

Grade 4: Winter PE

Stage 1 Desired Results		
ESTABLISHED GOALS: <u>Competencies:</u> - Students will demonstrate the ability to participate in physical activity in order to achieve and maintain an appropriate level of personal fitness. - Students will demonstrate the ability to exhibit responsible personal and social behavior in order respect self and others in physically active settings. <u>Content Standards:</u> - SHAPE.1 Demonstrates proficiency in a variety of motor skills and movement patterns. - SHAPE.2 Applies knowledge of concepts, principles, strategies and tactics related to movement and performance. - SHAPE.3 Demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness. - SHAPE.4 Exhibits responsible personal and social behavior that respects self and others. - SHAPE.5 Recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.	Transfer	
	Students will be able to independently use their learning to identify and maintain a healthy lifestyle.	
	Meaning	
	ENDURING UNDERSTANDINGS Students will understand... - participating in team settings promote tolerance, empathy, communication skills and accountability. - participating in competitive and recreational activities will help promote relationship building and lifelong fitness. - participating in individual physical activities, improves the quality of one's life.	ESSENTIAL QUESTIONS - How did you challenge yourself to become more fit? - How do I deserve to be treated?
	Acquisition	
	Students will know... - the basic rules and strategies for participation in a variety of loco-motor activities. - that learning loco-motor skills will help them with more advanced levels of physical activities. - that working respectfully with other classmates in a safe manner will lead them to more advanced levels of physical activities. - that physical activities can be challenging, but with a positive attitude and determination they will find success. - that using game and sports equipment properly avoids breaking the equipment and injuring self and others. <u>Vocabulary:</u> mastered, dynamic, routine, increasing, decreasing, combination	Students will be skilled at... - applying the concept of open spaces to combination skills involving traveling (e.g., dribbling and traveling). - dribbling in general space with changes in direction and speed. - examining the health benefits of participating in physical activity - rating the enjoyment of participating in challenging and mastered physical activities. - ranking the enjoyment of participating in different physical activities. - describing & comparing the positive social interactions when engaged in partner, small-group and large-group physical activities. - volleying underhand using a mature pattern, in a dynamic environment (e.g., 2 square, 4 square, handball). - volleying a ball with a 2-hand overhead pattern, sending it upward, demonstrating 4 of the 5 critical elements of a mature pattern.

		• <i>creating a jump-rope routine with either a short or long rope.</i> • <i>dribbling in self- space with both the preferred and the non-preferred hands using a mature pattern.</i> • <i>dribbling in general space with control of ball and body while increasing and decreasing speed.</i> • <i>dribbling with hands or feet in combination with other skills (e.g., passing, receiving, shooting).</i>
<i>Content Area Literacy Standards</i>		<i>21st Century Skills</i>
• not applicable		• <i>make judgments and decisions</i> • <i>implement innovations</i> • <i>manage goals and time</i> • <i>interact effectively with others</i>

Stage 2 - Evidence

<i>Evaluative Criteria</i>	<i>Assessment Evidence</i>
	PERFORMANCE TASK(S):
	OTHER EVIDENCE:

Stage 3 – Learning Plan

Summary of Key Learning Events and Instruction

<i>Language Arts Integration</i>	<i>Mathematics Integration</i>
• <u>1.OA.1</u> Use	• <u>1.OA.1</u> Use
<i>Technology Integration</i>	<i>District Materials</i>
• <u>1.OA.1</u> Use	