Wellness Committee Meeting Minutes
March 6, 2026

Present: Shelly McBride, Michelle Sellers, Todd Reynolds, Brooke McClure, Haley Houtz, Student A.W., Sheena Hoover, Ryan Wixon

- Meeting began with introductions of committee members.
- The agenda was reviewed.
- Committee members were provided with **School Board Policy 8510** and asked to review the policy and direct any questions to Todd Reynolds or Michelle Sellers.
- Michelle Sellers reviewed the responsibilities of the Food Service Department, including how the district meets **USDA nutrition standards** and provides required nutritional information to students.
- The **Triennial Wellness Plan** was distributed and reviewed. This document outlines how the district meets the requirements of the **Healthy, Hunger-Free Kids Act of 2010**.
- The committee discussed the purpose of the Wellness Committee, which is to regularly review the district's wellness plan and provide feedback or recommendations to support student health and wellness.
- Upcoming meeting timelines were reviewed.

Meeting Schedule (All meetings will be held at 7:45 a.m. in Room 15 at the Jr./Sr. High School):

- September 18, 2026
- November 20, 2026
- February 19, 2027
- May 14, 2027