



WEEK AT A GLANCE

Week of 3/16- 3/2


Dear Cordova Gardens Families,

Here is your gardens' week at a glance (The EAGLE'S Nest). This is a weekly update that is posted every Sunday before the start of the school week. It is a place for you to get updates regarding the school and the district. This week at a glance, a document will also be available for you on the website on the parent tab under the "Week at a Glance" sub tab.

WeTip District Anonymous reports: [Click Here](#)

**WeTip allows students, families, staff, and community members to report safety concerns or bullying anonymously

How to stay updated:

1. Check the week at a glance. It will be uploaded to the school website.
2. Check the main school website. Click [Cordova Gardens Academy of Arts and Sciences](#)
3. Check for Principal Texts. (Email Mr. Bliss if you do not receive them)
4. Welcome Back Title I presentation 8/14/25:  [Cordova Gardens Title I Presentation 25-26 .pdf](#)

Health and Wellness Corner

- Please read our updates regarding the district partnership with Care Solace!
- Teleotherapy information can be found here: [Click here](#)
- Mental Health Moment:

Positive Self-Talk/Self-Esteem

Harsh words hurt, especially if you're a kid. Sometimes those negative messages come from our own thinking. Here are a few tips for parents and caregivers about how you can build your child's resiliency and confidence: Encourage them to speak kindly to themselves--for example, "I can do this" or "I am proud of my effort." Praise your child with specific feedback such as, "I see you put your clothes away. Thank you for being responsible." Model positive self-talk and remind your child that making mistakes is a part of learning. Please click [this link](#) for additional information regarding this topic. For any SEL or mental health related questions/concerns, please reach out to (Jessica Biskner-School Social Worker).

Attendance Corner

20 day challenge: EVERY DAY COUNTS

Even missing just two days a month adds up to a whole month of learning lost each year. Every day your child shows up builds skills, confidence, and connection.

5 THINGS YOU CAN DO IF YOUR CHILD IS AVOIDING SCHOOL

1. Stay calm and curious. Ask what's bothering them, there's often a small reason behind big feelings.
2. Keep routines steady. Regular bedtimes and morning routines help school feel normal.
3. Model confidence. Say, "I know you can do this," instead of "You don't have to go."
4. Reach out for help. Don't wait, your school team wants to support your child early.
5. Start with the front office. They can connect you with the nurse, counselor, attendance staff, or mental health specialist for help.

Thank you for partnering with us to help every student thrive, one day at a time.

PTA Corner

🎉 It's Yum-Raising time at Cordova Gardens! 🎉

Treat yourself (or someone else!) to delicious See's Candies while supporting our school. Every order goes directly toward funding field trips, classroom supplies, and special activities for our students.

Now through March 20, 2026

Order here:

<https://www.yumraising.com/store/spring-2026-cordova-gardens-pta-cab3/TraCal6446>

Thank you for helping make sweet things happen at Cordova Gardens!

-- This is the direct link to the post - [HERE](#)



IT TAKES A VILLAGE



NOURISHING OUR COMMUNITY

FOOD* CLOTHING* DIAPERS

- Variety of non-perishable food items.
- Clothing for both children and adults.
- Sizes 2-5 diapers, may be available on request.



Open to all CGA families and staff in need.

- Hours:
 - Monday 2:45-3:15
 - Friday 2:45-3:15
- Location:
 - Mon: Kinder Area
 - Fri: Front of School
- Alternate pick up available contact information below.



Donations or Pick-Ups Contact:
Community Schools Leader Alexa Trotter
(530)350-6083
Email: atrotter@FCUSD.org



Join our FREE Soccer Team!



Cordova Gardens Elementary is excited to offer a FREE 6-week on-site soccer program for boys and girls in grades 2 through 5! Practices and games will take place right on campus at Cordova Gardens Elementary. This program is open to all current students of Cordova Gardens Elementary, so don't miss out on this fantastic opportunity to join the fun, build skills, and make memories on the field!

[*Meet your Coach on Wednesday, April 15 3:00pm - 5:05pm*](#)

APRIL 15- MAY 22

- ✓ Meet your Coach/Team on 4/15*
- ✓ Skills & ball techniques
- ✓ Footwork exercises
- ✓ Strategy & teamwork exercises
- ✓ **On-Site tournament 5/22**



Practice-Wednesdays

Grades 2/3-3:00pm to 4:00pm
Grades 4/5 4:05pm-5:05pm

Games: Fridays

Grades 2/3-3:00pm to 4:00pm
Grades 4/5 4:05pm-5:05pm

REMINDERS

- Please make sure to pick up your child at their designated pick up time.
- Students may not remain on campus after practice and games are complete.
- Students who remain on campus waiting for practice/games must wait in the Designated waiting area.
- Space is limited!

To register, Please scan the QR code



Email: Superiorsportssacramento@gmail.com



It's time for your child to take the ELPAC

March 16-27

(Kinder and First Grades will be tested February 23-March 6)

What is the ELPAC test?

The ELPAC test is the English Language Proficiency Assessment for California. It is a state-mandated test that measures how well your child is speaking, reading, writing, and listening to English. It is given to students in kindergarten through grade 12 whose primary language is not English.

Why is it important to encourage your child to do their best on the ELPAC test?

- ★ When students score a 4 on the ELPAC test in all areas of English (reading, writing, speaking, listening) they could be reclassified as a Fluent English Proficient student and NEVER have to take this test again!
- ★ When students are reclassified, they will be able to take elective classes like music, art, and drama when they are in middle school. Students will be better prepared for high school courses, college and future jobs when reclassified as a fluent English student.
- ★ It will help qualify students for the Seal of Biliteracy in 12th grade. This is a special seal that, when earned, is attached to a student's high school diploma and can help them with credits in college!

How do I prepare my student for the ELPAC test?

Your student has been working hard practicing for the ELPAC. All you have to do is encourage them to do their best and take their time!

Questions?

Feel free to contact Michelle Favro Farruggia X605205 or mfavro@fcusd.org

Es hora de que su hijo/a tome el examen ELPAC

Del 16 al 27 de marzo

(Los estudiantes de kínder y primer grado se evaluarán del 23 de febrero al 6 de marzo)

¿Qué es la prueba ELPAC?

La prueba ELPAC es la Evaluación del Dominio del Idioma Inglés de California. Es una prueba obligatoria por el estado que mide el rendimiento de su hijo/a en inglés, tanto oral como escrito. Se administra a estudiantes de kínder a 12.º grado cuyo idioma principal no es el inglés.

¿Por qué es importante animar a su hijo/a a que se esfuerce al máximo en la prueba ELPAC?

- ★ Cuando los estudiantes obtienen una puntuación de 4 en la prueba ELPAC en todas las áreas del inglés (lectura, escritura, expresión oral y comprensión auditiva), podrían ser reclasificados como estudiantes con dominio del inglés fluido ¡y NUNCA más tendrán que presentar esta prueba!
- ★ Cuando los estudiantes sean reclasificados, podrán tomar clases optativas como música, arte y teatro durante la secundaria. Los estudiantes estarán mejor preparados para los cursos de preparatoria, la universidad y futuros empleos al ser reclasificados como estudiantes con dominio del inglés.
- ★ Esto les ayudará a calificar para el Sello de Bilingüismo en 12.º grado. Este es un sello especial que, al obtenerse, se adjunta al diploma de preparatoria y puede ayudarles a obtener créditos en la universidad.

¿Cómo preparo a mi estudiante para el examen ELPAC?

Su estudiante ha estado trabajando duro para prepararse para el ELPAC.
¡Solo tiene que animarlo a esforzarse al máximo y tomarse su tiempo!

¿Preguntas?

No dude en contactar a Michelle Favro Farruggia x605205 o mfavro@fcusd.org

Пришло время вашему ребенку сдать тест ELPAC!

16-27 марта

(Дети детского сада и первого класса будут тестироваться с 23 февраля по 6 марта)

Что такое тест ELPAC?

Тест ELPAC – это тест на знание английского языка в Калифорнии. Это обязательный государственный тест, который измеряет, насколько хорошо ваш ребенок говорит, читает, пишет и понимает английский язык на слух. Он проводится для учащихся с детского сада по 12 класс, для которых английский не является родным языком.

Почему важно поощрять вашего ребенка показывать лучшие результаты на тесте ELPAC?

- ★ Если учащийся набирает 4 балла по тесту ELPAC по всем разделам английского языка (чтение, письмо, говорение, аудирование), его могут перевести в категорию «Свободно владеющий английским языком» и ему НИКОГДА больше не придется сдавать этот тест!
- ★ После перевода в другую категорию учащиеся смогут посещать факультативные занятия, такие как музыка, искусство и театральное искусство, в средней школе. Учащиеся будут лучше подготовлены к школьным курсам, колледжу и будущей работе, если их статус будет изменен на статус свободно владеющего английским языком.
- ★ Это поможет учащимся получить Сертификат двуязычия в 12 классе. Это специальный сертификат, который, будучи полученным, прикрепляется к аттестату об окончании средней школы и может помочь им получить зачеты в колледже!

Как подготовить моего ученика к тесту ELPAC?

Ваш ученик усердно готовился к тесту ELPAC. Все, что вам нужно сделать, это поощрять его стараться изо всех сил и не торопиться!

Есть вопросы?

Не стесняйтесь обращаться к Мишель Фавро Фарруджиа по телефону X605205 или по электронной почте mfavro@fcusd.org



Folsom Cordova Unified School District

Dear FCUSD Parent/Guardian:

We understand how important it is to know how your child is progressing in school. To get a well-rounded view of their learning, teachers use a variety of tools including report card grades, classroom activities, teacher observations, and the results of statewide tests at the end of the year. Each year, students take part in the California Assessment of Student Performance and Progress (CAASPP). Depending on your child's grade level or program, they will be taking specific tests as part of this assessment:

- Smarter Balanced Summative Assessments for English language arts and math, required tests in grades 3–8 and 11
- California Science Test (CAST), a required test in grades 5 and 8 and once in high school

The FCUSD testing schedule is March 16 - May 8, 2026

Please contact your child's school for the site testing schedule

You are an important part of your child's education. To make sure your child feels comfortable taking the tests, you can do the following:

- Explain to your child that these tests are used as tools to support their teachers and learn about their progress, and that they should not be anxious or scared.
- Remind your child that you and their teacher want them to try their very best and are there to help, every step of the way.
- Explore the practice tests with your child on the CAASPP Online Practice and Training Tests web page at www.caaspp.org/practice-and-training/index.html so they can become familiar with the platform and setup of the tests.

You will receive your child's results at or before the beginning of the next school year. The results will identify where your child is doing well or needs more help, so you can better support their learning at home and teachers can better support their learning in the classroom.

To learn more about these tests go to the CAASPP Starting Smarter website at ca.startingsmarter.org, or review the CDE Parent Guides to Understanding web page at www.cde.ca.gov/ta/tg/ca/parentguidetounderstand.asp.

If you have questions, please contact your child's school.

Sincerely,

Principal

Estimados Padres/Tutores del FCUSD:

Entendemos lo importante que es saber cómo está progresando su hijo (a) en la escuela. El maestro de su hijo (a) utiliza la boleta de calificaciones, el trabajo en clase, las observaciones del maestro y los resultados de las pruebas estatales de fin de año para obtener una visión integral del aprendizaje de su hijo. Cada año, los estudiantes participan en la Evaluación del Rendimiento y el Progreso Estudiantil de California (CAASPP, por sus siglas en inglés). Su hijo tomará las siguientes pruebas, dependiendo de su grado o programa educativo:

- Los Exámenes Sumativos Smarter Balanced para lengua y literatura en inglés y matemáticas, son exámenes requeridos en los grados 3-8 y 11
- La Evaluación de los Estándares Académicos de Ciencias de California (CAST, por sus siglas en inglés), es un examen requerido en los grados 5 y 8 y una vez en la preparatoria

El calendario de exámenes del FCUSD es del 16 de marzo al 8 de mayo de 2025

Por favor, póngase en contacto con la escuela de su hijo (a) para informarse sobre el calendario de los exámenes de su escuela.

Usted es una parte fundamental de la educación de su hijo (a). Para asegurarse de que su hijo(a) se sienta cómodo tomando las pruebas, usted puede hacer lo siguiente:

- Explique a su hijo(a) que estos exámenes se utilizan como una herramienta para ayudarle a aprender, y que no debe sentirse ansioso ni asustado.
- Recuérdale que usted y su maestro esperan que se esfuerce al máximo y que están ahí para ayudarle en todo momento.
- Explore las pruebas de práctica con su hijo(a) en la página web Pruebas de práctica y ensayo en línea de CAASPP en www.caaspp.org/practice-and-training/index.html para irse familiarizar con la plataforma y la configuración de las pruebas.

Usted recibirá los resultados de su hijo(a) al comienzo del próximo año escolar o antes. Los resultados identificarán en qué áreas su hijo está progresando y en cuales necesita más apoyo, para que usted pueda ayudarle en casa y sus maestros en el salón de clases.

Para obtener más información sobre estas pruebas, visite el sitio web de CAASPP Start Smarter en ca.startingsmarter.org, o consulte la página web de Guías para padres del CDE en www.cde.ca.gov/ta/tg/ca/parentguidetounderstand.asp.

Si tiene alguna pregunta, por favor comuníquese con la escuela de su hijo(a).

Atentamente,

Principal

**Cordova Gardens Presents:
Family Empowerment
Academy**



LET'S PARTNER

EMPOWERMENT FOR FAMILIES




3/3/26
3/10/26
3/17/26
3/24/26

We are offering 4 classes:

- **Partnering With Your Child's School**
- **Communicating With Your Child's School**
- **Helping Your Child's Learning @ Home**
- **Helping Your Child Feel Happy and Safe at School**

Scan the QR Code to sign up!
Questions? Contact Alexa Trotter
530-350-6083 call or text




**5:00-
6:30 PM**


**Room 5
Cordova
Gardens**



Online Registration is open!

- Please log into your Parent Portal.
- If you don't remember your password or don't have a portal set up, please contact Amanda or Denise in the office (294-9115)
- Click on bottom left Registration 26-27 school year.
- Please follow all the instructions and answer all questions.
- **Please pay attention to the income verification questions. Remember filling this out correctly will help with funding directed to our school!**
- Please call the front office at 294-9115, if you have any questions.
- Registration needs to be completed ASAP to make sure your student has a place here at Cordova Gardens for the 2026-2027 school year.
- Choice forms will be notified and confirmed in May .

Upcoming Dates:

Site Council/ELAC Meeting 3:00 PM	3/24/2026
School Board Meeting	3/19/2026
Friday 3/20 Minimum day release 1:21	3/20/26

Have a great week!
Mr. Bliss

Parent Feedback form. Provide your feedback here: [Click Here](#)

We would like your feedback! Fill out the google form listed above!