



PSHE Vision Statement

At Stockton, we recognise the huge importance of teaching PSHE and the role that it has in supporting children to develop their resilience of character through nurturing many personal attributes.

We are very aware that PSHE is more than a stand-alone subject – it is an extension of the ethos and values that the school has and therefore is also addressed through our daily school routines and the expectations we have with regards to behaviour. Children's positive mental health and well-being is a fundamental thread which runs through the centre of our curriculum and contributes to our overall aim that they will all be happy and successful.

Our school environment is a nurturing one, in which children have the confidence to discuss the content covered during PSHE lessons. Our ethos is one of ambition and support for every pupil from their starting point and we wish to equip them with the skills to be confident in who they are, able to express their thoughts and opinions eloquently and with an understanding of what it means to be a good citizen.

The National Curriculum states that 'Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education.' And that 'All schools should teach PSHE, drawing on good practice.'

The Department of Education has introduced the statutory subjects of Relationship Education and Health Education for all primary schools to embed in their curriculums. The DfE would like these subjects to 'put in place the key building blocks of healthy, respectful relationships, focusing on family and friendships, in all contexts, including online. This will sit alongside the essential understanding of how to be healthy.' They also state that 'Teaching about mental wellbeing is central to these subjects.' Here at Stockton we work to deliver these aims.