



Syosset High School
Class of 2027
College
Planning Guide

Guidance Department



COLLEGE PLANNING GUIDE

Syosset High School Guidance Department **Telephone: 516-364-5686**

Mr. Christopher Ruffini
Assistant Principal

Guidance Counselors

Ms. Alison Barrett - abarrett@syossetschools.org
Ms. Jill Biblow – jbiblow@syossetschools.org
Ms. Lori Haubrich – lhaubrich@syossetschools.org
Ms. Jessica Korman – jkorman@syossetschools.org
Mr. Christopher Kozlowsky – ckozlowsky@syossetschools.org
Ms. Jessica Krefetz – jkrefetz@syossetschools.org
Ms. Jennifer Melis – jmelis@syossetschools.org
Mr. Jason Miller – jmiller02@syossetschools.org
Ms. Karen Rosenberg – krosenberg@syossetschools.org
Ms. Jennifer Saia – jsaia@syossetschools.org
Ms. Joanna Scordo – jscordo@syossetschools.org
Ms. Beth Waschitz – bwaschitz@syossetschools.org

COLLEGE TESTING CALENDAR

2026

IT IS ADVISABLE TO REGISTER WELL IN ADVANCE OF THE REGULAR REGISTRATION TO ENSURE THAT YOU ARE ASSIGNED TO YOUR FIRST CHOICE TEST CENTER.

<u>TEST</u>	<u>TEST DATE</u>	<u>REGULAR REGISTRATION DEADLINE</u>
ACT *	February 14, 2026	January 7, 2026
SAT *	March 14, 2026	February 27, 2026
ACT	April 11, 2026	March 6, 2026
SAT	May 2, 2026	April 17, 2026
SAT	June 6, 2026	May 22, 2026
ACT	June 13, 2026	May 8, 2026
ACT *	July 11, 2026	June 5, 2026

* THESE TESTS ARE NOT GIVEN AT SYOSSET HIGH SCHOOL

Syosset School Code.....335-443

SAT Test Center Number.....33-906

ACT Test Center Number.....199590

Apply online at: www.collegeboard.org and www.act.org.

ANTICIPATED FALL 2026 TEST DATES

Seniors may choose to take standardized tests in the fall.
Exact test and registration dates will become available in the spring.

TEST	TEST DATE
SAT *	August 15, 2026
ACT & Writing Option *	September 5, 2026
SAT*	September 12, 2026
PSAT	tbd
ACT & Writing Option *	October 24, 2026
SAT	October 3, 2026
SAT *	November 7, 2026
ACT & Writing Option *	December 5 2026
SAT *	December 5, 2026

*THESE TESTS ARE NOT GIVEN AT SYOSSET HIGH SCHOOL.

FACTORS TO CONSIDER IN SELECTING A COLLEGE

ACADEMICS

- What is the average freshman class size?
- What are the most popular/strongest majors?
- Does the college offer my major?
- Are there any unique programs (honors, combined programs, study abroad)?
- What types of additional services are provided by the school at no extra cost to the student (e.g. tutoring, career and personal counseling, study skills workshops, or job placement)?
- Is there a program for students with learning disabilities?

ADMISSION POLICIES

- What high school courses are required/recommended?
- Is there a test-optional procedure?
- What are Early Admission options?
- Are personal interviews required or allowed?
- Are there special requirements for certain majors?
- What is the criteria for accepting?
- Do you accept AP credits?
- Are certain programs more competitive to get into? le business, engineering

ABOUT THE COLLEGE

- What is the current student enrollment (undergrad/grad)?
- Where is the college located (city, suburb, rural)?
- What is the distance from home?
- What is the surrounding community like?
- From where do the majority of students come?
- Is the student population diverse?
- Are there virtual classes?

CAMPUS LIFE

- Is this a "suitcase school" where many students leave on the weekends?
- Are there sororities and fraternities on campus?
- What types of student activities are available?
- What athletic programs are available?
- What are housing options?
- Is housing guaranteed freshman year? All four years?

COLLEGE COSTS

- What is the cost of tuition? Room and board? Are there other fees?
- What is the difference in cost for in-state and out-of-state students?
- What scholarships are available?

FINANCIAL AID

- Do you have to file FAFSA/CSS Profile to qualify for scholarship?
- What percentage of students receive financial aid based on financial need?
- What are the financial aid application procedures and deadlines?
- When are financial aid applicants notified of their awards?
- Are there campus job/work study available?
- Which forms does the college require? FAFSA, CSS Profile, etc.

SPECIAL EDUCATION SERVICES VS. PROGRAMS

Students who receive special education services should compare college support options.

Disability Support Services	Disability Support Programs
Gives access to available resources for students with disabilities	Provides more in-depth services and accommodations, specifically designed for students with disabilities
Compliant	Comprehensive
Reasonable accommodations are made for the student.	Most common types are designed for students with learning disabilities and/or ADD/ADHD.
No separate application is required to receive disability support services assistance.	A separate or additional application and/or interview to receive assistance is required.
Documentation of disability is not required when applying.	Documentation of disability is required when applying to program.
WAIS/WISC reports are submitted after acceptance.	WAIS/WISC reports may be required with application.
No fees to use services	Additional fee above tuition may be charged
Strategy-based, learning skills assistance is provided by learning specialists.	Content tutoring may be supplied by tutors who are also disability specialists.
Outreach to faculty is limited to specific circumstances.	On-going interaction between faculty and disability support services staff may take place.
Students make their own appointments, which are recommended, but not required.	Appointment may be required and could be scheduled by university staff.

Roger Williams University

For more information, please see Syosset High School's
Student Support Services in College Workshop
Wednesday, March 4, 2026 at 7pm
SHS Library
 Booklets in Guidance with more information

THE COLLEGE VISIT

WHY VISIT? YOU CAN'T JUDGE A COLLEGE BY ITS WEBSITE.

A visit to a college campus enables you to form your own opinions regarding the academic program, social life and living environment of a college or university. Don't rely on hearsay. Get as much first-hand information as possible.

- **Register for an information session and tour**

WHEN IS THE BEST TIME TO VISIT THE CAMPUS?

The best way for you to learn about the educational programs, faculty, facilities, atmosphere, and spirit of a college is to visit the campus when classes are in session. If you cannot visit the campus during the school year, summertime is another possibility. Most college students are back by the end of August.

NOTE: IN ORDER FOR AN ABSENCE TO BE EXCUSED, THE STUDENT MUST PRESENT TO ATTENDANCE AN EMAIL OR LETTER FROM THE SCHOOL VERIFYING THE DATE OF THE VISIT.

WHAT SHOULD I LOOK FOR WHEN I VISIT THE COLLEGE?

Here are things you shouldn't miss while visiting a college. Take a look at this list before planning campus trips to make sure that you allow enough time on each campus to get a sense of what the school and the life of its students are really like.

- Have an interview with an admissions officer (where applicable) or your department of interest.
- Get business cards and names of people you meet for future contacts.
- Participate in a group information session at the admissions office.
- Sit in on a class of a subject that interests you.
- Talk to a professor in your chosen major or in a subject that interests you.
- Talk to coaches of sports in which you might participate.
- Read the student newspaper.
- Eat in the dining hall or food court.
- Ask a student what he/she likes about the college.
- Ask a student what he/she would change about the college.
- Ask a student what he/she does on weekends.

LETTERS OF RECOMMENDATION

Counselor letter will include information from:

1. Parent & Student Brag Sheets

- Counselor must have these forms on file. Any information included on this form will be used in the counselor recommendation letter.
- These forms can be found on the front table in the Guidance Office and online at Parent and Student Brag Sheet

2. SHS Supplemental Comment Forms Supplemental Form (optional)

- Students may ask a recommender to include comments in the counselor letter of recommendation, e.g., elective teachers, coaches, employers, mentors, volunteer or internship supervisors from grades 9-12.
- All comment forms **MUST** be returned to your guidance counselor by the first day of senior year.

3. Activities Sheet

Formal Teacher letter

1. Select two core academic teachers - math, science, social studies, English, world language (10th or 11th grade - consider which teachers know you/your work ethic best!)
2. Reach out to your teachers in person and ask if they would be willing to write a formal letter of recommendation for the college on your behalf.
3. If the teacher agrees, be sure to write a heartfelt thank you note. Ask the teacher if (s)he'd like any information from you that would be helpful. Some teachers have extensive forms/questions/essays for students to complete. If so, follow the exact instructions. If your teacher does not give you a specific task, I encourage you to voluntarily provide the teacher with a letter about your experience in the class.

PARENT BRAG SHEET

Dear Parent/Guardian,

Please help your counselor prepare your child's letter of recommendation by responding to the following:

1. If you had the opportunity to write to admissions about your child, what makes them stand out amongst their peers? Please share a paragraph to support this.
2. What strengths and/or personality traits does your child possess? Please share examples of when they demonstrated this.
3. Describe specific events from high school that have made you particularly proud of your child.
4. If applicable, provide an explanation of any family, health or other circumstance that has affected your child or their secondary school performance.

Please type your responses and return to me via email.

Thank you,
Your School Counselor

STUDENT BRAG SHEET

Dear Student,

Please help your counselor prepare your letter of recommendation by responding to the following questions with great detail. Please only include information you want your counselor to disclose to a college.

1. What are you most proud of (personal or academic) from high school?
2. What are your possible future career goals/college majors? What have you done outside of class to pursue them, i.e., internships, part-time jobs, community service, etc.?
3. Which extracurricular activities/community activities have been most meaningful to you and why? Have you assumed a leadership position?
4. Is there anything you would like me to communicate to a college on your behalf? Extenuating circumstances, things I don't know about you, special talents.

Please type your responses and return them to me via email.

Thank you,

Your School Counselor

SAMPLE STUDENT

sstudent@gmail.com 516-123-4567

70 South Woods Rd, Syosset NY 11791

HONORS & AWARDS

- National Honor Society (12)
- American Sign Language Honor Society (11-12)
- All-County Honorable Mention Soccer (11)
- AP Scholar (11-12)

ACTIVITIES

Soccer

Grades 9-12

- Varsity (11-12), Forward
- Junior Varsity (9-10), Goalie/Forward
- Co-Captain (10)
- Captain (9)
- Coaches Award (9)

Interact

Grades 9-12

- Community Service projects including snow removal for the elderly, food drives and adopt a highway program
- Assisted with organization of senior citizen prom

Adelettes

Grades 9-12

- Participate in weekly rehearsals and seasonal performances with four-part a cappella barbershop choir.
- Section leader for baritones, which includes recording the voice part and helping run lessons

VOLUNTEER EXPERIENCES

Volunteer at Northwell Health

Grades 11-12

- Performed administrative work in Business Office/Hyperbaric & Wound Care
- 3 hours/week during school year; 20 hours/week summers

WORK EXPERIENCE

Grades 10-12

Bounce! Family Entertainment Center, Syosset NY

- Supervise children on trampolines, adventure course, laser tag and bumper cars
- Responsible for running birthday parties, handing out pizza, cake and party favors



Activities Sheet

Last Name

First Name

Awards and Honors:

Award	Reason for Award	Grades
EX: Honor Roll	Received a 90+ average	9-12

Athletics:

Team	Position/Leadership Role	Grades
EX: Girls Varsity Volleyball Team	Varsity Captain; Outside Hitter	9-12

Extracurricular Activities: Any involvement with clubs/organizations (either in or out of school)

Organization/Club	Position/Leadership Role/ Honors	Grades
EX: Spanish Club	Secretary	9-12



Community Service/Volunteer Work:

Position	Name of Organization	Grade	Hours	Description
EX: Volunteer	Jones Beach Nature Center	11-12	10	Beach clean up

Work Experience:

Employer	Grades	Job Title/Position	Duties
EX: Ralph's Ice	11-12	Cashier	Responsible for customer service, register

The above information is true and accurate to the best of my knowledge.

Signature

ADMISSIONS OPTIONS

Please read guidelines and restrictions for each school carefully as things are always change from year to year.

EARLY ACTION: (EA)

- Deadlines vary. Receive decision in Mid-December or January.
- Non-Binding: If accepted, student **DOES NOT HAVE TO ATTEND**.
- Commitment day is May 1.
- A student may apply to other schools without restrictions.

EARLY DECISION I & II: (EDI/EDII)

- **ED I:** Deadline ranges from October 15 - November 15. Receive decision by mid-December.
- **ED II** (only some schools offer this option): Deadline approximately January 1-15. Receive decision in February.
- If accepted, the decision is **BINDING** and you **MUST** attend and withdraw any applications sent to other schools.

ROLLING ADMISSIONS:

- Accepts applications on an ongoing basis beginning in August.
- The earlier you apply, the earlier you hear, **THE BETTER YOUR CHANCES ARE FOR ACCEPTANCE!**
- A student may apply to other schools without restrictions.
- Commitment day is May 1.

REGULAR DECISION: (RD)

- Deadlines usually range from December 1 – February 1. College will notify student by April 1 with decision.
- Student may apply to other schools without restrictions.
- Commitment day is May 1.

RESTRICTIVE EARLY ACTION (REA) SINGLE CHOICE EARLY ACTION:

- Institutions with these Early Action plans place restrictions on student applications to other early plans.
- Institutions will clearly articulate these restrictions in their policies and agreements.

Some schools may offer Priority Deadline to be considered for scholarships

How to Write an Effective Essay

The college essay gives you a chance to use your authentic voice and show your personality. It's an excellent opportunity to personalize your application beyond your academic credentials.

1. Start Early.

Few people write well under pressure. Many advisers recommend starting as early as the summer before your senior year in high school. That way, you have ample time to think.

You don't have to work on your essay every day, but you'll want to give yourself time to revise and edit.

2. Understand the Prompt and Instructions.

Before you begin, take time to understand what the college wants from you. Look at the prompt, consider the required word count, and note any unique details each school wants.

3. Create a Strong Opener.

Finding the right words to start can be the hardest part. The opening sentence sets the stage for the rest of your piece. The introductory paragraph is what piques the interest of the reader, and it can immediately set your essay apart from the others.

4. Stay on Topic.

If you're applying to many colleges, it's easy to veer off course with so many application essays and try to fit previously written essays into the mold of another college's requirements. The result is usually a final piece that's generic, unfocused, or confusing.

5. Think About Your Response.

Don't try to guess what the admissions officials want to read. Your essay will be easier to write—and more exciting to read—if you're genuinely enthusiastic about your subject.

6. Focus on You.

Essay prompts typically give you plenty of latitude, but panel members expect you to focus on a subject that is personal (although not overly intimate) and particular to you. Admissions counselors say the best essays help them learn something about the candidate that they would never know from reading the rest of the application.

7. Stay True to Your Voice.

Use your usual vocabulary. Avoid fancy language you wouldn't use in real life. Imagine yourself reading this essay aloud to a classroom full of people who have never met you. Keep a confident tone.

8. Be Specific and Factual.

Capitalize on real-life experiences. Your essay may give you the time and space to explain why a particular achievement meant so much to you. But resist the urge to exaggerate and embellish. Admissions counselors read thousands of essays each year. They can easily spot a fake.

9. Edit and Proofread.

When you finish the final draft, spell and grammar check. Then don't read your essay for a few days. You'll be more apt to spot typos and awkward grammar when you reread it. After that, ask a teacher, parent, or college student (preferably an English or communications major) to give it a quick read. While you're at it, double-check your word count.

Writing essays can be daunting, but it doesn't have to be!

COMMON APPLICATION ESSAY PROMPTS

(Subject to Change)

Choose one essay question which will go to every school (650 words maximum).
Individual colleges may require additional supplements of similar length.

1. Some students have a background, identity, interest, or talent that is so meaningful they believe their application would be incomplete without it. If this sounds like you, then please share your story.
2. The lessons we take from obstacles we encounter can be fundamental to later success. Recount a time when you faced a challenge, setback, or failure. How did it affect you, and what did you learn from the experience?
3. Reflect on a time when you questioned or challenged a belief or idea. What prompted your thinking? What was the outcome?
4. Reflect on something that someone has done for you that has made you happy or thankful in a surprising way. How has this gratitude affected or motivated you?.
5. Discuss an accomplishment, event, or realization that sparked a period of personal growth and a new understanding of yourself or others.
6. Describe a topic, idea, or concept you find so engaging that it makes you lose all track of time. Why does it captivate you? What or who do you turn to when you want to learn more?
7. Share an essay on any topic of your choice. It can be one you've already written, one that responds to a different prompt, or one of your own design.

Be aware that many colleges require additional supplemental essay(s) to obtain greater details about the applicant.



CUNY Admission Profile: Freshman Fall 2025

FOUR-YEAR COLLEGES	General Admission High School Average ¹	SEEK/College Discovery High School Average ²
Baruch College	92.9	84.5
Brooklyn College	90.2	81.2
The City College of New York	90.3	80.8
The Sophie Davis Biomedical Education Program/CUNY School of Medicine	95.0	—
Hunter College	91.4	86.7
John Jay College of Criminal Justice	89.0	80.3
Lehman College	89.4	80.0
Macaulay Honors College	96.6	—
Medgar Evers College ³	79.3	74.7
New York City College of Technology ³	81.9	75.3
Queens College	90.1	80.6
College of Staten Island ³	87.9	73.4
York College	85.5	77.6
COMMUNITY COLLEGES		
Borough of Manhattan Community College	77.9	71.3
Bronx Community College	77.3	74.4
Guttman Community College	75.3	—
Hostos Community College	77.0	71.4
Kingsborough Community College	77.6	72.1
LaGuardia Community College	77.8	69.1
Queensborough Community College	78.1	73.5

¹ Excludes applicants admitted through the Opportunity for Student Success (OSS) program and applicants admitted conditionally. ² Consists of admitted applicants meeting the SEEK/CD income criteria who are in the SCD1 or SCD2 student groups, or who are in the SEEK or CD student groups. Admits in one of the above groups and in the ASAP student group have been excluded. ³ Includes applicants admitted to both associate and baccalaureate degree programs.

CAMPUSES OF THE STATE UNIVERSITY OF NEW YORK





ADMISSIONS INFORMATION SUMMARY - 2025

Campus Name	REGULAR ADMISSION		HONORS ADMISSION		EOP ADMISSION	
	Undergraduate Enrollment	H.S. GPA	Freshman Enrollment	H.S. GPA	Freshman Enrollment	H.S. GPA
University Centers and Doctoral Degree Granting Institutions						
University at Albany +	12,666	89-96	384	92-98	160	83-89
Binghamton University	14,668	93-98	535	95-99	175	90-94
University at Buffalo	20,362	91-98	590	97-100	230	84-88
Stony Brook University +	18,233	92-98	395	96-99	209	85-89
NYS Ceramics at Alfred University +	449	85-95	21	90-99		77-81
SUNY Polytechnic Institute	1,973	89-94			36	79-82
College of Optometry	Graduate only					
Cornell University:					29	92-97
Agriculture & Life Sciences +	4,110					
Human Ecology +	1,311					
Veterinary Medicine +	Graduate only					
Industrial & Labor Relations +	1,015					
Environmental Science & Forestry	1,843	89-96	37	96-99	17	82-86
SUNY Downstate Health Sciences Univ	293					
Upstate Medical University (Syracuse)	166					
University Colleges						
SUNY Brockport	5,816	86-94	150	95-98	75	82-87
Buffalo State University +	5,205	83-92	201	92-96	123	79-82
SUNY Cortland +	5,911	92-96	30	98-100	44	80-84
SUNY Fredonia +	2,771	85-95	110	95-99	30	75-85
SUNY Geneseo	3,881	92-98			128	74-89
SUNY New Paltz +	6,197	90-96	36	94-99	150	81-88
SUNY Old Westbury	4,260	82-92			79	74-78
SUNY Oneonta +	4,681	88-96			120	80-84
SUNY Oswego	5,517	88-97	148	93-99	130	76-81
SUNY Plattsburgh +	3,825	83-94	80	93-98	89	75-81
SUNY Potsdam	1,831	85-95			28	77-79
Purchase College	3,257	88-96			80	79-83
Empire State University	8,395				20	
Colleges of Technology						
Alfred State +	3,572	82-92			50	76-81
Baccalaureate only	1,701	84-93				
SUNY Canton +	2,861	82-91	15	89-95	32	72-79
Baccalaureate only	2,113	83-92				
SUNY Cobleskill	1,889	80-91	50	90-97	32	73-76
Baccalaureate only	1,701	82-92				
SUNY Delhi	2,809	82-90	50	90-93	80	71-74
Baccalaureate only	730	82-90				
Farmingdale State College +	10,007	82-91	26	91-97	40	75-83
Baccalaureate only	8,217	84-92				
Maritime College	1,285	86-93			17	82-90
Baccalaureate only	91	87-95				
SUNY Morrisville	2,044	80-88			110	71-77
Baccalaureate only	935	81-87				

The GPA ranges shown in the chart are estimates. Students who fall outside these ranges should not be discouraged from applying.

2026-27 EOP Income Eligibility

Household Size	Eligible Income
1	\$28,953
2	\$39,128
3	\$49,303
4	\$59,478
5	\$69,653
6	\$79,828
7	\$90,003
8	\$100,178*

*For families/ households with more than 8 persons, add \$10,175 for each additional person.

1.800.342.3811
www.suny.edu
/attend

askSUNY@suny.edu

+Contains 2024 Data.

Not Offered

ON-SITE COLLEGE EVALUATIONS

ON-SITE COLLEGE EVALUATIONS TAKE PLACE DURING SENIOR YEAR IN THE MONTHS OF NOVEMBER AND DECEMBER IN THE GUIDANCE RESOURCE CENTER.

- Evaluations last approximately 10 minutes.
- In most cases, a student is given an **immediate** acceptance decision by the admissions counselor. In certain instances, such as when a student is applying for a special program (for example, St. John's University Pharmacy Program), the application may be brought back to the college for further review by a committee.

In the 2025-2026 school year, the following virtual college admissions meetings for Syosset High School students took place for on-site evaluations:

SUNY Oneonta
Molloy University
Hofstra University
Long Island University- Post
Adelphi University
SUNY Farmingdale
St. John's University

The on-site evaluations offer students a great FREE opportunity to meet with college admissions counselors without leaving the high school.

COLLEGES WITHIN COMMUTING DISTANCE

Address all correspondence to the Admissions Office.
Additional information about these schools is available in the Guidance Resource Center.

Adelphi University – www.adelphi.edu

Levermore Hall Room 110
1 South Avenue
Garden City, NY 11530

LIU/Post - www.liu.edu

720 Northern Blvd.
Brookville, NY 11548-1300

CUNY Baruch College – www.baruch.cuny.edu

One Bernard Baruch Way
New York, NY 10010-5585

Manhattan University – www.manhattan.edu

Manhattan College Admissions Office
4513 Manhattan College Parkway
Riverdale, NY 10471

CUNY Brooklyn College – www.brooklyn.cuny.edu

2900 Bedford Avenue
Brooklyn, NY 11210

Molloy College – www.molloy.edu

1000 Hempstead Avenue
Rockville Centre, NY 11571

CUNY Hunter College – www.hunter.cuny.edu

695 Park Avenue
New York, NY 10021

Nassau Community College – www.ncc.edu

One Education Drive
Garden City, NY 11530-6793

CUNY Queens College – www.qc.cuny.edu

Jefferson Hall Lobby
65-30 Kissena Blvd.
Flushing, NY 11367

New York Institute of Technology – www.nyit.edu

Old Westbury Campus

Gerry House
Northern Blvd.
PO Box 8000
Old Westbury, NY 11568

CUNY York College – www.york.cuny.edu

94-20 Guy R. Brewer Blvd.
Jamaica, NY 11451

Pace University - www.pace.edu

One Pace Plaza
New York, NY 10038

Five Towns College – www.ftc.edu

305 North Service Road
Dix Hills, NY 11746-6055

Saint Joseph University – www.sjcny.edu

Patchogue Campus	Brooklyn Campus
155 West Roe Blvd.	245 Clinton Avenue
Patchogue, NY 11772	Brooklyn, NY 11205

Fordham University – www.fordham.edu

Rose Hill Campus
441 East Fordham Road
Bronx, NY 10458

St. Johns University - <https://www.stjohns.edu/>

8000 Utopia Parkway
Queens, NY 11439

Hofstra University – www.hofstra.edu

100 Hofstra University
Hempstead, NY 11549-1000

STUDENT-ATHLETES

****Programming***

Please note that **Analyzing Children's Literature, Literature through Cinema, Communications Today, Applied Math and Math Functions** do **NOT** meet the NCAA eligibility requirement.

NCAA Eligibility Center

A central eligibility center will certify your athletic eligibility for Divisions I and II. Here is some important information that will assist you. Registration should be filed **after** completion of grade 11.

If you are planning to play at the Division III level, you should still complete the NCAA Clearinghouse form. Although a Division III athlete is not required to register with the NCAA Eligibility Center, it may be in his/her best interest to register with the Eligibility Center if Division I or Division II schools are being considered.

Certification

If you intend to participate in Division I or II athletics, you **MUST** register and be certified by the NCAA Initial-Eligibility Center. Refer to the Academic Eligibility and Core Course information that follows to determine initial-eligibility standards that apply to you.

Eligibility Center Registration Materials

File on-line at www.eligibilitycenter.org. There is a registration fee.

Eligibility Center Registration On-Line:

- Go to website www.eligibilitycenter.org.
- Complete application. Pay fee by credit card.
- Complete a transcript request form and bring it to your counselor to send your transcript.
- High school will send a copy of final transcript after graduation.
- Address: NCAA Eligibility Center
Certification Processing
PO Box 7136
Indianapolis, IN 46202

Fee Waivers

You are eligible for an Eligibility Center fee waiver if you have previously qualified for and received a waiver of the ACT or SAT fee.

Test Scores

To be certified, you also must submit your ACT or SAT scores to the Eligibility Center. You must have your scores sent directly from the testing agency to the Eligibility Center. You can have your scores sent directly to the Eligibility Center by inputting code 9999.

Initial-Eligibility Standards

If you want to compete in NCAA sports, you need to register with the NCAA Eligibility Center at eligibilitycenter.org. Plan to register before your freshman year of high school. For more information on registration, visit on.ncaa.com/RegChecklist.

Academic Requirements

Division I and II schools require you to meet academic standards. To be eligible to practice, compete and receive an athletics scholarship in your first year of full-time enrollment, you must meet the following requirements:

Division I

1. Earn 16 NCAA-approved core-course credits in the following areas:

ENGLISH	MATH (Algebra I or higher)	SCIENCE (including one year of lab, if offered)	EXTRA (English, math or science)	SOCIAL SCIENCE	OTHER Any area listed to the left or courses listed in additional discipline (world language, comparative religion or philosophy)
4 years	3 years	2 years	1 year	2 years	4 years

2. Complete your 16 NCAA-approved core-course credits in eight academic semesters or four consecutive academic years from the start of ninth grade. If you graduate from high school early, you still must meet core-course requirements.
3. Complete 10 of your 16 NCAA-approved core-course credits, including seven in English, math or science, before the start of your seventh semester. Once you begin your seventh semester, any course needed to meet the 10/7 requirement cannot be replaced or repeated.
4. Earn a minimum 2.3 **core-course GPA**.
5. Ask your high school counselor to upload your **final official transcript** with proof of graduation to your Eligibility Center account.

Division II

1. Earn 16 NCAA-approved core-course credits in the following areas:

ENGLISH	MATH (Algebra I or higher)	SCIENCE (including one year of lab, if offered)	EXTRA (English, math or science)	SOCIAL SCIENCE	OTHER Any area listed to the left or courses listed in additional discipline (world language, comparative religion or philosophy)
3 years	2 years	2 years	3 years	2 years	4 years

2. Earn a minimum 2.2 **core-course GPA**.
3. Ask your high school counselor to upload your **final official transcript** with proof of graduation to your Eligibility Center account.

Division III

While **Division III schools** set their own admissions and academic requirements, **international student-athletes** (first-year enrollees and transfers) who are enrolling at a Division III school after Aug. 1, 2023, must be certified as an amateur by the Eligibility Center. Contact the Division III school you plan to attend for more information about its academic requirements.



ELIGIBILITY CENTER

QUICK FACTS ABOUT FINANCIAL AID

GRANTS: Need-based and do not have to be repaid

The following are GRANTS:

- Institutional Grants
- Federal Pell Grants
- Tuition Assistance Program (TAP)
- Federal Supplemental Education Opportunity Grants
- Teacher Education Assistance for College and Higher Education (TEACH)
- Iraq and Afghanistan Service Grants
- Excelsior Scholarship
- Enhanced Tuition Award (ETA)

SCHOLARSHIPS: Merit-based and do not have to be repaid

Scholarships are awarded yearly, may require separate applications, and student may need to maintain GPA. Scholarships are available for special talents, athletics, leadership, specific major, community service, work-related, civic organizations, situational (i.e., Medical, 9/11).

LOANS: Must be repaid and include the following:

- Federal Stafford Loan
- Parent Plus Loan
- Perkins Loan
- Commercial Lenders

WORK STUDY: Need-based, awarded yearly, maximum 20 hours/week

SUGGESTIONS FOR A SUCCESSFUL COLLEGE, INTERNSHIP OR JOB INTERVIEW

TIPS:

- Do your research. Know specific things about the college, internship, or job.
- Dress appropriately.
- Be on time.
- Smile, be positive and sincere.
- Shake hands with the interviewer. Say, "Thank you for taking the time to meet with me today".
- Make eye contact. This shows you're interested and confident.
- Be able to articulate your goals and values.
- Send a thank you note or e-mail.
- Be present. Disconnect from your phone/watch for the duration of the interview

SAMPLE INTERVIEW QUESTIONS:

1. Tell me about yourself.
2. Why are you interested in our college/internship/job?
3. What will you contribute to our college/internship/job?
4. Tell me about a challenge you overcame.
5. What do you do in your free time?
6. What is your favorite subject in high school?
7. Does your high school record accurately reflect your effort and ability?
8. If you could do one thing in high school differently, what would it be?
9. What are your goals? What is your dream job?

Always be prepared to ask questions. Asking questions demonstrates you did your research!

COLLEGE APPLICATION PROCESS CHECKLIST

Junior Year

- ___ Student Brag Sheet
- ___ Parent Brag Sheet
- ___ Extracurricular Profile
- ___ Activities Resume
- ___ Ask two teachers to write a formal recommendation
- ___ Research Colleges – Fairs, SHS College Night, Naviance
- ___ Campus Tours, Info Sessions
- ___ Attend Naviance Counselor Groups
- ___ Attend College Essay Presentation

Summer

- ___ *Create a Common Application account*
www.commonapp.org
- ___ MATCH *Naviance* and Common App after completing FERPA in Common Application
- ___ Create a balanced list of colleges
- ___ Keep track of all deadlines
- ___ Attend College Boot Camp in August, if desired (registration information emailed late July)
- ___ Start writing essays and supplemental essays if required by specific colleges

SENIOR YEAR

- ___ Finalize College List
- ___ Keep track of all deadlines
- ___ Attend Interview Skills Workshop if desired
- ___ Attend the College Essay Workshop, if desired