

Grade 1: Decision Making/Social & Emotional Health

Stage 1 Desired Results		
ESTABLISHED GOALS: <u>Competencies:</u> - Students will demonstrate the ability to apply knowledge and practice health behaviors and recognize health risks in order to promote a healthy lifestyle. - Students will demonstrate the ability to analyze consequences of decisions, problem solve and set goals in order to promote a healthy lifestyle. <u>Content Standards:</u> - SHAPE 1. Use functional health information to support health and well-being of self and others. - SHAPE 5. Use a decision-making process to support health and well-being of self and others. - SHAPE 7. Demonstrate practices and behaviors to support health and well-being of self and others.	<i>Transfer</i>	
	Students will be able to independently use their learning to make informed decisions in order to lead a healthy lifestyle.	
	<i>Meaning</i>	
	ENDURING UNDERSTANDINGS Students will understand that... - a person's choices will determine what happens to them in life and how happy they are. - conflict is a normal part of life but should be resolved peacefully so that others are not hurt.	ESSENTIAL QUESTIONS Do your choices affect other people?
	<i>Acquisition</i>	
	Students will know... - that a person's self- image is important to their emotional health - that everyone has individual feelings and there are healthy and unhealthy ways of expressing feelings. - that a proper tone of voice, eye contact, and body language are important for communicating feelings. - that sharing, being kind, and smiling will encourage friendships. - that everyone has the right to decide who touches their body and there are appropriate and inappropriate kinds of touch. - that tattling, bullying, or violence towards others leads to conflict and loss of friendships. - that people may disagree about situations or ideas and that is normal. - that conflict should be resolved peacefully. - that individuals must take responsibility for the choices that they make and accept that there are positive and negative consequences.	Students will be skilled at... - identifying and practicing strategies to make friends. - describing characteristics of people who can help make decisions and solve problems - applying the steps to making a decision or solving a problem (consider the options and possible outcomes before making a decision) - making the correct decision in a variety of situations involving conflict (bullying, unwanted touch by another, not listening to an adult, etc)

	<i>vocabulary: friendship, conflict, tattling vs. telling, bullying, peaceful</i>	
Content Area Literacy Standards		21st Century Skills
<i>not applicable</i>		• <i>make judgments and decisions</i> • <i>solve problems</i> • <i>be flexible</i>

Stage 2 - Evidence	
Evaluative Criteria	Assessment Evidence
	PERFORMANCE TASK(S):
	OTHER EVIDENCE:

Stage 3 – Learning Plan	
<i>Summary of Key Learning Events and Instruction</i>	
Language Arts Integration	Mathematics Integration
Technology Integration	District Materials