

APRIL 2026 PREP MENU

FREE Lunch Delivered Daily by Ilam
Preorder Breakfast the day before
to be there in the morning for your
student

Monday

6 Popcorn Chicken Bowl,
w/ mashed potatoes,
gravy and Corn

13 Crispy Chicken
Drumstick, Roll
w/ mashed potatoes

20 BBQ Chicken Drumstick
w/ mashed potatoes
and Gravy

27 Waffles and
Chicken
w/ Sweet Potato Fries

Tuesday

7 Chicken Quesadilla
served with Rice, Pico
Corn and Refried Beans

14 Dorito Taco Cheese Bowl
Served with Black Beans
and Churros

21 Turkey Tacos
WG Rice and
Refried Beans

28 Beef & Cheese Tatchos
served with Corn and a
variety of toppings

Wednesday

8
NO LUNCH!

15 Greek Gyros
Rice Pilaf
JET'S Pizza Day!

22 Stuffed Baked Potato
JET'S Pizza Day!

29 Meatball Grinder
w/ Fries
JET'S Pizza Day!

Thursday

9 Pasta w/ Marinara &
Meatballs
MICHIGAN BROCCOLI

16 Beef or Cheese Lasagna
Garlic Breadstick
MICHIGAN BROCCOLI

23 Buffalo Chicken Mac &
Cheese
Garlic Breadstick
MICHIGAN BROCCOLI

30 Mac & Cheese
Steamed Broccoli and
Garlic Bread

Friday

10 Orange Chicken
w/ WG rice and Stir-
fried Veggies


17 General Tso Chicken
w/ WG rice and
Stir-fried Veggies

24 Chicken Thai Bowl
Crisp Chicken over WG Rice
with a Thai Chili Sunbutter
Sauce

Free meals under the "Michigan Free meals for all" program will continue for all students throughout the 2025-26 school year!! One complete breakfast and lunch can be provided at no cost daily by any student turning 3 years old and older in the Bloomfield Hills school district

All meals include Proteins & whole grains

**At least 1/2 cup fruits and veggies and
1% white or Chocolate milk**

248.341.5671
aramark 

DAILY LUNCH OPTIONS!

MONDAY - CHEESE, VEGGIE OR PEPPERONI PIZZA

TUESDAY - CHICKEN PATTY SANDWICH

WEDNESDAY - CHEESEBURGER OR VEGGIE BURGER

THURSDAY - CHICKEN TENDERS

FRIDAY - JET'S CHEESE, VEGGIE OR PEPPERONI PIZZA

ALL MEALS INCLUDE FRUIT AND VEGGIE OF THE DAY AND
1% WHITE OR CHOCOLATE MILK

Popcorn Chicken Bowl

Crispy Popcorn Chicken over Creamy Mashed Potatoes topped with Corn and Chicken Gravy

Pasta w/ Marinara & Meatballs

Al Dente Pasta topped with tangy Marinara sauce and beef Meatballs served with fresh steamed broccoli & Garlic Breadstick

Orange Chicken

Crispy battered chicken bites glazed in a sweet orange sauce, served over rice with Asian mixed Veggies

Chicken Drumstick

Crispy breaded chicken leg served with Mashed Potatoes, Chicken Gravy and Green Beans

Dorito Taco Cheese Bowl

Crispy Baked Nacho Cheese Doritos Topped with Beef and Cheese Sauce Served with refried beans

Beef Gyro

Seasoned shave beef strips served on a whole grain Pita with tangy cucumber sauce and optional diced tomatoes and onions

Chicken & Cheese Quesadilla

Flour Tortilla grilled with white meat Chicken and Cheddar Cheese Served with WG Rice & Refried Beans

Beef or Cheese Lasagna

Cheese Filled Pasta rolls topped with marinara sauce or meat sauce served with Broccoli and garlic breadstick

General Tso Chicken

Crispy battered chicken bites glazed in a Tangy sweet & spicy sauce, served over rice with Asian mixed Veggies

BBQ Chicken Drumstick

Chicken leg glazed in Sweet BBQ Sauce served with Mashed Potatoes, Chicken Gravy and Green Beans

Turkey Tacos

Seasoned ground turkey served on Flour Tortillas with Pico Corn salad and Refried Beans

Stuffed Baked Potato

Hot Baked potatoes with toppings including taco meat, cheese sauce, bacon and a variety of veggies to choose from

Jets Pizza

Crispy Deep Dish Cheese Pizza with Jet's famous sauce! Choose from Cheese, Pepperoni or Veggie!

Buffalo Chicken Mac & Cheese

Creamy Mac & Cheese served with Crispy Chicken bites and Buffalo Sauce served with fresh steamed Broccoli

Beef and Cheese Tachos

Beef and Cheese over Crispy Tater Tots Served with refried beans and Toppings

Chicken and Waffles

Crispy White meat breaded Chicken Strips Served with Sweet Belgium Waffles, Syrup Cup and optional Sweet Potato Fries

Meatball Grinder

Meatballs tossed in Marinara topped with melted Mozzarella cheese and topped with optional Peppers & Onions with Fries

Macaroni & Cheese

Whole grain pasta tossed in a creamy cheddar cheese sauce served with fresh steamed Broccoli

Chicken Teriyaki

Breaded Popcorn Chicken glazed in Teriyaki sauce served over WG rice with Asian mixed Veggies

**FREE
BREAKFAST**
preorder required

Assorted Breakfasts available daily including choice of Fresh Bagels, Pop Tarts, Breakfast Breads or WG Donuts
All breakfasts include a 1/2 cup of Michigan fruit, 100% Fruit juice and a 1% white or chocolate milk

FRUITS AND VEGGIES!

Offered Daily
Includes Michigan Produce such as Blueberries, Lettuce, Carrots, Legumes and Apples and Fresh Green Side Salad



Gluten Free option available per medical request-preorder required Vegetarian and Dairy Free options available

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MENU SUBJECT TO CHANGE WITHOUT NOTICE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER