



# SANTA PAULA HIGH SCHOOL



Dismissal time:  
Monday: 2:24pm  
Tues-Friday - 3:24pm

March 9th-13th

## Home of the Cardinals



WELCOME BACK CARDINALS



## Reminders

### Students Requesting Permission to Leave Class:

- Only one individual per class should be out at any given time with a pass.
- No one should be out the first 15 min and last 15 min of class time.
- Only permitted if it is absolutely necessary or a documented health/IEP/504 plan. Must have pass.
- Students are not allowed to receive food or any type of deliveries.



FOR BULLETIN REQUEST EMAIL

[abernal@santapaulausd.org](mailto:abernal@santapaulausd.org)





Episode : N/A

Please click on the link or  
copy link to a browser to see video:

<https://youtu.be/7gCaduVSxfQ>



# COMING UP

Date	Event	Time	Location	Notes
03/02-03/13	AVID Food Drive		Rm. 216	
03/09	Regular school day	3:24pm		
03/10	Tabeling: US Army	Lunch	Career Center	
03/11	Wellness Center: Kindness Rock Painting	Lunch	500s	
03/12	Art Exhibition - Snack Shop	Break, Lunch & After School	Rm. 103 & 105	
03/12	CSUF Whats Next?	10:53-11:48am	Cafeteria	
03/12	EAOP Sophomore Cohort Meeting	Lunch	Career Center	
03/12	Wellness Center Hosting BRITE	Lunch	Wellness Center	
03/13	ASB Temporary Tattoo Sale	Lunch	Center Courts	

# CARDINAL

MARCH 2026

# CAFE

WEEKLY MENU

## BREAKFAST

<p>09</p> <p>Crescent, Chocolate Filled</p> <p>Anytime Yogurt Bliss</p> <p>Breakfast Cereal Medley</p>	<p>10</p> <p>Cheesy Chorizo Tater Tot Casserole</p> <p>Breakfast Cereal Medley</p> <p>Bagel Bliss</p>	<p>11</p> <p>Egg &amp; Cheese Croissant</p> <p>Bagel Pizza</p> <p>Oatmeal with Brown Sugar</p>	<p>Egg, Bacon &amp; Cheese Breakfast Sandwich<sup>12</sup></p> <p>Breakfast Cereal Medley</p> <p>Orange, Strawberry &amp; Banana Smoothie</p>	<p>13</p> <p>Cinnamon Rolls: Served Fresh from the Oven</p> <p>Oatmeal with Brown Sugar</p> <p>Breakfast Cereal Medley</p>
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## LUNCH

<p>09</p> <p>Nashville Hot Chicken Sandwich</p>	<p>10</p> <p>Pork Carnitas Street Tacos w/ Pineapple Salsa</p>	<p>11</p> <p>Condor Crispy Chicken Bowl</p>	<p>12</p> <p>Chicken Teriyaki Pineapple</p>	<p>13</p> <p>Spaghetti and Marinara</p>
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## SUPPER

<p>09</p> <p>Chicken Tenders</p>	<p>10</p> <p>Super Dog on Whole Grain Bun</p>	<p>11</p> <p>Carnitas Nachos</p>	<p>12</p> <p>Rib BQ Sandwich</p>	<p>13</p> <p>Tony's Round Pizza</p>
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OUR SPEED LINE OFFERS VEGETARIAN AND OTHER OPTIONS



# *Order your cap and gown!*

Visit the Student Store

**January-\$60**

**February-\$65**

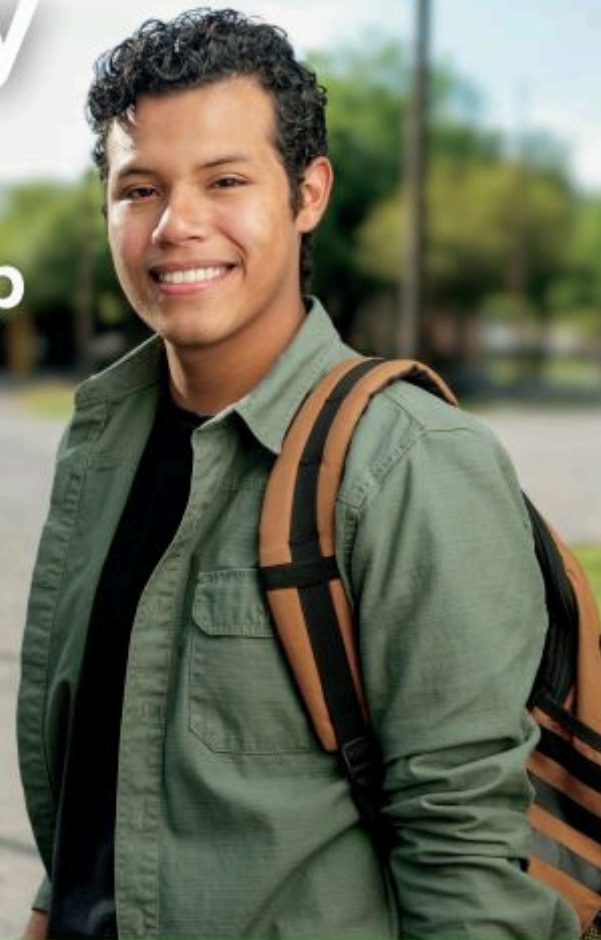
**March-\$75**

**Custom Sashes also available  
starting at \$25**

# Seeking money for college?

Apply for a scholarship through the Ventura County Community Foundation

Serving ALL students who want to continue their education



## ABOUT THE VCCF SCHOLARSHIP PROGRAM

- Application Opens: **October 29, 2025**
- Scholarship selections announced **May 1, 2026**
- **400+** scholarship awards available
- **Over \$2 million** allocated annually

**APPLY NOW AT [VCCF.ORG/SCHOLARSHIPS](https://vccf.org/scholarships)**



Ventura County  
Community  
Foundation



Email [scholarships@vccf.org](mailto:scholarships@vccf.org)  
or call 805.330.6615 for  
more information



**Apply.**  
**Now**

<https://forms.gle/zX9LqLUjy5nFgPE76>

Use the QR code  
or visit the following website  
<https://www.spedufoundation.org/>  
to access the application.

Students will be required to  
submit the following documents:

- Two letters of recommendation
- Unofficial transcript Resume
- Essay question response

All SPHS seniors who will attend a university or  
community college in the fall are eligible to  
apply!

Seniors who are awarded a scholarship  
will be invited to attend  
**SPHS Scholarship Night**



Questions contact  
**Ms. Delgado**  
[mdelgado@santapaulausd.org](mailto:mdelgado@santapaulausd.org)

SANTA PAULA  
EDUCATION  
FOUNDATION  
SCHOLARSHIP

Deadline:  
March 13, 2026

# Club Schedule

## Tuesday

### **PTSA Ambassadors & PAWSitive Change**

Room 431

### **Spanish Honors Society**

Room 413

### **Key Club**

Room 122

### **Choir**

Room 607

### **CSF**

1<sup>st</sup> and 3<sup>rd</sup> Tuesday of  
the month, room 414

## Wednesday

### **MEChA**

Room 410

### **Theatre team**

Room 107

### **Physics + Engineering**

Every other week  
Room 521

### **AVID Club**

1<sup>st</sup> and 3<sup>rd</sup> Wednesday of  
the month  
Room 216

### **Blush Club**

2<sup>nd</sup> and 4<sup>th</sup> Wednesday fo  
the month  
Room 124

## Thursday

### **Cancer Crushers**

(every other Thursday)  
Room 522

### **Art Cub**

Room103

### **SWE**

1<sup>st</sup> and 3<sup>rd</sup> Thursday of  
every month  
Room 310

### **Choir**

Room 607 after school

### **FBLA**

Room 607 after school:  
9/25, 10/23, 11/20, 12/11,  
1/22, 2/19, 3/19, 4/23, 5/21.

## Friday

### **NHS**

Room 422

### **HSA**

club two Fridays a  
month  
Room 215

### **Mock Trial**

Room 111 3:30-6:3

**Clubs meet in the rooms listed at lunch unless otherwise noted.**

**If you would like to start your own club, please see Ms. Lamb in Room 202 for more information!!!**

LIBRARY HAS ADDED MORE VOLUMES TO OUR MANGA COLLECTION. ALL MANGA SERIES START AT VOLUME 1 IN THE LIBRARY, SO IF IT SAYS VOL 23-37 THAT MEANS WE ALREADY OWN VOL 1-22. AS A REMINDER STUDENTS CAN HAVE FIVE LIBRARY BOOKS AT A TIME AND WE DO NOT CHARGE LATE FINES.

Available **NOW** in the Library



VOL 1-5



VOL 6-20



VOL 16-23



VOL 19-24



VOL 11-27



VOL 23-37



VOL 16-25



VOL 24-32



VOL 9-14



VOL 1-5



VOL 5-13



VOL 1-3



# STAFF VS STUDENT GAMES

We will be hosting Staff Vs.  
Student Basketball and  
Kickball games once a  
month!

Kickball: 1<sup>st</sup> Thursday of the  
Month

Basketball: 3<sup>rd</sup> Thursday of  
the Month

Signups for Students are in  
the ASB room - Rm #202,  
with Mrs. Lamb.

Questions?

[nlamb@santapaulausd.org](mailto:nlamb@santapaulausd.org)

# BUY the YEARBOOK

ENTER 6767



**Online sales end April 1st.**

**Santa Paula High School**  
**Weekly Athletic Events**  
**3/9/26-3/14/26**

Day	Date	Athletic Team	School	Place	JV	Varsity	Release	Depart
Monday	3/9		No Contest					
Tuesday	3/10	<b>Baseball</b>	@ St.Bonaventure	JV Away	4:00	—	2:00	2:15
		<b>Softball</b>	Vs OakPark	Home	3:30	3:30	1:30	1:45
		<b>Golf</b>	Vs Del Sol @ PortHue	Away	1:30	12:00	12:15	Away
Wednesday	3/11	<b>Baseball</b>	@ Malibu	Var Away	—	3:30	12:45	1:00
		<b>Swimming</b>	@ Fillmore	Away	3:30	3:30	1:30	1:45
Thursday	3/12	<b>Softball</b>	Vs Viewpoint	Home	----	3:30	1:30	1:45
		<b>Golf</b>	Vs League @ Saticoy	Home	—	1:00	11:15	11:30
Friday	3/13	<b>Baseball</b>	Vs Malibu	Var Home Vs	3:30	—	2:00	
		<b>Baseball</b>	St.Bonaventure	JV Home Vs	—	3:30	2:00	
		<b>Softball</b>	St. Boni	Home	3:30	3:30	1:30	1:45
		<b>Track &amp; F</b>	@ Spartan Relays (Rio Mesa HS)	Away	—	TBD	----	TBD
Saturday	3/14	<b>Track &amp; F</b>	@ Spartan Relays (Rio Mesa HS)	Away	—	8:30 AM	—	7:30 AM

Updated 3/5/26 11:15 am



**MARCH FORWARD  
INTO ACTION AND  
ADVENTURE**

**March 2 -27th**



**March 2-27th**