



# Healthy Schools Assessment Report for Nicholas Co School District

Report showing responses your team has made on your district's healthy schools assessment.

Last updated 2/18/2026 by Nikki Orazen

## Policy and Environment

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
PO-2	Written school health and safety policies	<input checked="" type="radio"/> Fully in place	-	9/14/2021	Amy S.

## Nutrition Services

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
NS-1	Breakfast and lunch programs	<input checked="" type="radio"/> Fully in place	-	3/5/2020	Amy S.
NS-2	School breakfast	<input type="radio"/> Mostly in place	-	2/18/2026	Nikki O.
NS-3	School lunch	<input type="radio"/> Mostly in place	-	2/18/2026	Nikki O.
NS-4	Variety of offerings in school meals	<input checked="" type="radio"/> Fully in place	-	2/18/2026	Nikki O.
NS-5	Promote healthy food and beverage choices and school meals using marketing and merchandising techniques.	<input checked="" type="radio"/> Fully in place	-	3/5/2020	Amy S.

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
NS-6	Annual continuing education and training requirements for school nutrition services staff	<input checked="" type="radio"/> Fully in place	-	3/5/2020	Amy S.
NS-7	Venues outside the cafeteria offer fruits and vegetables	<input type="radio"/> Not in place	-	3/5/2020	Amy S.
NS-8	Collaboration between school nutrition services staff members and teachers	<input checked="" type="radio"/> Mostly in place	-	3/5/2020	Amy S.
NS-9	Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campus.	<input checked="" type="radio"/> Fully in place	-	3/5/2020	Amy S.
NS-10	Prohibit using food as reward or punishment	<input checked="" type="radio"/> Fully in place	-	3/5/2020	Amy S.
NS-11	Adequate time to eat school meals	<input checked="" type="radio"/> Fully in place	-	3/5/2020	Amy S.
NS-12	Farm to School activities	<input checked="" type="radio"/> Mostly in place	-	2/18/2026	Nikki O.

## Smart Snacks

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
SS-1	All foods sold during the school day meet the USDA's Smart Snacks in School nutrition standards	<input checked="" type="radio"/> Fully in place	-	3/5/2020	Amy S.
SS-2	All beverages sold during the school day meet the USDA's Smart Snacks in School nutrition standards	<input checked="" type="radio"/> Fully in place	-	3/5/2020	Amy S.
SS-3	Food and beverage marketing	<input checked="" type="radio"/> Fully in place	-	3/5/2020	Amy S.

### Health and Physical Education

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
HPE-3	Sequential physical education curriculum consistent with standards	<input checked="" type="radio"/> Fully in place	-	3/5/2020	Amy S.
HPE-5	Professional development for physical education teachers	<input type="radio"/> Mostly in place	-	3/5/2020	Amy S.
HPE-6	Information and materials for physical education teachers	<input type="radio"/> Mostly in place	-	3/5/2020	Amy S.
HPE-7	Licensed physical education teachers	<input checked="" type="radio"/> Fully in place	-	3/5/2020	Amy S.

## Physical Activity

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
PA-1	Recess	<input checked="" type="radio"/> Fully in place	-	3/5/2020	Amy S.
PA-5	Professional development for classroom teachers	<input type="radio"/> Under development	-	2/18/2026	Nikki O.
PA-6	Prohibit using physical activity as punishment	<input checked="" type="radio"/> Fully in place	-	3/5/2020	Amy S.
PA-7	Prohibit withholding recess as punishment	<input checked="" type="radio"/> Fully in place	-	3/5/2020	Amy S.
PA-8	Access to physical activity facilities outside school hours	<input type="radio"/> Not in place	-	3/5/2020	Amy S.

## Employee Wellness

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
EW-1	Health assessments for staff members	<input type="radio"/> Not in place	-	2/18/2026	Nikki O.
EW-2	Programs for staff members on physical activity/fitness	<input type="radio"/> Not in place	-	3/5/2020	Amy S.
EW-3	Programs for staff members on healthy eating/weight management	<input type="radio"/> Not in place	-	3/5/2020	Amy S.

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
EW-4	Promote staff member participation	<input type="radio"/> Not in place	-	3/5/2020	Amy S.
EW-5	Stress management programs for staff	<input type="radio"/> Not in place	-	2/18/2026	Nikki O.

*Every mind, every body, every young person healthy and ready to succeed*

© 2026 Alliance for a Healthier Generation  
Privacy Policy | Terms of Use