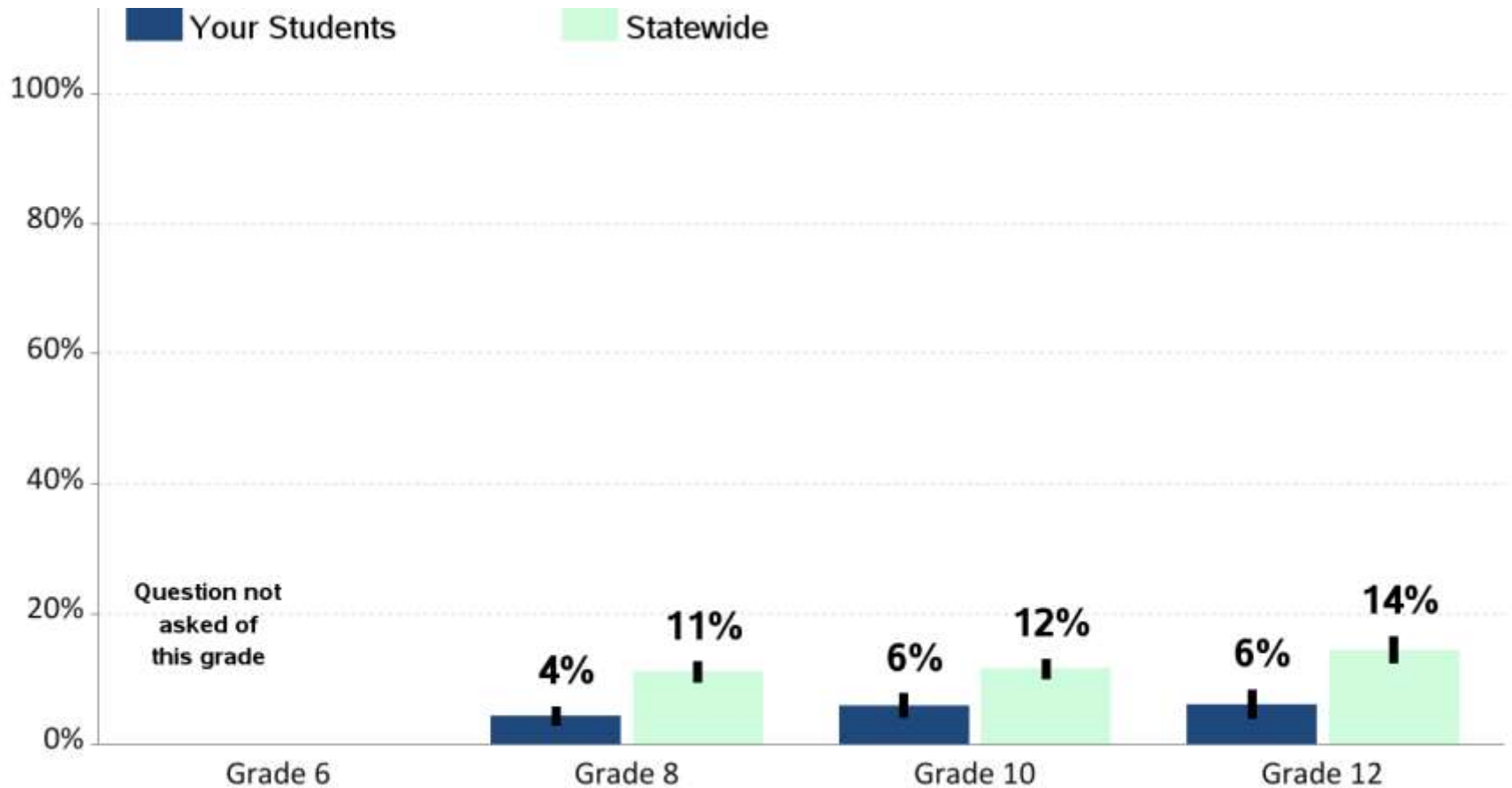
60 Minutes of Physical Activity per Day

Percent of students who report being physically active
60 minutes per day, 7 days a week



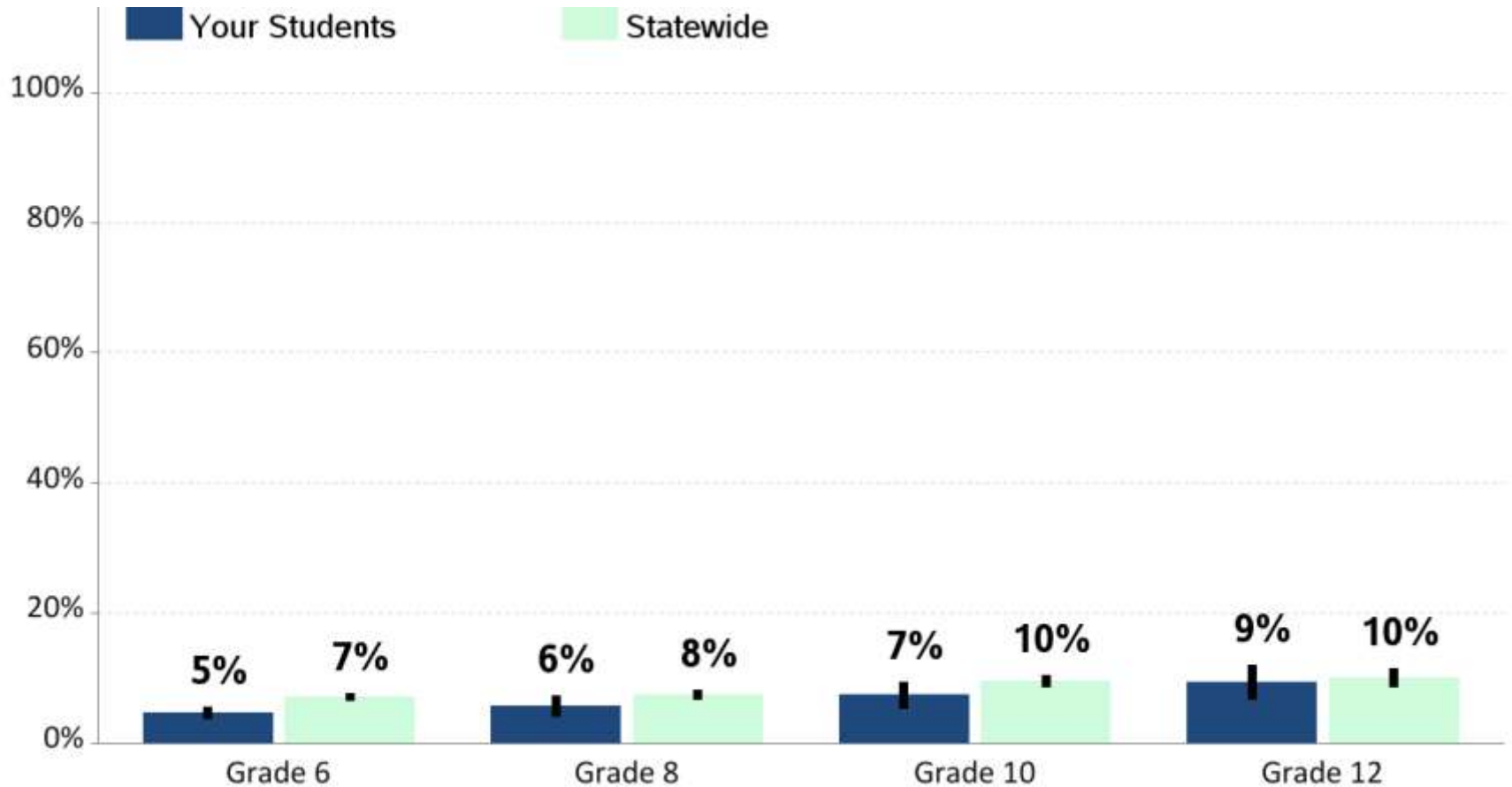
Obesity

Percent of students who are obese
(according to reported height and weight)



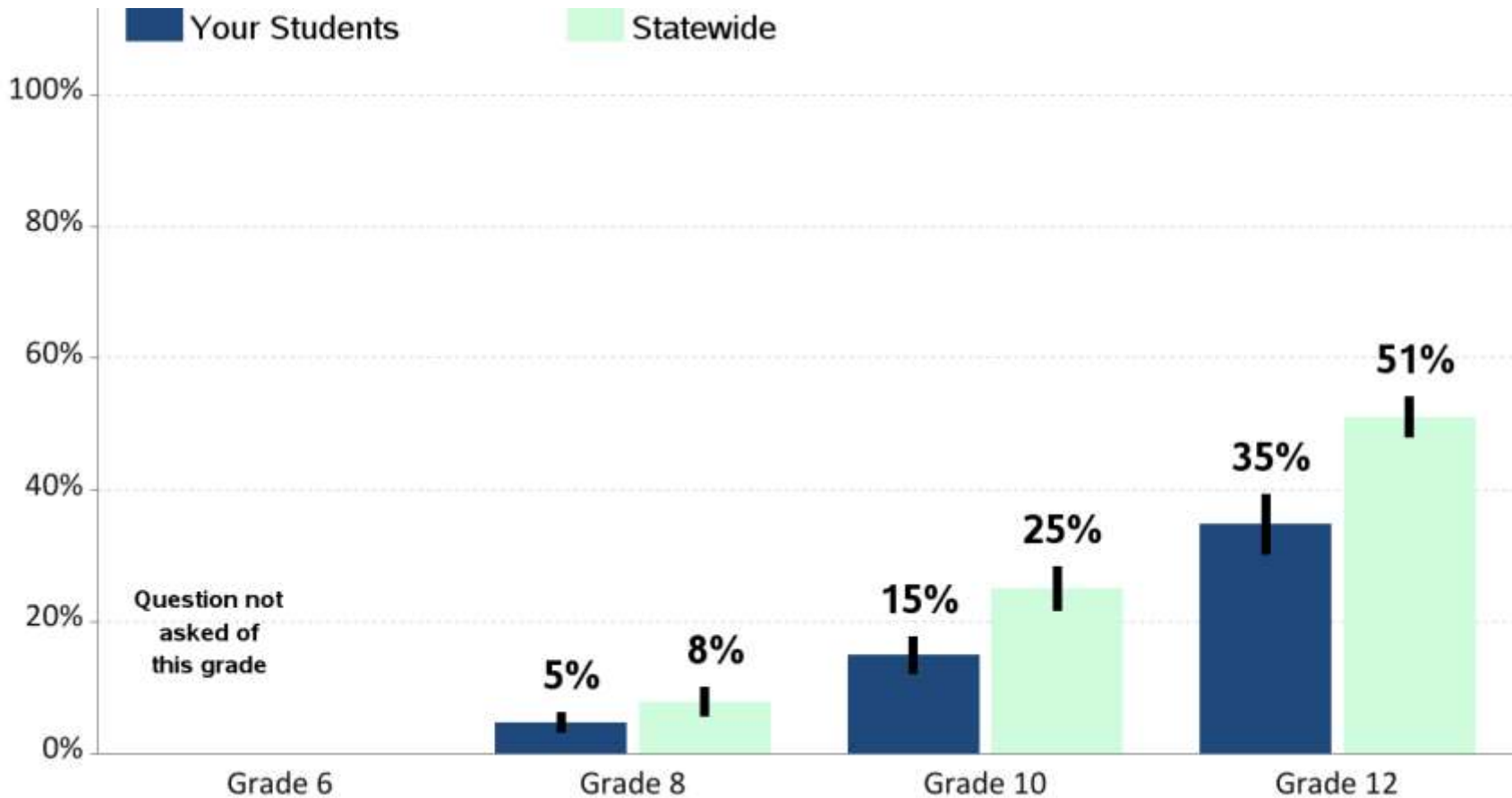
Current Asthma

Percent of students who currently have asthma

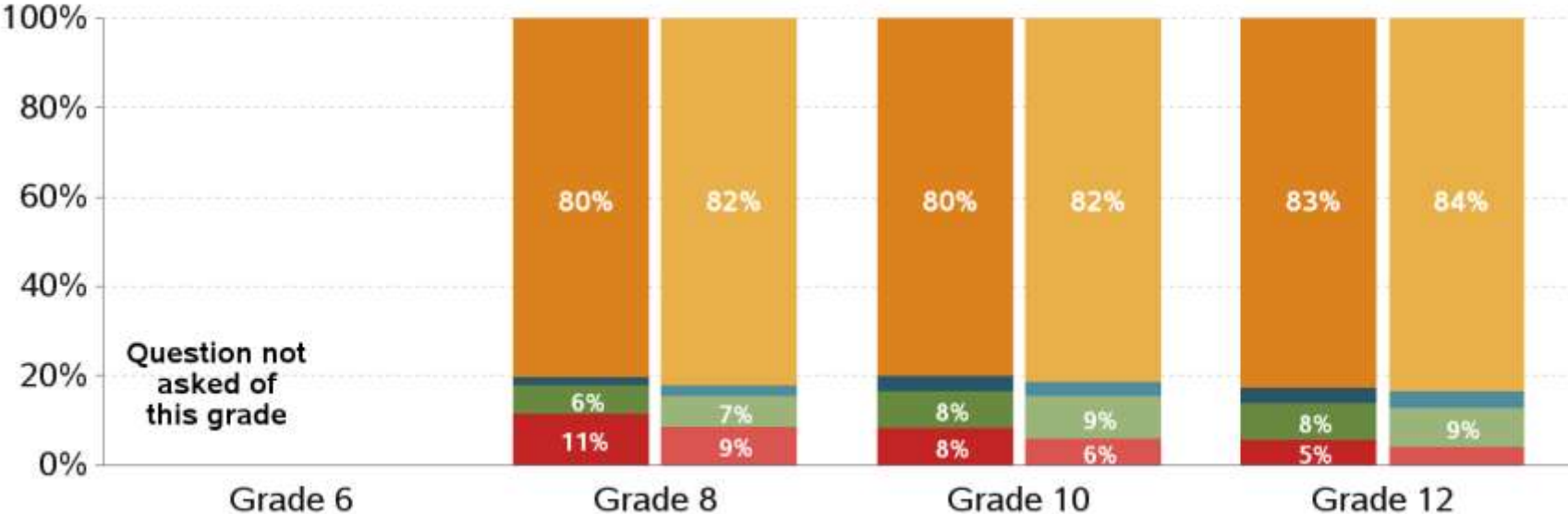


Lifetime Sexual Activity

Percent of students who report ever having sexual intercourse in their lifetime

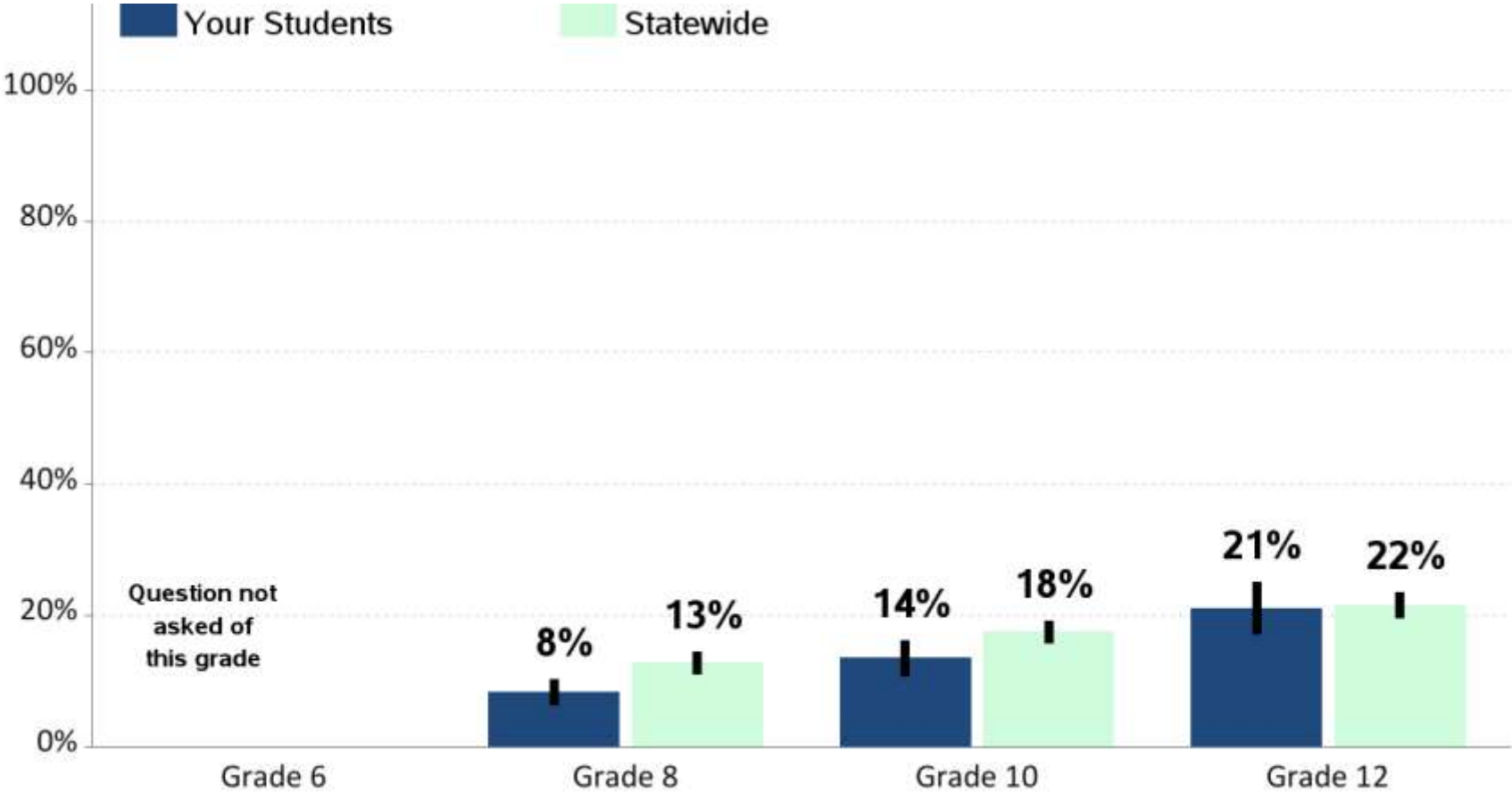


Sexual Orientation



Lifetime Sexual Abuse

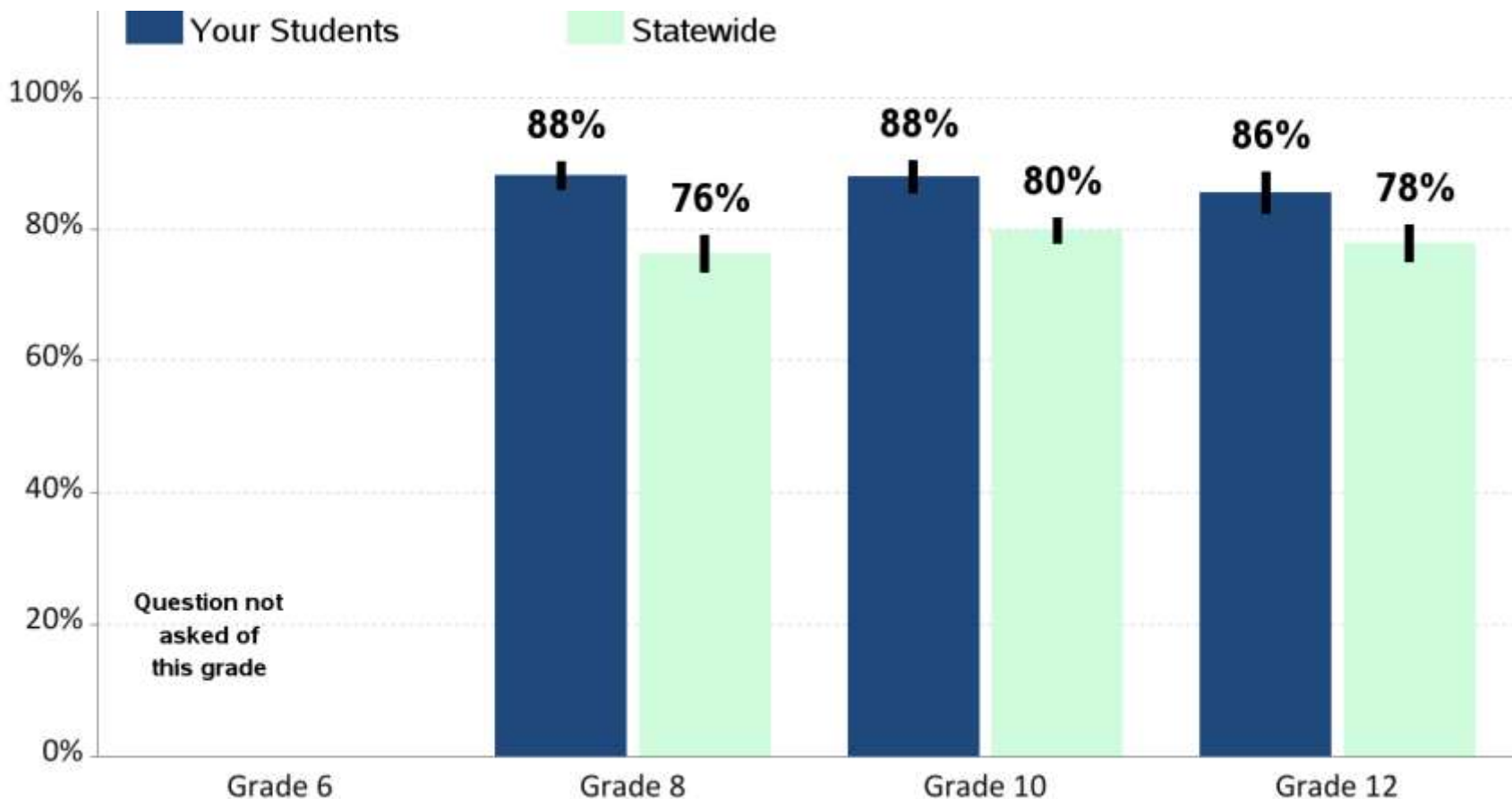
Percent of students who report having ever been in a situation where someone made them engage in kissing, sexual touch or sexual intercourse when they did not want to



Lake Washington School District
- Source: 2016 Healthy Youth Survey

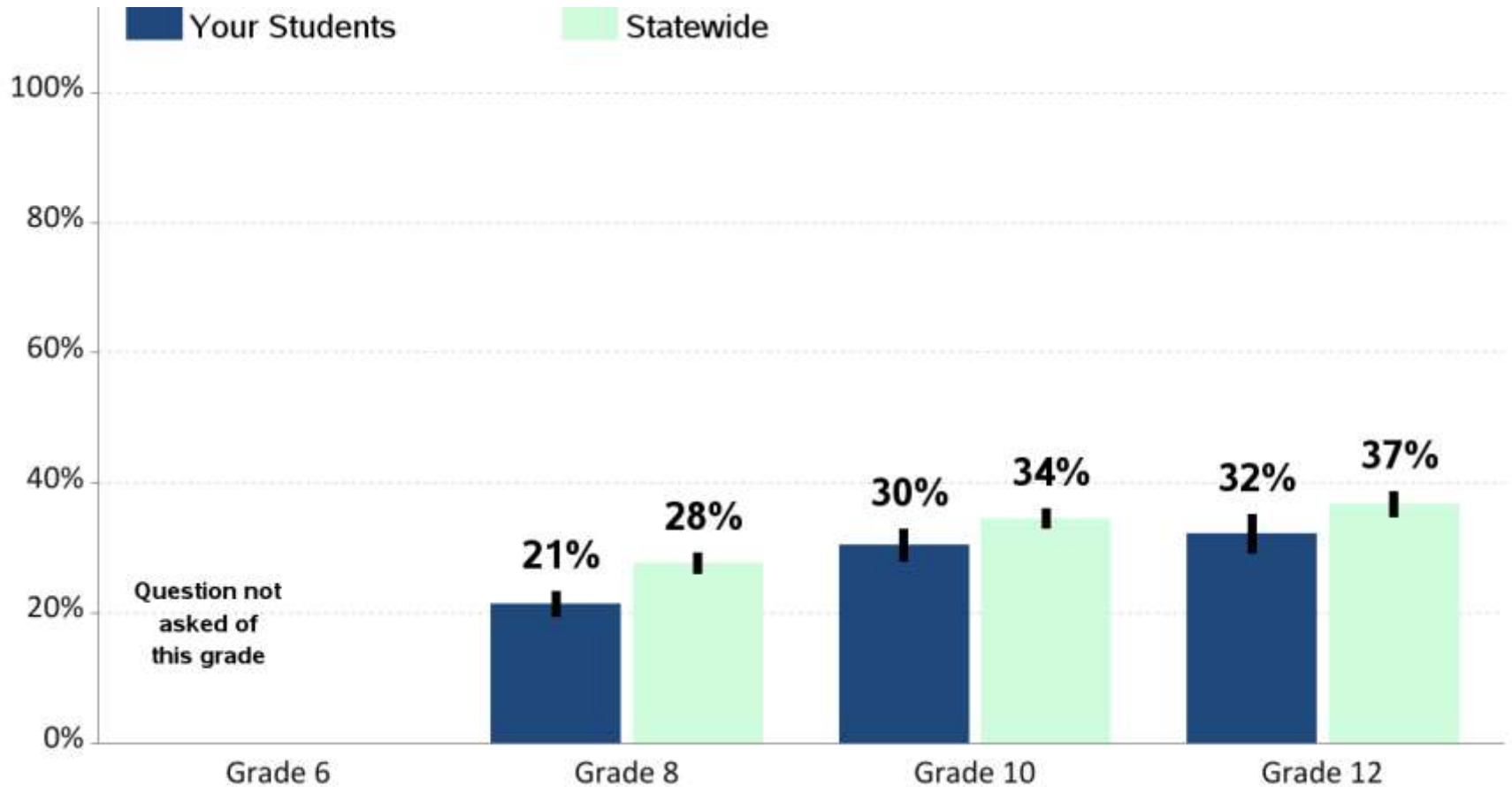
Access to Dental Care

Percent of students who report visiting a dentist for a routine checkup in the past year



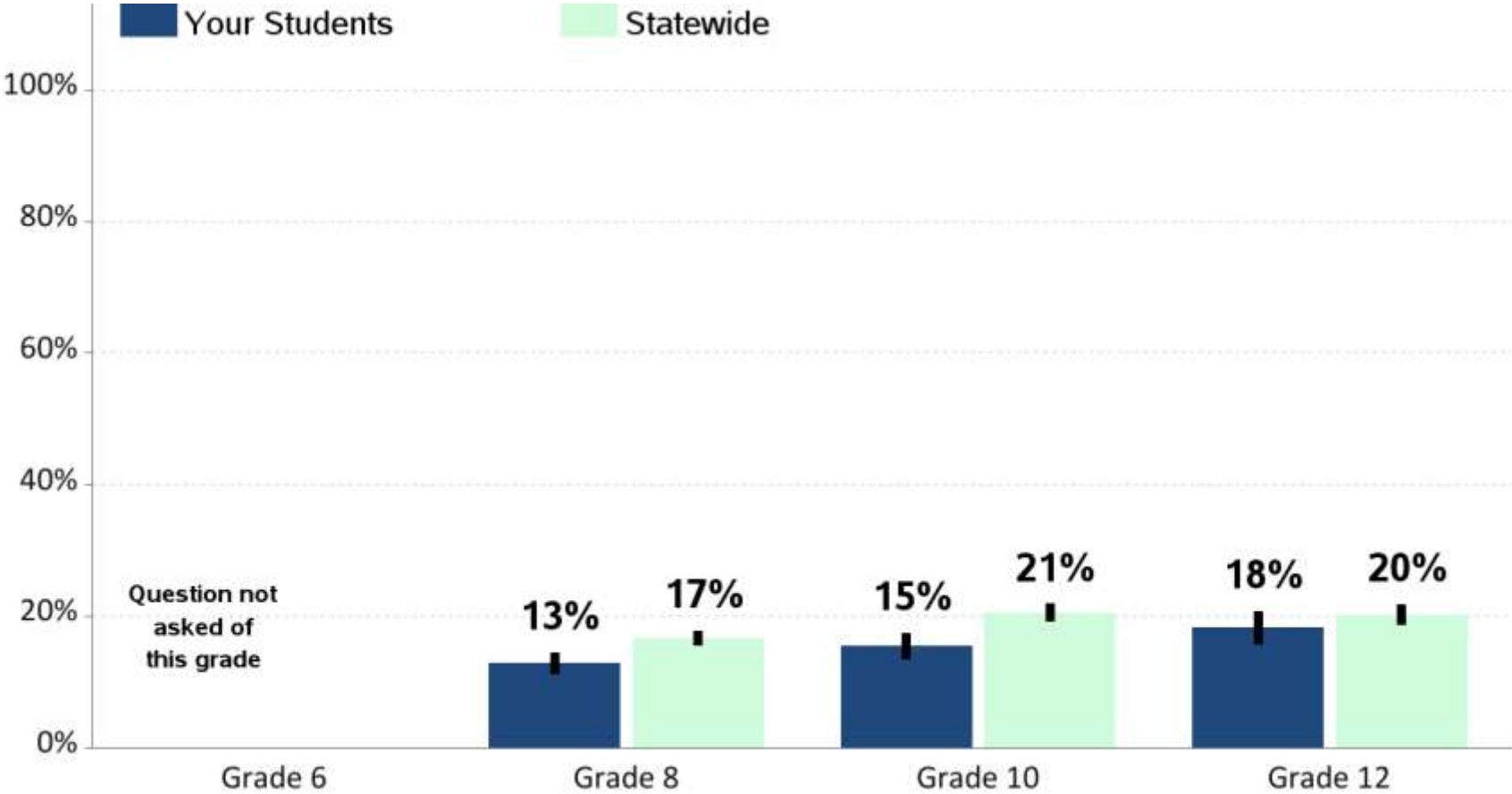
Depression

Percent of students who report experiencing depressive feelings in the past year



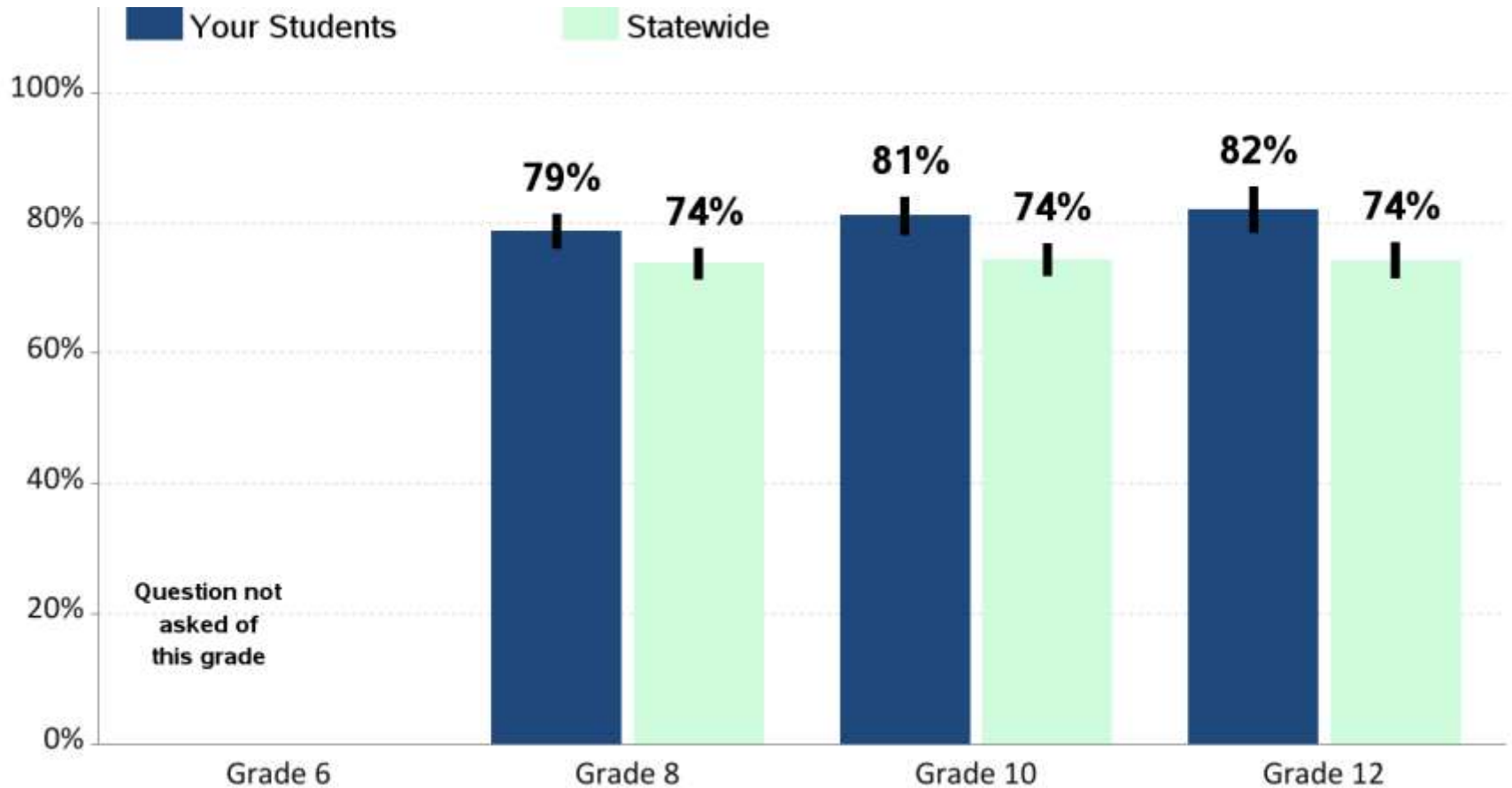
Contemplation of Suicide

Percent of students who report having seriously considered suicide in the past year



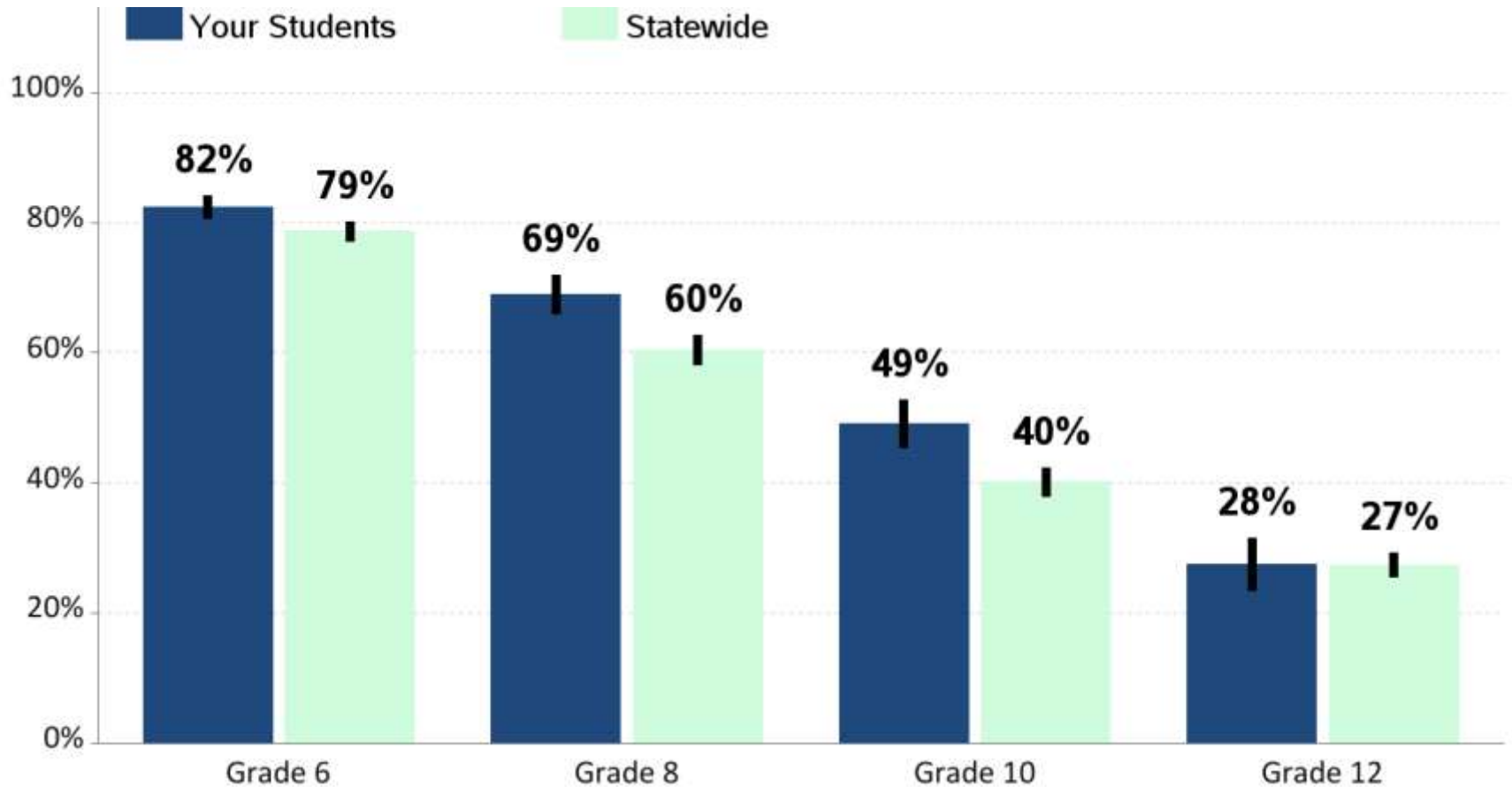
Someone in Community to Talk To

Percent of students who report having an adult in their neighborhood or community they can talk to about something important



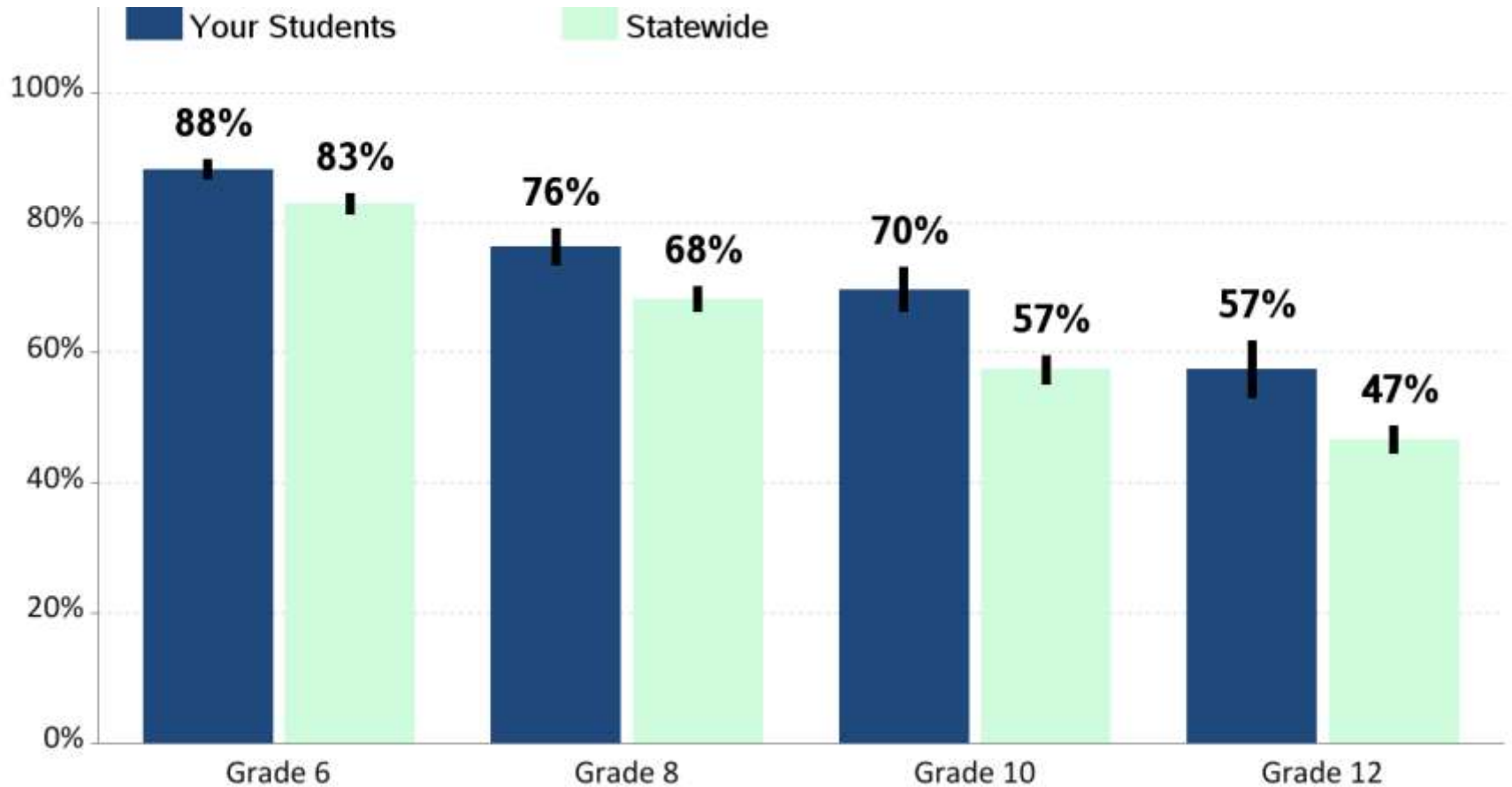
Perception of Neighborhood Norms - Alcohol

Percent of students who report that adults in their neighborhood think youth drinking is "very wrong"



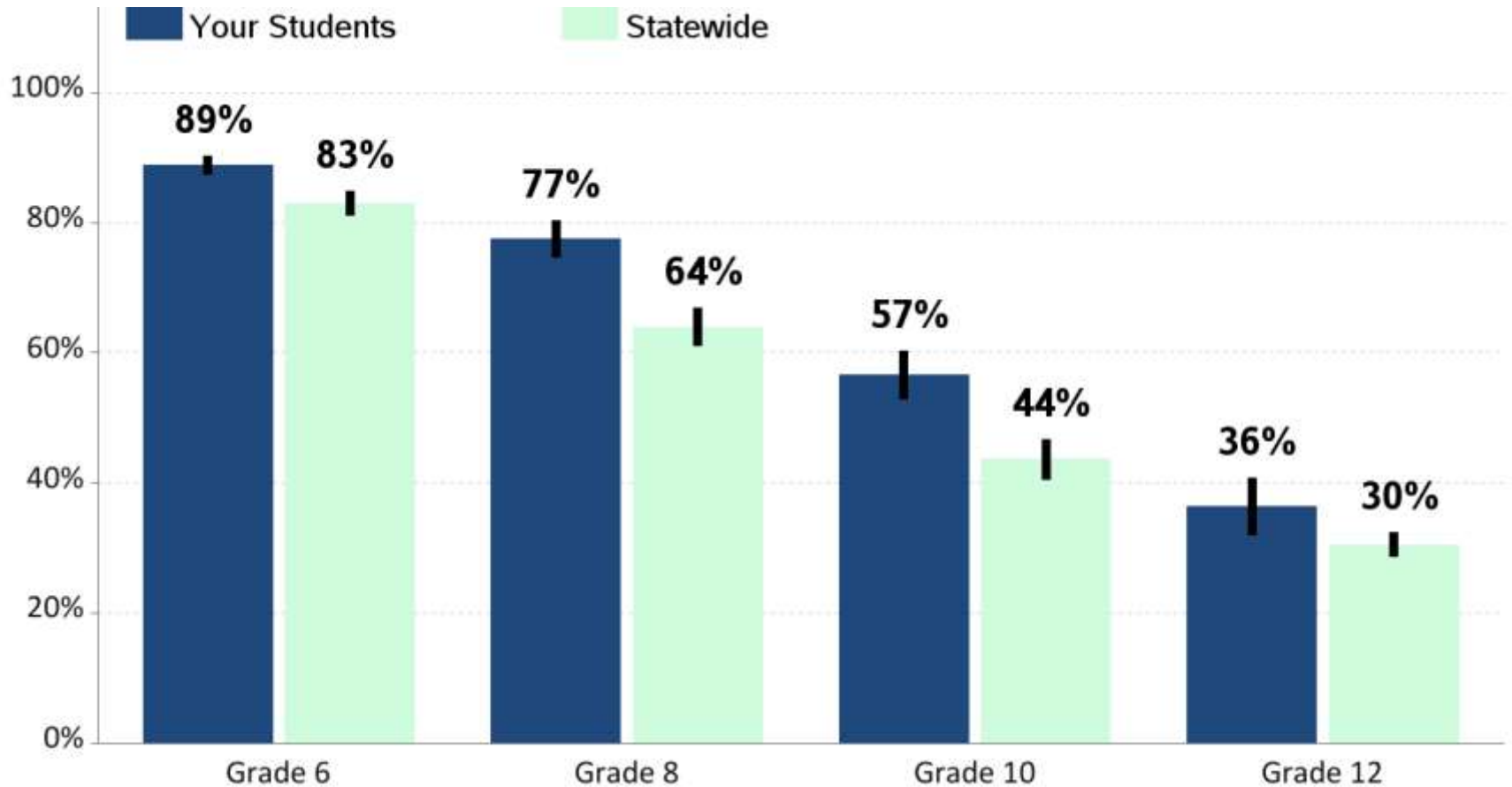
Perception of Neighborhood Norms - Smoking

Percent of students who report that adults in their neighborhood think youth smoking is "very wrong"



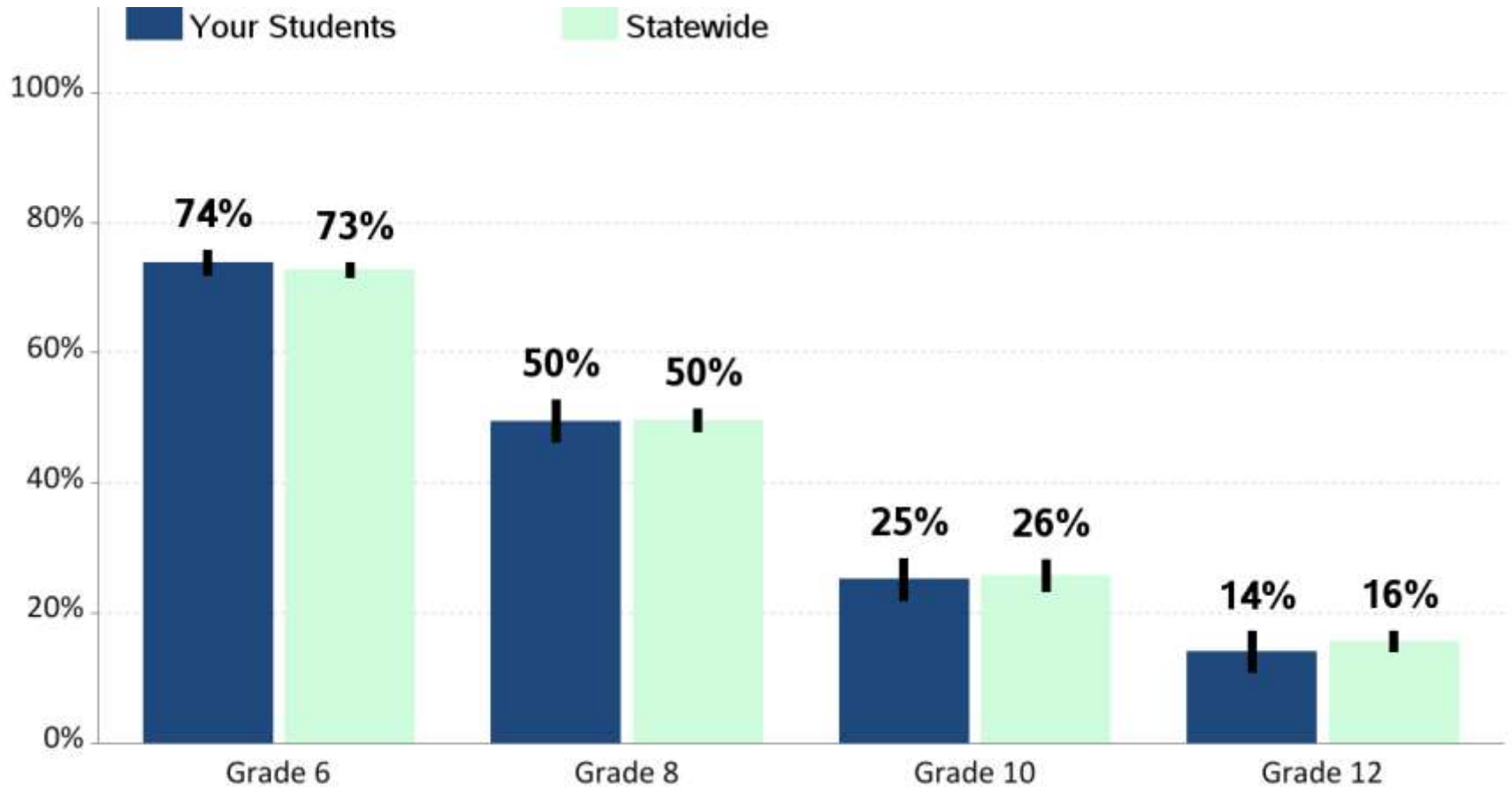
Perception of Neighborhood Norms - Marijuana

Percent of students who report that adults in their neighborhood think youth marijuana use is "very wrong"



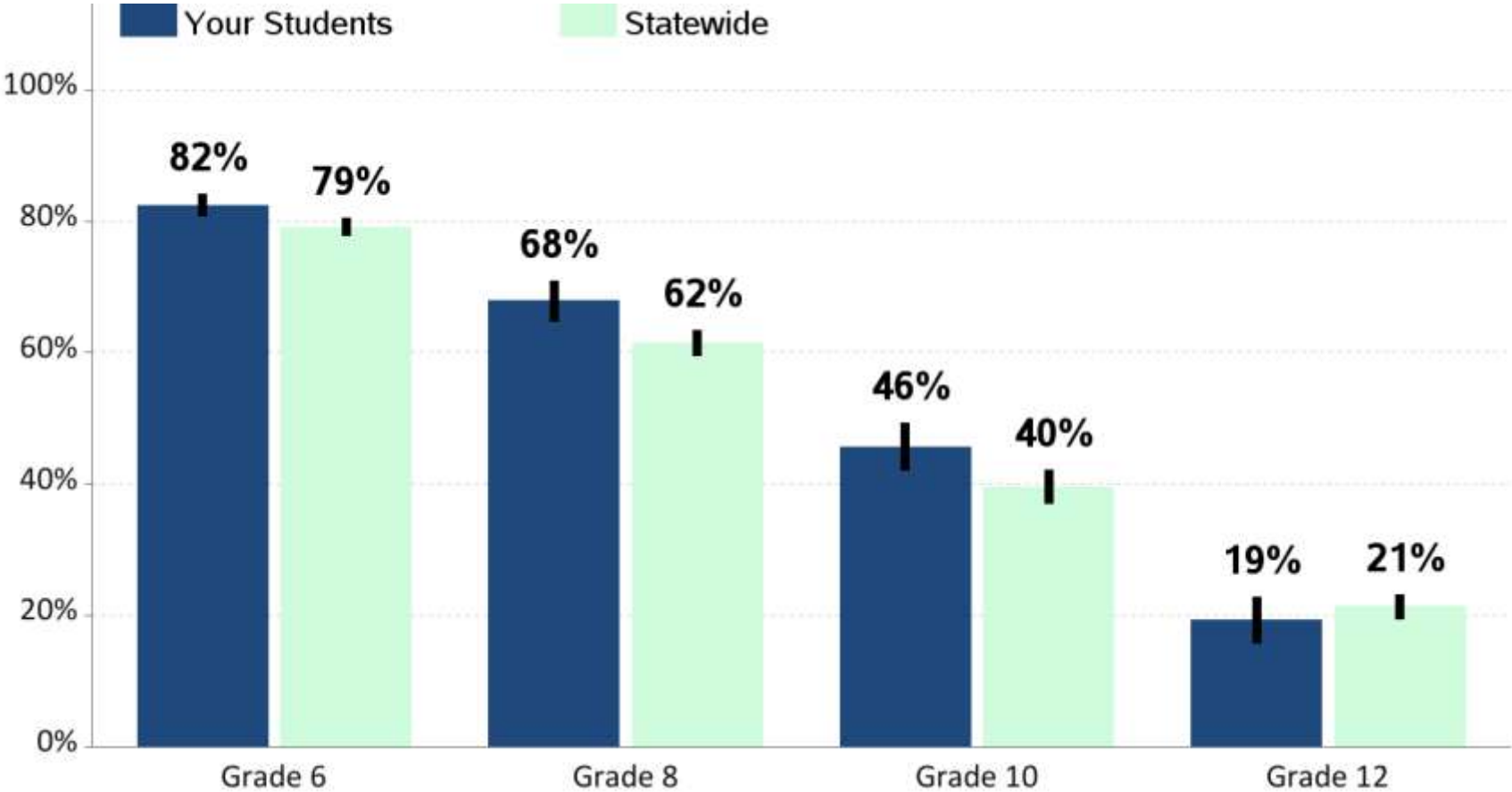
Perceived Availability of Alcohol

Percent of students who report alcohol would be "very hard" to get



Perceived Availability of Cigarettes

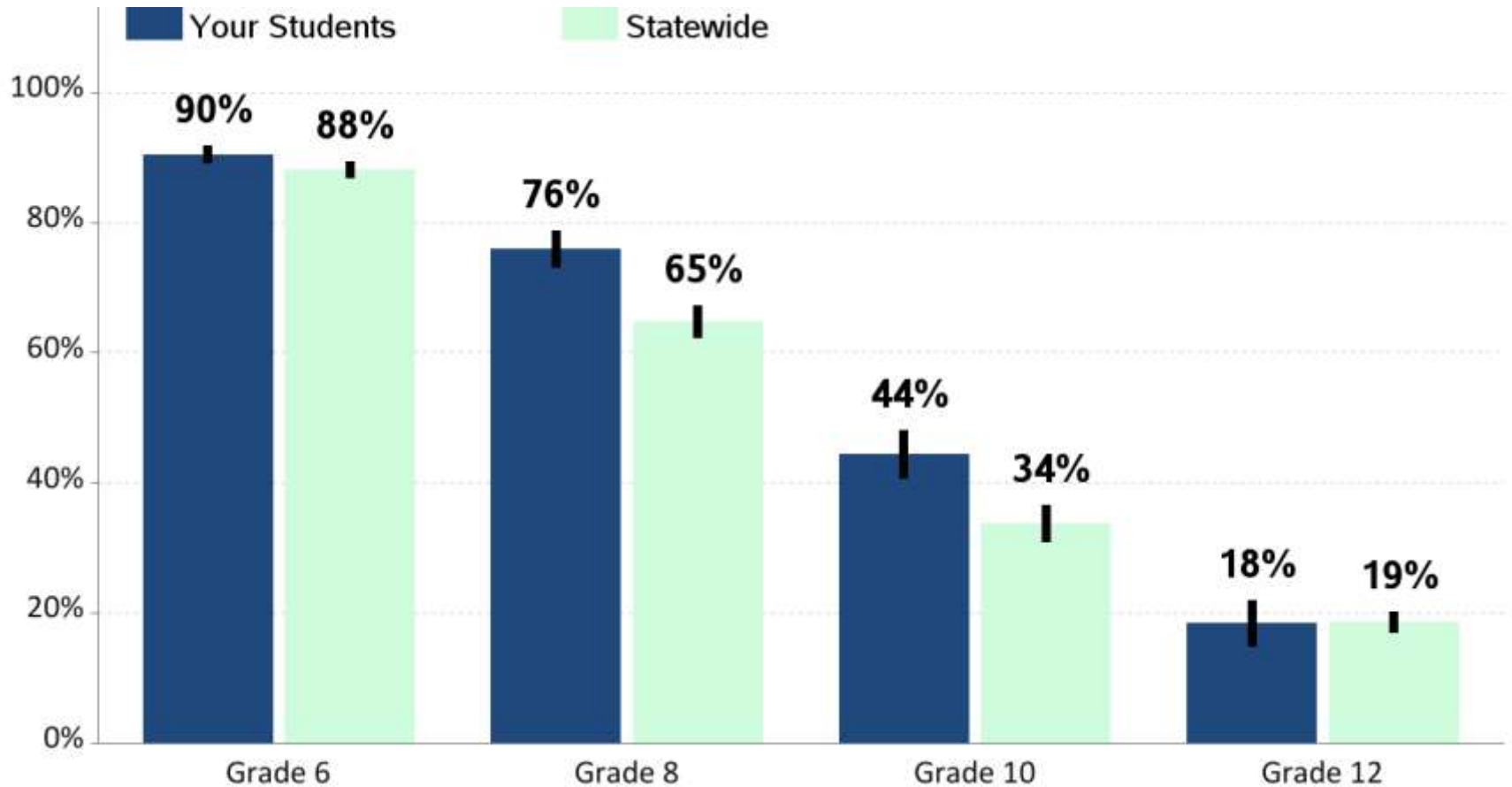
Percent of students who report cigarettes would be "very hard" to get



Lake Washington School District
- Source: 2016 Healthy Youth Survey

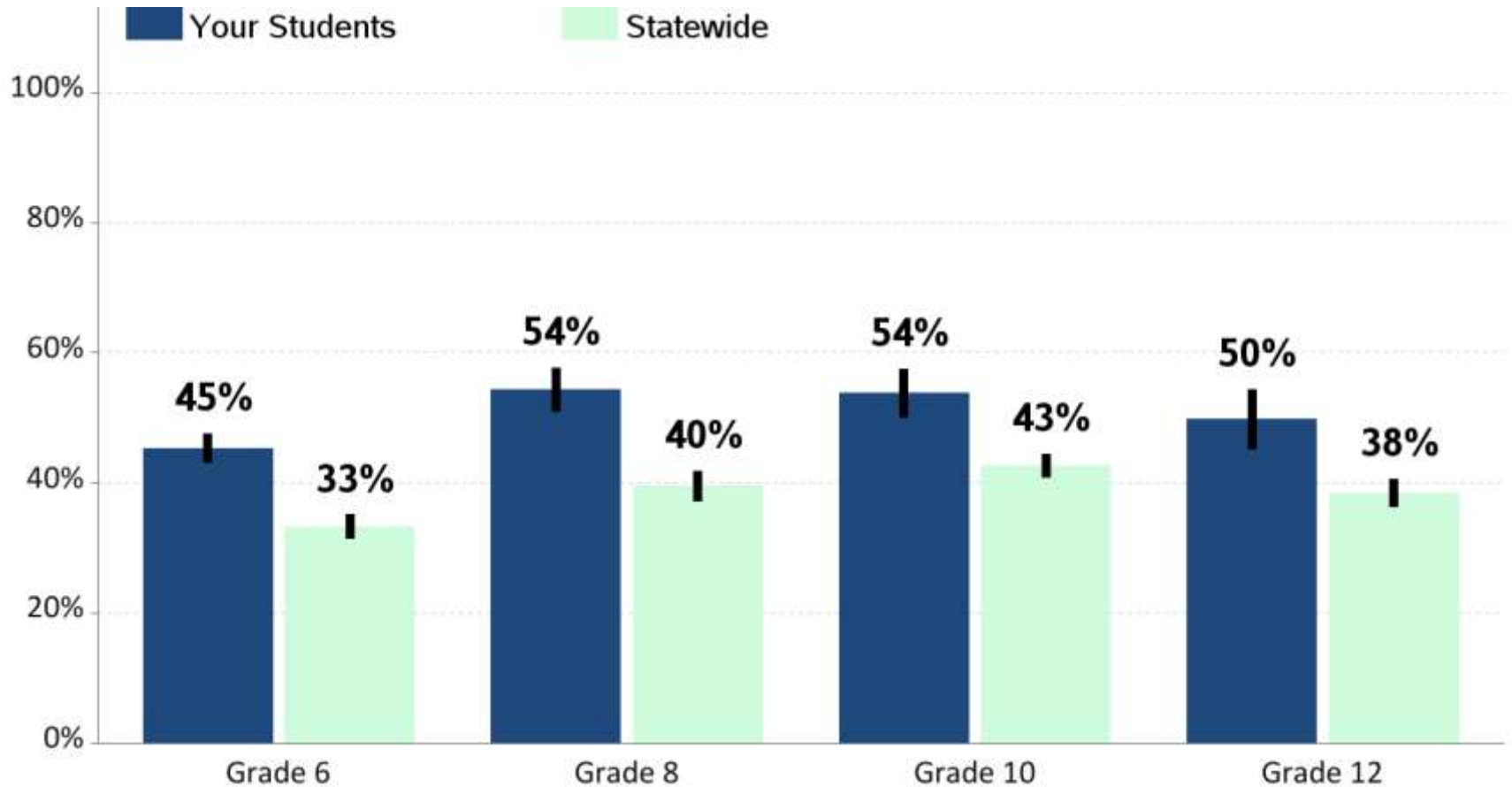
Perceived Availability of Marijuana

Percent of students who report marijuana would be "very hard" to get



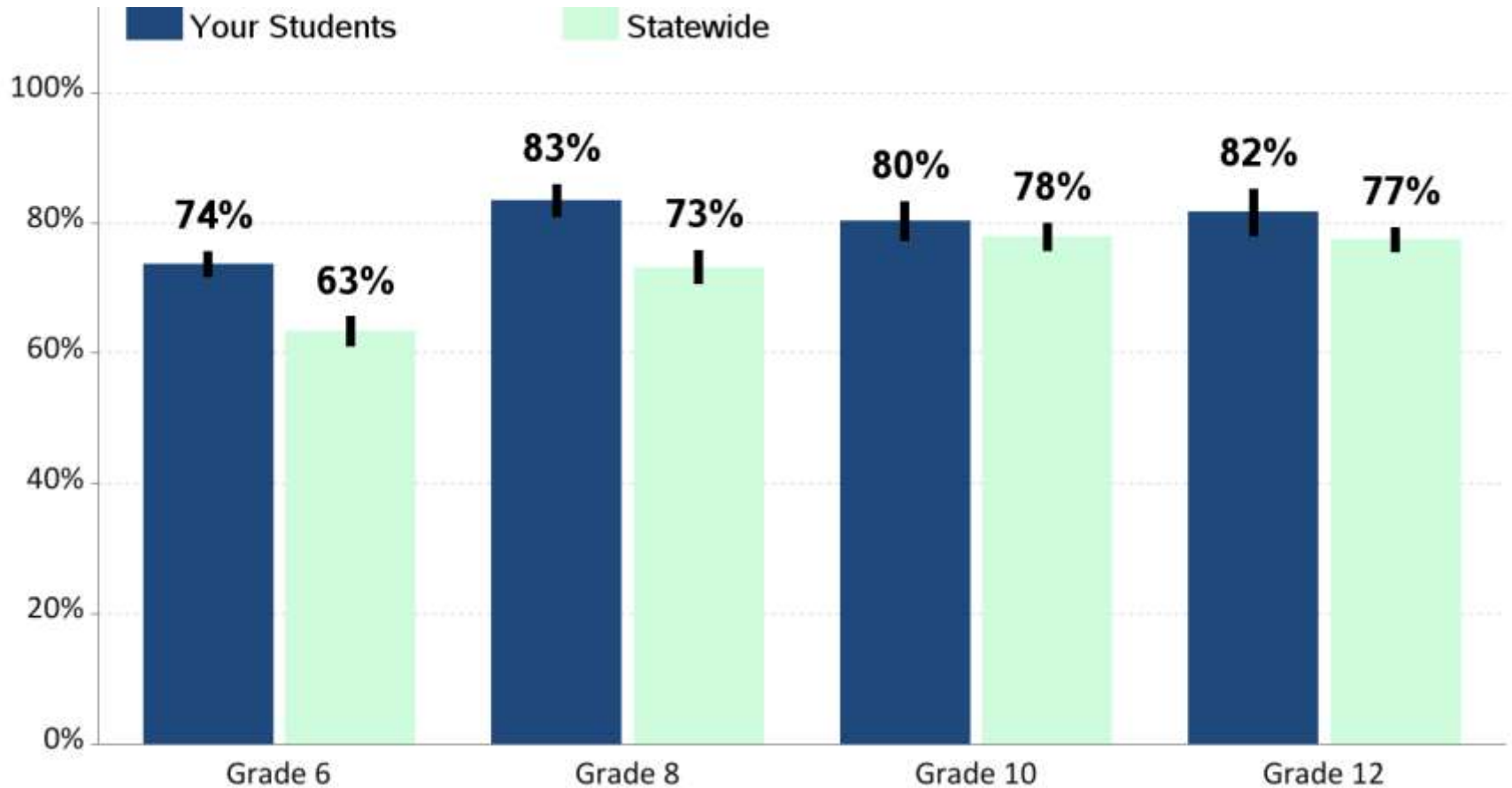
Perceived Risk of Regular Alcohol Use

Percent of students who report "great risk" of harm from drinking alcohol daily



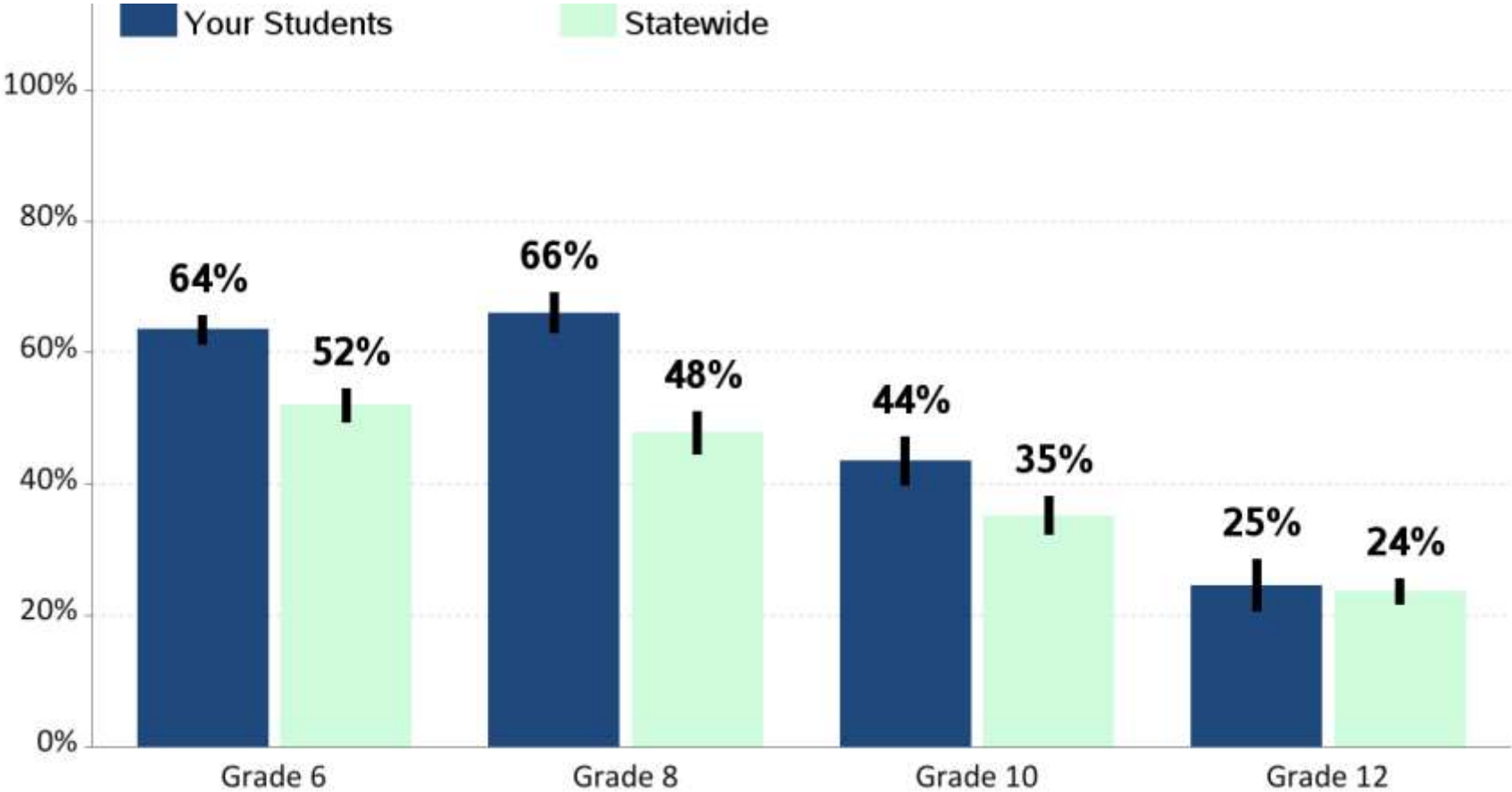
Perceived Risk of Regular Cigarette Smoking

Percent of students who report "great risk" of harm from smoking a pack or more a day



Perceived Risk of Regular Marijuana Use

Percent of students who report "great risk" of harm from using marijuana at least once or twice a week



Perceived Risk of E-Cigarette Smoking or Vaping

Percent of students who report "great risk" of harm from using e-cigarette or vape pen regularly (almost daily)

