What do school counselors DO?

We work alongside teachers and parents to help students develop socially and emotionally, and help remove any barriers to learning!

We provide:

- Classroom guidance lessons
- Small group counseling
- Short-term individual counseling
- Consultation with parents and teachers
- Parent workshops
- Crisis intervention
- Community resource referrals *(including longer term therapy services)*
- Schoolwide programming (Red Ribbon Week, Kindness Week, College and Career Awareness Week, etc.)

Contact Us!



Kindergarten through 2nd Grade

Mrs.Yumeekia Mitchell
Phone: 901-416-0015
mitchellyn@scsk12.org

3rd through 5th Grade

Mrs. Jamecca Bowen
Phone: 901-416-4860
meansj@scsk12.org

We are excited and honored to serve you and your child!



****Confidentiality and your family's privacy are important to us. What you or your child discuss with a counselor is private except in cases required by law (when abuse or neglect are suspected).****

Kate Bond Elementary

SCHOOL COUNSELING

Mrs. Yumeekia Mitchell (Grades K-2)
Mrs. Jamecca Bowen (Grades 3-5)



Counsel.
Educate.
Advocate.
Empower.

How can we support parents?

- Help handle social or emotional concerns you have about your child.
- Improving parent-child communication.
- Family difficulties or concerns that affect your child at school.
- Referrals for community resources.
- Understanding the developmental changes of childhood.
- Helping your child to be on time to school every day.
- Discussing concerns about your child's academic achievement.

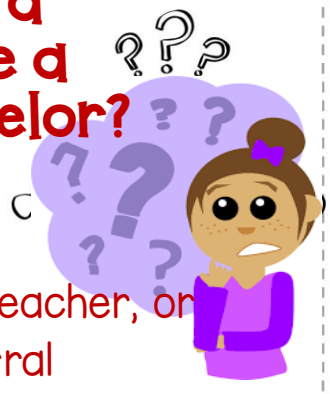


We're here with a listening ear!

What types of things do we talk with students about in class lessons and in counseling?

- Making and keeping friends
- Setting goals
- Teamwork
- Feeling good about yourself
- Making good choices
- Being responsible
- Managing strong feelings
- Conflict resolution

How does a student see a school counselor?



- Self-referral
- Parent referral
- Administrative, teacher, or other staff referral

Online Referral Link:
https://forms.gle/zQ9lox69c4Dby8ah7

Why do kids need school counseling?

- Children learn best when they feel good about themselves and their relationships with others.
- Children who understand their feelings are better able to control their behavior.
- We know that stress can affect focus and learning, but its impact can be reduced with proven self-regulation strategies.
- Schools, parents, and communities that communicate and collaborate provide the most effective support to children.
- Attitudes formed during elementary school shape future attitudes towards learning, self, and society.

