

The Ashwaubenon Swim Club offers a one-week free trial—
come give our team and practices a try!

Swimmers must be able to swim 25 yards front crawl and
back crawl and feel comfortable swimming in deep water.

All practices are held at the Ashwaubenon Community
Pool.

This is a great opportunity to meet the team, experience
our practices, and see if ASC is a good fit for you!

NEW SWIMMER



WEEK APRIL 13TH-16TH

MONDAY 5:45-6:30

TUESDAY 6:45-7:45

WEDNESDAY 4:30-5:30

THURSDAY 4:30-5:30

Learn all 4 competitive strokes, starts and turns

Challenge yourself to grow individually and be part of a team

Opportunities for competition locally, regionally, and nationally

Improve your swimming skills, endurance and promote healthy
lifestyle

[CLICK HERE FOR MORE INFORMATION.](#)

