Alumni – Bicknell PM&R

Audio	Video
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text in center of screen: Physical Medicine and Rehabilitation (P M and R)
[Dr. Bicknell] My name is Eric Bicknell. I am a physiatrist. I graduated from LSU Shreveport in 1982, and I have been practicing physical medicine and rehabilitation in Shreveport since 1988.	Fair man with short gray hair and frameless glasses, wearing a navy blue scrub top seated in front of a dark blue washed background Text: Eric Bickness, M D Physical Medicine and Rehabilitation Bicknell EMG
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What is Physical Medicine and Rehabilitation?
[Dr. Bicknell] Physical medicine and rehabilitation is a specialty of medicine, which is non operative, which is for the care of patients with neuro musculoskeletal impairment and disability.	Dr. Bicknell on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: Why did you choose Physical Medicine and Rehabilitation?

Audio	Video
[Dr. Bicknell] When I was in medical school and for a year or so after I graduated from medical school, I'd never heard of physical medicine and rehabilitation. I started out in radiology. I did an internship associated with the radiology department and actually began a radiology residency. I was drawn to the anatomy and physiology, aspect of radiology, but I soon found that I was missing the patient contact that that I I just really, really missed. And so I did something quite impulsive. I got out of radiology not knowing what the heck I was going to do. I was fortunate enough to be given the opportunity to spend a year in internal medicine while I was searching for what it is that I wanted to do. I found out about physical medicine and rehabilitation, actually, from going to the library. There's a book published by the American Board of Medical Specialties, which includes a two page description of every medical specialty. And in going through the book, I came across physical medicine and rehabilitation. It sounded like what I was interested in. There was a young doctor who had just moved back to Shreveport, who was a physiatrist and he set me up with his, residency director in Dallas. And the rest is history. I went over there, became a physiatrist, and moved back to Shreveport.	Dr. Bicknell on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What do you enjoy most about Physical Medicine and Rehabilitation?
[Dr. Bicknell] I enjoy interacting with patients and I enjoy interacting with the team, the rehabilitation team that we deal with. You, to be a physiatrist, you need to be a people person. I find it very inspiring to deal with these patients who have suffered life altering physical impairment, and helping them to regain function is what inspires me to get up in the morning.	Dr. Bicknell on camera

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[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What is the hardest thing about Physical Medicine and Rehabilitation?
[Dr. Bicknell] For me, there not a lot of people that do what we do. There's a lot of work to be done and it can be stressful at times, dealing with patients with such life altering conditions. It can sometimes be depressing, but but in the end, when these patients improve, when they go home, when they adjust to their impairment and disability, and, that's the sort of thing that that inspires me and, and, and makes me feel good about what I do.	Dr. Bicknell on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: Are there certain personality traits that fit your specialty?
[Dr. Bicknell] People who who enjoy being with people, people who have good communication skills, people who have good leadership skills. We in physical medicine, in the rehabilitation aspect of care, we we are the directors of the rehabilitation team, which is a team of multiple disciplines of therapists, nurses, social workers, other collaborating physicians. And we are in charge of directing that team for the benefit of our patients. So we need people who can work collaboratively. We need people who can communicate. We need people who can deal with patients and their families.	Dr. Bicknell on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: How do you handle work stress?

Audio	Video
[Dr. Bicknell] What I do to manage stress is, is spend time with my family. And I'm very blessed and very fortunate to have a wife and two children, that I enjoy spending time with. They're now grown and, live out of state. But, you know, my relaxation is family time.	Dr. Bicknell on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What do you wish you had known before choosing your specialty?
[Dr. Bicknell] Well, I wish I knew that physical medicine and rehabilitation existed. I wish I knew that it was a choice. And it fits me well. It fits my interest. And I believe it would fit a lot of people's interest, if they, if they knew what physical medicine rehabilitation was. And I find it to be an extremely rewarding specialty.	Dr. Bicknell on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What should medical students know before choosing Physical Medicine and Rehabilitation?
[Dr. Bicknell] They need to know some of the things that I've been talking about. They need to know that physical medicine and rehabilitation is an exciting branch of medicine that helps people, that is increasing in need because patients are surviving catastrophic injury and catastrophic illness that they did not use to survive. We are the specialty of what's next- of helping patients achieve that, answer that question and move on with their life.	Dr. Bicknell on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the top center of the screen. Text in gold and white font reads: Special thanks to Doctor Eric Bicknell, Physical Medicine and Rehabilitation, L S U Health Shreveport Class of Nineteen eighty two. Bicknell E M G, 78 23 Youree Drive, Shreveport, Louisiana 7 1 1 0 5