

# RIPTIDES SWIM TEAM



GLEASON FAMILY YMCA  
RIPTIDES SWIM TEAM

## SPRING SWIM CONDITIONING

Curious about competitive swimming? Come check us out at the Gleason Family YMCA in Wareham, MA. We're a fun, supportive team where swimmers build skills, gain confidence, and make great friends.

### Who can join?

- Ages 5–18 – must be 6 years old by 12/1/26
- No prior swim team experience needed
- Must be able to swim one length of the pool

### What to Expect:

- Flexible practice schedule
- Experienced, encouraging coaches
- Positive team environment

### When and how do we start?

- All swimmers new to the team must participate in a swim evaluation on April 13<sup>th</sup> or 14<sup>th</sup> to ensure safe participation and proper practice group placement
- Spring practices run April 27 – June 21



**Come see what swim team is all about!**

Contact the coaching staff  
for more information:

[gfyriptides@ymcasc.org](mailto:gfyriptides@ymcasc.org)

**SCAN TO REGISTER  
FOR AN EVALUATION**



**YMCA SOUTHCOAST**

[ymcasc.org](http://ymcasc.org)