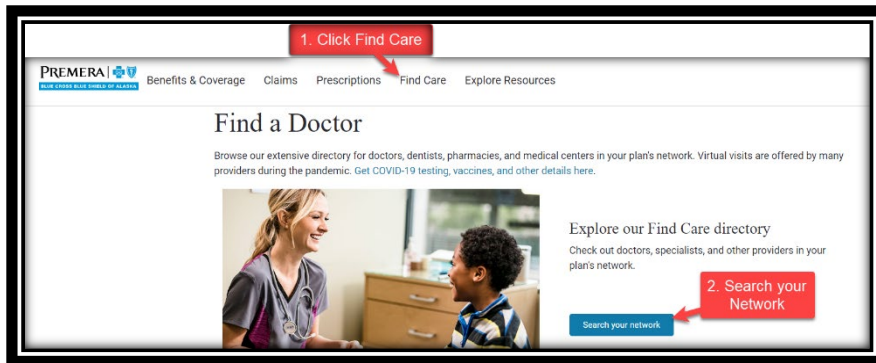
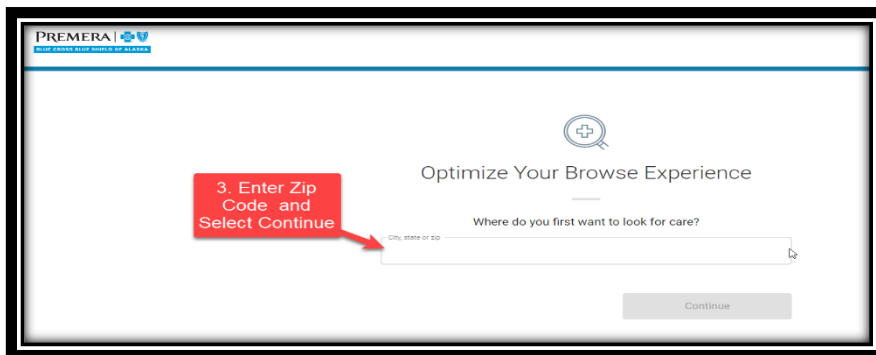


Find a Doctor Tool – Instructions

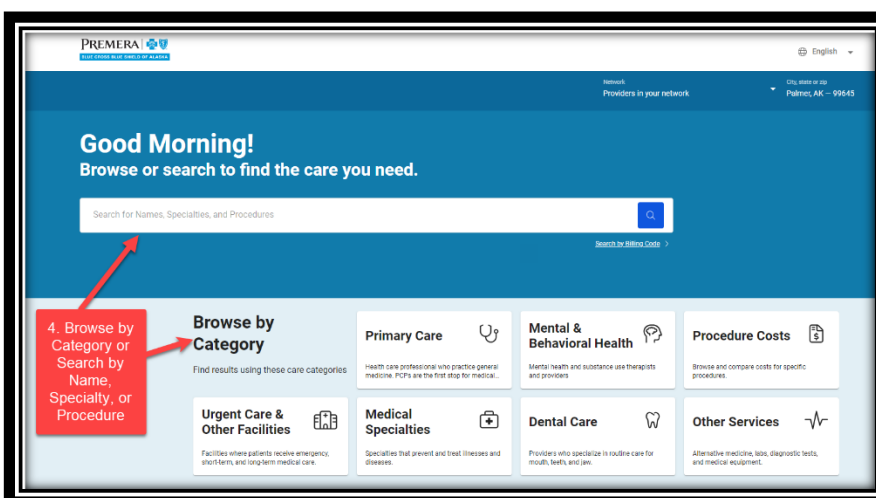
1. Log into your Premera account or create an account at (www.premera.com).
2. Click on “Find Care” and then “Search your network.” Note: A video tutorial is available as well after you select "Find Care."



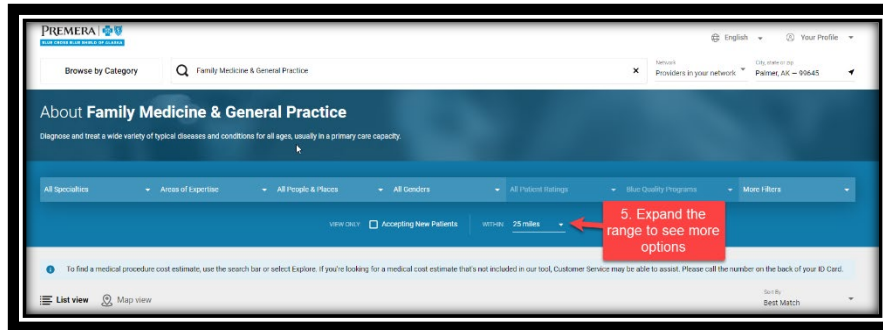
3. Enter your Zip Code and select “Continue.”



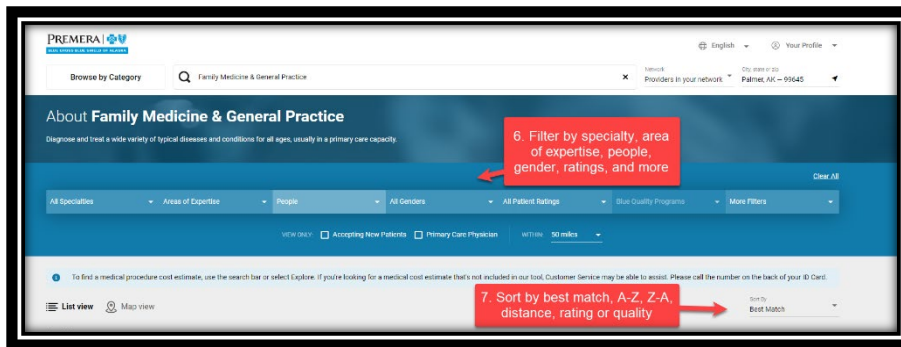
4. Browse by category or search by name, specialty, or procedure.



- For the best results, or if your provider is not listed, expand your search range to at least 50 miles.



- Filter by specialty, area of expertise, people, gender, ratings, and more.
- Sort by best match, A-Z, Z-A, distance, rating, and quality.



- Compare up to four providers by checking "Compare."
- Providers selected to compare will appear at the bottom of the screen. Click "Compare #/4."

