

Kindergarten: Accessing Information & Services/ Personal Health & Wellness

Stage 1 Desired Results		
ESTABLISHED GOALS: <u>Competencies:</u> - Students will demonstrate the ability to apply knowledge and practice health behaviors and recognize health risks in order to promote a healthy lifestyle. - Students will demonstrate the ability to access valid information, products and services to promote a healthy lifestyle. <u>Content Standards:</u> - SHAPE 1. Use functional health information to support health and well-being of self and others. - SHAPE 3. Access valid and reliable resources to support health and well-being of self and others. - SHAPE 7. Demonstrate practices and behaviors to support health and well-being of self and others.	Transfer	
	Students will be able to independently use their learning to make informed decisions in order to lead a healthy lifestyle.	
	Meaning	
	ENDURING UNDERSTANDINGS Students will understand that... - different resources in the school and community are used for different purposes. - there are a variety of resources in the school and community to help you improve your health or deal with health problems.	ESSENTIAL QUESTIONS Where is the best place to get help when you are not feeling good?
	Acquisition	
	Students will know... - that regular check-ups with doctors and dentists help keep a person healthy. - that brushing twice a day and flossing teeth will help prevent tooth decay and cavities. - that proper hand washing and sneezing properly can prevent the spread of germs and disease. - that wearing sunscreen or other protective clothing can protect from the sun's harmful UV rays. - that eating healthy and drinking water will help prevent cavities and other diseases while sugar is a main cause of disease. <u>vocabulary:</u> cavities, germs, dentists, doctors, nurses, hospital, clinics	Students will be skilled at... - identifying the specific healthcare providers that provide certain services (i.e. dentists for mouth care, doctors/emergency room, nurses within the school, clinics in the community). - practicing healthy personal hygiene habits (covering mouth when coughing, using elbow when sneezing, washing hands after bathroom, using tissues, wearing clean clothes daily). - locating various helpers within the school and what problems they will help with (nurse, guidance counselor, teacher, principle, custodian). - demonstrating proper tooth brushing technique. - demonstrating proper hand washing. - demonstrating the proper procedure for calling 911 and when to do so.
Content Area Literacy Standards		21st Century Skills
		access and evaluate information

<i>not applicable</i>	• <i>analyze media</i> • <i>reason effectively</i>
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Stage 2 - Evidence	
<i>Evaluative Criteria</i>	<i>Assessment Evidence</i>
	PERFORMANCE TASK(S):
	OTHER EVIDENCE:

Stage 3 – Learning Plan	
Summary of Key Learning Events and Instruction	
<i>Language Arts Integration</i>	<i>Mathematics Integration</i>
<i>Technology Integration</i>	<i>District Materials</i>