



25-26 High School Breakfast
Breakfast

Roanoke County Public Schools

Mon	Tue	Wed	Thu	Fri
3/9/2026	3/10/2026	3/11/2026	3/12/2026	3/13/2026
Main Entree Sausage Egg and Cheese Slider Mini Strawberry Cream Cheese Bagels	Main Entree Spicy Egg Bite with Toast Ultimate Breakfast Round Oatmeal Chocolate Chip	Main Entree Cheddar Omelet Biscuit Cinnamon Glazed French Toast Sticks	Main Entree Spicy Egg Bite with Toast Assorted Yogurt and Cereal Combo Cinnamon Toast Crunch Cereal and Strawberry Banana Yogurt Cocoa Puffs Cereal and Strawberry Banana Yogurt Golden Grahams Cereal and Strawberry Banana Yogurt Lucky Charms Cereal and Strawberry Banana Yogurt Trix Cereal and Strawberry Banana Yogurt	Main Entree Fresh Baked Cinnamon Roll Assorted Whole Grain Bagels with Cream Cheese Plain Bagel Blueberry Bagel
Fruit Assorted Seasonal Fresh Fruit Assorted Applesauce	Fruit Assorted Seasonal Fresh Fruit Sliced Apples	Fruit Assorted Seasonal Fresh Fruit Sliced Apples	Fruit Assorted Seasonal Fresh Fruit Assorted Applesauce	Fruit Assorted Seasonal Fresh Fruit Sliced Apples
Fruit Juice Assorted 100% Fruit Juice Orange Juice Apple Juice	Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Fruit Juice Assorted 100% Fruit Juice Orange Juice Apple Juice	Fruit Juice Assorted 100% Fruit Juice Orange Juice Apple Juice	Fruit Juice Assorted 100% Fruit Juice Orange Juice Apple Juice
Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk		Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk



Mon	Tue	Wed	Thu	Fri
3/16/2026	3/17/2026	3/18/2026	3/19/2026	3/20/2026
Main Entree Sausage Egg and Cheese Slider Zee Zee Campfire Smores Bar Fruit Assorted Seasonal Fresh Fruit Assorted Applesauce Fruit Juice Assorted 100% Fruit Juice Orange Juice Apple Juice Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk			Main Entree Spicy Egg Bite with Toast Assorted Yogurt and Cereal Combo Cinnamon Toast Crunch Cereal and Strawberry Banana Yogurt Cocoa Puffs Cereal and Strawberry Banana Yogurt Golden Grahams Cereal and Strawberry Banana Yogurt Lucky Charms Cereal and Strawberry Banana Yogurt Trix Cereal and Strawberry Banana Yogurt Fruit Assorted Seasonal Fresh Fruit Assorted Applesauce Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Main Entree Cheddar Omelet Biscuit Banana Bread Fruit Assorted Seasonal Fresh Fruit Sliced Apples Fruit Juice Assorted 100% Fruit Juice Orange Juice Apple Juice Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk



25-26 High School Lunch
Lunch

Roanoke County Public Schools

Mon	Tue	Wed	Thu	Fri
3/9/2026	3/10/2026	3/11/2026	3/12/2026	3/13/2026
Main Entree Spaghetti with Meat Sauce Beef Taco Salad Vegetarian Southwest Salad Grilled Cheese Sandwich Grain Garlic Breadstick Vegetable Seasoned Peas Sliced Cucumbers Salsa Cup Assorted Vegetables, Fresh or Cooked Fruit Assorted Seasonal Fresh Fruit Mini Blueberry Parfait Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Main Entree Big Daddy Turkey & Beef Pepperoni Pizza Big Daddy Cheese Pizza Peanut Butter and Grape Jelly Sandwich Meal Turkey Ranch Wrap Vegetable Seasoned Corn Baby Carrots Celery Sticks Fruit Assorted Seasonal Fresh Fruit Applesauce Cup Fruit Juice Assorted 100% Fruit Juice Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Main Entree Beefy Queso Nachos Veggie Queso Nachos Manager Choice Lunch Entree Vegetable Refried Beans Grape Tomatoes Baked Crinkle Cut Fries Salsa Cup Fruit Assorted Seasonal Fresh Fruit Strawberry Cup Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Main Entree Roasted Chicken Drumstick Texas BBQ Peanut Butter and Grape Jelly Sandwich Meal Grain Cornbread Muffin Vegetable Seasoned Green Beans Creamy Mashed Potatoes Celery Sticks Fruit Assorted Seasonal Fresh Fruit Fruit Juice Assorted Froot Jooce 100% Frozen Juice Frozen Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Main Entree Cheeseburger on Bun Veggie Burger on Bun Manager Choice Lunch Entree Assorted Yogurt Lunch Meal Vegetable Baked Potato Wedges Garden Salad Assorted Vegetables, Fresh or Cooked Fruit Assorted Seasonal Fresh Fruit Peach Cup Fruit Juice Assorted 100% Fruit Juice Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk



Mon	Tue	Wed	Thu	Fri
3/16/2026	3/17/2026	3/18/2026	3/19/2026	3/20/2026
Main Entree Roasted Chicken Bites Philly Cheese Steak Sub Beef Taco Salad Vegetarian Southwest Salad Grain Biscuit Vegetable Baked Crinkle Cut Fries Bush's Baked Vegetarian Beans Sliced Cucumbers Salsa Cup Fruit Assorted Seasonal Fresh Fruit Mini Blueberry Parfait Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Main Entree Big Daddy Turkey & Beef Pepperoni Pizza Big Daddy Cheese Pizza Peanut Butter and Grape Jelly Sandwich Meal Turkey and Cheese Deli Sub Vegetable Seasoned Corn Baby Carrots Assorted Vegetables, Fresh or Cooked Fruit Assorted Seasonal Fresh Fruit Applesauce Cup Fruit Juice Assorted 100% Fruit Juice Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Main Entree Crispy Chicken on Bun Turkey and Cheese Deli Sub Peanut Butter and Grape Jelly Sandwich Meal Vegetable Steamed Broccoli Celery Sticks Seasoned Peas Fruit Assorted Seasonal Fresh Fruit Strawberry Cup Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Main Entree Pork Steak Chicken Nuggets Peanut Butter and Grape Jelly Sandwich Meal Grain Fresh Baked Dinner Roll Vegetable Creamy Mashed Potatoes Seasoned Green Beans Grape Tomatoes Fruit Assorted Seasonal Fresh Fruit Assorted Applesauce Fruit Juice Assorted Froot Jooce 100% Frozen Juice Frozen Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk Condiment Brown Gravy	Main Entree Meatball Sub (JTM CP5049) Cheese Stuffed Breadsticks Chicken Corn Dog Nuggets Assorted Yogurt Lunch Meal Vegetable Baked Potato Wedges Garden Salad Assorted Vegetables, Fresh or Cooked Marinara Sauce Fruit Assorted Seasonal Fresh Fruit Peach Cup Fruit Juice Assorted 100% Fruit Juice Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk

FILTERS	
Name(s)	Value(s)
Date Range	(Start = 3/8/2026, End = 3/21/2026)
Menu Plan	(25-26 High School Breakfast, 25-26 High School Lunch)