



BALDWIN PAL 2026 SPRING SPORTS

REGISTRATION IS OPEN FOR THE FOLLOWING SPORTS

Cheerleading, Lacrosse Clinic, Soccer and Tennis

Website: www.baldwin-pal.org, Instagram: [@baldwin.pal](https://www.instagram.com/baldwin.pal)

Email: Baldwinpalinfo@gmail.com, Phone: **516-623-3111**

- **Members:** Watch your email for the link.
- **Not a Member?** Sign up on our website.
- **Register early** to help us plan teams and coaches.
- Programs may be canceled if there's not enough interest or if we don't have enough coaches.

- **CHEERLEADING** (Girls only): 1st – 6th grade – To start on March 14th. It will be held on Saturday mornings at the Baldwin District Office at 960 Hastings Street, Baldwin NY 11510. *Cost: \$90 (No Family Plan)*
- **LACROSSE CLINIC** (Boys only): 1st – 4th Grade – Three session clinic to introduce the game of lacrosse. Sessions will be held on Saturday afternoons from 2:00pm – 3:00pm on the backfield at the Baldwin District Office. The session dates will be April 25th, May 2nd, and May 9th. *Cost: \$40 (No Family Plan)*
- **SOCCER:** 2nd – 6th grade – Games will start mid-April and end by mid-June. Games will be held at the Milburn School on Saturday and Sunday mornings. *Cost: \$100; Uniform (if needed): \$40; Family Plan (each additional child \$90)*
- **PEE WEE SOCCER:** Kindergarten and 1st grade – Sessions will start mid-April and end by mid-June. Sessions will be held at the Milburn School on Saturday and Sunday mornings. *Cost: \$90 (No Family Plan)*
- **INSTRUCTIONAL TENNIS:** Ages 6 – 17 – No experience required. Perfect for kids who are new to the sport or are still learning the basics. The spring session will start on April 18th. The sessions are on Saturday afternoons at Sportime, Lynbrook. *Cost: \$145 (No Family Plan)*
- **TENNIS DEVELOPMENT PROGRAM:** Ages 8 – 17 – This is an eight-week program for players who have tennis experience and want to further develop their game through match play and structured training. Space is limited. The sessions will be held on Tuesday and Thursday evenings starting on May 5th, at Baldwin Middle School. *Cost: \$290 (No Family Plan)*

*** PAL follows guidelines of Nassau County and the CDC ***

Neither this material, nor the content thereof, are sponsored or endorsed by the Baldwin Union Free School District and its officials. For Questions or Additional Information please email BaldwinPALInfo@gmail.com

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