

Planning for Freshman Year

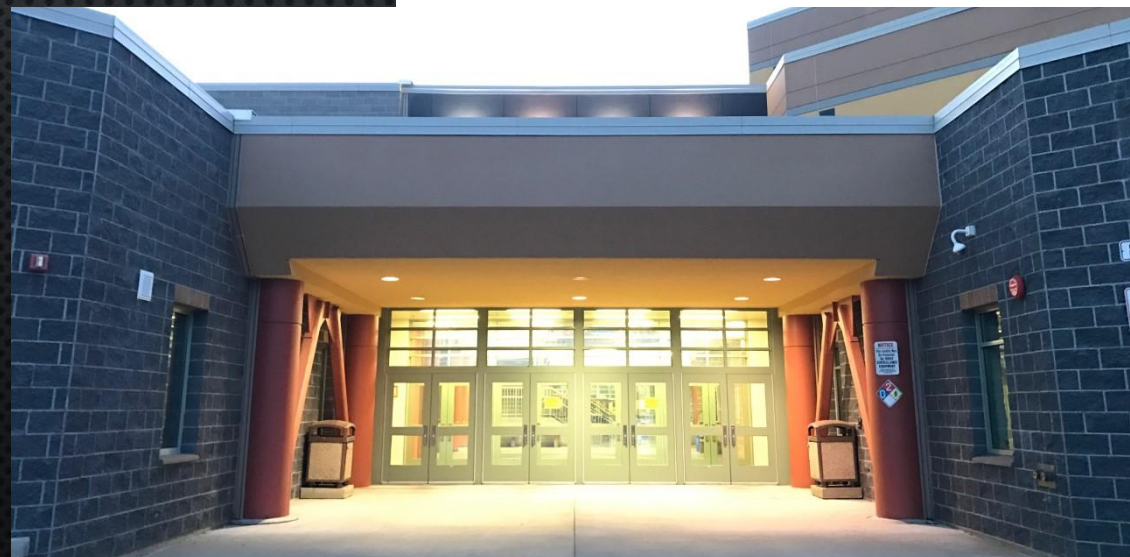
Class of 2030



EAGLE RIVER HIGH SCHOOL

INTRODUCTION

- WHO WE ARE
 - Ms. LARET A-F
 - Ms. WALL G-O
 - Ms. RAWLINGS P-Z
- WHAT WE DO
- TODAY
 - GRADUATION REQUIREMENTS
 - COURSE REQUESTS
 - ELECTIVES
 - ACTIVITIES & CLUBS



Highlights & FAQ

WHAT WE DO IN THE COUNSELING DEPARTMENT

- Academic, Social/Emotional, and Post-Secondary Planning

ERHS MISSION

- Community, Excellence, Respect

MASCOT

- Wolf

SCHOOL COLORS

- Navy Blue and Silver

PERSONAL ELECTRONIC DEVICE POLICY

- Personal electronic devices (including cell phones) are not allowed during the school day, including lunch. **Devices should be left at home, kept in your vehicle, or stored in your locker, not on your person.** Bring your fully charged Chromebook to class daily!

LUNCH

- Open campus; talk to your parents about their expectations.
- Our cafeteria has a variety of lunch options.

LOCKERS

- Will be assigned randomly throughout the school.
- You will have your own locker.
- Backpacks must remain in locker during the day.



GRADUATION REQUIREMENTS

4 YEARS TO GO, BUT YOUR *FRESHMAN* YEAR COUNTS!!!



Subject	Credits Required
Language Arts	4 credits (8 semesters)
Social Studies	4 credits (8 semesters)
Mathematics	3 credits (6 semesters)
Sciences	3 credits (6 semesters)
PE/Health	1 ½ credits (3 semesters)
Electives	7 credits (14 semesters)
Total	22 ½ credits

 You can view your unofficial transcript through Q/parent/student connect.

TRANSCRIPT

Student Name/Address/Phone		Student ID	Gender
[REDACTED]		[REDACTED]	[REDACTED]
[REDACTED]		Date of Birth	[REDACTED]
[REDACTED]		State Student ID	[REDACTED]
Parent/Guardian		Place of Birth	
[REDACTED]		[REDACTED]	
Issued To		Print Date	
[REDACTED]		02/21/2024	
[REDACTED]		1 of 1	



Anchorage School District
Transcript with Graduation Requirements
 Eagle River High School 907-742-2700
 8701 Wolf Den Dr
 Eagle River, AK 99577

Entry Date	Counselor	Term Ending	Class of	Grade
[REDACTED]	Rawlings, Stephanie	12/22/2023	2027	9
Exit Date	Exit Reason	Grad Date	Diploma Type	

GPA Type	GPA	Cred Award	Class Rank
Unweighted HS GPA	3.50	3.00	67 of 216
Weighted HS GPA	3.50	3.00	67 of 216

Total Grad Credits Earned: 3.00

GPA
 ← Unweighted
 ← Weighted

← CREDITS EARNED

Subject	Yr	Course	Mrk	Credits	Graduation Requirements	Short	Req	Cmp
Language Arts					ASD Grad Req 2014-Current			
S01	24	English I-1	B	0.50	English I	.50	1.00	0.50
		Weighted HS GP	3.00 Credits	0.50	English II	1.00	1.00	
					English III	1.00	1.00	
Mathematics					LA Elective	1.00	1.00	
S02	24	Algebra I S1	B	0.50	World History	1.00	1.00	
		Weighted HS GP	3.00 Credits	0.50	United States History	1.00	1.00	
					Alaska Studies		0.50	0.50
Science					Economics	.50	0.50	
S03	24	Biology I-1	A	0.50	United States Government	.50	0.50	
		Weighted HS GP	4.00 Credits	0.50	Social Studies Elective	.50	0.50	
					Algebra	.50	1.00	0.50
Social Studies					Mathematics Elective	2.00	2.00	
S04	24	Alaska Studies	A	0.50	Life Science	.50	1.00	0.50
		Weighted HS GP	4.00 Credits	0.50	Physical Science	1.00	1.00	
					Science Elective	1.00	1.00	
Physical/Health Education					Physical Education Elective	1.00	1.50	0.50
S05	24	Cross Training	B	0.50	General Elective	6.50	7.00	0.50
		Weighted HS GP	3.00 Credits	0.50	Total Required Credits	19.50	22.50	3.00
Elective					Attendance Summary			
S06	24	Peer Leadership	A	0.50	Sch Yr	DaysEnr	DaysAbs	
		Weighted HS GP	4.00 Credits	0.50	Grade 9	2024	114.00	7.34
Work in Progress					High School Course Key:			
Eagle River High School					AP = Advanced Placement			
0120	English I-2	01/06/2024	05/22/2024	IB = International Baccalaureate				
1352	Algebra I S2	01/06/2024	05/22/2024	CR = Credit Recovery				
2232	Biology I-2	01/06/2024	05/22/2024	TR = Outside Course Credit				
3470	Ancient Civilizations	01/06/2024	05/22/2024	EX = Credit By Examination (Not Approved by NCAA)				
5155	Pottery	01/06/2024	05/22/2024	* = Not Approved by NCAA				
6450	Weight Training, Basic	01/06/2024	05/22/2024	High School Grading Key:				

COMPLETED COURSES
 →

GRADUATION REQUIREMENTS
 ←

WORK IN PROGRESS
 →



Eagle River High School Credit Tracker

Write the grade earned for each class in its corresponding box. Each box is worth .5 (semester) credit.

English – 4 credits required

Eng I Eng II Eng III (or AP) Eng IV (or AP/Eng elective)

Math – 3 credits required

Algebra Math Elective Math Elective

Science – 3 credits required

Physical Sci Life Sci Sci Elective

Social Studies – 4 credits required

AK/Soc Elective World Hist US Hist. US Gov/Econ



[Click here for ERHS Credit Tracker Form](#)

PE – 1.5 credits required

*Each season of a school sport gives a .25 PE Waiver. Two PE waivers are needed to check off one .5 credit box. If PE waivers are used, the same number of boxes will need to be added in the elective rows. PE waivers do not grant credit, but rather waive the PE requirement.

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Elective – 7 credits required

If you take more than the required credits for Eng, math, sci, soc, or PE, add those credits to the elective boxes.

22.5 total credits are required for graduation



Class of 2024 & Beyond

ALASKA PERFORMANCE SCHOLARSHIP CHECKLIST



To receive the APS and other forms of financial aid, students must complete the FAFSA (Free Application for Federal Student Aid) by **June 30th** of each year. **Visit studentaid.gov**

REQUIRED CURRICULUM

Contact your counselor for information about APS courses. Approved courses may also be available through resources such as the University of Alaska or others. Eligibility is determined based upon courses with a letter grade reflected on your official high school transcript.

Choose from option A, B, or C (curriculum options apply for all APS award levels)

Curriculum Option A	Curriculum Option B	Curriculum Option C
Science 4 credits 1 _____ 2 _____ 3 substitution 4 substitution	Science 3 credits 1 _____ 2 _____ 3 substitution	Science 3 credits 1 _____ 2 _____ 3 substitution
Math 4 credits 1 _____ 2 _____ 3 _____ 4 substitution	Math 3 credits 1 _____ 2 _____ 3 substitution	Math 3 credits 1 _____ 2 _____ 3 substitution
Language Arts 4 credits 1 _____ 2 _____ 3 _____ 4 substitution	Language Arts 4 credits 1 _____ 2 _____ 3 _____ 4 substitution	Language Arts 4 credits 1 _____ 2 _____ 3 _____ 4 substitution
Social Studies 4 credits 1 _____ 2 _____ 3 substitution 4 substitution	Social Studies 4 credits 1 _____ 2 _____ 3 _____ 4 substitution OR CTE	Social Studies 4 credits 1 _____ 2 _____ 3 _____ 4 substitution OR CTE
Other 2 credits FROM THE SAME SUBJECT: World Language, Alaska Native Language, Fine Arts, Cultural Heritage, or CTE (1 year of which includes 2 semesters of sequentially more rigorous content within a career cluster)	Other 2 credits FROM THE SAME SUBJECT: World Language, Alaska Native Language, Fine Arts, Cultural Heritage, or CTE (1 year of which includes 2 semesters of sequentially more rigorous content within a career cluster)	Other 2 credits FROM ANY SUBJECTS: World Language, Alaska Native Language, Fine Arts, or Cultural Heritage

NOTE: Highlighted sections above reflect additional course substitutions within each Curriculum Option. For example, in Curriculum Option A, two (2) Science credits may be substituted with 2 credits/years of rigorous additional non-standard Science course(s).

REQUIRED GPA -OR- TEST SCORE

	LEVEL 1	LEVEL 2	LEVEL 3
Maximum Award	UP TO \$7,000 PER YR	UP TO \$5,250 PER YR	UP TO \$3,500 PER YR
GPA	<input type="checkbox"/> 3.5 OR GREATER	<input type="checkbox"/> 3.0 OR GREATER	<input type="checkbox"/> 2.5 OR GREATER
-OR-			
Test Score	<input type="checkbox"/> ACT..... 25 <input type="checkbox"/> SAT..... 1210 <input type="checkbox"/> WorkKeys.. 18 PLATINUM (no score below 6)	<input type="checkbox"/> ACT..... 23 <input type="checkbox"/> SAT..... 1130 <input type="checkbox"/> WorkKeys.. 15 GOLD (no score below 5)	<input type="checkbox"/> ACT..... 21 <input type="checkbox"/> SAT..... 1060 <input type="checkbox"/> WorkKeys.. 12 SILVER (no score below 4)

NOTE: Receive a qualifying score from **one** of the following tests: ACT, SAT, or WorkKeys

ALASKA PERFORMANCE SCHOLARSHIP

- Up to \$28,000!
- Great Plan A or B
- Available for 8 years after graduation
- No competition - you only need to complete eligibility requirements and the FAFSA to earn the scholarship
- Qualify by completing required classes and earning a high enough GPA or test score
- Can be used at universities and many technical and training programs in Alaska ([see list here!](#))
- More information can be found [here](#).



Questions? Visit aps.alaska.gov

ACTIVITIES/SPORTS

SPORTS - TBD	CLUBS - TBD
Football	Art Club
Girls Flag Football	Battle of the Books
Cheerleading	Board Game Club
Tennis	Campus Life
Cross Country Running	Chess Club
Girls Volleyball	Culture Connections
Girls Gymnastics	Drama/Debate/Forensics
Swimming and Diving	Dungeons and Dragons
Riflery	Green Club
Wrestling	Model UN
Bowling	National Honor Society
Hockey	National Ocean Science Bowl
Nordic Skiing	Partners Cub
Basketball	Spanish Club
Soccer	YANA (You Are Not Alone)
Girls Softball	Young Life
Baseball	World Language Declamation
Track and Field	



- LOTS OF INTERESTS, LOTS OF OPPORTUNITIES!

[CLICK HERE FOR MORE CLUB DETAILS](#)

- NEED TO HAVE A 2.0 GPA AND PASSING 5 CLASSES TO BE ELIGIBLE FOR SPORTS



BELL SCHEDULE



ERHS Daily Bell Schedule



Monday	Tuesday	Wednesday	Thursday	Friday
Period 1 9:45 - 10:30	Period 1 8:45 - 10:08	Period 2 8:45 - 10:08	Period 1 8:45 - 10:08	Period 1 8:45 - 9:40
Period 2 10:36 - 11:19				Period 2 9:46 - 10:39
Period 3 11:25 - 12:08	Period 2 10:14 - 11:37	Period 3 10:14 - 11:37	Period 3 10:14 - 11:37	Period 3 10:45 - 11:38
Lunch 12:08 - 12:48	Lunch 11:37 - 12:17	Lunch 11:37 - 12:17	Lunch 11:37 - 12:17	Lunch 11:38 - 12:18
Period 4 12:54 - 1:37	Period 4 12:23 - 1:46	Period 5 12:23 - 1:46	Period 4 12:23 - 1:46	Period 4 12:24 - 1:17
Period 5 1:43 - 2:26				Period 5 1:23 - 2:16
Period 6 2:32 - 3:15	Period 5 1:52 - 3:15	Period 6 1:52 - 3:15	Period 6 1:52 - 3:15	Period 6 2:22 - 3:15

Freshman Schedule 2026-27

- Student schedules will be viewable through Q/Student & Parent Connect in August. (Watch your email for more information on exact dates.)

9th Grade Required Course List

- 1 English
- 2 Math
- 3 Science
- 4 Alaska Studies / College & Career Exploration + Personal Finance
- 5 Elective
- 6 Elective



COURSE REQUEST FORM LINK

Eagle River High School Freshmen 2026-2027

(Print Last Name)

Name _____

Student ID# _____

Teacher recommendations
will be here

LANGUAGE ARTS

Year-long courses
(circle choice)

English I

Honors English I

SOCIAL STUDIES

(automatic enrollment in both semester courses for all freshmen)

Semester courses

Alaska Studies

College & Career Exploration + Personal Finance

MATH

Year-long courses
(circle choice)

(see ASD Program of Studies for class prerequisites and sequencing)

Foundations for Algebra

Survey of Algebra

Algebra I

Algebra II

Geometry

AP Pre-Calculus

SCIENCE

Year-long course

(automatic enrollment for all freshmen)

Biology I

Notes:

Post-Secondary Plans:

College/Tech School: _____

Major/Job Goal: _____

NOTE: Core classes (this side of form) are entered into Q by counselors, based on teacher recommendation. Students are responsible for entering elective choices (back of form) into Q/StudentConnect before **March 27th**. See your middle school counselor with any questions about teacher recommendations.

2026-2027 ERHS Elective List (9th grade)

Freshmen will have four (4) core classes (front of this form) and two (2) electives each semester. Please rank your elective choices here, in order of 1st choice through 6th choice, and more if possible. Take note whether classes are semester-long or year-long. (Semester-long electives require more back-up choices.)

CAREER & TECHNOLOGY ED (CTE)

(Project Lead the Way)

_____ PLTW Engineering Essentials – H8932 *

_____ PLTW Computer Science Essentials – H8934 *

_____ Leadership & Learning – H8988 ~

MISCELLANEOUS

_____ Peer Leadership – H17030 ~

_____ Student Govt – H9701 *

(by M.S. Counselor recommendation)

_____ Yearbook – H9671 *

FINE ARTS

_____ Acting – H9610

_____ Art I – H5309 *

_____ Band II, Symphonic – H5631 *

_____ Band III, Wind Ensemble – H5641 *

_____ Band, Jazz – H5651 *★ (zero hour)

_____ Choir, Concert – H5531 *

_____ Music Keyboard – H5715 ~

_____ Music Theory & Composition – H5720

_____ Orchestra II, Concert – H5683 *★

_____ Orchestra III, Symphonic Strings – H5691 *★

_____ Pottery – H5155 ~

AIR FORCE JROTC

_____ AFJROTC I – H9752 *

_____ AFJROTC II – H9754 *

PHYSICAL ED/HEALTH ~ (semester courses)

_____ Peer Tutor Fitness – H6305

_____ Recreational Games – H6665

_____ Team Sports – H6021

_____ Weight Training – H6450

_____ Yoga – H6761

WORLD LANGUAGES * (year-long courses)

_____ German I – H4221

_____ German II – H4231

_____ Spanish I – H4021

_____ Spanish II – H4031

KEY:

* year-long course

~ one semester course

★ by audition



Elective choices (this side of the form) are entered into Q by counselors, based on teacher recommendation. Students are responsible for entering elective choices (back of form) into Q/StudentConnect before **March 27th**. See your middle school counselor with any questions about teacher recommendations.



Core classes will be based on
8th grade teacher
recommendations

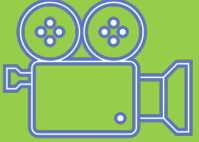


ONLINE COURSE REQUESTS

- STUDENTS WILL HAVE A 2 WEEK WINDOW TO MAKE AND CHANGE COURSE REQUESTS ONLINE:
 - **FRESHMEN c/o 2030: MAR 16TH – MAR 27TH**
(INCOMING FRESHMAN WILL ONLY BE SELECTING ELECTIVES, CORE CLASS RECOMMENDATIONS WILL BE ADDED BY ERHS COUNSELORS AS SOON AS MIDDLE SCHOOL TEACHER RECOMMENDATIONS BECOME AVAILABLE.)
- **SCHEDULE REQUESTS MUST BE MADE BY STUDENTS THROUGH STUDENT CONNECT.**
- PARENTS MAY VIEW REQUESTS VIA Q/PARENT CONNECT, BUT ALL CHANGES MUST BE MADE THROUGH Q/STUDENT CONNECT.



Online Course Requests - Directions



Click **HERE** for Video Directions

1. LOG INTO YOUR Q/STUDENTCONNECTION ACCOUNT.
2. ALL COURSE SELECTIONS WILL BE MADE IN THE **EAGLE RIVER 2026-2027** TRACK.
3. SELECT THE "REQUESTS" ON LEFT MENU BAR, THEN CLICK "ADD/EDIT REQUESTS" ON THE TOP RIGHT.
4. PLEASE NOTE - CORE CLASS RECOMMENDATIONS ARE PRELOADED - IN MOST CASES.
IF YOU HAVE QUESTIONS ABOUT YOUR RECOMMENDATIONS, SEE YOUR 8TH GRADE TEACHERS.
5. USE THE SEARCH BOX TO ADD UP TO 6 ELECTIVE CLASSES.
(THE ORDER IN WHICH YOU SELECT ELECTIVES WILL DELEGATE THE PRIORITY OF YOUR CHOICES)
6. NOT ALL COURSES WILL HAVE A DESCRIPTION, REFER TO THE [ASD PROGRAM OF STUDIES](#) FOR MORE INFO.
7. IF YOU HAVE MORE THAN THREE ELECTIVE REQUESTS, YOU WILL NEED TO DESIGNATE ADDITIONAL REQUESTS AS ALTERNATES. USE THE DROPDOWN MENU NEXT TO EACH COURSE YOU WISH TO MARK AS ALTERNATE.
8. CONTINUE WITH STEPS #6 & #7 UNTIL YOU HAVE ENTERED ALL YOUR CHOICES AND ALTERNATES IN ORDER THEN CLICK "**SUBMIT**" AT THE TOP OF THE WINDOW.



NEXT STEPS...



TAKE THE FORM **HOME**,
TALK WITH YOUR
PARENTS, AND
**COMPLETE ELECTIVE
REQUESTS**
IN Q/STUDENT
CONNECT.



BRING FORM
BACK TO SCHOOL AND
GIVE TO YOUR
**SCHOOL COUNSELOR
OR TEACHER**,
-or-
BRING IT TO **8TH GRADE
NIGHT!**



COME TO **8TH GRADE
NIGHT AT ERHS**,
WEDNESDAY,
MARCH 18TH
AT **6:00 PM.**



FROM
MARCH 16th - 27th
STUDENTS WILL BE ABLE
TO ACCESS THEIR
ELECTIVE REQUESTS
THROUGH THEIR
Q/STUDENT CONNECT
ACCOUNT.



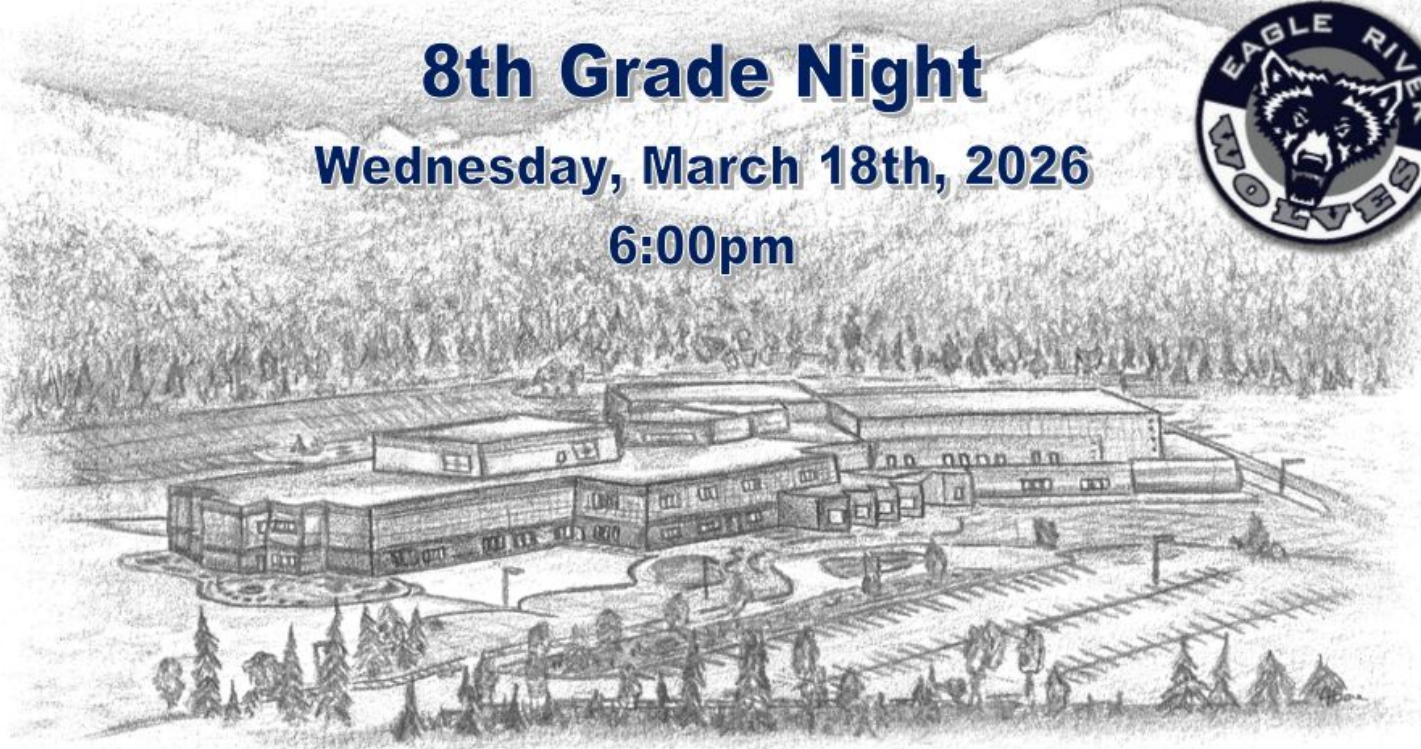
CHECK OUT OUR
WEBSITE
[WWW.EAGLERIVERHIGH
.ASDK12.ORG](http://WWW.EAGLERIVERHIGH.ASDK12.ORG)

EAGLE RIVER HIGH SCHOOL

8th Grade Night

Wednesday, March 18th, 2026

6:00pm



Join us promptly at 6pm for a presentation from our ERHS Administrators, Department Chairs, and Counselors in preparation for the 2026-27 school year. Tour the building, explore ERHS clubs, sports & activities, and purchase ERHS swag at the Wolves' Spirit Store!





Resources

YOU ARE NOT ALONE! THERE ARE PLENTY OF PEOPLE AND RESOURCES AVAILABLE TO HELP!

EAGLE RIVER HIGH SCHOOL COUNSELORS

- (A-F) SALLY LARET
907-742-2704 LARET_SALLY@ASDK12.ORG
- (G-O) GINA WALL
907-742-2712 WALL_GINA@ASDK12.ORG
- (P-Z) STEPHANIE RAWLINGS
907-742-2709 RAWLINGS_STEPHANIE@ASDK12.ORG
- ERHS CURRICULUM OFFICE
907-742-2740

