



Nutrition Services

Bellevue School District

Middle School Lunch Menu

April 2026

This is an equal opportunity provider.
Menus are subject to change.

Daily

Burger with Baked Fries: Spicy Chicken, Cheeseburger, Hamburger & Breaded Kickin' Burger (v)
Pizza: Cheese (v) & Pepperoni (*contains pork*)
Grab n Go: Italian Turkey Combo Sub, Cheese Trio Sub (v), Sunbutter & Jelly SW + String Cheese (v)
Hand-Wrapped Burrito: Green Chili Bean & Cheese (v) with Baked Fries
 (v) indicates Vegetarian Entrée option which may contain egg and/or cheese

Lunch includes your choice of milk & a trip through the salad bar featuring a variety of fruits & vegetables.





Monday

Tuesday

Wednesday

Thursday

Friday

			01 Garlic Cheese Toast (v) with Marinara Dipping Sauce	02 Nachos! A. Seasoned Beef & Beans B. Refried Beans (v) with Jalapeno Cheese Sauce & WG Tortilla Chips	03 Chef's Choice
06 Spring Break	07 Spring Break	08 Spring Break	09 Spring Break	10 Spring Break	10 Spring Break
13 A. Crispy Chicken Tenders B. Kickin' Nuggets (v) with Baked Fries & Wheat Roll	 Kick into Flavor! USA vs. Japan 14 Umami-rich Shoyu Chicken Ramen with Hardboiled Egg	15 Mozzarella & Beef Pepperoni Stuffed Mini Calzones with Garlic Bread	16 Scratch-made! A. Butter Chicken B. Butter Chickpeas (v) over Rice	 Mariners Grand Slam Grub! 17 Turkey Bacon Cheeseburger with Baked Tots & Bellevue Sauce	17 Turkey Bacon Cheeseburger with Baked Tots & Bellevue Sauce
20 Italian Beef Meatballs with Penne Pasta & Garlic Bread	21 <i>Gluten Free</i> Teriyaki Chicken with Steamed Green Beans & Sticky Brown Rice	22 Belgian Waffle with Strawberry Compote & A. Turkey Sausage B. Cheese Omelet (v)	23 Battered Alaskan Pollock Wedge with Baked Fries, Wheat Roll & Tartar Sauce	 Sounders Cleats & Eats! 24 Bone-in Chicken Wings with Cheesy Cornbread Muffin & BBQ or Buffalo Hot Sauce	24 Bone-in Chicken Wings with Cheesy Cornbread Muffin & BBQ or Buffalo Hot Sauce
27 Breaded Chicken Leg & Waffle with Warm Apple Compote	 LEAN & GREEN 28 Scratch-made! Protein Packed Chili (v) with WG Tortilla Chips & Fixin's	29 Mac 'n' Cheese (v) with Steamed Asparagus & Wheat Roll	30 Swedish Meatballs with Mashed Potatoes, Gravy & Wheat Roll		



Middle School Breakfast Menu April 2026

Breakfast offered at ALL Middle Schools!

Breakfast includes your choice of milk & a trip through the salad bar featuring a variety of fruits.

(v) Indicates vegetarian entrée items which may contain egg and/or cheese

Monday

Mini Maple Waffles
(v)

Tuesday

English Muffin Sandwich
A. Turkey Sausage, Egg & Cheese
B. Egg & Cheese (v)

Wednesday

Strawberry & Cheese Filled Mini Bagels (v)

Thursday

Pancake Wrapped Turkey Sausage

Friday

English Muffin Sandwich
A. Turkey Sausage, Egg & Cheese
B. Egg & Cheese (v)

Offered Daily: Assorted Cereal (v); Banana Bread (v); Cinnamon Roll (v); Turkey Sausage, Egg & Cheese Sunrise Calzone

Check out the **Digital Menu** for Nutrition, Allergen, and Ingredient information! Or download the **My School Menus** mobile app. The menu is translated into over 75 languages!



Complete your **Application for Free or Reduced Priced Meals** today!

Available at www.bsd405.org/freeandreduced
Applications must be renewed annually.

How to Pay for Meals:

Nutrition Services uses **PayPams** for online payments. Go to: <https://paypams.com> for more information.

PayPams accepts Direct Withdrawals from a bank account for a \$1.95 transaction fee. PayPams also accepts credit card payments for a \$2.95 fee per family. Additionally, you may pay for meals by check (payable to Bellevue School District) or cash at your child's school.

We're Hiring Kitchen Assistants!

- Work during the school schedule
- Paid holidays!
- \$21.90 starting hourly rate
- Full benefits offered with 17.5 hours/week
- Apply online at <https://bsd405.tedk12.com/hire>