TRANSITION TO HIGH SCHOOL

Topics include:
The Trimester Schedule, Transcripts, Graduation Requirements,
Progress Reports Options, Extracurricular Activities



Presented by the Spring Lake High School Counselors:
Ann Henke, Julia Smith, and Naomi Van Singel

Spring Lake High School
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TABLE OF CONTENTS

Student / Counselor Assignments……..…..Page 1

Trimester Time Schedule…….Page 2

Graduation Requirements……...…Page 3

Importance of the 4-Year Plan……....Page 4

Student Course Selection and 4-Year Plan……....Pages 5-6

Sample Transcript…….……..……Page 7

Progress Reports……...Page 8

Sample Student Schedule……..…...Page 9

Extracurricular Activities……..Page 10

Athletics……...Page 11

College Credit Opportunities…….Page 12

FAQ……..Page 13



STUDENT/COUNSELOR ASSIGNMENTS

Spring Lake High School
16140 148th Avenue
Spring Lake, Michigan 49456

Ms. Van Singel ..... A - I
nvansingel@springlakeschools.org

Mrs. Smith ..... J - R
jlsmith@springlakeschools.org

Ms. Henke…….. ..... S - Z
ahenke@springlakeschools.org

Mrs. Zacek……..Registrar
pzacek@springlakeschools.org

SLHS counselors are here to help all students plan, monitor, and manage their own learning as well as their personal and career development.

A counselor is available should a student experience difficulty in classes or wish to discuss issues of a social or personal nature. The counselor will work with students individually on any problems they might have adjusting to school situations.

Students and parents are encouraged to contact the Counseling Department for an appointment when situations arise which may affect school performance.

HIGH SCHOOL COUNSELING OFFICE HOURS:
7:00 A.M. - 3:00 P.M.
846-5505

SPRING LAKE HIGH SCHOOLTRIMESTER TIME SCHEDULE
REGULAR DAY

First Hour	**7:40 - 8:52**	**(72 Minutes)**
Second Hour	**8:58 - 10:11**	**(73 Minutes)**
Lunch 1	**10:11 - 10:41**	**(30 Minutes)**
Third Hour A	**10:17 - 11:29**	**(72 Minutes)**
Third Hour B	**10:47 - 11:59**	**(72 Minutes)**
Lunch 2	**11:29 - 11:59**	**(30 Minutes)**
Fourth Hour	**12:05 - 1:17**	**(72 Minutes)**
Fifth Hour	**1:23 - 2:35**	**(72 Minutes)**

SPRING LAKE HIGH SCHOOL TRIMESTER TIME SCHEDULE
SEMINAR DAY

First Hour	**7:40 – 8:40**	**(60 Minutes)**
Second Hour	**8:46 – 9:47**	**(61 Minutes)**
Third Hour	**9:53-10:53**	**(60 Minutes)**
Fourth Hour and Lunch	**12:23 – 1:26**	
A Lunch	**10:53 – 11:23**	**Fourth Hour 11:29 – 12:29**
B Fourth Hour	**10:59 – 11:59**	**Lunch 11:59 – 12:29**
Seminar	**12:35 – 1:29**	**(54 Minutes)**
Fifth Hour	**1:35 – 2:35**	**(60 Minutes)**

SPRING LAKE HIGH SCHOOL GRADUATION REQUIREMENTS

CLASS OF 2030

English	4.0
Math	4.0
Science	3.0
Social Studies	3.0
Physical Education/Health	1.0
Personal Finance	0.5
Visual, Performing or Applied Art	1.0
World Language	2.0
Electives	9.0
Total Credits	**27.5**

Students have:

- 5 classes per day
- 15 classes per year

Students earn:

- 2.5 credits per 12 week term
- 0.25 credit for full year of Seminar
- 7.75 credits per year

RECOMMENDED COURSES FOR POST SECONDARY EDUCATON/TRAINING

English – 4 years

Science – 3-4 years

Math – 3-4 years

Social Studies – 3-4 years

Foreign Language – 2-3 years (of the same language)

Fine & Performing Arts – 2 years

A 4-year plan, sometimes called an Education Development Plan, is a tentative list of required and elective courses that a student plans to take in high school.

IMPORTANCE OF A 4-YEAR PLAN

- To be sure that you have all necessary credits to graduate.
- To ensure that all required courses will be taken.
- As a guide when planning and working toward a career goal.
- As a constant, written reminder of what you need to do each year to stay on track as you work toward your educational and career goals.
- Should include challenging core classes and courses from different content areas.
- Is not carved in stone! It will change as your interests and goals change.
- Will be revised and updated annually.

This form should be used as a worksheet before registering for classes online. It also must be completed and turned in to your guidance counselor.

4-YEAR PLAN (EDP) - COURSE SELECTIONS 2026 – 2027

Name_____Grad Year_____ Date_____

REQUIREMENTS

English	4.0
Math	4.0
Science	3.0
Social Studies	3.0
Personal Finance	0.5
Physical Education/Health	1.0
Visual/Perform/Applied Arts	1.0
World Language	2.0
Electives	9.0
TOTAL CREDITS	**27.5**

9TH GRADE	10TH GRADE
1. English 9 (A)	**1. English 10 (A)**
2. English 9 (B)	**2. English 10 (B)**
3. _____Algebra I (A) or _____Geometry (A)	**3. English 10 (C)**
4. _____Algebra I (B) or _____Geometry (B)	**4. ._____Algebra II (A) or _____Geometry (A)**
5. _____Algebra I (C) or Elective_____	**5. _____Algebra II (B) or _____Geometry (B)**
6. Biology (A)	**6. Earth Science _____**
7. Biology (B)	**7. Economics_____**
8. Foundations of Chemistry/Physics	**8. Government /Civics**
9. US History (A)	**9. Health**
10. US History (B)	**10. World Language_____**
11. World Language_____	**11. World Language_____**
12. World Language_____	**12. _____**
13. _____	**13. _____**
14. _____	**14. _____**
15. _____	**15. _____**
Alt _____	**Alt _____**
Alt _____	**Alt _____**
If 1st year World Language was taken in 8th grade, schedule 2nd year as a freshman.	**If 1st year World Language was taken as a freshman, schedule 2nd year as a sophomore.**
(MUST BE SAME LANGUAGE)	**(MUST BE SAME LANGUAGE)**

NOTE: All typed classes are required for graduation.

OVER

This form should be used as a worksheet before registering for classes online. It also must be completed and turned in to your guidance counselor.

4-YEAR PLAN (EDP) - COURSE SELECTIONS 2026 – 2027

Name_____Grad Year_____ Date_____

REQUIREMENTS

English	4.0
Math	4.0
Science	3.0
Social Studies	3.0
Personal Finance	0.5
Physical Education/Health	1.0
Visual/Perform/Applied Arts	1.0
World Language	2.0
Electives	9.0
TOTAL CREDITS	**27.5**

11th GRADE	12TH GRADE
1. _____English 11 A or _____AP English Lang A*	1. _____Lecture Contemporary History or
2. _____English 11 B or _____AP English Lang B*	_____Contemporary History
3. _____Algebra II (A) or _____	2. ___Eng 12 A* or ___AP Lit A*or ___AP Lang A
4. _____Algebra II (B) or _____	3. ___Eng 12 B* or __ AP Lit B* or ___AP Lang B
5. World History	4. Math**_____
6. Science***_____	5. Science***_____
7. Science***_____	6. Science***_____
8. Personal Finance (take once junior OR senior yr)	7. Personal Finance (take once junior OR senior yr)
9. _____	8. _____
10. _____	9. _____
11._____	10. _____
12._____	11._____
13. _____	12. _____
14. _____	13. _____
15. _____	14. _____
Alt _____	15. _____
Alt _____	Alt _____
	Alt _____

***If you are signing up for AP English, add C section to the next available slot.**
****If you are signing up for AP Calculus or AP Statistics, add C section to next available slot.**
*****Must be taken either junior or senior year.**

OVER

Laker Student 2026
BIRTH DATE: 02/29/2005
345 Hammond St
Spring Lake, MI 49456
PHONE: 616-402-2465

SPRING LAKE HIGH SCHOOL TRANSCRIPT

16140 148th Avenue
Spring Lake, MI 49456

	T1	T2	T3
25-26 Spring Lake High School			
Accounting I A	B 0.50		
AP Psychology A	B 0.50		
Band A	A 0.50		
English 12 A	B+ 0.50		
Human Anatomy & Physiology A	C 0.50		
Seminar	CR 0.00		
24-25 Spring Lake High School			
Algebra II A	C+ 0.50		
Algebra II B			C 0.50
Band A	A 0.50		
Band B		A 0.50	
Band C			A 0.50
Employability Skills A		A 0.50	
Employability Skills B			CR 0.50
English 11 A	C+ 0.50		
English 11 B			B- 0.50
Forensic Science			B+ 0.50
Intro to Foods	A 0.50		
Personal Finance		B+ 0.50	
Psychology		A 0.50	
SAT		A 0.50	
Seminar	CR 0.00	CR 0.00	CR 0.25
World History	C+ 0.50		
23-24 Spring Lake High School			
Amer Sign Lang II A (MVHS)	A- 0.50		
Amer Sign Lang II B(MVHS)		B+ 0.50	
Band A	A 0.50		
Band B		A 0.50	
Band C			A 0.50
Chemistry I A	C 0.50		
Chemistry I B			C 0.50
Earth Science	B- 0.50		
Economics		B- 0.50	
English 10 A		B+ 0.50	
English 10 B			C 0.50
Geometry A		B- 0.50	
Geometry B			C- 0.50
Government/Civics	A 0.50		B+ 0.50
Women's Health & Fitness	B 0.50		
22-23 Spring Lake High School			
Algebra I A		B+ 0.50	
Algebra I B	B+ 0.50		
Algebra I C			B 0.50
Amer Sign Lang I A (MVHS)	A 0.50		
Amer Sign Lang IB (MVHS)		A 0.50	
Band A		A 0.50	
Band B			A 0.50
Band C		B 0.50	
Biology A	A 0.50		
Biology B			A- 0.50
English 9 A			A 0.50
English 9 B	B+ 0.50	B+ 0.50	
Foundations of Chemistry/Physics			B+ 0.50
US History A			
US History B			

UIC: **1234567891**

Parents/Guardians: **Laker, Mom**
Laker, Dad

Credits Earned: **25.25**
GPA: **3.288**
Class Rank: **161 of 201**
Graduation Date: **May 27, 2026**

CODES

Early College=(EC)
Dual Enrollment=(DE)
Independent Study=(IS)
MI Virtual HS=(MVHS)
Tested Out = (T)

TRANSFER INFORMATION District

Entry Date: **09/04/2012**

Entry Comment:

Exit Comment:

Authorized Signature , Title *Date*



PROGRESS REPORTS

Most parents are already receiving or are accessing progress reports via PowerSchool. If your student is new to the district or you aren't receiving reports, please contact Mrs. Zacek in the Counseling Office at 616-846-5505 or pzacek@springlakeschools.org to receive instructions and your Access ID and Password to create a parent account on PowerSchool.

The parent account allows you to monitor your student's progress at your own convenience by accessing our website and logging into your parent account. With this access you will have the ability to check on your student's grades and attendance and contact teachers via email. You can also select the frequency of having reports and announcements emailed to you.

Spring Lake High School

2025-26 9th Grade Schedule

Graduation Year: 2029

Student ID:

Locker:
Locker Combination:

Address:

Email Address:
Password:

Your email account works with your school assigned Chromebook, Schoology, and PowerSchool

Period	Term	Course	Teacher	Room
1	T1	Computer Graphics	Andres, Aaron	605
2	T1	English 9 A	Sinn, Alexander	350
3	T1	Algebra I A	Hyde, Richard	430
4	T1	US History A	Ryan, Michael	520
5	T1	Biology A	Anderson, Seth	210
6	25-26	Seminar	Heavilin, Kelli	410
6	25-26	Seminar C	Anderson, Seth	210

Period	Term	Course	Teacher	Room
1	T2	Spanish II A	Westhoff, Laura	490
2	T2	English 9 B	Crawford, Jessie	400
3	T2	Algebra I B	Nieboer, Emily	460
4	T2	US History B	Warren, James	500
5	T2	Biology B	Anderson, Seth	210
6	25-26	Seminar	Heavilin, Kelli	410
6	25-26	Seminar C	Anderson, Seth	210

Period	Term	Course	Teacher	Room
1	T3	Nutrition & Wellness	Orleskie, Sarah	720
2	T3	Business Computer Applications	Binkley, David	810
3	T3	Algebra I C	Hyde, Richard	430
4	T3	Spanish II B	Valencia, Erika	550
5	T3	Foundations of Chemistry/Physics	Perrin, Megan	240
6	25-26	Seminar	Heavilin, Kelli	410
6	25-26	Seminar C	Anderson, Seth	210

Please contact your counselor if you are missing a class or have been incorrectly placed in a class. We do not accommodate class changes based on teacher requests or lunch schedules.

LUNCH: Please refer to postings in the Counseling and High School Office windows. You are assigned the same lunch as your third hour teacher.

Date Printed: March 4, 2026

SPRING LAKE HIGH SCHOOL EXTRACURRICULAR ACTIVITIES

Art Club ……..Mr. Zuelke
Astronomy Club ……Mr. Reinhard
Bass Fishing…….Ms. Crow
Boys Volleyball ……Mrs. Bulthuis
BPA (Business Pros) ……..…...Mrs. Heavilin/Ms. Henke
Chess Club ……Mr. Baker
Crew/Rowing ……..……...….Mr. Winter
DnD ……..Mrs. Halterman
Drama Club ……..…..Mrs. Chalupa
eSports…….…Mr. Reed
Euchre Club……..Mrs. Crawford
First Priority/FCA…….….Mrs. Gutierrez
Future Health Leaders ……Ms. Gannon
Girl-up ……..Mrs. Beebe/Mrs. Crawford
Interact ……Mrs. Baker/Mrs. Peterson
LGBTQ+ …….….Ms. Orleski
Line Dancing……Mr. Polet
Magic Men……Mr. Polet
Nature Club ……...…Mr. Sineath
NHS ……Mrs. Beebe/Mrs. Peppin
Peer Up ……...Mr. Sineath
Powerlifting Club ……..……..Mr. Rosema
Psychology Club……...Mr. Sineath
Quiz Bowl …….….Mr. Ryan
Sailing Team …….…..Mr. Frisinger
Sign Language Club……..……Mrs. Valencia
Ski Club ……Mrs. Thompson
Travel Club ……...Mr. Ryan/Mr. Sinn
World Language Club …...Mrs. Peterson/Mrs. Valencia/Mrs. Westhoff

ATHLETICS
Spring Lake High School

	MHSAA Fall Sports	Non-MHSAA Fall Sports
Girls	**Boys**	
Cross Country	Cross Country	Dance Team (B/G)
Field Hockey	Football	Rowing (B/G)
Golf	Soccer	Sailing (B/G)
Swim & Dive	Tennis	Sideline Cheer (B/G)
Volleyball		

	MHSAA Winter Sports	
Girls	**Boys**	**Non-MHSAA Winter Sports**
Basketball	Basketball	Dance Team (B/G)
Bowling	Bowling	Power Lifting (B/G)
Competitive Cheer	Competitive Ski	
Competitive Ski	Hockey	
Wrestling	Swim & Dive	
	Wrestling	

	MHSAA Spring Sports	Non-MHSAA Spring Sports
Girls	**Boys**	Rowing (B/G)
Lacrosse	Baseball	
Softball	Golf	
Soccer	Lacrosse	
Tennis	Track	
Track	Volleyball	

****

***Fall sports try-outs begin on Monday, August 10. More information at SLPSAthletics.com.**

Summer camps, clinics and other opportunities for improvement occur for many high school sports. Following spring break, contact the high school athletic office for a complete list of summer opportunities.

FINAL FORMS

All students who plan to participate in a sport must be compliant in the online platform Final Forms before practices start. This includes completing a sports physical. Physical forms may be picked up the Athletic Office, High School Office, Middle School Office and Superintendent's Office.

Note: Physicals after April 15 are good for the next year. Also, there is a one time $75 player fee that covers the entire school year.

College Credit Opportunities

- Early College (11th – 12th grade) + a 13th year at MCC
- Careerline Technical Center (11th – 12th grade)

- Advanced Placement (AP) Courses (9th – 12th grade)
- Dual Enrollment

Detailed information for each opportunity is available on the Spring lake High School Website under “Counseling Department”.

QUESTIONS AND ANSWERS

How do you know students will choose the correct classes?
Students will receive scheduling material at their meeting Monday, March 16th. They should complete a four-year plan with the assistance of parents. Current SL 8th grade students should bring these forms to school on March 19th. On March 19th, counselors will help students enter their requests into Power School. Those not currently attending SLMS and are Spring Lake School District residents need to complete the online enrollment application and return their form to the high school by March 21st. Please note that these are requests only. Requests will determine a master schedule, after which student schedules will be created.

What if my child is advanced in a particular subject? Can he/she sign up for a higher level class?
Mastery of specific content must be demonstrated before 9th grade students are permitted to advance. Testing out of a course is also required. Please make an appointment with a high school counselor to make this determination.

What if my child has a different teacher for the second part of a class? For example: Smith for English 9A and Moore for English 9 B?
Occasionally, factors like class availability, section numbers and class sizes do not allow teacher consistency.

Will my student get everything on his/her schedule that is requested? What if he/she doesn't?
Students will get the required classes for each grade. Some students will not get all of their elective choices.

How will students know which lunch they are assigned?
Your child's third hour teacher is assigned lunch 1 or lunch 2. This will also be your child's lunch time.

What if I want to request a teacher for my child?
We do not accept teacher requests at the high school.

My child is coming from a small private school and is very nervous about the transition. Will there be an opportunity for him/her to meet with a counselor and tour the school prior to August (besides Smart Start)?
Call the Counseling Office a 846-5505 to have a conversation or set up an appointment.

When will my child receive his/her schedule for next year?
Your student will receive his/her 9th grade schedule at the student orientation, Smart Start, in August.

Do I need to do anything in order to continue receiving email progress reports once my child begins 9th grade?
If your child is currently an 8th grade student at SLMS, the student's information remains the same and you will begin receiving reports probably a couple weeks after school begins. Please call the high school counseling office if you need to make changes. If your child is new to our district, please contact the counseling office to receive the parent access information to set up an account on Power School.