

March 2026 *Track & Field*

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-------------------------------------|--|-----|---|--|-----|
| 1 | 2 | 3 | 4 | 5 | 6 *All Physicals /Forms Complete *Permission Slip Due | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 ½ Day | 21 |
| 22 | 23 | 24 | 25 | 26 <i>Track & Field Meeting 3:30-4:30* -Everyone</i> | 27 | 28 |
| 29 | 30 <i>Practice 3:30-4:45</i> | 31 <i>Practice 3:30-4:45 *High Jump-5pm</i> | | | | |

April 2026 *Track & Field*

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|------------------------------------|---|------------------------------------|--|-----------------|-----|
| | | | 1 <i>Practice</i> 3:30-4:45 | 2 ½ Day | 3 No School | 4 |
| 5 | 6 No School | 7 No School | 8 No School | 9 No School | 10 No School | 11 |
| 12 | 13 <i>Practice</i> 3:30-4:45 | 14 <i>Practice</i> 3:30-4:45 <i>*High Jump-5pm</i> | 15 | 16 <i>*Practice*</i> @Bus to HP 3:30-4:45 Parents: PICK UP AT High Point | 17 | 18 |
| 19 | 20 <i>Practice</i> 3:30-4:45 | 21 <i>*MEET*</i> HOME @HP *4:00pm (vs. Lafayette) | 22 | 23 <i>*MEET*</i> AWAY @Kittatinny (Kittatinny HS) | 24 | 25 |
| 26 | 27 | 28 <i>Practice</i> 3:30-4:45 | 29 <i>Practice</i> 3:30-4:45 | 30 <i>*MEET*</i> AWAY @Sparta (Sparta HS) | | |

May 2026 *Track & Field*

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|--|---|--|--|---------------|-----|
| | | | | | 1 | 2 |
| 3 | 4 <i>Practice</i> 3:30-4:45 | 5 <i>Invitational ONLY Practice</i> 3:30-4:45 | 6 | 7 <i>Disque-Rampone Invitionals</i> @Newton HS | 8 | 9 |
| 10 | 11 <i>Practice</i> 3:30-4:45 | 12 *MEET* AWAY @Vernon <small>(Vernon HS)</small> | 13 *County Practice 3:30-4:45 | 14 | 15 | 16 |
| 17 | 18 <i>County Championships *Field</i> @Wallkill HS | 19 <i>County Championships *Running</i> @Wallkill HS | 20 **RAIN DATE: <i>County Championships</i> @Wallkill HS | 21 | 22 1/2 Day | 23 |
| 24 | 25 No School | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |