



ALUMNAE SPOTLIGHT

PRESENTED BY THE PROFESSIONAL ALUMNAE COMMUNITY



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*Producing Artistic Director at Delaware Theatre Company
Co-Founder of In Confidence*

Can you share a bit about your journey from high school/college to where you are today? How does what you studied in school inform your work today?

I started at Sacred Heart in middle school, and during my time there, I was very active in choir, the musical, student council, and golf. I loved my time at Sacred Heart, and my SHA friends are still some of my closest friends and confidants. After Sacred Heart, I attended Emerson College, where I studied directing. Like Sacred Heart, Emerson placed a strong emphasis on a well-rounded, 360-degree education. In addition to a conservatory-style artistic training, we were required to take courses in other artistic disciplines, as well as media, political science, and communication. I was also able to study abroad twice, which exposed me to many different forms of art and performance. I share this because while theatre is my first love and my preferred medium, I am just as interested in influencing culture and communities through the broader arts and humanities.

After graduating, I moved to New York City and worked as many internships and assistant jobs as I could. I gained a great deal of experience and built many connections in the Broadway and New York arts nonprofit world. However, for every glamorous “Devil Wears Prada” intern moment, there were countless mornings opening a SoulCycle studio at 5 a.m. and babysitting on the weekends. I share this because if you want to live the dream, it takes a lot of hard work, and no one should be afraid or embarrassed of the hustle. Slowly but surely, the path began to open up, and I started receiving directing opportunities throughout the tri-state area. After the pandemic, I founded a production company called In Confidence, which allowed me to further develop my creative producing and business skills. Then, in September 2024, I began working at Delaware Theatre Company, and in February 2025, I was named Producing Artistic Director. As a director and producer, it is crucial to know a little bit about everything, since ultimately you want your work to reach and resonate with a broad audience. Everything I studied throughout my education is something I use every day in my line of work.

What inspired you to pursue your current career path?

Since I was little I took ballet, jazz, Irish Dance, and participated in theater. Later in high school, I started taking theater more seriously and would dedicate my time inside and outside of school to workshops, classes, and productions. I started to learn how to actually build and create characters, and how the world of the play or musical was built. Eventually, I learned I loved the process of building and creating a show way more than going on and being the character on stage. That’s when I knew I wanted to be more on the creative side of things than Performance.

Were there any pivotal moments or challenges that shaped your professional journey? How did you overcome those?

A career in the arts is not for the weak, even in the best of times. I joke that when I have my first house, I will wallpaper

the bathroom with all of my rejection letters. It can be tough, but believing in yourself is the key to staying strong and pushing forward. While my artistic confidence was built in college, I really credit Sacred Heart for my foundational confidence. The value of an all-girls education, along with Sacred Heart's small class size at such a pivotal time in adolescence, really set the stage for me to believe that I can do anything. These lessons became particularly relevant during the pandemic, when the industry was on hold for almost two years. There were many days when I considered pivoting to adjacent careers and had intense doubt about what to do next. However, everything is temporary, and it was my confidence and entrepreneurial spirit that got me through.

What professional achievement are you most proud of?

I am very proud and excited to produce and direct the show I created, *The Chequerboard Watch*, next month at Delaware Theatre Company. It was an idea that came to me during the pandemic, and to have it come to life next month is simply surreal.

How do you measure success in your career and personal life?

This is tough! I am actively trying to get better at celebrating the wins and not wallowing in the stress or losses. Many people say this, and I can share that it is true, when you achieve your goals and reach your "mountaintops," things are not magically better or changed. The feeling of success stems from who is around you to celebrate with. Growing, nurturing, and investing your personal relationships is just as important as scaling your career. I am incredibly lucky to have a very strong support system and friends and family who are constantly cheering me on.

What advice would you give to women aspiring to follow a similar path?

If you find yourself on what seems like an unmarked path, you are probably doing it right. Even in 2026, there are not many examples of female-driven leadership in the arts. There is a common example that if a man sees a job description, he can find all the reasons he is qualified for it, while a woman will find all the reasons she has not met the qualifications. I feel this way every day. It is all about changing our mindset. When the imposter syndrome is taking over, breathe and trust your gut. The key is listening and surrounding yourself with people who are smarter than you. As a leader, the job is not to be the loudest or the smartest; it is to gather brilliant people and figure out how to bring all of their incredible perspectives into a singular vision.

How did the foundational beliefs and strengths that you learned and developed at SHA help you find your professional voice?

When I arrived at college, and again when I entered the workplace, I realized I was in the minority as someone who felt capable of leading and learning on the job. Throughout my time at Sacred Heart, I was put in positions to make decisions or contribute to long-term strategic thinking. I did not know it at the time, but being able to use my voice at sixteen or seventeen in a meaningful way has continued to set me up for success in my professional life.

If you could go back and give your high school self one piece of advice, what would it be?

Keep following your path; it is a good thing that you know exactly what you want to do. Also, keep being extremely silly with your friends; you still laugh about the same fifteen stories today.

Lastly, what team were you at SHA?

Red Team! Winning the 2013 and 2014 Field Days is still the greatest accomplishment of my life and the lives of my fellow Red Teamers.