PASCO SCHOOL DISTRICT #1

STUDENT-ATHLETE HANDBOOK

REVISED 2024

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Pasco School District does not discriminate in any programs or activities on the basis of sex, race, creed, age, religion, color, national origin, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained guide dog or service animal. Pasco School District provides equal access to the Boy Scouts, Girl Scouts, and other designated youth groups. Questions and complaints of alleged discrimination should be addressed to the following designated employees: Title IX and civil rights compliance officer Sarah Thornton, 1215 W. Lewis St., Pasco, WA 99301, 509-543-6700, sthornton@psd1.org; and Section 504 coordinator Kristi Docken, 1215 W. Lewis St., Pasco, WA 99301, 509-543-6700, kdocken@psd1.org.

ATHLETIC CODE FOR PASCO SECONDARY SCHOOLS
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I. PHILOSOPHY

Pasco School District believes the student-athlete learning experience should extend beyond the classroom. Extracurricular activities allow our student-athletes to explore different disciplines and develop skills that might not be taught within the core-teaching curriculum. In support of this belief, we offer a wide variety of school activities that include, but are not limited to, WIAA Athletics/Activities and ASB Offices Participation in school activities beyond the classroom fosters the opportunity for our student-athletes to nurture friendships and to develop empathy for their peers. Our programs are intended to enhance the student-athlete's personal well-being in spirit, mind and body. Their focus is to build self-confidence, self-worth and recognition in the individual while teaching the rewards of good sportsmanship, cooperation, respect for authority, and the spirit of hard work and sacrifice that come with activities and team participation.

Participation in Pasco School District extracurricular activities is a privilege, not a right. While involvement in these activities is strictly voluntary, those who choose to participate represent their student-bodies, families and community. In recognition of this fact, Pasco School District chooses to keep our standards high. These standards include academic requirements, citizenship, sportsmanship, and personal conduct. The dignity and integrity of the total school program requires that student-athletes conduct themselves in a manner consistent with Pasco School District policy and procedure.

All Pasco School District athletic/activities policies meet or exceed the Washington Interscholastic Activities Association (WIAA) policies and procedures. If you would like to review the WIAA handbook, a copy is available-online at wiaa.com.

Note to Parents/Guardians

- The Student Athletic Handbook is the guide for clarifying the rules that govern the conduct of student-athletes. Any problems that occur will be handled according to the procedures stated therein. If questions arise, contact your coach for clarification.

- If your student-athlete is injured at a sporting event while out of town, the incident will be handled according to district policy. If you have any questions, please contact your coach or the Athletic Director.

- If, at any time, you have a question or concern regarding your student-athlete's sports participation, the following course of action is to be taken:

    - Talk directly to the coach. Parent/guardians may arrange a meeting with the coach rather than approaching him/her at practice or immediately following a game.

    - If the issue is not corrected or you have concerns about the way the situation is handled, you are to arrange a meeting with the Athletic Director.

    - If the issue remains unresolved, you are advised to take the issue to the Principal.

II. RULES OF CONDUCT

The following rules of conduct apply to all student-athletes. They are intended to clarify, for the student-athlete, their obligations as participants.

A. CONDUCT ELIGIBILITY RULES AND PENALTIES

Conduct resulting in ejection or disqualification from an interscholastic event or competition administered by game officials, coach or school administrators shall result in ineligibility for succeeding events or competition until compliance with WIAA expectations. Penalties will apply to student-athletes, coaches, school representatives and fans.

Student-athletes and schools will follow the WIAA Handbook, including all WIAA rules and regulations.

B. ATHLETIC RULES AND PENALTIES

No Tolerance Athletic Code is in effect during each sport season.

1. Consumption, Possession or Transmittal of Alcohol/Marijuana/Tobacco (including e-cigarettes and vapor devices)

   The illegal consumption, possession, or transmittal of alcoholic beverages, marijuana or tobacco/nicotine products in any form by a student-athlete is prohibited.

   Penalty for Violations:

   a. First Violation

   i. Suspension for 40% of the current or next sport season. Suspension is to begin from the date the violation is documented in the athletic office. If less than 40% of the season remains, the suspension carries over to the next sport selected by the student-athlete. The student-athlete must participate in the selected sport for the entire season of the suspension or the suspension will continue to carry over to the next sport selected.

   ii. Referral to a chemical dependency professional for assessment. The student-athlete must comply with the professional's recommendation in order to re-enter athletic participation after the 40% suspension. The student-athlete must provide written proof of compliance signed by a chemical dependency professional.

   iii. Forfeit all Pasco School District athletic awards and letters. In case a penalty carries over into another season, this applies to only the season in which the violation was documented.

   b. Second Violation

   i. Loss of 100% of a sport season. Suspension is to begin from the date the violation is documented in the athletic office. The suspension will be in effect for the remainder of the current sport season and a corresponding percentage of the student-athlete' s next selected sport, the total suspension of which shall constitute 100% of a sports season.

Example:
If less than 30% remains in the season then suspension will include 70% of the next sport season in which the student-athlete selects to participate. If the student-athlete elects to serve the suspension in a sport that he/she does not normally participate in, the following conditions must be adhered to: (1) The student-athlete must participate in the selected sport for the entire season of the suspension. (2) The student-athlete must attend all practices but NOT play in games. (3) The student-athlete must end the season in good standing according to these rules. If all three conditions are not met, the suspension will continue to carry over to the next sport selected.

ii. Referral to a chemical dependency professional for assessment. The student-athlete must comply with professional's recommendation in order to re-enter athletic participation after the 100% suspension. The student-athlete must provide written proof of compliance signed by a chemical dependency professional.

iii. Forfeit all Pasco School District athletic awards and letters. In case a penalty carries over into another season, this applies to only the season in which the violation was documented.

c. Third Violation

The student-athlete will be dismissed from athletic participation for the remainder of the student-athlete 's high school career.

2. Being in the Presence of Alcohol & Tobacco (incl. e-cigarettes & vapor devices)

A student-athlete shall not **knowingly be in the presence** of alcoholic, marijuana, tobacco, e-cigarettes, vapor devices or controlled substances in any form that are being introduced or used unlawfully.

It is the responsibility of the student-athlete to remove himself/herself from the presence of these illegal activities as soon as reasonably possible after he/she becomes aware these activities are taking place.

Penalty for Violations

a. First Violation

The Athletic Director shall be authorized to suspend the student-athlete for up to 30% of the sport season for a violation of this section of the code, based upon the seriousness of the student-athlete's conduct, amount of involvement, and length of time the student-athlete remained in the presence of the illegal activity. The suspension is to begin from the date the violation is documented in the athletic office. The student-athlete must participate in the selected sport for the entire season of the suspension or the suspension will continue to carry over to the next sport selected.

b. Second Violation

i. Suspension for 40% of the current or next sport season. Suspension is to begin from the date the violation is documented in the athletic office. If less than 40% of the season remains, the suspension carries over to the next sport selected by the student-athlete. The student-athlete must participate in the selected sport for the entire season of the suspension or the suspension will continue to carry over to the next sport selected.

ii. Referral to a chemical dependency professional for assessment. The student-athlete must comply with the professional's recommendation in order to re-enter athletic participation after the 40% suspension. The student-athlete must provide written proof of compliance signed by a chemical dependency professional.

iii. Forfeit all Pasco School District athletic awards and letters. In case a penalty carries over into another season, this applies to only the season in which the violation was documented.

c. Third Violation

i. Loss of 100% of a sport season. Suspension is to begin from the date the violation is documented in the athletic office. The suspension will be in effect for the remainder of the current sport season and a corresponding percentage of the student's next selected sport the total suspension of which shall constitute 100% of a sports season. Example: if less than 30% remains in the season then suspension will include 70% of the next sport season in which the student-athlete selects to participate. If the student- athlete elects to serve the suspension in a sport that he/she does not normally participate in, the following conditions must be adhered to: (1) The student-athlete must participate in the selected sport for the entire season of the suspension. (2) The student-athlete must attend all practices but NOT play in games. (3) The student-athlete must end the season in good standing according to these rules. If all three conditions are not met, the suspension will continue to carry over to the next sport selected.

ii. Referral to a chemical dependency professional for assessment. The student-athlete must comply with professional's recommendation in order to re-enter athletic participation after the 100% suspension. The student-athlete must provide written proof of compliance signed by a chemical dependency professional.

iii. Forfeit all Pasco School District athletic awards and letters. In case a penalty carries over into another season, this applies to only the season in which the violation was documented.

3. <u>All Other Drugs or Controlled Substances</u>

Penalties for the possession, use or sale of legend drugs (drugs obtained through prescription, RCW 69.41.020-050) and controlled substances (RCW 69.50) shall be as follows:

1st Violation

a. A participant shall be immediately ineligible for interscholastic competition in the current interscholastic sports program for the remainder of the season. If there is less than 40% of the season remaining at the time of ineligibility, the suspension will carry over to the next sports season the athlete participates.
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b. Referral to a chemical dependency professional for assessment. The student-athlete must comply with the professional's recommendation to re-enter athletic participation for the next or following sports season. The student-athlete must provide written proof of compliance signed by a chemical dependency professional.

2nd Violation - A participant who again violates any provision of RCW 69.41.020 through 69.41.050 or of RCW 69.50 shall be ineligible for interscholastic

competition for a period of one calendar year from the date of the second violation.

3rd Violation - A participant who violates for a third time RCW 69.41.020 - 69.41.050 or of RCW 69.50 shall be permanently ineligible for interscholastic competition.

4. Illegal Selling or Trafficking

The illegal **selling or trafficking** of any substance will result in expulsion from the athletic program for one calendar year from date of violation. The matter will be referred to the police if appropriate.

In order to be eligible to participate in interscholastic sports after one calendar year, the student-athlete shall meet with the Athletic Appeal Board to request approval to participate. The Athletic Appeal Board will recommend the appropriate action to be taken in the student-athlete's case. The school Principal shall have the final authority as to the student-athlete's participation in the interscholastic sports program.

5. Self-Reporting

This applies to either the first or second violation of rules number (1) and (2). If a student -athlete reports he/she was involved in a violation of this policy to the athletic director/coach/administrator in a timely manner (which will generally mean within the first school day after the violation) and prior to discovery by district personnel, then the Athletic Director shall have the discretion to reduce the suspension penalty by up to 50% of the penalty set forth in the rule.

6. General Information

Upon verification of a violation, the student -athlete will be subject to disciplinary action.

Oral notification of the alleged violation will be given to the parent/guardian within two school days of the time the Athletic Director gets notice of the alleged violation, followed by written notification. See WAC 392-183A-020 - Due Process.

An independent investigator (hired by the Pasco School District) may be utilized to investigate allegations of violations of this policy as deemed appropriate by the Principal/Athletic Director.

A season is defined as follows: From the first allowable "turnout" date to the concluding contest of that season.

In calculating the percentage of season suspended, the school shall use the number of games in the regular season contest limits shown in the following table as defined in WIAA Handbook. For purposes of calculating the percentage of the season suspended, there shall be no partial-game suspensions. The suspension time will be rounded- up to the next complete contest. (For example, a 30% suspension of eight games would result in three complete games suspended.)

Violations are cumulative during grades 7-8 and 9-12.

For student-athlete Appeal Rights, see Section III.

WIAA Maximum Contests Allowed Per Season

	Regular Season	
Sport	**Middle School**	**High School**
Baseball	10	20
Basketball	10	20
Cross Country	7	12
Football	6	10
Golf	8	12
Bowling	9	18
Soccer	10	16
Softball	10	20
Tennis	10	16
Track	7	10
Volleyball	10	16
Wrestling	10	16

OTHER RULES OF CONDUCT

1. Theft of another's possessions or school property or being in possession of stolen property may result in expulsion from the athletic program for one year.

2. Use of discriminatory language or discriminatory actions will not be tolerated.

3. Hazing/bullying will not be tolerated.

4. Sportsmanship is a quality of conduct that demonstrates courtesy, fairness, and respect for others. Student-athletes representing teams of the Pasco School District are expected to exemplify the highest standards of good sportsmanship.

5. The use of profane or obscene language or acts of vulgarity are not considered socially acceptable modes of behavior. By being members of athletic teams, the student-athlete is expected to conduct himself /herself in a first-class, socially acceptable manner

6. Student-athletes will dress appropriately and in good taste according to team standards Appearance will be governed by Pasco School District Policy.

7. Student-athletes shall obey all school rules and regulations If school disciplinary action is taken against a student-athlete, the following shall apply to the student-athlete's participation in athletics: any suspension = no practice, no games; expulsion = removal from team.

4. Student-athlete shall maintain a satisfactory attendance record and attend all regularly scheduled classes unless appropriately excused.

5. The student-athlete shall meet all WIAA and Pasco School District eligibility requirements.

6. On athletic trips, the student athlete shall obey bus riding, training, and school rules and regulations, remain with the squad, group, or team at all times and comply with the written rules and regulations of the sport as established by the head coach.

7. Since being part of a team includes traveling to and from games with the team, student-athletes will only be released to their parent/guardians for the purpose of travel following out of town contests under the following conditions:

    a. The parent/guardian must, in person, submit a written request to the coach to have their student- athlete released to them at the contest site.

    b. No student-athlete will be released to anyone other than his/her parent/guardian without an approval from a school administrator. The parent/guardian will need to submit a note to the Athletic Director along with a note from the adult the student-athlete will be released to. The Athletic Director will then approve and give the coach a signed note authorizing them to release the student-athlete.

8. The student-athlete shall turn out for all regular and special practices and meetings, unless pre-excused by the coach.

9. The student-athlete shall be responsible for all school-owned equipment checked out by the participant in any activity. The loss or misuse of this equipment will be the financial obligation of the participant. The participant will not be allowed to continue participation or receive awards until this obligation is fulfilled.

10. The student-athlete shall follow all other written rules and regulations as established by the head coach.

Penalties for Violation of Other Rules of Conduct
Any student-athlete failing to comply with the "Other Rules of Conduct" *as* stated shall be subject to disciplinary action by his/her coach and the building Athletic Director in accordance with the following procedures:

a. Athletic Probation
Probation is a period of time during which a student-athlete may be given an opportunity to correct deficiencies that could result in short-term suspension, long-term suspension, or expulsion from athletic participation. In the event of probation, the following shall prevail:

i. The length of the probation shall be a minimum of five (5) school days, but shall not exceed one sports season.

ii. During this period of probation, the student-athlete must turn out with the team, but will not be permitted to compete in scheduled athletic events.

iii. While on probation, any violation of the "Rules of Conduct" of the Code and/or conditions of probation may result in long-term suspension from the squad.

iv. In all cases in which a student-athlete is placed on probation, the Athletic Director shall inform, in writing, the student-athlete and the parent/guardian of the infraction and the conditions of probation. Copies of this notification shall also be directed to the building Principal, the head coach and the district administrator of the athletic code.

v. Any student-athlete or parent/guardian feeling aggrieved by the imposition of "probation" shall have the right to an informal conference with the coach and Athletic Director to discuss the concern.

b. Athletic Short-Term Suspension

Athletic "short-term" suspension shall include exclusions from athletic participation not to exceed five (5) school business days.

i. During the period of suspension, the student-athlete will not be permitted to "turn-out" with other team members during the regular or special practice sessions, participate during scheduled athletic events, or use school issued equipment/uniforms.

ii. The coach and building Principal/designee shall be responsible for hearing and investigating all infractions and deficiencies punishable by "short-term" suspensions. A parent conference shall be conducted to discuss and impose sanctions.

iii. In cases in which a student-athlete is placed on "short-term" suspension the coach and building Principal/designee shall inform in writing the student-athlete and parent/guardian of the infraction and the sanction. Copies of this notification shall also be directed to the building Principal, building Athletic Director, and the district administrator of the athletic code.

iv. If after meeting informally with the coach and building administrator the student-athlete or parent-guardian are dissatisfied with the sanction a hearing may be requested.

c. Athletic Long-Term Suspension

Athletic "long-term" suspension shall include exclusion from all athletic participation for ten (10) school business days or more but not in excess of one sport season.

i. During the period of suspension, the student-athlete will not be permitted to "tum-out" with other team members during regular or special practice sessions, participate during scheduled athletic events, or use school issued equipment/uniforms

ii. The coach and building Principal/designee shall be responsible for hearing and investigating all infractions and deficiencies punishable by "long-term" suspension. A parent conference shall be conducted to discuss and impose sanctions.

iii. In all cases in which a student -athlete is placed on "long-term" suspension, the coach and building Principal/designee shall inform, in writing, the student-athlete and parent/guardian of the infraction and the sanction. Copies of this notification shall also be directed to the building Principal, building Athletic Director, and the district administrator of the athletic code.

iv. If, after meeting informally with the coach and building administrator, the student-athlete or parent/guardian is dissatisfied with the sanction, a hearing may be requested.

d. Athletic Expulsion

Athletic expulsion is the exclusion from athletic participation for the remainder of the current school year.

i. Athletic expulsion shall be imposed for accumulative violations of the athletic code and other specified violations.

ii. The coach and building Principal/designee shall be responsible for investigating the events, which occurred, and the building Principal will be responsible for submitting to the Athletic Appeal Board the recommendation for expulsion from participation.

iii. The expulsion from athletic participation shall proceed in accordance with district due process regulations

iv. The student-athlete or parent/guardian may appeal the decision.

III. APPEAL PROCESS FOR DISCIPLINARY ACTION

The formal appeal process for disciplinary action is available to any student-athlete according to the timelines and process described below. **(The student-athlete may not participate in sports while in the process of appeal.)**

The District has established procedures for the conduct of athletic appeal hearings at each level. Copies of the procedures will be made available when a hearing is requested.

The timelines in each step for holding a hearing will be lengthened to ten (10) school business days if school is not in session or if the athlete is currently not participating in a sport.
The Athletic Director and the student-athlete making the appeal are required to be present and address the board hearing the appeal at each level. Other individuals may attend or present information according to the procedures established by the district.

A. Step 1

A request for a hearing with the Athletic Appeal Board ("Appeal Board") shall be made in writing to the building principal. The request must be submitted by and signed by the student-athlete. The request must state the grounds for the appeal or other extenuating circumstances. (Extenuating circumstances means explain or justify the situation or conditions regarding the rule violation.) Upon receipt of the request, a hearing will be held within three school business days and a decision will be communicated in writing. The student-athlete must provide information and documentation at Step 1 to support the appeal.

If the request for a hearing is not submitted within 10 *school business* days after the sanction is determined, all appeal rights are deemed waived.

Members of the Athletic Appeal Board will hear student-athlete's appeal. The Appeal Board will be composed of:

- The Building Principal or designated administrator
- Coaches (2) including:

- Head Coach of the sport from which the student-athlete is appealing.
- Head Coach of a different sport (the student-athlete is allowed to suggest 3 from whom the Athletic Director will select)

- Community Member (1 non-school district employee outside of the sport)
- 1 - District Level Administrator designated by the Superintendent

The Appeal Board hearing will be recorded for purposes of establishing a record. Appeal Board discussion and voting will be confidential (not recorded).

The appeal will be decided by a majority of the members of the Appeal Board. The Appeal Board will decide whether the violation was committed. According to this finding, the Appeal Board may uphold, overturn or modify (increase or decrease) the penalty. The Appeal Board will provide written findings in person or by certified mail, based on a preponderance of evidence and information presented.

B. Step 2

If the student-athlete or parent/guardian is not satisfied with the decision at Step 1, the student-athlete or parent/guardian may submit a signed and written request for a hearing with the Board of Directors within three (3) business days of receipt of the Athletic Appeal Board 's decision. The request must be submitted to the Superintendent's Office. A hearing will be held as soon as a quorum of the board is available. The Superintendent shall attend in an advisory capacity to the Board. The appeal will be decided by a majority of a quorum of the Board of Directors. After the hearing, a decision will be communicated in writing.

The Step 2 hearing represents the student -athlete' s final appeal. If the request for a Step 2 hearing is not submitted within three *school business days* after receipt of the Appeal Board' s decision, all appeal rights are deemed waived.

The Board of Directors will conduct a review of the Step 1 record. The student will have the opportunity to explain the extenuating circumstances. The Board of Directors will decide whether the record supports the finding that the violation was committed. According to this finding, the board may uphold, overturn or modify (increase or decrease) the penalty. Findings will be based on a preponderance of evidence and information presented.

IV. WIAA STUDENT-ATHLETE STANDARDS FOR INTERSCHOLASTIC ELIGIBILITY

A. SCHOLARSHIP

In order to OBTAIN athletic eligibility for any sport season, the student -athlete shall have obtained a GPA of at least 2.0 at the end of the semester preceding the season in which he/she wishes to participate and shall have received passing grades in five (5) full-time subjects. In order to MAINTAIN eligibility, the student-athlete shall maintain a GPA of at least 2.0 and shall maintain passing grades in five (5) full-time subjects. (Any class taken one period daily for the duration of the semester/trimester shall be considered a full-time subject).

A student who failed to make the grade requirements shall be placed on suspension. The student shall be ineligible during the suspension period. If, at the end of the suspension period, the student is passing in the minimum number of classes required above, the student may then be reinstated

for interscholastic competition. The suspension period for high school students shall be from the end of the previous semester through the **fourth** Saturday in September in the fall or the first five (5) weeks of the succeeding semester/trimester. The suspension period for middle level students shall be from the end of the previous semester through the first three (3) weeks of the succeeding semester/trimester. Each student is eligible on Monday of the week following the end of the suspension period. Three or more teaching days shall constitute a week. At mid-quarter progress reports and at 1st and 3rd quarter grading periods, the student-athlete must be in compliance with the district standard (2.0 GPA and passing 5 full-time classes) or they become immediately ineligible and may not participate in a contest until they are again in compliance for interscholastic competition. Each student-athlete is eligible on Monday of the week following the end of the suspension periods. In the event of a school holiday, three or more teaching days shall constitute a week.

At mid quarter progress reports the student-athlete must be in compliance with the district standard (2.0 GPA and passing 5 full time classes) or they become immediately ineligible and may not participate in a contest until they are again in compliance.

B. TRANSFERRING OR NON-RESIDENT STUDENT

See WIAA Handbook 18.12.

C. PHYSICAL EXAM/SCREENING

Every student-athlete who participates in interscholastic athletics must have passed a physical examination/screening from a licensed medical physician or surgeon or approved medical provider during the 24-month period prior to participation.

To resume participation following an illness and/or injury serious enough to require medical care, a participating student-athlete must present to the school officials a physician's written release.

D. SEASONS LIMITATION WIAA Handbook 18.15.0

V. ATTENDANCE REGULATIONS

Student-athletes are expected to attend all classes on a daily basis.

A student-athlete who misses any part or all of the school day due to illness or a non-school-related absence that has not been pre-excused through the attendance office AND the athletic office, is not eligible to participate in a contest or performance.

Truancy from any class or classes will result in suspension from that day's practice, contest, or performance.

Regular attendance at practice and promptness are imperative if the student-athlete is to succeed as an athlete. Student-athletes are expected to attend all practices, meetings, contests, and performances. If it is necessary to be absent from, or late for practice, the coach MUST be notified in ADVANCE. Any absence that is not pre-excused is unexcused. Unexcused absences may result in the student-athlete being from the squad.

VI. COLLEGE RECRUITMENT POLICY

In the event a college recruiter should contact you personally, you are encouraged to work through your coach and the Athletic Department so that all possible assistance may be offered.

VII. ATHLETIC AWARDS

The individual head coaches have the privilege of establishing awards requirements within their sports. These standards should be provided to the student-athletes at the time he/she becomes a team member.

A. The following basic requirements are inherent to the total Pasco School District Athletic Program:

To be eligible to receive a letter, a participant in any interscholastic sport must finish the season in good standing. Good standing implies that the student -athlete is not on probation or suspension from the team or total program during or at the end of the season. At the high school, the season is officially over after the awards ceremony, post-season tournament(s) (if eligible), or the final competition date for their level (i.e., JV, Sophomores, and Freshmen) for that particular sport. At the middle schools, the season ends after the last scheduled contest or awards ceremony, if one is held.

B. The coach has the right to award letters to participants (if the basic requirements for the district athletic program have been met) even though the letter requirements for that sport have not been satisfied. Conditions, which would warrant this kind of coach's judgment, are:

Awards presented to high school student-athletes:

1. Certificate: Presented with each award earned.

2. Numerals: Presented to all Freshmen satisfying Varsity, JV, Sophomore, or Freshmen team standards. (Only awarded during freshman year) Upper class-persons may purchase numerals.

3. JV Letter: To those satisfying the requirements (only one will be awarded in the high school career).

4. Varsity Letter: To those satisfying the requirements (only one will be awarded in the high school career).

5. Letter Insert: For each sport in which a student-athlete earns a varsity letter.

6. Letter Bar: Awarded to varsity student-athletes who have, in a prior year, earned a varsity letter in that sport.

7. Three-Year Certificate: Foil certificate awarded to those who earn three varsity letters in the same sport during their high school career.

8. Seven-Sport Certificate: Foil certificate awarded to those student-athletes who earn 7 letters in a minimum of three different varsity sports.

9. Special Awards: Team Captain, Most Inspirational, Most Valuable, Most Improved may be given at the end of the season at the direction of the head coach and are the responsibility of the sport's budget.

10. Male and Female Athlete of the Year: presented to a senior boy and girl who have lettered in more than one varsity sport their senior year. Selection will be based on leadership, scholarship, and character. High school head coaches make selection.

11. Any other awards that are established by individual high schools.

Middle schools will establish their own awards.

VIII. ATHLETIC REGISTRATION PROCEDURE

Before a student-athlete may turn out for a sport or be issued equipment for that sport, he/she must obtain Athletic Clearance through the athletics office.

A. An Athletic Contract signed by the student-athlete and his/her parent or guardian (see attachment).

B. Residence Information

C. An Acknowledgment of Risk form signed by the student-athlete and his/her parent or guardian.

D. Concussion form signed by the student-athlete and his/her parent or guardian.

E. Sudden Cardiac Arrest form signed by the student-athlete and his/her parent or guardian

F. A satisfactory, completed Physical Examination/Screening form completed by a licensed medical physician or surgeon and a completed Health History form signed by the parent/guardian.

G. An Insurance Waiver form showing proof of adequate home insurance OR the required fee for school insurance. The form can be picked up in the main office or athletic office of your school.

H. The current fee for an ASB card.

Falsifying signatures on any requested activity forms, parent notes or progress reports will be cause for loss of eligibility for that activity season.