Alumni – Davis Interventional Cardiology

Audio	Video
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text in center of screen: Interventional Cardiology
[Dr. Davis] I'm Jonathan Davis, interventional cardiologist at Willis Knighton Pierremont. And I've been in practice since 2008, graduated from the LSU School of Medicine here in Shreveport in 2000.	Man with dark hair and a receding hairline. He is wearing wire frame glasses and a long-sleeve gray shirt and is seated in front of a dark blue washed background Text: Jonathan Davis, M D Interventional Cardiology Pierremont Cardiology
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: Why did you chose Cardiology?
[Dr. Davis] I didn't choose it. It chose me. It's been a journey through time. When I was in high school, there's a now retired, now deceased surgeon. When I was I was an orderly at a local hospital and he invited me to an operating room one summer when I was working there. And I saw open heart surgery. And then as a first or second year student, there was a now retired cardiologist here, and he showed us a heart cath and a stent procedure in someone that was having a heart attack and had already kind of taken that and had an interest from high school and then saw that and I was like, that's a much less invasive way to do something acutely for somebody. And then I just kind of followed that path and had some basic science experience looking at the biology of vascular disease. And so coupling all those things together and I wanted to do something with my hands. And so that's how I ended up in interventional cardiology.	Dr. Davis on camera

Audio	Video
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: Where did you compete your training?
[Dr. Davis] You know, I finished medical school here in 2000 and being from the South wanted to stay in the South, but wanted to go and have a new experience in a new medical center. And so I went to UAB in Birmingham and did my internal medicine residency there. And then they asked me if I would serve as chief medicine chief medical resident here. And so I spent a year as sort of a teaching faculty job for a year and then decided from there that it would be good again to move on to another medical center and experience something else for fellowship. And so I ended up at Wake Forest in- in North Carolina for a host of reasons, mainly a clinical fellowship type program. Not so, not so academically bent towards research. And so really a vigorous, active clinical cardiology program. And so I did my general fellowship there and stayed and did interventional cardiology fellowship year there. And by then we had acquired three kids. We're both from Shreveport. And so my whole goal was to come back and try to at least be part of the medical community and give back a little bit to the community that had given me good training in medical school.	Dr. Davis on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: How long did it take to complete your training?
[Dr. Davis] To do what I've done and the way I did it. PGY-8. So think about that. So four years of medical school, four years of internal medicine training, and then four years of cardiology training. So, you know, it turns out that's how you get done and you're 35 or six and you have your first real job.	Dr. Davis on camera

Audio	Video
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What do you enjoy most about Cardiology?
[Dr. Davis] I think it's it's the uncertainty in some ways. You never know when you get up in the morning, if you're on call, what your day is going to be, Is it going to be somebody in heart block that needs a pacemaker? Is it going to be somebody in cardiogenic shock who needs, you know, support and high risk intervention? Is it going to be a precious 90 year old who's on hospice is going to die? So you just never know what it's going to be. And cardiology is fun because history, physical - it sounds boring, but it's true that guide so much of what we do and then, you know, we have a radio kind of a radiology role reading echoes and imaging tests. We do stress tests. We do heart caths, you know, and so there's so much variety that it's never boring. It can be overwhelming, but it's not boring.	Dr. Davis on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What is the hardest thing about Cardiology?

Audio	Video
[Dr. Davis] I think the hardest thing is keeping current. You young people that are coming along, you know, it's invigorating when we have a partner that is ten years younger than me and he comes in a little Doogie Howser a little bit and you know, you get to stay, you got to stay current and you know, there's some basic, you know, foundational pieces in cardiology. But then there's all these niche things that are out there that that can take you in different directions. And and so I think trying to stay relevant as a cardiologist, you know, the easiest part is the doctoring part, the harder parts, trying to keep up with the technology and figure out what it is you really you're passionate about because you can find your way into a bunch of little corners. And and so, you know, I enjoy general cardiology. It's really an extension of internal medicine. I do a fair amount of internal medicine in my practice and I enjoy the coronary stuff. And now you can put valves in people, you can put in-acclude the left atrial appendage for a fib. You can do you can go into EP and do rhythm stuff. So, you know, there's just it just seems to keep expanding.	Dr. Davis on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: Are there certain personality traits that fit your specialty?

Audio	Video
[Dr. Davis] Yeah, I think you have to be a mudder. You got to I mean, you just cardiology is one of those things that, you know, the people that find their way there, I can look across, you know, different practices. You know, the commonality is, is that, you know, you kind of enjoy working hard. You're going to spend a lot of time doing it. It takes you know, the training is long. And so some of it you got to have a sort of a marathoner mentality. It's you're not going to be a sprinter and know three year residency and you're out doing something you're looking at. And so I think that we're all kind of doers, some thinker doers. And so it's kind of it's the perfect marriage of internal medicine and surgery. And so I think that's kind of the people that kind of gravitate towards that. There's plenty of people that have a surgeon's mentality and in a medical school or training environment, they're turned off by medicine rounds and labs and they go, you know, whatever things they think are boring, but they don't know that there's these other avenues and some people won't do some of the medicine subspecialty because they just don't want to get through internal medicine training to have to use that as a stepping stone.	Dr. Davis on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: How is your work life balance?

Audio	Video
[Dr. Davis] It's the number one thing. It doesn't matter if you're a medical student, doesn't matter if you're an accountant, attorney. The reality is that what I've observed in my 50 years is, is that every profession will occupy all the time you let it occupy, you can do it and do it and do it. And and finding balance, It's it's what we're all searching for. And and nobody does it perfectly. And there isn't one way to do it. And so, you know, I do... there's times where I know that my kids or my family need I want to be there and I know that that means that when Saturday or Sunday comes, that whatever might be going on then is going to be occupied with something else. Because one of the things that's that young people will find in medicine is, is that the administrative time and, you know, these electronic health records, you know, the technology is wonderful. You can work from anywhere. But the problem is you can work all the time. And so finding times to turn it off, turn it back on and accepting that because, you know, some people don't want it. They want 8 to 5 Monday through Friday. And that's not a typical reality for for practicing doctors because it's there's if you're not doing your practice stuff you're doing CME, you've got other commitments, you know like this. I enjoyed coming to do this, but you know it's time out. You know, this time we get made up, be made up somewhere else.	Dr. Davis on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: How do you handle work stress?

Audio	Video
[Dr. Davis] Exercise. Yeah, I mean, I get a I have a group of guys that I run with and we get up, we meet at 5:00, we do it four days a week, you know, sometimes call or different things, you know, limit how often I can get there. But but in several of us are doctors and so we can, you know, share our share our victories and our our defeats and and and have an at least the language of medicine. It allows for stress relief. And so, you know, we run I probably run 30 miles a week and try to eat well and sleep well and take care of myself because, you know, again, you know, the sort of this marathoner's mentality.	Dr. Davis on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What is the most important thing to know before choosing a specialty?

Audio	Video
[Dr. Davis] You're not stuck. Just because you choose one thing doesn't mean you're you're stuck and you're not going to know for certain. You know, most people get where they're going by following their gut. And most people need to have some idea of role models or things that they want to gravitate towards. And so you just have to trust that. And if you know your gut's not there, it's not right, then you just have to you know, you have to sometimes do hard things and stop what you're doing. You know, there's plenty of people that it started in one residency and ended up in something else completely different. And I've got a friend. He he started out an OB, ended up in pathology, and now he's a dermatologist. So, you know, you just in some people are afforded more luxuries than others just for different reasons. And he could do that. But, you know, most people like medicine, because it's so prescribed four years of this, you know, test scores, grades, four years of medical school, and then a prescription to a path. And you can look out and see, you know, sort of what the end result of all that is. And so, you know, I think you may not know, but if you follow your gut, you won't be wrong.	Dr. Davis on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: Did you gravitate toward anything before choosing Cardiology?

Audio	Video
[Dr. Davis] I knew that I wanted to end up in cardiology. The problem with that was is that that the you know, there were certain things that I knew I wasn't going to necessarily enjoy. However, like everything else, you never know why you have to be put through that process to get there. Medical students know that all too well. Pathways, Krebs Cycle, whatever you name it, and you're like, Do I really have to know this? My daughter was studying chemistry and she's trying to balance chemical equations last night. And I was like, Don't ask me. But she said, I don't want to be a I don't want to be a doctor because I got to do that. And I said, that's not what being a doctor is about.	Dr. Davis on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: What advice do you have for medical students interested in Cardiology?
[Dr. Davis] There's nothing that I have wisdom about that that would change what I've done. You know, I think I've just followed this path. And, you know, like I said before, I think this has chosen me as much as anything else. I clearly like to talk. I enjoy so many different I enjoy the humanism of medicine. I enjoy the the life or death sorts of, you know, the thrill of victory, the agony of defeat in cardiology. I enjoy I'm enjoying now more longevity. You now have patients that I've been taking care of for, you know, 10 to 15 years. I understand what practicing medicine means now. I'm a better doctor now than I was before, just because experience counts. And and so there's not one thing that I would say is the light bulb moment that says, you know, you know, it would be the ah ha moment. No.	Dr. Davis on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the bottom center of the screen. White text above it reads: Any last thoughts?

Audio	Video
[Dr. Davis] I was on the phone today with one of my good friends from high school. He lives in Denver. He's a sociology professor up there. I take care of his mom and she says to me on the phone, I know you'll take care of me like you take care of your mom. And so that's what medicine is about. You guys are medical students are all looking for the right answers because you're right answer test question people, right. You're in the top 1% of doing that. But at the end of the day, the reason that you went to medical school hopefully, was to go impact somebody that, you know, some group of people somewhere in a humanism way, when there are no right answers in practice. There's a lot of answers and there's right answers and wrong answers. But there's a lot of there's not a one right answer.	Dr. Davis on camera
[Silence]	Dark blue background with animated blocks. L S U Health Shreveport Foundation logo is at the top center of the screen. Text in gold and white font reads: Special thanks to Doctor Jonathan Davi, Cardiology, Pierremont Cardiology, 18 11 East Bert Kouns Industrial Loop, Suite 2 10, Shreveport Louisiana 7 1 1 0 5