

Beacon City School District

Physical Education, Health, Athletics and
Recreation

Michael Carofano

Director of Physical
Education, Athletics,
Health and
Recreation



**Board of Education
Presentation**

February 9th, 2026

Beacon CSD - NYS School of Excellence!

One of seven schools in Section 9 to earn the NYS School of Excellence Award for our Varsity Teams Academic Achievement in 2024-2025!



Fall 2025 Scholar-Athlete Teams

Girls Cross Country

Boys Cross Country

Boys Soccer

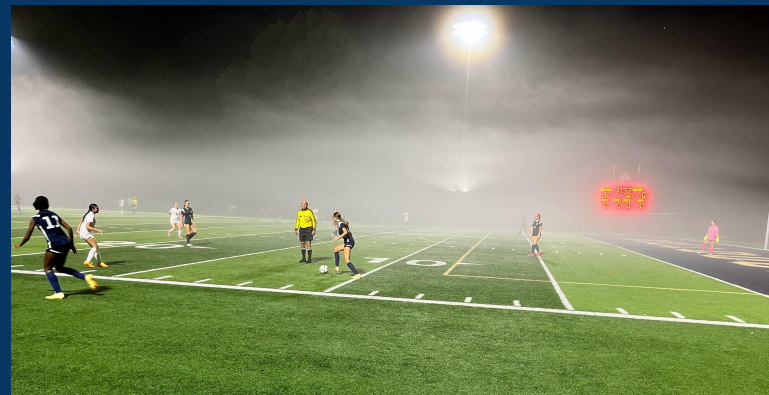
Girls Soccer



Girls Swimming

Girls Tennis

Girls Volleyball



Fall 2025 Accomplishments

- **Boys Varsity Soccer:** Division Champions & Section 9 Class A Finalists
- **Girls Varsity Soccer:** Division Champions & Section 9 Class A Semi-Finalists
- **Varsity Volleyball:** Section 9 Class A Quarter-Finalists
- **Varsity Girls Cross Country:** Senior Chloe Goessl came in 2nd in the Sectional Championships, 34th in the State Meet (Public Schools), and 79th out of 295 runners in the Federation Meet (Public, Private and Parochial Schools)
- **JV Girls Soccer:** Increasing numbers in this sport led us to having a JV Girls team which we haven't had in two years
- **Unified Bocce:** First team in Beacon History!



Current Winter 2025-2025 Accomplishments

- **Varsity Boys Track and Field:** 25-26 Division 3 Champions
- **Varsity Boys Basketball:** Currently 13-1 and ranked 3rd in NYS Class A Rankings
- **Varsity Girls Basketball:** Currently 8-6 and an honorable mention in NYS Class A Rankings
- **Varsity Wrestling:** Came in 3rd in Annual Bulldog Tournament. Caleb Smith awarded Most Outstanding Wrestler
- **Varsity Cheerleading:** Now cheering at both Girls and Boys Basketball Games

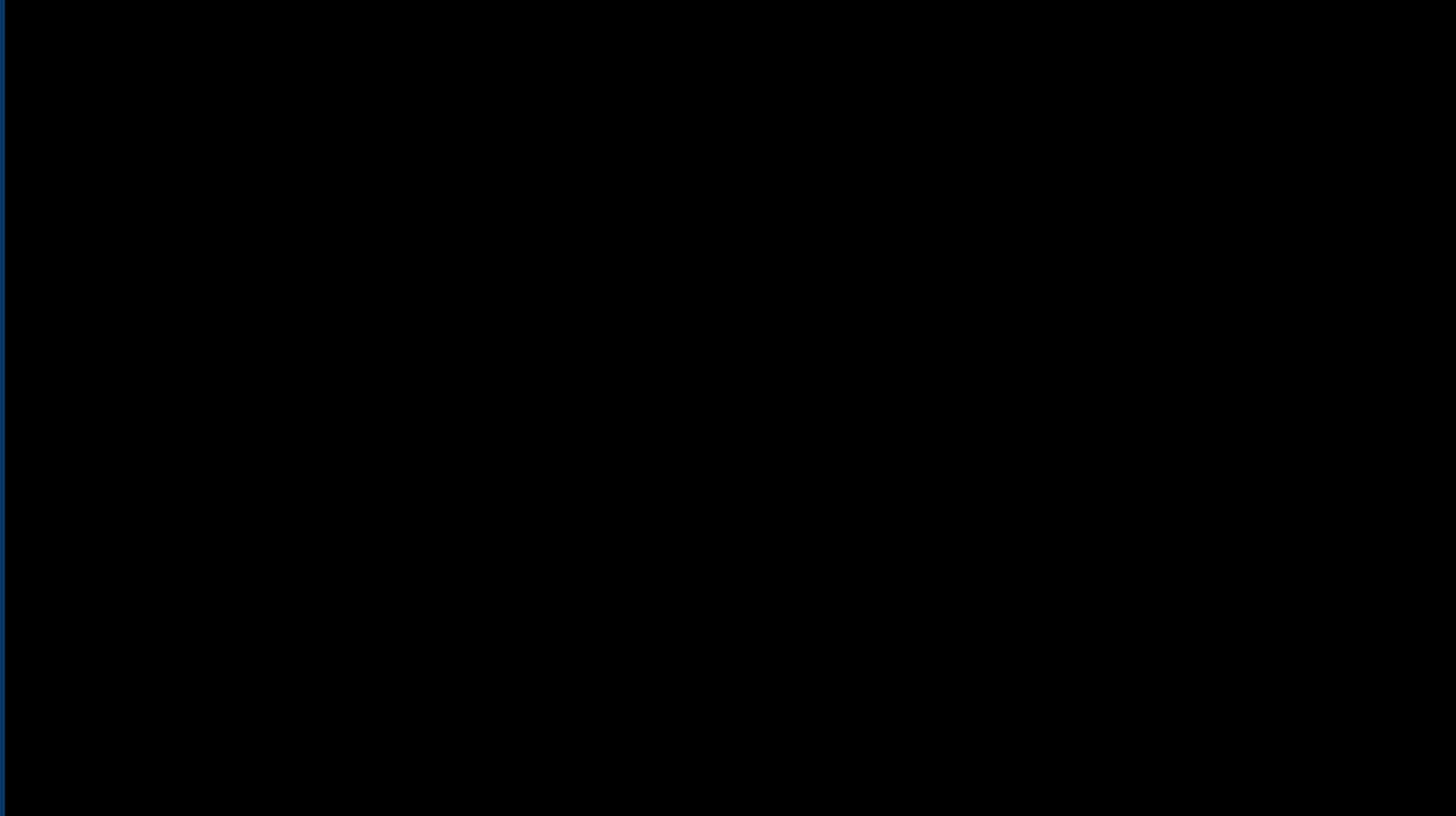


Unified Athletics

- Expanding our Unified Athletics Program
- Three seasons of Unified! Fall - Bocce, Winter - Bowling, Spring - Basketball
- Recognized as a Unified Champion School by the Special Olympics - New Banner proudly displayed in BHS Gym



Unified Athletics Highlight Video



Increased Communication from Athletics Department

- New Beacon Athletics Instagram Account: **@beaconathletics_BCSD**
- New Beacon Athletics Facebook Account: **Beacon Athletics - BCSD**
- New **Beacon Athletics Sideline Report** sent to BCSD Community
- New, **Modified-Only**, Parent/Guardian Athletics Informational Night



Community Involvement

- Girls In Sports Day 2025 - Most Attendees Yet!
- Spirit of Beacon Parade
- Beacon Athletics Hall of Fame
- Girls & Boys Varsity Basketball to South Ave to read to elementary classes
- Boys Varsity Basketball volunteer at Beacon Elks Club for their Beacon Housing Authority Holiday Dinner
- Varsity Football mentorship with Beacon Youth Football Program



Beacon Athletics Hall of Fame Induction 2025



*The Beacon City School District & the
Eric J. Romanino Athletic Hall Of Fame Committee is
proud to announce our 2025 Hall of Fame Inductees!*

2017 - 2019 Girls Bowling Team

Head Coach Brian Mahon

DJ Decandia

Football and Wrestling: Class of 2008

Addison "Addy" Rutkoske

Girls Swimming: Class of 2015

Kathleen Davis

Softball: Class of 2011

Kevin Davis

Soccer and Wrestling: Class of 2013

Paige Baisley

Track and Field: Class of 2016

Selena Virtuoso

Girls Bowling: Class of 2020

Robert "Bobby" Atwell

Baseball Coach



Physical Education and Health Professional Development

All BCSD Physical Education and Health Teachers attended the NYS AHPERD Southeastern Zone Conference in November @ Westchester Community College!



New York State Association for
Health, Physical Education,
Recreation and Dance

BHS Physical Education Highlights

1. Field Trips - Kayaking, Hiking, and new this year Ropes Course

We received a grant a few years ago from Foundation for Beacon Schools and we were able to buy 4 of our own kayaks and we continue to rent in the spring so we can teach our students about kayaking before we go on a field trip in the spring on the Hudson River. Every fall we take 10th-12th grade students on a hike up Mount Beacon. We get about 50 or so students to go each year. This year we are looking to take our 9th grade students to a ropes course. We received another grant this year to help offset the pay for this field trip as well as the kayaking field trip so we are able to get more students to be able to go.

2. Badminton Tournament

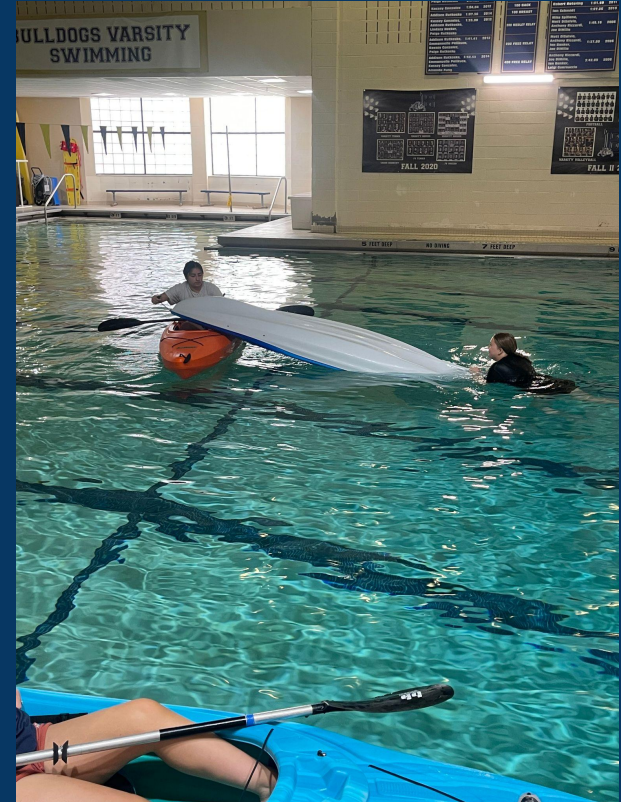
Last year was the first year we did this tournament. We had over 100 students sign up to be a part of this tournament last year and we ran it from 1st-5th period and it was fantastic! We are looking forward to having it again this year.

3. PE Students of the Month

Each month each PE teacher chooses one or two students to receive PE student of the month. It is not always the most athletic student, but possibly the student who is always giving 100% effort, or the student who works really well with their peers, etc. It is a great initiative that the students LOVE and look forward to.

4. Weight Room

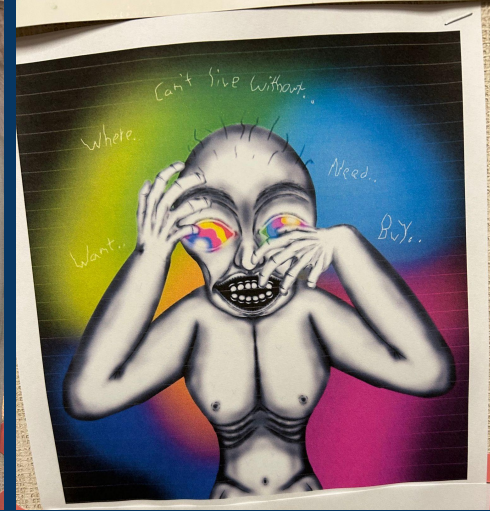
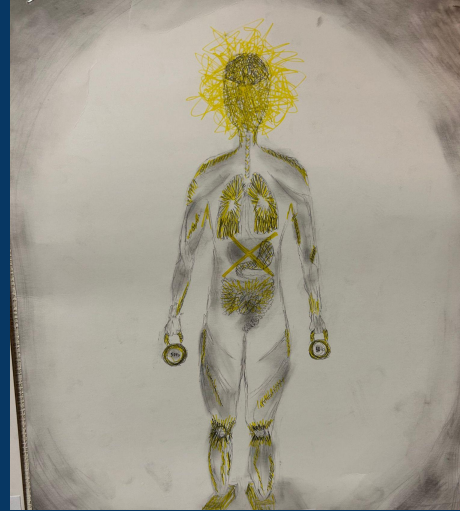
We utilize our weight room very well in PE classes. Two students did their civic seal project last year on the weight room and received funds to get new equipment. Our PE classes are learning basic lifts and how to use the gym equipment so they can take what they learn and do it outside of school as well.



BHS Health Education Highlights

- **From Ms Mills:** I really enjoy the new curriculum because it creates an anticipated **structure** in the classroom. All of the videos, worksheets, and powerpoints were easily accessible and modifiable for different needs and abilities! I found the technology addiction lesson interesting because it is a very real issue and I think it is important to understand the impact it has on their health. It ended with a debate related to the topic so this allowed students to talk about their opinions in a controlled environment.

- For the final, Ms. Mills is implementing an advocacy project that is based on what students think is the most pressing issue in school. They will identify a problem that students have school wide and create a campaign to advocate for change. It is a great way to incorporate skill into learning and have students use their imagination to create a better school!



Both photos are from our drug unit final project. Students were asked to make art representing what the addiction stage of drug use would look/ feel like. They did an amazing job at representing the prompt and they had a lot of fun drawing and making art!

RMS Physical Education Highlights

Fall:

-Hiking / Swimming Field Trip for Grades 6-8

-Turkey Bowl Tournament

Winter:

-Bowling Field Trip for Grades 6-8

Spring:

-March Madness Tournament

-Swimming/Movie field trip

-Field day @ BHS for Grades 6-8

Throughout the year:

-Friday morning Intramurals (around 40-50 students a session)

-PE Student of the Month



RMS Health Education Highlights

- **From Ms. Modica:** The new curriculum is very informative and allows for students to express themselves through different platforms. The lessons are versatile and challenging enough to meet the needs of all students. The two best lessons from the new curriculum were the emotion wheel and the food grouping activity. These lessons stood out to me because both of them provided students with the opportunity to use their personal thoughts and beliefs to complete the assignment. The emotion wheel focused on students identifying and expressing their emotions in a healthy way. The food grouping activity gave the students the time to think about how the food they eat will impact their overall health.

- This year we had the school nurse come to my class to speak to the students about the benefits of sleep. For future initiates, I plan to have Grace Smith House come present to my classes during the relationships unit.



Elementary Physical Education Highlights

1. Collaboration: The elementary PE teachers collaborate regularly to align curriculum, share lesson ideas, and maintain consistency across grade levels across all elementary schools in BCSD. This ongoing collaboration allows us to strengthen instruction, ensure continuity from school to school, and provide meaningful learning experiences for all students.

2. Collaboration Examples: all schools swim at BHS, plans to go bowling this Winter, Disc Golf in the Spring, and 5th Grade Field Day!



NYSPHSAA Student Leadership Conference

Junior Khloe Franklin selected as one of 12 students from Section 9 to attend this conference in Albany!

Conference Schedule

Wednesday, April 15

- Arrive with your section at the Hilton Albany for overnight stay (if applicable)
- **7:45 PM** – Welcome Event

Thursday, April 16

- **7:30 AM** – Breakfast (Thank you to CP Sportswear!)
- **8:15 AM** – Welcome
- **8:30 AM** – *Human > Athlete: You Will Not Walk Alone* – Jeremy Thode
- **9:30–11:30 AM** – Breakout Sessions
- **11:30 AM** – Lunch
- **12:30–2:30 PM** – Breakout Sessions
- **2:30 PM** – NYSPHSAA SAAC Presentation & Closing Session
- **3:15 PM** – Depart

Breakout Sessions

Each session is 45 minutes and led by the following presenters:

- **Session #1:** *Getting to Where You Want to Be in Life Through Service*
Steve Webb, Team Up 4 Community
- **Session #2:** *Beyond the Game*
New York Army National Guard
- **Session #3:** *Whistle Wisdom: Building Respect Between Athletes and Officials*
Louie Stellato
- **Session #4:** *Life Beyond the Game: Mapping Your Next Chapter*
Omari Pearson



2025-2026 BCSD Athletic Program Participation



Fall Participation Totals (G+B)	Winter Participation Totals (G+B)
2024 Fall Total: 402	2024-2025 Winter Total: 284
2025 Fall Total: 407 (+5)	2025-2026 Winter Total: 307 (+23)

Girls Participation	Boys Participation	Athletic Program Participation Rates
Fall 2024: 199	Fall 2024: 203	Enrollment: BHS (824) + RMS (382) = 1,206
Fall 2025: 188 (-11)	Fall 2025: 219 (+16)	# in 2025 Fall Athletics: 407
Winter 2024-2025: 115	Winter 2024-2025: 169	% Participation: 33.7% of enrolled students (+.7%)
Winter 2025-2026: 119 (+4)	Winter 2025-2026: 188 (+19)	# in 25/26 Winter Athletics: 307
		% Participation: 25.4% of enrolled students (+2.4%)

Recommended 2026-2027 Budget Information



Coaching Stipends (+3K): Potential to add a new position

Equipment (+15K): Cheerleading Mats, Aquatics Equipment (NYS Required Starting Ledges), New Scorers Table @ BHS, Wall Pads for Wrestling Room

Athletic Supplies (+5K): Unified Uniforms for 3 Seasons, School Spirit Supplies (Signs and Banners)

PE Supplies (+5K): Adding additional funds to each building to assist with rising cost for the classroom

BOCES Services (+2K): Section 9 Dues Increase

2026-2027 BCSD Athletics Budget Information

	Budget	Budget
	2025-2026	2026-2027
Athletic Coaching Stipends	\$312,000	\$315,000 (+3K)
Athletic Chaperones	\$30,000	\$30,000
Equipment	\$90,000	\$105,000 (+15K)
Contractual Expenses	\$115,000	\$115,000
Athletic Supplies - BHS + RMS	\$65,000	\$70,000 (+5K)
PE Supplies - All Schools	\$10,000	\$15,000 (+5K)
BOCES Services	\$122,000	\$124,000 (+2K)
Community Services - Equipment and Supplies (Pool, Weight Room, Trainer)	\$45,000	\$45,000
Total	\$789,000	\$819,000 (+30K)

Looking Ahead...

This Year:

- College Athletic Commitment Ceremony - Revamped!
- Varsity Awards Ceremony
- JV Ice Cream Party
- Capital Project: Tennis, Baseball, Softball

Future Thoughts/Ideas:

- Bleachers on Opposite Side of Turf
- PE Electives @ BHS
- Intramurals @ BHS
- Updates to RMS Gymnasium
- Expand Health Education in RMS and Elementary Schools
- Continue to expand Weight Room Training
- JV Cheerleading & Girls Flag Football?

