

CASEL Survey March 2026

Please read each question carefully and answer
honestly and thoughtfully.

[Start now](#)

CASEL Survey March 2026

When you submit this form, it will not automatically collect your details like name and email address unless you provide it yourself.

Required

1. Please select your school below:

Beacon Tree Elementary
Beck Centennial Elementary
Browning Elementary
Burr Elementary
Collins Elementary
Crissman Elementary
DeKeyser Elementary
Dresden Elementary
Duncan Elementary
Ebeling Elementary
Flickinger Elementary
Graebner Elementary
Harvey Elementary
Havel Elementary
Messmore Elementary

Monfort Elementary
Morgan Elementary
Oakbrook Elementary
Plumbrook Elementary
Roberts Elementary
Schuchard Elementary
Schwarzkoff Elementary
Switzer Elementary
Virtual Elementary
West Utica Elementary
Wiley Elementary

2.Please select your gender below:

Female

Male

Prefer not to say

3.Please select your grade level below:

5th Grade

6th Grade

4.Self-Awareness: Self-Concept

Please tell us how easy or difficult the following is for you.

Knowing what my strengths are.

Very Difficult

Difficult

Easy

Very Easy

5.Self-Awareness: Emotional Knowledge

Please tell us how easy or difficult the following is for you.

Knowing when my feelings are making it hard for me to focus.

Very Difficult

Difficult

Easy

Very Easy

6.Self-Awareness: Emotional Knowledge

Please tell us how easy or difficult the following is for you.

Knowing the emotions I feel.

Very Difficult

Difficult

Easy

Very Easy

7.Self-Awareness: Emotional Knowledge

Please tell us how easy or difficult the following is for you.

Knowing ways I calm myself down.

Very Difficult

Difficult

Easy

Very Easy

8.Social Awareness

Please tell us how easy or difficult the following is for you.

Learning from people with different opinions than me.

Very Difficult

Difficult

Easy

Very Easy

9.Social Awareness

Please tell us how easy or difficult the following is for you.

Knowing what people may be feeling by the look on their face.

Very Difficult

Difficult

Easy

Very Easy

10.Social Awareness

Please tell us how easy or difficult the following is for you.

Knowing when someone needs help.

Very Difficult

Difficult

Easy

Very Easy

11. Self-Management: Emotional Regulation

Please tell us how easy or difficult the following is for you.

Getting through something even when I feel frustrated.

Very Difficult

Difficult

Easy

Very Easy

12. Self-Management: Emotional Regulation

Please tell us how easy or difficult the following is for you.

Being patient even when I am really excited.

Very Difficult

Difficult

Easy

Very Easy

13. Self-Management: Goal Management

Please tell us how easy or difficult the following is for you.

Finishing tasks even if they are hard for me.

Very Difficult

Difficult

Easy

Very Easy

14.Self-Management: Goal Management

Please tell us how easy or difficult the following is for you.

Setting goals for myself.

Very Difficult

Difficult

Easy

Very Easy

15.Self-Management: School Work

Please tell us how easy or difficult the following is for you.

Doing my schoolwork even when I do not feel like it.

Very Difficult

Difficult

Easy

Very Easy

16.Self-Management: School Work

Please tell us how easy or difficult the following is for you.

Being prepared for tests.

Very Difficult

Difficult

Easy

Very Easy

17.Relationship Skills

Please tell us how easy or difficult the following is for you.

Respecting a classmate's opinions during a disagreement.

Very Difficult

Difficult

Easy

Very Easy

18.Relationship Skills

Please tell us how easy or difficult the following is for you.

Getting along with my classmates.

Very Difficult

Difficult

Easy

Very Easy

19.Responsible Decision-Making

Please tell us how easy or difficult the following is for you.

Thinking about what might happen before making a decision.

Very Difficult

Difficult

Easy

Very Easy

20. Responsible Decision-Making

Please tell us how easy or difficult the following is for you.

Knowing what is right or wrong.

Very Difficult

Difficult

Easy

Very Easy

Submit