



South Whidbey School District Food Services Newsletter

March 2026



What's new in March?

We are getting ready for some cafeteria March Madness! On March 17th, the Elementary will serve Full Court Chicken Nuggets. It's also Lucky Tray Day for Saint Patrick's Day.

Online menus – Check out the QR Code on the back page.

New menu items coming this month!

New Menu Items This Month

We are continuing to venture out and try new things. One sure winner is breakfast for lunch. We broke our record of students served at the elementary with over 300 full bellies. High School/middle school wasn't far behind at just under 200. They have spoken and we are listening! We love being able to take a child's request and make it happen; while staying compliant, of course. It creates excitement and makes students proud to see their request come to life.

Other new items include:

- Vegetable soup & Grilled Cheese
- John Wayne Beef Dip
- Ham Sliders
- Lasagna Macaroni



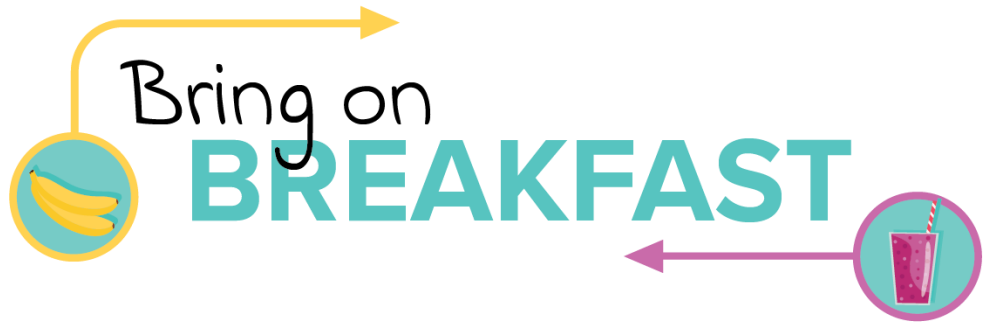
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Mood Boost Fun!

Bring on Breakfast!

March is Bring on Breakfast month and we look forward to introducing delicious recipes,



Studies show that breakfast can support a student's learning throughout the day, leading to increased focus, fewer absences and better test scores. With grab-and-go options available, our busy students can still have a balanced meal when starting their day. Our parfaits are balanced and ready to go wherever they need to be.

Enjoy a Mood Boosting taste at: **Elementary, Middle, & High School. March 17th. Lucky Charm Parfait.**



Lucky Charm Parfait

This parfait has everything a kiddo needs to start their day. With protein packed yogurt, they are getting essential amino acids that help support focus, memory, and cognitive function. The apple is packed with antioxidants, helping to boost memory. The natural sugar provides steady energy for focus. The K12 compliant cereal on the top is full of calcium and is gluten free. These parfaits are compliant and ready to go!

UP NEXT:

Get ready to slam dunk into Saint Patrick's Day with our lucky, golden chicken nuggets—a March madness favorite!



At the elementary, students will have a chance to find a little extra luck for Lucky Tray Day!



Check out our menus at anytime!

