



## WEEK 2 - GLUTEN FREE

|                        | <b>MONDAY</b>                    | <b>TUESDAY</b>   | <b>WEDNESDAY</b>                           | <b>THURSDAY</b>             | <b>FRIDAY</b>                          |
|------------------------|----------------------------------|--|--|-----------------------------|--|
| <b>SOUP OF THE DAY</b> | Leek & Potato                    | Spiced Sweet Potato                                    | Roast Butternut Squash & Sweet Potato      | Cream of Chicken            | Carrot, Lentil & Cumin                 |
| <b>MAIN COURSE 1</b>   | Stir Fry Beef, Vegetables & Rice | Baked Potato With Beans & Cheese                       | Peppered Chicken With Rice                 | Beef Lasagne & Garlic Bread | Fish Fingers, Chips & Mushy Peas       |
| <b>MAIN COURSE 2</b>   | Chicken, Bacon & Leek Pasta Bake | Roast Chicken, Roast Potato, Stuffing, Carrots & Gravy | Chicken Nuggets, Potato Wedges & Sweetcorn | Mexican Chicken Pasta       | Sweet Potato & Spinach Curry With Rice |