



## WEEK 3

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>SOUP OF THE DAY</b>	Cream of Vegetable	Pea & Ham	Butternut Squash, Ginger & Coconut	Red Thai Chicken	Roasted Red Pepper, Tomato & Thyme
<b>MAIN COURSE 1</b>	Sausage Roll, Chips & Beans	Pasta Bolognese With Garlic Bread	BBQ Pulled Pork, Roasted Peppers, Onions & Rice	Sausage, Mash & Carrots With Onion Gravy	Fish Fingers, Chips & Mushy Peas
<b>MAIN COURSE 2</b>	Cajun Chicken, Roasted Vegetables & Tomato Sauce With Rice	Roast Pork, Stuffing, Mash Broccoli & Gravy	Chicken Nuggets, Potato Wedges & Peas	Oriental Chicken & Rice Stir Fry	Chicken Curry With Rice (H, G.f)
<b>VEGETARIAN</b>	Roasted Courgette & Tomato Quiche	Cheesy Pasta Bake With Garlic Bread	Cajun Vegetable Burrito	Vegan Sausages, Mash, Carrots & Onion Gravy	Roasted Squash & Coconut Curry With Rice