Alumni – Haynie Ortho Surgery

Audio	Video
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text in center of screen: Orthopedic Surgery
[Dr. Haynie] I'm Marshall Haynie. I graduated from here in 2010. Practice orthopedic surgery at Orthopedic specialists of Louisiana. I'm also here at LSU part time. Our group is a private practice, independent group here in Shreveport.	Tanned man with straight dark hair neatly trimmed. He is wearing a black scrub top with his name embroidered on it. There is a logo of his office on the opposite side Text: Marshall Haynie, M D Orthopedic Surgeon Orthopedic Specialists of Louisiana
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: Why did you choose Orthopedic Surgery?
[Dr. Haynie] I always had a little bit of an interest in it. My father is an orthopedic surgeon, and so there's always that pull. But really when I started of medical school, I thought I wanted to be a pediatrician. I didn't think I wanted to do surgery. I-- but as time went on during medical school, I realized I was interested in that. I always liked working with my hands. And orthopedic surgery, like other surgeries, allows you to do that. It's very mechanical, and I feel like I have a mechanical mind. And so that has that's what initially got me interested. And then I just enjoyed doing it.	Dr. Haynie on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: Why do you enjoy most about Orthopedic Surgery?

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[Dr. Haynie] So orthopedic surgery is a good field. Your, your patients oftentimes are, they have had some trauma or injury and you get to figure out a way to make them make them better or make them back to where they used to be. You're restoring function, and that's kind of fun. You also have a wide range of patients. You know, I've treated patients that are less than a year old all the way up -I had a patient recently that was over a hundred, and so it's a very varied specialty as far as what you're taking care of.	Dr. Haynie on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What is the hardest thing about Orthopedic Surgery?
[Dr. Haynie] You know, I think that this is something that's that's probably true of most practices. But the one of the hardest things about, you know, dealing with medicine is where something doesn't work out, especially surgery. You know, people come to me for elective surgery and, you know, newsflash, not every surgery works out great. And it's hard to deal with people or, you know, deal with outcomes that you're not happy with or the patient's not happy with. And that's certainly something that's difficult.	Dr. Haynie on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: Are there certain personality traits that fit your specialty?

Audio	Video
[Dr. Haynie] I think that that's kind of tough. I think really most patients or most people coming through medical school could be could be a good orthopedic surgeon. You know, I don't think you necessarily have to feel like you have good hands to to practice orthopedic surgery or be a surgeon in general. And that's something that you can pick up and practice makes better. It's it's not for the faint of heart at times. It can, and again, this can be in any specialty. But orthopedic surgeons, they tend to have you know, the ones in training may make it want to make it difficult on you or it's it's got that that thing still going on maybe more than other specialties. But really once you get out as long as you can, as long as you've you've been trained well and you continue to work to make your craft as good as you can, I don't think you have to have any certain special personality traits to to go in orthopedics.	Dr. Haynie on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: How is your work-life balance?
[Dr. Haynie] I feel like I have a pretty good balance. And, you know, part of that is just the practice that I'm in. The not certainly not all orthopedic surgeons have a very good work life balance, and we're not a specialty that's known for work life balance. But I chose a subspecialty that doesn't have a lot of patients in the hospital. I do foot and ankle and the we don't take call at any of the local hospitals currently. And so I'm not rounding out a bunch of patients. So when I'm on call, I'm not having to go in a whole lot like other orthopedic surgeons and other situations may. So I really feel like I have a pretty good work life balance.	Dr. Haynie on camera

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[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: How do you handle work stress?
[Dr. Haynie] So being a doctor is stressful. Being an orthopedic surgeon certainly is not immune from that. Again, you know, you have a lot of pressure on you when you're performing a surgery, again, especially an elective surgery where or somebody is just trying to to improve their function. And they were doing okay before. I try to again, I think work life balance is important. And I think spending time with your family, spending time with your loved ones and doing the things that you like to do outside of the hospital is very important. And that that helps. I, I like to think that if I didn't luck myself into the situation where I had a work life balance that was given to me, that I would have would would have changed things by now. But just make sure you have time for for yourself. And if you don't have time for yourself, you're going to be happy no matter what you're doing.	Dr. Haynie on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What do you wish you had known before choosing your specialty?

Audio	Video
[Dr. Haynie] There are specialties where it's easier to to to find a really good work life balance. Some people can work, you know, 60 or 70 hours a week for the rest of your life, but that's not me. And I knew that. You just have to. I would definitely think about that. I would. I would I would take that into consideration. When you're choosing a specialty, don't go into something that you know, you can't achieve what you want to achieve. The I look at my my wife is a pediatrician and she has a set up where she works less than a full time job. And you know, sometimes that sounds pretty good and it's not and that's not a bad thing. But it's it's a it's a good it's a good job. I like what I do. I think that most people that like working with their hands and things along those lines could like what I do.	Dr. Haynie on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What advice do you have for medical students interested in Orthopedic Surgery?
[Dr. Haynie] You need to know that residency is going to be hard. You know, it's not it's not a cushy residency, at least not most places. But once you get done, it's a rewarding profession that I don't think I would change again if I had to go back and do it all over again. I don't think that I could have found something that I like to do better than what I do today.	
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the top center of the screen. Text in gold and white font reads: Special thanks to Dr. J Marshall Haynie, Orthopedic Surgeon, LSU Health Shreveport Class of 2010. Orthopedic Specialists of Louisiana, fifteen hundred Line Avenue, Suite 100. Shreveport, Louisiana 7 1 1 0 4