Alumni – Flowers DPC

Audio	Video
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text in center of screen: Family Medicine (Direct Primary Care)
[Dr. Flowers] My name is Anthony Todd Flowers. I am a family medicine physician. I graduated from LSU in 2014 from residency, and I work for Mira Direct Primary Care.	Tanned man with short, dark hair and a dark beard and mustache that is beginning to gray. He is wearing a white lab coat over dark gray scrubs and is seated in front of a dark blue washed background Text: Todd Flowers, M D Family Medicine Physician Mira Direct Primary Care
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: Why did you choose Family Medicine?
[Dr. Flowers] The patient relationships was the biggest part of why I chose family medicine. I just enjoy really building relationships with patients and then being able to help them.	Dr. Flowers on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What is direct primary care?
[Dr. Flowers] Direct primary care takes out all third parties. It's really just a relationship between the patient and the physician. So the patients pay a monthly fee that's typically less than what a cell phone bill would be every month. And then they have direct access to me. So they have my cell phone number and they can text me or call me 24 hours a day, seven days a week.	Dr. Flowers on camera

Audio	Video
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What do you enjoy most about Family Medicine and direct primary care?
[Dr. Flowers] Really, it's it's goes back to the idea of the doctor with a black bag that goes around. I make house calls if I need to. But really, it's about the doctor that knows the entire family. You know, I take care of of all ages. I like to say from 3 to 103. But I take care of really everything. And the best part is really that that relationship and knowing the whole family and the whole family history.	Dr. Flowers on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What is the hardest thing about Family Medicine and direct primary care?
[Dr. Flowers] Having to turn away patients because my practice is full is one of the things that's that's difficult. But really there's there's not a lot that's difficult about it. It's just it answers so many of the problems that we see in primary care in a in a traditional fee for service model.	Dr. Flowers on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: Are there certain personality traits that fit your specialty?
[Dr. Flowers] Being willing to to really get involved in a patient's life is probably the biggest thing that it takes to be a good family medicine physician.	Dr. Flowers on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: How is your work-life balance?
[Dr. Flowers] So with direct primary care, you know, I have so much freedom to be able to do what I want and go where I want. It works really well.	Dr. Flowers on camera

Audio	Video
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: How do you handle work stress?
[Dr. Flowers] I'm really blessed in direct primary care because I'm able to have so much time. And my patient load is I have about 650 patients, whereas most primary care doctors have somewhere between 3 thousand and 6 thousand patients. And so I'm able to spend more time with each patient. And then the time that is pulled from me and from my family is much less than in a fee for service based practice.	Dr. Flowers on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What do you wish you had known before choosing your specialty?
[Dr. Flowers] I wish I had known what fee for service was really like because you you really have this, you know, altruistic want to take care of patients. And there are so many things that pull at the physician now with insurance and administration and and all these other people that are involved in the care. Whenever you get the care back, just between the patient and the physician, it's it's the best of both worlds.	Dr. Flowers on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What advice do you have for medical students interested in Family Medicine and direct primary care?
[Dr. Flowers] You just have to be willing to get out there and give it a try. It's it's a little daunting at first because it's not something that most patients know about. And so patient education has been one of the biggest things that I've had to do. But it's wonderful.	Dr. Flowers on camera

Audio	Video
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the top center of the screen. Text in gold and white font reads: Special thanks to Doctor Anthony Todd Flowers, Family Medicine – Direct Primary Care, L S U Health Shreveport Class of 20 11. Mira Direct Primary Care, One thousand Chinaberry Drive, Suite twelve hundred, Bossier City, Louisiana 7 1 1 1 1