



# CAPUCHINO HIGH SCHOOL

An IB World School

## Class of 2030 Programming Booklet



# Home of the Mustangs!

# WELCOME CLASS OF 2030

## Important Dates

### Meet the Mustangs! Event on March 11, 2026, 9:15-11am

**Incoming 9th grade students:** Come to Capuchino High School to enjoy a presentation and meet Capuchino administrators, educators, and students! Stay for the Club Fair in the Arts Courtyard following the presentation. **Private, Out of District and Taylor students scan to RSVP**



### Counselor One-on-One Meetings (SMUHSD Feeder schools only)

**Parkside Intermediate School:** Tuesday, March 17, 2026 all day at Parkside School

**Taylor Middle School:** Thursday, March 19, 2026 - 8:30-10am at Taylor Middle School

### Private and Out-Of-District Programming Q&A

**March 11 @8:45am in the Library prior to Meet the Mustangs Presentation**  
Q&A with our counselors and the IB department. We will be collecting completed course selection worksheets (last page of this booklet) for each incoming 9th grader.

Scan the QR codes to learn more about IB and our Academics & Electives.

**IB Programme**



**Academics**



**VAPA**



**CTE**



### July 2026 - Summer Census

All families must complete the summer census process known as **Online Data Confirmation** before the school year begins in August 2026. A letter regarding this online registration with a **New access code** will be mailed by the District Office to your address on file in July. Students will not be able to receive their schedule or start school in August unless the summer Data Confirmation online registration is completed.

### 2026-27 School Year Calendar

<https://www.smuhsd.org/our-district/general-information/school-year-calendar>

**School Registration day** - August 6, 2026. Students will pick up their schedules and have their ID pictures taken. (PE uniforms will be available in PE classes when school starts).

If your student is not able to attend the registration day, schedules will be available for pick-up outside the Library at 8am on the first day of school.

**First day of school** - Wednesday, August 12, 2026, 8:30am

For any questions, Contact Vicki Mahoney at 650-558-2704 or email at [vmahoney@smuhsd.org](mailto:vmahoney@smuhsd.org).

## Mission Statement

At Capuchino High School, every person belongs and is valued. We develop inquiring, caring, and knowledgeable young people who are prepared for college, career, and life. In inclusive and equitable learning environments, we celebrate students' diverse identities and support them in becoming reflective, open-minded, and principled learners. Guided by the IB learner attributes, we encourage students to think critically, engage respectfully across differences, and contribute positively to our community and the world.

## School Goal

All students will graduate demonstrating the knowledge and the skills necessary to be prepared for college and career.

## CHS Beliefs

At Capuchino, we believe...

- we must at the same time cultivate individual agency, ownership, identity, and foster a collective culture of WE.
- in identifying, disrupting, and eliminating institutional biases and barriers that prevent equitable outcomes.
- it is our obligation to provide a safe physical and emotional environment.
- that the process of learning is personal and unique to each individual.
- in using the IB Approaches to Teaching and Learning to create meaningful learning experiences for all.
- by developing the IB Learner Profile attributes in all community members, we will foster the growth of the whole person.

## Equity Vision and Mission

### [About Us /Equity Vision and Mission](#)



Learn more about our equity vision and mission:

<https://www.smuhsd.org/our-district/general-information/about-us/mission-and-beliefs>

## School Connectedness

*“School connectedness refers to an academic environment in which students believe that adults in the school care about their learning and about them as individuals.”*

Capuchino faculty and staff know the importance of students feeling connected to school. School Connectedness includes participating in classes and extracurricular activities such as sports and clubs. More importantly, it involves building strong relationships with peers and adults on campus. Students are happier and more successful when they have at least one adult on campus whom they trust and feel have their best interest at heart. At Capuchino, we strive to build a strong, caring, and inclusive community together.

# Student Services

## Supports for Students in Special Education

Students with IEPs will receive services for Special Education in the General Education classes. A Freshmen Special Education case manager and instructional aide is dedicated to supporting freshmen students by collaborating, co-teaching and accommodating instruction with General Education teachers. By serving in the general education classes, students with IEPs are then supported by both General Education teachers and the Special Education Team. Students will also have time during a Directed Studies class to get further assistance with their classes and to develop life skills for success.

For more information please contact: Lane Paulus [lpaulus@smuhsd.org](mailto:lpaulus@smuhsd.org) or Annelise Ito [aito@smuhsd.org](mailto:aito@smuhsd.org)

## Establishing a 504 Plan for Incoming Students

If your student currently has a 504 plan, you will need to contact your school counselor and provide a recent 504 plan from the feeder school. Once the school year starts, the counselor will evaluate the 504 Plan and establish a current plan for the new school year. The counselor will gather parent/guardian and teacher feedback plus other data to determine the 504 Plan for a high school setting. Then, the new plan will be shared with the family and all people providing the accommodation. The 504 Plan ensures that a student will have access and prohibits discrimination due to a disability.

For more information, please contact your student's counselor (subject to change)

Last names A-D + SpEd Linh Linh Trinh [ltrinh@smuhsd.org](mailto:ltrinh@smuhsd.org)

Last names E-Le + SpEd Faith Cabie-Ramil [fcabieramil@smuhsd.org](mailto:fcabieramil@smuhsd.org)

Last names Li-O, ML/Newcomer Wendy Rivera\* [wrivera@smuhsd.org](mailto:wrivera@smuhsd.org)

Last names P-Z + SpEd Shannon Millard [smillard@smuhsd.org](mailto:smillard@smuhsd.org)



## Multilingual Learner and English Learner Programs

In the San Mateo Union High School District we value our Multilingual Learners (MLs), also known as English Learners (ELs). They are an integral part of our community and we appreciate the rich diversity and cultures they contribute to our schools and society. We are committed to providing MLs with a rich academic and social experience while affirming the assets they contribute to our campuses.

Because we have Multilingual Learners who are recent arrivals to the United States and who have been raised here, we offer differentiated programs in an attempt to meet all of their needs.

Our Multilingual Learners are an inspiration and source of joy and SMUHSD is dedicated to creating opportunities and access so they graduate from our schools college and/or career ready.

For more Information, please contact:

Salvador Castillo\*, Multilingual Specialist, 650-558-2707 [scastillo@smuhsd.org](mailto:scastillo@smuhsd.org)

Wendy Rivera\*, Multilingual Counselor, 650-558-2759 [wrivera@smuhsd.org](mailto:wrivera@smuhsd.org)

## Family Engagement

Family engagement coordinators help increase family involvement in our schools and serve as liaisons between our school and historically underserved families. In addition, they coordinate and facilitate Latino Parent Meetings in Spanish, collaborate in the development and implementation of district-wide events.

Family Engagement Coordinator, Fernanda Cely\*, 650-558-2762 [mcely@smuhsd.org](mailto:mcely@smuhsd.org)

\*Spanish speaking

# SAN MATEO UNION HIGH SCHOOL DISTRICT HIGH SCHOOL AND COLLEGE REQUIREMENTS

All graduates must complete a minimum of 220 credits of coursework.

To learn more about college admission requirements, and for a list of District courses that have been certified by the University of California as satisfying the requirements for admission to the University of California and California State University, please see:

<https://admission.universityofcalifornia.edu/admission-requirements/freshman-requirements/subject-requirement-a-g.html>

Career Technical Education (CTE) is offered by the District as career and workforce preparation for high school students, preparation for advanced training, and the upgrading of existing skills. CTE provides high school students with valuable career and technical education so they can (1) enter the workforce with skills and competencies to be successful; (2) pursue advanced training in postsecondary educational institutions, or (3) upgrade existing skills and knowledge.

## Approved Course List

Subjects	High School	University / A-G Requirements*
A. Social Science	3.5 years	2 years
B. English	4 years	
C. Mathematics	3 years* <b>(4 recommended )</b>	
D. Lab Science	2 years <b>(3 recommended)</b>	
E. World Language	1 year	2 years (3 years recommended)
F. Visual and Performing Arts (VAPA)	1 year	
Career Technical Education (CTE)	1 year	None
Physical Education	2 years	None
G. Elective*	4 years	1 year
<b>TOTALS</b>	<b>220 Credits</b>	<b>15 year-long courses</b>

\*University/ A-G requirement - **classes must be C- or higher**

\*Math College/A-G requirement - **Math 3 or IB Math required for 3 years of Math**

# Academics, Programs, and Tutoring

## Academics

Capuchino High School provides a multitude of academic content area courses and programs to promote student engagement, learning, and creativity. Students benefit from a rich curriculum highlighted by the International Baccalaureate (IB) Program as well as AVID, and programs in technological arts, career and vocational, and fine and performing arts.

## IB Programme

The International Baccalaureate Organization aims to develop inquiring, knowledgeable & caring young people who help to create a better & more peaceful world through intercultural understanding & respect. To this end, the IBO works with schools, governments & international organizations to develop challenging programs of international education & rigorous assessments. These programs encourage students across the world to become active, compassionate, and lifelong learners who understand that other people, with their differences, can also be right.



## After School Tutorial Center

Students are encouraged to come to our library to work with a peer tutor or staff to enhance their study, time management, and organization skills. Our trained qualified peer tutors and staff also work with students either one-on-one or in a small group setting to deepen their understanding of a topic covered in class. This is a free service available to all students. Students can also work independently in the library after school hours. For more information and open hours, please check our website:

<https://chs.smuhds.org/students/peer-tutoring/homework-center>

Contact: Roxana Casco Amaya - Student Success Coordinator 650-558-2783

[rcascoamaya@smuhds.org](mailto:rcascoamaya@smuhds.org)

## Library

The library will be open from 8:15 a.m. –3:45 p.m. each school day unless the Student Success Coordinator has extended hours for the After School Tutorial Center. Please bring your ID card to check out books and technology. Students are encouraged to use the library in a quiet and studious manner. Library books circulate for two weeks, and Chromebook loaners must be returned by the end of school day. Computers, charging stations and Wi-Fi are available in the library for school work. No food or drinks are permitted in the library. The library can be reached at 650-558-2727.



# IB learner profile

The aim of all IB programmes is to develop internationally minded people who, recognizing their common humanity and shared guardianship of the planet, help to create a better and more peaceful world.

As IB learners we strive to be:

## INQUIRERS

We nurture our curiosity, developing skills for inquiry and research. We know how to learn independently and with others. We learn with enthusiasm and sustain our love of learning throughout life.

## KNOWLEDGEABLE

We develop and use conceptual understanding, exploring knowledge across a range of disciplines. We engage with issues and ideas that have local and global significance.

## THINKERS

We use critical and creative thinking skills to analyse and take responsible action on complex problems. We exercise initiative in making reasoned, ethical decisions.

## COMMUNICATORS

We express ourselves confidently and creatively in more than one language and in many ways. We collaborate effectively, listening carefully to the perspectives of other individuals and groups.

## PRINCIPLED

We act with integrity and honesty, with a strong sense of fairness and justice, and with respect for the dignity and rights of people everywhere. We take responsibility for our actions and their consequences.

## OPEN-MINDED

We critically appreciate our own cultures and personal histories, as well as the values and traditions of others. We seek and evaluate a range of points of view, and we are willing to grow from the experience.

## CARING

We show empathy, compassion and respect. We have a commitment to service, and we act to make a positive difference in the lives of others and in the world around us.

## RISK-TAKERS

We approach uncertainty with forethought and determination; we work independently and cooperatively to explore new ideas and innovative strategies. We are resourceful and resilient in the face of challenges and change.

## BALANCED

We understand the importance of balancing different aspects of our lives—intellectual, physical, and emotional—to achieve well-being for ourselves and others. We recognize our interdependence with other people and with the world in which we live.

## REFLECTIVE

We thoughtfully consider the world and our own ideas and experience. We work to understand our strengths and weaknesses in order to support our learning and personal development.

**The IB learner profile represents 10 attributes valued by IB World Schools. We believe these attributes, and others like them, can help individuals and groups become responsible members of local, national and global communities.**

For information regarding Capuchino's IB Program, please contact:

Martee Lopez Schmitt - IB Coordinator [mlopezschmitt@smuhsd.org](mailto:mlopezschmitt@smuhsd.org)

Angela Reinhardt Mullins - IB Assistant [areinhardt@smuhsd.org](mailto:areinhardt@smuhsd.org)

# VISUAL & PERFORMING ARTS

**Symphonic Band**

**String Orchestra**

**Chamber Singers**

**Chamber Orchestra**

**Concert Band**

**Art**

**Drama**

**Dance**

**IB Dance**

**Video Production**

**IB Film**

**Digital Photo**

**IB Visual Arts**

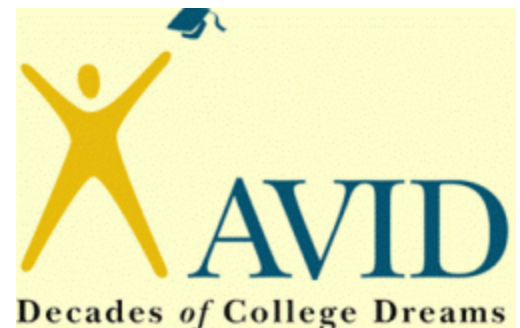
**Ceramics**

## CHS AVID

### WHAT IS AVID?

The mission of AVID is to ensure that ALL students, and most especially the least served students who are in the middle:

- will succeed in rigorous curriculum
- will complete a rigorous college preparatory path
- will enter mainstream activities of the school
- will increase their enrollment in four year colleges, and
- will become educated and responsible participants and leaders in a democratic society.



AVID's systemic approach is designed to support students & educators as they increase schoolwide/districtwide learning and performance.

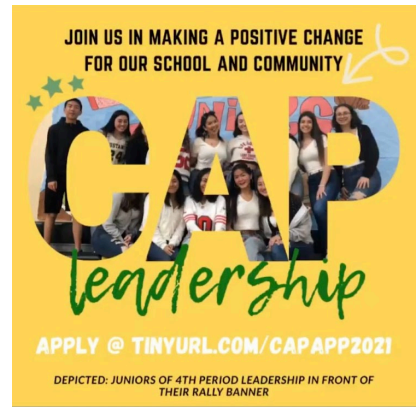
### The Purpose of AVID

The purpose of the AVID program is to restructure the teaching methods of an entire school and to open access to the curricula that will ensure four-year college eligibility to almost all students. (source: AVID)



# STUDENT LEADERSHIP

Leadership is an opportunity for students to reach out to the student body and show their school spirit. The class is divided into different commissions and councils which are responsible for organizing events such as dances, rallies, lunchtime games, student recognition programs, and activities to help unite our students. Leadership also requires being a role model in all aspects of school life. For details, please contact Mr. Bywater at [dbywater@smuhd.org](mailto:dbywater@smuhd.org).



## LEADERSHIP APPLICATION PROCESS

Step 1: Go to the Capuchino High School Website <https://chs.smuhd.org/>

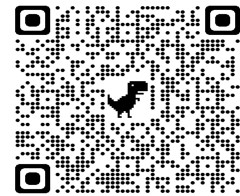
Step 2: Click Students Tab

Step 3: Click Student Leadership and Government

Step 4: Follow the instructions for the application process

Step 5: Complete your survey/application form.

Step 6: Pay attention to your email you submitted, we will contact you with the next steps.



## CLUBS AT CAPUCHINO

Our students are encouraged to start or join a club

### Some Active Clubs in 2024-25 & 2025-26

- |                    |                         |                    |
|--------------------|-------------------------|--------------------|
| SAGA Club          | Latinos Unidos          | Interact Club      |
| DESI Club          | Bible Study Club        | Robotics Club      |
| ML Club            | Ceramics Club           | Math Club          |
| Chess Club         | Drama Club              | PHS/SPCA Support   |
| Cap Kababayan      | French Club             | MENA Club          |
| Microorganism Club | Future of Medicine Club | Korean Club        |
| Thai Culture Club  | Crochet Club            | or start your own! |



# ATHLETICS



## FALL SEASON

VARSITY VOLLEYBALL (G)  
 VARSITY FOOTBALL  
 CROSS COUNTRY(B/G)  
 GOLF (G)

J.V. VOLLEYBALL (G)  
 J.V. FOOTBALL  
 TENNIS (G)  
 WATER POLO (B/G)



## WINTER SEASON

VARSITY BASKETBALL (B/G)  
 VARSITY SOCCER (B/G)  
 WRESTLING (B/G)

J.V. BASKETBALL (B/G)  
 J.V. SOCCER (B/G)

## SPRING SEASON

GOLF (B)  
 SWIMMING (B/G)  
 VARSITY BASEBALL  
 VARSITY SOFTBALL  
 TRACK & FIELD (B/G)

TENNIS (B)  
 BADMINTON  
 J.V. BASEBALL  
 J.V. SOFTBALL

## YEAR ROUND

SPIRIT SQUAD

JAM SQUAD

## MEDICAL REQUIREMENTS

The [Medical Examiner's Statement](#) form (to be completed by the student's health care provider and which is valid for 12 months from date of exam) is required for school entry. The San Mateo Union High School District requires that all students have a physical examination upon entering high school and are up-to-date on **all required immunizations**. If you do not wish for your student to have a physical, please submit a letter to the principal stating that you are waiving the physical examination requirement. The physical examination requirement may *not be waived* if your student plans to participate in our after-school athletic program.



**Please return the original requested physical form and a completed, updated immunization record to your school's [Health Office](#) by the first day of school (or fax to 650-558-2852).** We suggest that you please keep a copy for your own records. If you have any questions, please contact your school's Health Aide, [Ms. McAuliffe](#).

**In addition to the Medical Examiner's Statement, if your student plans on participating in sports (during the school year *and* over the summer), you must also complete the entire Athletic Packet via [SportsNet](#) every school year.** Parents/guardians can find the packets at: [Athletic Packets](#). Athletic Packets can be completed starting in May for the upcoming school year and summer practices.

If your student has a major medical condition (e.g., Type 1 Diabetes, EpiPen, Seizure Disorder, Heart Condition) that the school should be aware of, please notify your school's [Health Office](#).

For more info on [health-related forms](#) and policies (including the SMUHSD [Medication Policy](#) and the [Authorization for Medication](#) form), please click visit: [Students on Medication and Administration of Medication at School](#).

# 9th Grade Course Offerings

## 2026-2027 Student Worksheet

\_\_\_\_\_  
Last Name

\_\_\_\_\_  
First Name

*\*\* I approve of the course selections and understand that they are binding for the Freshman school year. It is also understood that when necessary, a course of similar content or area of study may be substituted for the first selection if no alternates are listed or available. All courses are year-long courses unless otherwise indicated or noted by the counselor.*

\_\_\_\_\_  
Student Signature and Date

\_\_\_\_\_  
Parent/Guardian Signature and Date

9th graders are required to take 7 classes. Core Classes for rising 9th graders are listed below and will be automatically scheduled for each student.

1. English 1 CP
2. Physics in the Universe
3. Intro to Ethnic Studies / Health
4. PE 1

### MATH

- \_\_\_ Math 1 (Algebra 1)
- \_\_\_ Math 2 (School Rec and/or Testing) (Geometry)
- \_\_\_ Math 3 (School Rec and/or Testing) (Algebra 2)

### WORLD LANGUAGE

- \_\_\_ French 1
- \_\_\_ Spanish 1
- \_\_\_ Spanish 2 (2<sup>nd</sup> Yr) (by testing)
- \_\_\_ Spanish Native Speakers 2 (by testing)

### ELECTIVE CLASSES

**Indicate your 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> choice.** You will be programmed depending on availability and space in your schedule.

- \_\_\_ Art\*
- \_\_\_ Ceramics\*
- \_\_\_ Digital Photography\*
- \_\_\_ Video Production\*
- \_\_\_ Publications (Yearbook)
- \_\_\_ Comp Sci Principles (Alg 1 prerequisite)
- \_\_\_ Dance
- \_\_\_ Drama
- \_\_\_ Concert Band
- \_\_\_ String Orchestra
- \_\_\_ Chamber Singers (Chorus)

*\*impacted course*

### Other Electives - Teacher Permission Required

- \_\_\_ AVID 1 (via Google Form)
- \_\_\_ Leadership (via Google Form)
- \_\_\_ Directed Studies
- \_\_\_ Community-Literacy in Action 1 (CLA 1)
- \_\_\_ Community-Literacy in Action 2 (CLA 2)

