



## Birth to 3 Early Intervention Program

### What is Early Intervention?

- ☆ We help you help your child
- ☆ We provide specialized supports and services to families with infants and toddlers who have identified delays in development
- ☆ An evaluation determines eligibility for services
- ☆ Services are provided at home or childcare
- ☆ Learning takes place between visits when you spend the most time with your child
- ☆ Services are provided 12 months per year



### Early Childhood Special Education Services

- ☆ Our services
  - ☆ Are **free**
  - ☆ Have no waitlist for eligible children
  - ☆ Have no income requirements
  - ☆ Require parent consent
  - ☆ Do not ask about immigration status
- ☆ We value your home culture and language. Interpreters are used to communicate with families

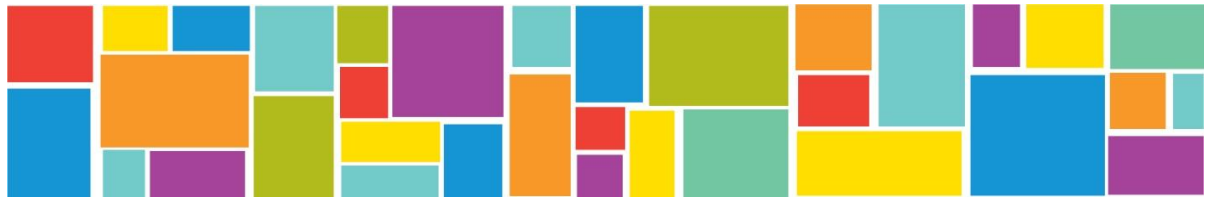
### Primary Service Provider

- ☆ One person from your team will be your Primary Service Provider (PSP).
- ☆ The PSP is chosen based on highest priorities for your child
- ☆ Your child's team may include an Early Childhood Special Education (ECSE) Teacher, a Speech and Language Pathologist, an Occupational Therapist, a Physical Therapist, a Social Worker, a Nurse, an Audiologist, a teacher of Deaf/Hard of Hearing, and a teacher of Blind/Visual Impairment



### What to Expect

- ☆ Our team helps you help your child within daily routines and activities. We observe and problem solve with you to improve your child's skills.
- ☆ An Individualized Family Service Plan (IFSP) is written with your family. This sets priorities for learning goals and the plan for services. The goals and plan are reviewed every 6 months.
- ☆ We help you find community resources
- ☆ Early Intervention services end on the child's 3rd birthday. We guide families through next steps to determine supports needed after 3



### Illness

- ★ If anyone in your home is sick with fever, vomiting, or other contagious illnesses please call your Primary Service Provider to cancel your visit.



### Contact Early Childhood Special Education Birth to 3 Program:

- ★ **Erin Hamel**, ECSE Birth to 3 and 3-5 Program Manager
  - [erin.hamel@spps.org](mailto:erin.hamel@spps.org)
- ★ **Sarah Storbeck**, ECSE Birth to 3 Clerk
  - [sarah.storbeck@spps.org](mailto:sarah.storbeck@spps.org)
- ★ **Sarah Zielinski**, ECSE Assistant Director
  - [sarah.zielinski@spps.org](mailto:sarah.zielinski@spps.org)

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651-744-5619**

To refer a child contact **Help Me Grow** at 1-866-693-4769 or go to [helpmegrowmn.org](http://helpmegrowmn.org).



**Help Me Grow** will take your referral and send it to Saint Paul Public Schools or your local school district.

**ECSE Services are  
provided at no cost to  
families**