



Cave Spring Middle School eNews

Upcoming Events:

Monday, December 8th:

Boys' Basketball vs. Smith Mt. Lake Christian Academy – Home – 6:00 PM

Girls' Basketball vs. Smith Mt. Lake Christian Academy – Home – 4:30 PM

Thursday, December 11th:

Boys' Basketball @ William Byrd Middle School – 5:30 PM

Girls' Basketball vs. William Byrd Middle School – Home – 5:30 PM

Winter Choir Concert – CSHS Auditorium – 6:30 PM

School News:

*****CSMS SPELLING BEE*****

This year, we will hold our *CSMS Spelling Bee* on Wednesday, December 10th.

Participation is optional. If your child would like to participate in our Spelling Bee, please complete the following form: [CSMS SPELLING BEE FORM](#)

A practice word list may be accessed at the following link:

[CSMS SPELLING BEE STUDY LIST](#)

Thank you!

*****UPCOMING COMMUNITY CONVERSATIONS*****

Protect your child from online dangers

Monday, Dec. 8: Glenvar Middle School
Tuesday, Jan. 13: Bonsack Elementary
Tuesday, Jan. 20: Herman L. Horn Elementary
Friday, Jan. 23: Clearbrook Elementary (5:30 p.m.)
Monday, Jan. 26: Burlington Elementary
Thursday, Jan. 29: Mt. Pleasant Elementary (6:30 p.m.)
Tuesday, Feb. 3: Green Valley Elementary
Tuesday, Feb. 10: W.E. Cundiff Elementary (5:15 p.m.)
Tuesday, Apr. 7: Penn Forest Elementary (5:00 p.m.)

MEETINGS BEGIN AT 6 p.m. UNLESS OTHERWISE STATED

- **Know the Dangers Lurking Online:** Today's digital world is full of threats: dangerous apps disguised as harmless games, online predators, social media addiction, and relentless cyberbullying. Learn exactly what to look for — and how you can fight back.
- **Wake Up to the Hidden Costs of Screen Time:** Excessive device use is rewiring young brains, disrupting sleep, fueling anxiety, and lowering academic success. The damage is happening now — and it's deeper than most parents realize.
- **Protect Your Child Before It's Too Late:** Know more about powerful tools and expert-backed strategies to reclaim control over your child's digital life and guard their mental and emotional health in a tech-driven world.



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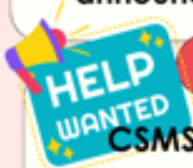
CSMS Athletic Announcements



Thank you for your support of CSMS Athletics!
Please visit the CSMS Canvas page or CSMS website for more information.
Stacey Galle - CSMS Athletic Director - sgalle@rcps.us

Informational Update

1. A student interest meeting for **CSMS BASEBALL** will be taking place **12/16**, 3:30-4:00, in Coach Leisen's Classroom.
2. A student interest meeting for **CSMS SOFTBALL** will be taking place **12/9**, 3:30-4:00, in the Cafeteria.
3. **Boys & Girls Soccer, Baseball & Softball** will all be starting open-gyms in **January!** Please check the CSMS website & Canvas for specific dates. This information is also being communicated on building announcements & fliers.



Coaches Needed

CSMS is **DESPERATELY** in need of the following Coaches for the Spring Season:
Head and Assistant Boys' Track & Field
Head and Assistant Girls' Track & Field
Please contact Mrs. Galle if interested to ensure we can have a track & field team - thank you for your consideration.

Eligibility

To be eligible to participate in a Spring Sport at CSMS, interested athletes **MUST** have a **valid VHSL Physical** on file with CSMS plus **MUST** be in **good standing** (cannot be failing classes 1st Semester nor any large disciplinary infractions).

CSMS Athletic Passes are on Sale!

Provides entry to ALL remaining HOME sporting events.

Adults = \$40.00
Students = \$20.00

Please contact CSMS Bookkeeper, Marianne Williams, to purchase.



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CSMS SCA SCHOOLWIDE COMMUNITY SERVICE PROJECT (BACKPACKS FROM CSMS ELVES)

WE WOULD LIKE TO FILL 50 BACKPACKS FOR CHILDREN IN NEED AT CLEARBROOK, PENN FOREST, BACK CREEK, CAVE SPRING AND GREEN VALLEY ELEMENTARY SCHOOLS. WE NEED YOUR HELP. WE ARE ASKING CSMS FAMILIES TO DONATE MONEY FOR SUPPLIES OR ITEMS TO PUT INTO THE BACKPACKS. HOLIDAY ITEMS AND SECOND SEMESTER SCHOOL SUPPLIES ARE NEEDED.

WE WILL BE COLLECTING DONATIONS THROUGH DECEMBER 12th. YOUR CHILD MAY BRING THEIR DONATION(S) TO MS. FICARRO IN ROOM 159.

THANK YOU FOR HELPING WITH THIS COMMUNITY SERVICE PROJECT. PLEASE SEE THE LIST OF DONATION ITEMS BELOW.

THANK YOU FOR YOUR HELP! WE CAN MAKE A DIFFERENCE!

Ms. Ficarro and the CSMS SCA!

BINDERS

PENS/PENCILS

BOOKS

NOTEBOOKS

PENCIL SHARPENERS

RULERS

NOTEBOOK PAPER

COLORED PENCILS

ERASERS

INDEX CARDS

CRAYONS

TOYS/GAMES

GLOVES, HATS, SOCKS

MARKERS

PENCIL POUCHES