



Running Start

Everett Community College and
Skagit Valley College

What is Running Start a quick overview

Running Start is becoming a college student, it is not a special set of classes or high school at the college.

Running Start is an excellent source of tuition funding, it is not a free program. Students are expected to pay for class fees, lab fees, books, parking etc. Running Start only pays for 100 level and above courses. Students will be expected to pay for below 100 level courses.

Running Start is a great way to complete high school and earn college credit BUT the number #1 goal is to graduate from high school.

Running Start is an opportunity for students to drive their education. Parents do not have the same level of involvement as they do at the high school level (FERPA).

High School Counselors are not college advisors and cannot advise on what college class students need to take for a college degree program.

School Counselors and Parents do not have access to grade information.

Students are expected to follow the Stanwood High School Course Equivalencies guide.

Running Start IT'S A BIG DECISION with BIG RESPONSIBILITIES!

Faster paced, more homework - Need good time management!

Be aware of differences in calendars - Running Start is on the quarter system, watch out for different holiday breaks!

**STUDENTS work closely with college and high school counselors & advisors to pick courses.
PARENTS AND SCHOOL COUNSELORS DO NOT DO THIS FOR YOU!**

Running Start grades will be both on your high school transcript and college transcript. If you are struggling it is the students responsibility to seek help from the college! Please be aware that you are starting a college transcript.

Running Start is not a program to boost a high school GPA.

Students do not need to keep any classes at the high school. If students decide to keep a class(s) at the high school, school counselors will try to schedule those classes at the beginning or end of the school day.

If you participate in sports it is the student responsibility to maintain the credits/grades needed for eligibility.

How to Apply to Running Start

You do not need to meet with your school counselor to apply to Running Start. School counselors are available to meet with students after they have completed their running start application and have received their acceptance email.

Once accepted the college will then notify students that they need to meet with their school counselor and ask for a Running Start Verification Form.

The Counselor will fill out the Running Start Verification Form with the students and discuss course equivalencies and course planning. Students need a new verification form every quarter.

How to Apply to Running Start

Step 1:

To complete an application go to the college's website Running Start Application page:

Everett Community College:

<https://www.everettcc.edu/enrollment/hs-programs/running-start>

Skagit Valley College:

<https://www.skagit.edu/academics/high-school-programs/running-start/>

How to Apply to Running Start

Step 2:

High School Transcript (Required) you can email the Counseling Office Secretary for a copy of your transcript. Christy Headrick:
cheadrick@stanwood.wednet.edu

ENGL&101 and 100 Level Math Placement - Acceptance into 100 level courses varies between EvCC and SVC. Students need to research the placement information on the college's website for course placement.

Students are responsible for tuition for 99 level and below courses. Running Start only pays tuition for 100 level and above courses.

How to Apply to Running Start

Step 3:

Running Start Acceptance email received!

Please read acceptance email carefully for the next steps to complete:

Entry Advising

Obtain your Running Start Enrollment Verification From from Your School Counselor - This is when we will meet with accepted students to discuss course equivalencies.

Turn RSEVF back into the college to Register for Classes!

For Parents:

Because students are now taking college courses the student is expected to communicate with their high school counselor and the college. It is best if the student, not the parent, applies to the running start program. The reason for this is it is important for the student to understand the process and how Running Start works.

We encourage parents to help their child advocate for themselves and ask questions. We also encourage the student to communicate with their parents/guardians regarding Running Start and allow parents to see their grades.

Students will also need to check and manage their stanwood high school email and college email for important updates.

It is also the students responsibility to make sure that they are eligible to participate in Stanwood High School Athletics. It is also the students responsibility to make sure that they stay on track to graduate from Stanwood High School.

College Credit Equivalency and Credit Limits per SHS Class

College Credit Equivalency Break Down	Funding/Credit Limits at College per SHS Class
5.0 College Credits = 1.0 High School Credit 4.0 College Credits = 0.8 High School Credit 3.0 College Credits = 0.6 High School Credit 2.0 College Credits = 0.4 High School Credit 1.0 College Credits = 0.2 High School Credit <i>Pay close attention to the number of college credits you are taking.</i>	0 SHS classes = 0 FTE = 21 max college credit 1 SHS class = 0.17 FTE = 18 max college credits 2 SHS classes = 0.34 FTE = 15 max college credits 3 SHS classes = 0.51 FTE = 13 max college credits 4 SHS classes = 0.68 FTE = 10 max college credits 5 SHS classes = 1.0 FTE = 6 max college credits

Students do not need to keep any classes at SHS.
Some students may choose to keep classes at SHS such as Math or Foreign Language. If possible we try to schedule those classes at the beginning or end of the school day.

Running Start College Course Equivalency Guide for Stanwood High School

SHS Course	SHS Credit	Running Start College Course Equivalencies
English 11		ENG&: 101,102, 103, 105, 106, 108, 109, 111, 112, 114, 115, 120, 135, 173, 175, 203, 220, 229, 233, 234, 235, 236, 239, 240, 244, 245, 246, 252, 254, 283 CMST&: 102, 204, 210, 220 HUM&: 101, 110D, 125
English 12		All the above count as English credit
U.S. History		HST& 146, 167, 148, 170D or 215D Must be U.S. History to count as U.S. History
CWP/Civics		POLS& 101, 202, 204 Must be Political Science to count as Civics at SHS
Science		SCI& Courses 100 level and above as well as: Astronomy, Biological Science, Environmental Science and Conversation, Geology, Natural Science, Chemistry, Physics and Nutrition
Math 3rd Year		MAT& 100 level and above. Will accept MAT& 98, 99. Accounting and Personal Finance
PE		PEH& 100 level and above. PEH courses are often 1.0 college credits. Students may need to take multiple PEH courses.
Health		May also take Nutrition and Personal Wellness for PE and Health
Fine Arts		Art, Music and Drama 100 level and above.
CTE		Accounting, Allied Health Ed., Automotive Tech, Business, Business Management, Computer Information Systems, Computer Science, Criminal Justice, Culinary Arts and Hospitality Management, Dental, Diesel Power Tech, Early Childhood Ed., Environmental Conservation, Fire Protection, Geographic Info Systems, Human Services, Journalism, Manufacturing Tech., Multimedia & Interactive Tech., Nursing, Office Administration and Accounting, Welding Tech
Elective		Any 100 level course.
Other Required Courses		World Language: 100 or above. World Language is NOT required to graduate from High School. It is an admissions requirement for a 4 year University. If pursuing a 2 year transfer degree check with the college if this is required for 4 year college admissions.

Running Start is on the Quarter System

Fall Quarter (Sep - Dec)	Winter Quarter (Jan-March)	Spring Quarter (April-June)
Total Credits:	Total Credits:	Total Credits:

Stanwood High School is on the Semester System

1st Semester (September - January)	2nd Semester (February - June)
Total Credits:	Total Credits:

Running Start next steps.....

If you are considering Running Start, complete the Running Start application through the college. Apply to the college by the end of April.

Do not sign up to see your school counselor until after you have been accepted into the program. Once you have completed all of the application steps the college will email you and tell you to meet with your counselor for your verification form. **This is when we will meet with accepted students to discuss course equivalencies.**

If you sign up for running start and change your mind you may lose your first choice for electives. Make sure that Running Start is the right choice for you.

