Alumni – Boudreaux Radiology

Audio	Video
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text in center of screen: Radiology
[Dr. Boudreaux] My name's Brent Boudreaux. I'm a practice at Willis Night Medical Center, a community hospital here in Shreveport, and practice diagnostic and interventional radiology.	Older gentleman with thinning blonde hair and a receding hairline. He has on frameless glasses and a purple and brown plaid patterned shirt. He is seated in front of a dark blue washed background Text: Brent Boudreaux, M D Radiologist Willis-Knighton Health System
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: Why did you choose Radiology?
[Dr. Boudreaux] Well, you know, it's interesting because that's kind of the common question you'll get. And I think when you make that decision, really, you'll fit to make it because you're not exposed to a lot of things, you know, and radiology is one of those fields that we didn't get a lot of exposure to. I personally kind of liked it just for the intellectual challenge of it. It was kind of - you were involved in a lot of diagnosis and it it required you to stay current in multiple fields. So I just didn't branch off into one field and all of a sudden became expert in that you kind of had to be able to interact with anyone in that field.	Dr. Boudreaux on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: Where did you complete your training?

Audio	Video
[Dr. Boudreaux] My residency was here and probably that decision was made more for personal reasons. I was married at the time and my wife had two children that were in school. She- that was that stepchildren. And so we kind of -they were in the high school age and we really didn't want to move out of here. And so that's kind of what kept me in Shreveport. At the time, when I finished actually radiologists were just finishing residencies and they weren't going directly into fellowships as much. So that became more of a mode for about five years after I finished. And as far as radiology went at that time, there were so many jobs open all over the place. And being originally from South Louisiana, that's where I thought I wanted to go go back to. And there were multiple opportunities. But one of my professors that was here at that time had gone into a private practice group at Willis Knighton. And he contacted me and said, “Hey, you know, come over here and look.” And so it was kind of I don't know if it's out of laziness, my respect for him, or my wife had a job. I just kind of decided to stay here. And it's been an excellent experience.	Dr. Boudreaux on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What do you enjoy most about Radiology?

Audio	Video
[Dr. Boudreaux] I mean, probably some of the things that I spoke about what got me there, I mean, it was- it became very intellectually challenging. You know, and you had a variety of fields that you dealt with. And the other thing is you were involved in a lot of the diagnosis. So you didn't have the treatment part of it. You didn't have to deal with those failures or victories in that area. But you were involved with that side of it. The other thing was. You know, that it allowed you to collaborate with a lot of different radiology. So you kind of got to stay abreast of multiple fields, be it surgery, orthopedics, internal medicine, nephrology, whatever you want to say. All of those people were interacting with you as a radiologist and and most value your opinion at times anyway. (Laughter)	Dr. Boudreaux on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What is the hardest thing about Radiology
[Dr. Boudreaux I would say the most difficult part and probably a lot of practices will say this is just to continuing knowledge base that expands. In radiology, technology has been a real driver. So you know, just in the world itself, I mean, we're really on the cusp of technology. And and medicine Is kind of a late late player in that game. And so, you know, radiology probably has led the field in that. I mean, with development of digital imaging and the ability to to your image used to be portable, you can pick them up anywhere. Your ability to to interact with that image in a totally different way than when I trained, where you stuck a picture up there and you said, well this is what I think. You know, it's it's kind of one of those things that's kind of continue to develop. So it's required you to stay not only abreast of the disease processes, you know, you have to stay abreast of the technology that's available to diagnosis those diseases now.	Dr. Boudreaux on camera

Audio	Video
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: How do you keep up to date on changing technology?
[Dr. Boudreaux] The main thing I do, I mean, of course, we all have our journals that come in. You know, we try to stay up to date on those. But I've always attended a lot of extracurricular courses. You know, as far as CME goes, I mean, I've probably averaged 100 hours of CME a year. You know, the state required you- It's funny you ask that question, because I woke up this morning and I got an email from the state that said, “you have been randomly audited for your CME.” And I've never gotten one of these before. And so I had to go back last year and pick all that up. And, you know I mean, I've I've had very few years where I've haven't had under 100 hours of CME. You know, you have that you have your colleagues that you that you learn from, you Know, I mean, so there's various sources that are out there.	Dr. Boudreaux on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: Are there certain personality traits that fit your specialty?

Audio	Video
[Dr. Boudreaux] If you go into any any particular field the you'll find all different personalities. You know, I know that that surgeons are labeled as this and medicine guys are labeled as or medicine doctor label is this I mean, when I got in, you know, the whole thing was radiologists are laid back. You know, they were always relaxed. You know, And I think that's because when the when the doc came down there, you know, everybody was collegial and talking and then drinking coffee. So I thought it was it was nothing but fun and games back there. So I really I don't want to pigeonhole radiologists. I think if you go in there and look, you'll have all different types. I will say this though, is probably your your more successful radiologists, as far as in a community practice, are the ones that are have the ability to communicate with other physicians. Because they want somebody to come in there and not only be cordial to them, but give them some information that they can come back and say, Hey, I can use this when I'm diagnosing this patient.	Dr. Boudreaux on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: How is your work life balance?

Audio	Video
[Dr. Boudreaux] Probably not the best one for this. It I think, is a real important question. And I think your younger generation have this right. And honestly, I will give that credit to my female colleagues. They're the ones that came in the medicine and said, wait a minute, I got to stay here 72 hours and an I have nothing that don't make any sense. And they were right about that. You know, I mean, when I went through, it was a badge of honor. You were you were considered weak if you went to sleep after 48 hours, you know. And so, you know, that that's you know, that's something that's changed, that it's been a for the good. I mean, I personally have tried to balance it. We have a good bit of time off. And so I made a commitment early on that I wanted to travel and I wanted to touch every continent in the world. And so I've accomplished that, you know, within a short period of time. Well, within a period of time. And so, you know, I mean, that I've gone back and about five years ago, got an MBA and started another business outside of medicine. Something different to just kind of keep, you know, keep you from constantly be doing on that because what will happen as you know, is this particular field will eat you. It will eat everything every bit of time you have if you let it.	Dr. Boudreaux on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: How do you handle work stress?

Audio	Video
[Dr. Boudreaux] Everyone has their own outlook of how they do that. I I'm not like I say, I'm not the best at that. I have exercised on and off during my career, not not consistently. But you know, the one thing that my -the guy who was head of the group when I got in there was real persistent about was to have a lot of time off. And he and we take them in weeks. So instead of going down and say Monday Tuesday well Wednesday I got off and then you're going around, run around doing a bunch of errands on Wednesday, ours was weeks. So it kind of forced you to say, I'm off, you know, now either I can go back up to work and do something or I can do something that I enjoy. So, you know, that's kind of those weeks off, kind of gave me some time to develop some other interests.	Dr. Boudreaux on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: what do you know now that you wish you had known as a medical student?

Audio	Video
[Dr. Boudreaux] I would say that the one thing that I that I didn't know then was the amount of work that would develop out of it. So now, since radiology is such so integral, I mean, and I've told the story back when I, when I finished in ‘89 and even after that, a surgeon would not- if you came into the hospital with sick -with belly pain and you went 6 hours and they couldn't figure out what it was they’d operate on you. Well now, a surgeorn won’t take your appendix out, won't take your gallbladder out without having some type of imaging. So, you know, the the, you know, the, the continuing knowledge base is just something that you, you, you can't get over the amount of the back to your original question, just the amount of work that's that's that it required, you know was more- I mean we used to there used to be a joke about radiologists at night, you know, back in when I was in residency, I'll never forget this John McDonald, who's one of the was a former chancellor, he was head of surgery then. And I’ll never forget we were at some conference and he made the statement, well, you know. getting the Radiologists out at night is virtually impossible. And I'll never forget one of my fellow resident said Dr. McDonald, you know, our our cars don't have headlights on them. Which was kind of laughed at at that time. You know, but that is totally, you know, it's flipped around now, you know, I mean, radiology goes on all through the night, which is good in the sense that now you're more of an integral part of of of taking care of the patient.	Dr. Boudreaux on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What is the most important thing to know when choosing a specialty?

Audio	Video
[Dr. Boudreaux] The most important thing to know, I think that that the learning never ends. You know, that that you know, I mean, we go through stages in our life as physicians, you know, and it's kind of like you get to this one stage, this next stage, and this next stage, and then it's like, whew, I've finished that, let me go to this. Oh, residency, I finished that. Fellowship, whatever it is you know, and and the truth of the matter is, I've learned more since I left all of that exponentially more than when what I learned when I was in there. Now, that was a base. There was no way you could have learned the the the additional piece without that. But that, you know, you're going to have to continually update your knowledge base. And if you become stagnant and if you do not continue to educate yourself, people can figure it out. Yeah. People can figure it out. And especially in the radiology, because you're not dealing- it's not like I'm walking into someone who has no knowledge at all about my specialty. I'm walking in to somebody who he or she is educated as well, you know. So I'm having to try to communicate to them something. And if you don't know that, they can figure it out. And if you don't give them useful information. I mean, you know, or now all the sudden, especially in the in the current climate of medicine, where cost is getting really involved, why I'm ordering this test when I walk in every time and you're telling me something, it didn't help me at all.	Dr. Boudreaux on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the top center of the screen. Text in gold and white font reads: Special thanks to Doctor Brent Boudreaux Radiology, L S U Health Shreveport Class of 19 84. Willis Knighton Health System, 8001 Youree Drive, Bossier City, Louisiana 7 1 1 1 5