Running Start College Course Equivalency Guide for Stanwood High School

SHS Course	SHS Credit	Running Start College Course Equivalencies
English 11		ENG&: 101,102, 103, 105, 106, 108, 109, 111, 112, 114, 115, 120, 135, 173, 175, 203, 220, 229, 233, 234, 235, 236, 239, 240, 244, 245, 246, 252, 254, 283 CMST&: 102, 204, 210, 220 HUM&: 101, 110D, 125
English 12		All the above count as English credit
U.S. History		HST& 146, 167, 148, 170D or 215D Must be U.S. History to count as U.S. History
CWP/Civics		POLS& 101, 202, 204 Must be Political Science to count as Civics at SHS
Science		SCI& Courses 100 level and above as well as: Astronomy, Biological Science, Environmental Science and Conversation, Geology, Natural Science, Chemistry, Physics and Nutrition
Math 3rd Year		MAT& 100 level and above. Will accept MAT& 98, 99. Accounting and Personal Finance
PE		PEH& 100 level and above. PEH courses are often 1.0 college credits. Students may need to take multiple PEH courses.
Health		May also take Nutrition and Personal Wellness for PE and Health
Fine Arts		Art, Music and Drama 100 level and above.
CTE		Accounting, Allied Health Ed., Automotive Tech, Business, Business Management, Computer Information Systems, Computer Science, Criminal Justice, Culinary Arts and Hospitality Management, Dental, Diesel Power Tech, Early Childhood Ed., Environmental Conservation, Fire Protection, Geographic Info Systems, Human Services, Journalism, Manufacturing Tech., Multimedia & Interactive Tech., Nursing, Office Administration and Accounting, Welding Tech
Elective		Any 100 level course.
Other Required Courses		World Language: 100 or above. World Language is NOT required to graduate from High School. It is an admissions requirement for a 4 year University. If pursuing a 2 year transfer degree check with the college if this is required for 4 year college admissions.
Other Graduation Requirements		☐ Washington State History ☐ Graduation Pathway ☐ High School and Beyond Plan - completed independently

College Credit Equivalency Break Down	Funding/Credit Limits at College per SHS Class
5.0 College Credits = 1.0 High School Credit 4.0 College Credits = 0.8 High School Credit 3.0 College Credits = 0.6 High School Credit 2.0 College Credits = 0.4 High School Credit 1.0 College Credits = 0.2 High School Credit ***Pay close attention to the number of college credits you are taking.***	0 SHS classes = 0 FTE = 21 max college credit 1 SHS class = 0.17 FTE = 18 max college credits 2 SHS classes = 0.34 FTE = 15 max college credits 3 SHS classes = 0.51 FTE = 13 max college credits 4 SHS classes = 0.68 FTE = 10 max college credits 5 SHS classes = 1.0 FTE = 6 max college credits

Student Running Start Course Planner

Students should use this planning guide to help decide what classes they plan to take to stay on track for SHS graduation and possibly earning a degree from the college. High School Counselors do not advise on college degree programs. Please see the attached SHS Course Equivalencies Guide for more information regarding which college classes count towards SHS graduation requirements.

11th Grade: Students must take a minimum of 30 college credits equal to 6.0 SHS credits

Fall Quarter (Sep - Dec)	Winter Quarter (Jan-March)	Spring Quarter (April-June)
Total Credits:	Total Credits:	Total Credits:

SHS Course Planner - *please note that students do not have to keep any SHS courses while at Running Start*

1st Semester (September - January)	2nd Semester (February - June)
Total Credits:	Total Credits:

12th Grade: Students must take a minimum of 30 college credits equal to 6.0 SHS credits

Fall Quarter (Sep - Dec)	Winter Quarter (Jan-March)	Spring Quarter (April-June)
Total Credits:	Total Credits:	Total Credits:

SHS Course Planner - *please note that students do not have to keep any SHS courses while at Running Start*

1st Semester (September - January)	2nd Semester (February - June)
Total Credits:	Total Credits: