



UHS LUNCH MENU

DAILY SPECIALS

MONDAY

FRIED CHICKEN BOWL

BUFFALO WINGS & FRIES

TUESDAY

SWEET AND SOUR CHICKEN

CHICKEN ALFREDO

WEDNESDAY

CHICKEN CHUNKS & HONEY BUTTER BISCUIT

TERIYAKI CHICKEN

THURSDAY

ORANGE CHICKEN W/ BROWN RICE

FRIDAY

CHILI CHEESE FRIES



SUSHI BOWL

VEGAN SPECIALS



MONDAY

VEGAN NUGGETS AND FRIES

TUESDAY

EDAMAME DUMPLINGS

WEDNESDAY

VEGGIE CRISPY SANDWICH

THURSDAY

VEGAN ORANGE CHICKEN

FRIDAY

BLACK BEAN BURGER

FIESTA FUN

CHICKEN QUESADILLA



MON/WED Special

BIRRIA RAMEN

TUE/THUR/FRI Special

WALKING TACO

FRESH OPTIONS

CHICKEN CEASAR SALAD

MON/WED/FRI Special

SEASONAL BERRY PARFAIT

TUE/THUR Special

BERRY BANANA SMOOTHIE

W/ MUFFIN



CLASSICS

KICKIN' CHICKEN SANDWICH



SMUCKERS UNCRUSTABLE™



PIZZA & MOZZARELLA STICKS

CHEESEBURGER



VEGETARIAN

VEGAN



FOLLOW US ON INSTAGRAM TO SEE THE FULL MENU



@UUSDFARMTOSCHOOL

GRAB N' GO

MON/WED/FRI Special

BENTO BOX

TUE/THUR Special

BLAZIN' BUFFALO WRAP

LOCATIONS:

INSIDE CAFE

FRESH EXPRESS NEXT TO CAFE

1 OF 4 KIOSKS AROUND CAMPUS

PIZZA LINE

*Menu subject to change

*This institution is an equal opportunity provider and employer





UHS BREAKFAST MENU

LOCATIONS:
FRESH EXPRESS NEXT TO CAFE
UHS FRONT ENTRANCE KIOSK
WEST ENTRANCE KIOSK

LIGHT & TASTY

ASSTD. WHOLE GRAIN CEREAL

**all cereals served with string cheese*



ZEEZ ZEEZ BREAKFAST BAR

strawberry
smores
blueberry

birthday cake
cinnamon
berry apple

FRESH SEASONAL BERRY PARFAIT

yoplait vanilla yogurt® served with organic, California grown mixed berries paired with crunchy nature valley granola™

HEALTHY & HEARTY

HOUSEMADE BREAKFAST BURRITO

cage free scrambled eggs with ham bits, shredded cheese, crispy tater tots, and lean, turkey bacon in a whole grain flour tortilla

BREAKFAST SANDWICH

turkey sausage, egg patty, and sliced cheddar cheese in a whole wheat english muffin

FRESH HOTCAKES

pancakes, sausage links or turkey bacon

SMUCKERS UNCRUSTABLE™

crustless soft, wheat bread filled with your choice of strawberry, grape, raspberry, honey jam



BAKED GOODS

SWEET CINNAMON ROLL

sweet baked dough filled with a cinnamon sugar filling

WARM CRUMBLE CAKE

soft cake with sweet crumb topping

ASSTD. MUFFINS

option of banana, blueberry, or chocolate chip, cinnamon apple



ASSTD. BAGELS

fresh baked whole-grain blueberry, cheddar jalapeño cinnamon raisin, everything or plain

CHOCOLATE CROISSANT

fresh baked, flaky croissant with chocolate in the center

OPTIONAL SIDE

STILL HUNGRY?

Ask for a 4 oz. yogurt

VEGETARIAN

VEGAN

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LOCATION:
FRESH EXPRESS NEXT TO
CAFETERIA
MONDAY - FRIDAY
3:20 - 3:50 PM

UHS SUPPER MENU

HOT ENTREE SPECIALS

TUESDAY

CHICKEN TAQUITOS 

2 crispy taquitos with warm shredded chicken

THURSDAY   

CHICKEN NUGGETS & ROLL 

*whole grain breaded chicken nuggets
 paired with a whole grain roll*

DAILY COLD ENTREES

SMUCKERS UNCRUSTABLE™    

*crustless soft, wheat bread filled with
 your choice of strawberry or grape jam*

CHICKEN CEASAR SALAD    

*fresh crispy romaine lettuce seasoned croutons,
 grated parmesan cheese, and seasoned chicken
 served with caesar dressing*

BENTO BOX    

*diced white cheddar cheese, sliced turkey
 pepperoni, whole grain crackers, dried cranberries*

SEASONAL BERRY PARFAIT   

*yoplait creamy vanilla yogurt® served with
 locally grown mixed berries paired with
 granola™*

BEVERAGES

Non-fat Chocolate Milk Lactose Free Milk
 1% White Milk
 Non-Fat White Milk
 1% White Milk & Non-Fat Milk Local (Driftwood Dairy)

FRUITS & VEGGIES

Banana Baby Carrots
 Apples Peaches
 Oranges and more based on season!
 Farm to School Organic Fruits Local (Redlands, CA Old Grove Orange Farms)

ALLERGENS:



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 :VEGETARIAN  :VEGAN  :DAIRY FREE  :GLUTEN FREE  :WHOLE GRAIN

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