

## Seizure Action Plan

See: [Epilepsy Foundation: Seizure Action Plan](#) for a fillable PDF.

Alternatively, “Seizure Management Care Plan” from the student’s neurologist will be accepted in lieu of the linked form, if desired. **Please ensure that the form has a parent/guardian signature, as well as the healthcare provider’s signature.**

### Instructions

- **Please read and discuss Lakeside’s medication policy, including self-carry and self-administration expectations, with your student. [family handbook linked here**
- Lakeside follows Washington State safety standards for students with life-threatening conditions (RCW 28A.210.320). Students prescribed medications for epilepsy or seizure management are considered to have a life-threatening condition and must have a Seizure Action Plan on file with the school.
- Emergency medications must be carried by the student or provided to the school nurse before the first day of school. Students may be excluded until required documentation and medication are received; families will be notified prior to exclusion.
- An Action Plan applies during school hours, Washington-based field trips, and summer programs. Extended, outdoor, or after-hours activities are not automatically covered and require additional planning; families are responsible for medication access.
- Medications must be in the **original container** and labeled with the **student’s name, medication name/strength, dosage, timing, and duration.**

**Students requiring only seizure medications must complete a Seizure Action Plan. Students who require additional prescription or over-the-counter medications (e.g., prescription or over-the-counter drugs) must also complete the “Medication at Lakeside School” form.**

**An authorized medication form must be completed and on file at the student’s school, before medication can be stored or administered.**

UPPER SCHOOL STUDENTS	MIDDLE SCHOOL STUDENTS
<b>ATTN:</b> Joy Irvin, All-School Nurse <b>PHONE:</b> (206)440-2906 <b>FAX:</b> (206)360-5092 <b>EMAIL:</b> <a href="mailto:nurse@lakesideschool.org">nurse@lakesideschool.org</a>  <b>Lakeside School</b> ADDRESS: 14050 1st Ave NE, Seattle, WA 98125	<b>ATTN:</b> Alexis Mee, Middle School & After-School Nurse <b>PHONE:</b> (206)440-2924 <b>FAX:</b> (206)360-5092 <b>EMAIL:</b> <a href="mailto:nurse@lakesideschool.org">nurse@lakesideschool.org</a>  <b>Lakeside Middle School</b> ADDRESS: 13510 1st Ave NE, Seattle, WA 98125