

Monday	Tuesday	Wednesday	Thursday	Friday
ASSORTED CEREALS YOGURT CUP GRANOLA SEASONAL FRESH FRUIT MILK	BANANA BREAD STING CHEESE ASSORTED CEREALS SEASONAL FRESH FRUIT MILK	FRENCH TOAST TURKEY BACON ASSORTED CEREALS FRESH APPLIE SLICES MILK	CINNAMON RAISIN BAGEL CREAM CHEESE HARD BOILED EGG ASSORTED CEREALS SEASONAL FRESH FRUIT MILK	SCRAMBLED EGGS ENGLISH MUFFIN CHICKEN SAUSAGE MEATBALL BITE PLANT BUTTER SEASONAL FRESH FRUIT MILK
EGGSTRAVAGANZA WARM CROISSANT ASSORTED CEREALS SEASONAL FRESH FRUIT MILK	BLUEBERRY PANCAKES TURKEY BACON ASSORTED CEREALS SEASONAL FRESH FRUIT MILK	SCRAMBLED EGGS HASH BROWNS ASSORTED CEREALS SEASONAL FRESH FRUIT MILK	EGG FRITTATA MINI MUFFIN ASSORTED CEREALS SEASONAL FRUIT MILK	YOGURT BANANA SPLIT ASSORTED CEREALS SEASONAL FRESH FRUIT MILK
SCRAMBLED EGGS MINI BAGEL PLANT BUTTER ASSORTED CEREALS TANGERINES MILK	FRENCH TOAST PURE VERMONT MAPLE SYRUP ASSORTED CEREALS STRAWBERRIS & FRESH MELON MILK	CHEESE OMELETTE BLUEBERRY MUFFIN ASSORTED CEREALS FRESH MELON CUP MILK	YOGURT GRANOLA ASSORTED CEREALS BERRIES MILK	MAPLE PANCAKES BERRIES ASSORTED CEREALS MILK
BREAKFAST BOWL (EGGS, POTATOES, VEGGIES) ASSORTED CEREALS FRESH SEASONAL FRUIT MILK	WAFFLES ASSORTED CEREALS FRESH SEASONAL FRUIT MILK	EGG & CHEESE WRAP ASSORTED CEREALS FRESH CITRUS FRUIT MILK	GREEK YOGURT BANANA SPLIT SOY YOGURT BANANA SPLIT GF/DF GRANOLA ASSORDED CEREALS BERRIES FRESH SEASONAL FRUIT	PANCAKES SCRAMBLED EGGS ASSORTED CEREAL FRESH SEASONAL FRUIT MILK
POTATO CHEDDAR EGG BITES WG BISCUIT ASSORTED CEREALS FRESH SEASONAL FRUIT MILK	ZEE ZEE BREAKFAST BAR ASSORTED CEREALS FRESH SEASONAL FRUIT MILK			



ALL MEALS ARE SERVED WITH 1% OR NON-FAT MILK OR NON-FAT FLAVORED MILK  
 100% WHOLE GRAINS, FRESH FRUIT AND VEGGIES



## Monday

2  
CEREALES VARIADOS  
YOGUR EN BASO  
GRANOLA  
FRUTA FRESCA  
LECHE

9  
HUEVO ESTRAVAGANZA  
CUERNITO DE MANTEQUILLA  
CEREALES VARIADOS  
FRUTA FRESCA  
LECHE

16  
HUEVOS REVUELTOS  
MINI PANESILLO  
CEREALES VARIADOS  
FRUTA FRESCA  
LECHE

23  
PLATILLO DE DESAYUNO  
(HUEVOS, PAPAS, VEGETALES)  
CEREALES VARIADOS  
FRUTA FRESCA  
LECHE

30  
BOCADILLOS DE HUEVO CON  
PAPA Y QUESO CHEDDAR  
PANECILLO DE GRANO  
CEREALES VARIADOS  
FRUTA FRESCA  
LECHE

## Tuesday

3  
PAN DE PLÁTANO  
QUESO EN TIRA  
CEREALES VARIADOS  
FRUTA FRESCA  
LECHE

10  
PANQUEQUES DE ARÁNDANOS  
TOCINO DE PAVO  
CEREALES VARIADOS  
FRUTA FRESCA  
LECHE

17  
PAN FRANCES  
TOCINO DE PAVO  
MIEL PURA DE VERMONT  
CEREALES VARIADOS  
FRUTA FRESCA  
LECHE

24  
WAFFLES  
CEREALES VARIADOS  
FRUTA FRESCA  
LECHE

31  
BARRA DE DESAYUNO ZEE ZEE  
CEREALES VARIADOS  
FRUTA FRESCA  
LECHE

## Wednesday

4  
PAN FRANCES  
TOCINO DE PAVO  
CEREALES VARIADOS  
ROJAS DE MANAZANA  
FRUTA FRESCA  
LECHE

11  
HUEVOS REVUELTOS  
PAPAS HASH BROWN  
CEREALES VARIADOS  
FRUTA FRESCA  
LECHE

18  
TORTA DE HUEVO CON QUESO  
PAN DE ARÁNDANOS  
CEREALES VARIADOS  
FRUTA FRESCA  
LECHE

25  
WRAP DE HUEVO Y QUESO  
CEREALES VARIADOS  
FRUTA FRESCA  
LECHE

## Thursday

5  
BAGEL DE PASAS Y CANELA  
QUESO CREMA  
HUEVO COCIDO  
CEREALES VARIADOS  
FRUTA FRESCA  
LECHE

12  
FRITTATA DE HUEVO  
MINI MANTECADA  
CEREALES VARIADOS  
FRUTA FRESCA  
LECHE

19  
YOGUR  
GRANOLA  
CEREALES VARIADOS  
FRUTA FRESCA  
LECHE

26  
YOGUR GRIEGO CON  
PLÁTANO  
YOGUR DE SOYA CON PLÁTANO  
GRANOLA  
CEREALES VARIADOS  
FRUTA FRESCA  
LECHE

## Friday

6  
HUEVOS REVUELTOS  
PANECILLO INGLÉS  
SALCHICHA DE POLLO  
MATEQUILLA VEGETAL  
CEREALES VARIADOS  
FRUTA FRESCA  
LECHE

13  
YOGUR BANANA SPLIT  
CEREALES VARIADOS  
FRUTA FRESCA  
LECHE

20  
PANQUEQUES  
DE ARCE  
BAYAS  
CEREALES VARIADOS  
FRUTA FRESCA  
LECHE

27  
PANQUEQUES  
HUEVOS REVUELTOS  
CEREALES VARIADOS  
FRUTA FRESCA  
LECHE



TODAS LAS COMIDAS SE **SIREVEN** CON LECHE AL 1%, LECHE DESCREMADA OR LECHE DESCREMADA SABORIZADA  
1% DE GRANOS INTERGRALES, FRUTAS Y VERDURAS FRESCAS