



## Vermont State Teachers' Retirement System (VSTR)

### Termination from VSTR Information Sheet

When a member leaves their job or no longer qualifies to contribute to the VSTR pension, it is important for the member to contact VSTR at 1-800-642-3191 or 802-828-2305 due to limited time-sensitive windows associated with some situations. Below are two examples:

1. If a member becomes ill, disabled, or is unable to work due to illness or injury, it is recommended that they contact the VSTR office immediately. The member may be eligible for disability benefits. If they are eligible for a disability benefit, they must submit an application within 90 days of when they terminate their position and/or no longer qualify to participate. A member will not be eligible for a disability retirement beyond 90 days after the date of termination.
2. If a member questions whether they are eligible to collect an early or normal retirement benefit (they must have at least 5 years of service credit in our Retirement System to qualify for a benefit), they should contact the VSTR office. If they are eligible, VSTR will send the member paperwork they will need to complete in order to draw a monthly pension benefit.