Rockford High School

Breakfast Menu

April 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 SPRING BREAK	**31**	**1** No School	**2** No School	**3** No School
6 No School	**7** Cinnamon Cream Cheese Filled Bagel Cinnamon Chex Graham Crackers Fruit Selection Juice Selection Choice of Milk	**8** Blueberry Muffin, WG Cheese Stick Cinnamon Toast Crunch Cereal, WG Graham Crackers Fruit Selection Juice Selection Choice of Milk	**9** Breakfast Burrito Cocoa Puffs Cereal Bowl Graham Crackers Fruit Selection Juice Selection Choice of Milk	**10** Vanilla Frosted Long John Lucky Charms Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk
13 Brekkie, WG Cheerios Graham Crackers Fruit Selection Juice Selection Choice of Milk	**14** Sausage, Egg & Cheese on English Muffin Cinnamon Chex Graham Crackers Fruit Selection Juice Selection Choice of Milk	**15** Banana Chocolate Chip Snack Bread,WG Cheese Stick Cinnamon Toast Crunch Cereal, WG Graham Crackers Fruit Selection Juice Selection Choice of Milk	**16** MCA TESTING SPECIAL Chocolate Frosted Long John Cocoa Puffs Cereal Bowl Graham Crackers Fruit Selection Juice Selection Choice of Milk	**17** NEW RECIPE Coffee Cake Muffins Lucky Charms Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk
20 Chocolate Chip Oatmeal Snack bar Cheerios Graham Crackers Fruit Selection Juice Selection Choice of Milk	**21** Egg & Cheese on English Muffin Cinnamon Chex Graham Crackers Fruit Selection Juice Selection Choice of Milk	**22** NEW Eggs and Hash Browns Breakfast Plate Cinnamon Toast Crunch Cereal, WG Graham Crackers Fruit Selection Juice Selection Choice of Milk	**23** Mini Eggo Waffles Cocoa Puffs Cereal Bowl Graham Crackers Fruit Selection Juice Selection Choice of Milk	**24** Cream Cheese Frosted Long John Lucky Charms Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk
27 Cinnamon Cream Cheese Filled Bagel Cheerios Graham Crackers Fruit Selection Juice Selection Choice of Milk	**28** Bacon, Egg & Cheese on English Muffin Cinnamon Chex Graham Crackers Fruit Selection Juice Selection Choice of Milk	**29** Cinnamon Roll NEW Fruit Smoothies Cinnamon Toast Crunch Cereal, WG Graham Crackers Fruit Selection Juice Selection Choice of Milk	**30** French Toast Sticks Cocoa Puffs Cereal Bowl Graham Crackers Fruit Selection Juice Selection Choice of Milk	**1**

PRICES

Student Breakfast	Free
Adult Breakfast	$2.50
Milk	$.60
Ala Carte	OPEN

EXTRA INFO

Ala Carte Opens at 7:30AM

HARVEST OF THE MONTH

Menus and Nutrition
Taher Food4Life®

FOOD 4 LIFE TAHER

www.taher.com

Menus are subject to change without notice. This institution is an equal opportunity provider.