



25-26 Middle School Breakfast
Breakfast

Roanoke County Public Schools

Mon	Tue	Wed	Thu	Fri
3/9/2026	3/10/2026	3/11/2026	3/12/2026	3/13/2026
Main Entree Sausage Egg and Cheese Slider Mini Strawberry Cream Cheese Bagels	Main Entree Spicy Egg Bite with Toast Ultimate Breakfast Round Oatmeal Chocolate Chip	Main Entree Cheddar Omelet Biscuit Cinnamon Glazed French Toast Sticks	Main Entree Spicy Egg Bite with Toast Assorted Yogurt and Cereal Combo Cinnamon Toast Crunch Cereal and Strawberry Banana Yogurt Cocoa Puffs Cereal and Strawberry Banana Yogurt Golden Grahams Cereal and Strawberry Banana Yogurt Lucky Charms Cereal and Strawberry Banana Yogurt Trix Cereal and Strawberry Banana Yogurt	Main Entree Fresh Baked Cinnamon Roll Assorted Whole Grain Bagels with Cream Cheese Plain Bagel Blueberry Bagel
Fruit Assorted Seasonal Fresh Fruit Assorted Applesauce	Fruit Assorted Seasonal Fresh Fruit Sliced Apples	Fruit Assorted Seasonal Fresh Fruit Sliced Apples	Fruit Assorted Seasonal Fresh Fruit Assorted Applesauce	Fruit Assorted Seasonal Fresh Fruit Sliced Apples
Fruit Juice Assorted 100% Fruit Juice Orange Juice Apple Juice	Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Fruit Juice Assorted 100% Fruit Juice Orange Juice Apple Juice	Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Fruit Juice Assorted 100% Fruit Juice Orange Juice Apple Juice
Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk		Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk



Mon	Tue	Wed	Thu	Fri
3/16/2026	3/17/2026	3/18/2026	3/19/2026	3/20/2026
Main Entree Sausage Egg and Cheese Slider Zee Zee Campfire Smores Bar Fruit Assorted Seasonal Fresh Fruit Assorted Applesauce Fruit Juice Assorted 100% Fruit Juice Orange Juice Apple Juice Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Main Entree Spicy Egg Bite with Toast Cinnamon Glazed French Toast Sticks Fruit Assorted Seasonal Fresh Fruit Sliced Apples Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Main Entree Turkey Maple Sausage Flapstick Assorted Whole Grain Muffins Blueberry Muffin Chocolate Chip Muffin Fruit Assorted Seasonal Fresh Fruit Sliced Apples Fruit Juice Assorted 100% Fruit Juice Orange Juice Apple Juice Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Main Entree Spicy Egg Bite with Toast Assorted Yogurt and Cereal Combo Cinnamon Toast Crunch Cereal and Strawberry Banana Yogurt Cocoa Puffs Cereal and Strawberry Banana Yogurt Golden Grahams Cereal and Strawberry Banana Yogurt Lucky Charms Cereal and Strawberry Banana Yogurt Trix Cereal and Strawberry Banana Yogurt Fruit Assorted Seasonal Fresh Fruit Assorted Applesauce Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Main Entree Cheddar Omelet Biscuit Banana Bread Fruit Assorted Seasonal Fresh Fruit Sliced Apples Fruit Juice Assorted 100% Fruit Juice Orange Juice Apple Juice Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk



25-26 Middle School Lunch
Lunch

Roanoke County Public Schools

Mon	Tue	Wed	Thu	Fri
3/9/2026	3/10/2026	3/11/2026	3/12/2026	3/13/2026
Main Entree Spaghetti with Meat Sauce Turkey and Cheese Deli Sub Grilled Cheese Sandwich Grain Garlic Breadstick Vegetable Garden Salad Cucumber Slices Seasoned Peas Vegetable Juice Assorted 100% Veggie Juice Fruit Assorted Seasonal Fresh Fruit Mini Blueberry Parfait Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Main Entree Big Daddy Turkey & Beef Pepperoni Pizza Big Daddy Cheese Pizza Assorted Yogurt Lunch Meal Vegetable Seasoned Corn Garden Salad Baby Carrots Fruit Assorted Seasonal Fresh Fruit Applesauce Cup Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Main Entree Beefy Queso Nachos Bean and Cheese Burrito Manager Choice Lunch Entree Vegetable Refried Beans Grape Tomatoes Assorted Vegetables, Fresh or Cooked Salsa Cup Fruit Assorted Seasonal Fresh Fruit Strawberry Cup Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Main Entree Roasted Chicken Drumstick Texas BBQ Peanut Butter and Grape Jelly Sandwich Meal Grain Cornbread Muffin Vegetable Seasoned Green Beans Creamy Mashed Potatoes Celery Sticks Fruit Assorted Seasonal Fresh Fruit Fruit Juice Assorted Froot Jooce 100% Frozen Juice Frozen Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Main Entree Cheeseburger on Bun Veggie Burger on Bun Chicken Corn Dog Nuggets Vegetable Baked Potato Wedges Garden Salad Assorted Vegetables, Fresh or Cooked Fruit Assorted Seasonal Fresh Fruit Peach Cup Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk



Mon	Tue	Wed	Thu	Fri
3/16/2026	3/17/2026	3/18/2026	3/19/2026	3/20/2026
Main Entree Meatball Sub (JTM CP5049) Cheese Quesadilla Manager Choice Lunch Entree	Main Entree Big Daddy Turkey & Beef Pepperoni Pizza Big Daddy Cheese Pizza Peanut Butter and Grape Jelly Sandwich Meal	Main Entree Cherry Blossom Chicken Potato Crunch Fish Grilled Cheese Sandwich	Main Entree Pork Steak Chicken Nuggets Peanut Butter and Grape Jelly Sandwich Meal	Main Entree Hot Dog on Bun Cheese Stuffed Breadsticks Assorted Yogurt Lunch Meal
Vegetable Garden Salad Sliced Cucumbers Bush's Baked Vegetarian Beans Salsa Cup	Vegetable Seasoned Corn Garden Salad Baby Carrots	Grain Brown Rice	Grain Fresh Baked Dinner Roll	Vegetable Baked Potato Wedges Sliced Cucumbers Marinara Sauce Assorted Vegetables, Fresh or Cooked
Fruit Assorted Seasonal Fresh Fruit Mini Blueberry Parfait	Fruit Assorted Seasonal Fresh Fruit Applesauce Cup	Fruit Assorted Seasonal Fresh Fruit Strawberry Cup	Fruit Assorted Seasonal Fresh Fruit	Vegetable Juice Assorted 100% Veggie Juice
Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Fruit Juice Assorted Froot Jooce 100% Frozen Juice Frozen	Fruit Assorted Seasonal Fresh Fruit Peach Cup
			Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk	Milk 1% Low Fat Milk Non Fat Chocolate Milk Non Fat Strawberry Milk
			Condiment Brown Gravy	

FILTERS	
Name(s)	Value(s)
Date Range	(Start = 3/8/2026, End = 3/21/2026)
Menu Plan	(25-26 Middle School Breakfast, 25-26 Middle School Lunch)