

SPRING 2026 AFTER SCHOOL PROGRAM IN THE LOWER SCHOOL



The Convent of the Sacred Heart offers an After School Program for students in the Lower School. There is a limit to the number of children who can be enrolled in each activity.

During Spring break, class enrollment will be determined. Parents will be notified concerning a student's acceptance or waitlist status for her desired class(es).

- A class may be canceled if a minimum number of students do not register for it.
- All fees include a snack.
- After school activities do not meet on school holidays or early dismissal days.
- Students are not allowed to bring play dates to the after school program.
- **Students may withdraw from or switch their class at a prorated cost if they do so before the third week of after school.**
- **Dropping an after school class on the first day of class will incur a \$100 fee.**
- Children are expected to be picked up promptly when the activity ends.

MONDAY

DIVE INTO ART for Grades 2, 3, 4

Teacher: Ms. Holly Brown
Hours: 3:30 - 4:30 p.m.

Class Fee: \$645 Materials Fee: \$50

In this class, students will learn about a variety of artists, using their work as inspiration for hands-on art projects. We will work in a variety of media, including collage, painting, drawing and mixed media.

HOMEWORK'S DONE! for Grade 1

Teacher: Ms. Gianna Duca
Hours: 3:30 - 4:30 p.m.

Class Fee: \$645

Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the guidance and support of a teacher and the company of your peers.

HOMEWORK'S DONE! for Grades 2, 3, 4

Teacher: T.B.A.
Hours: 3:30 - 4:30 p.m.

Class Fee: \$645

Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the guidance and support of a teacher and the company of your peers.

INTRODUCTION TO RUNNING for Grades 1, 2

Teacher: Ms. Katie Amodio & Ms. Lori Ayanian
Hours: 3:30 - 4:30 p.m.

Class Fee: \$645

This class will instruct the girls in age-appropriate running techniques using warm-up and fitness games. Emphasis will be on safety and fun!

SEWING for Grades 1, 2, 3

Teacher: Ms. Zoe Davis
Hours: 3:30 - 4:30 p.m.

Class Fee: \$645 Materials Fee: \$25

Girls will enjoy a relaxing class working on simple sewing projects. They will make bags, dolls' quilts, hair bands and stuffed animals.

OFF CAMPUS

CORBIN'S ICE SKATING AT CHELSEA PIERS (Indoor Rink) for Grades 1, 2, 3, 4

Corbin's Crusaders

Teacher: Chelsea Piers Instructors
Hours: 3:15 - 5:00 p.m.

Class Fee: \$1,050 Materials Fee: \$50

In this activity, girls participate in a group skating lesson and a "free skate" session. The fee includes a lesson, ice skate rental and helmet. **Girls will be returned home after the activity by a Corbin's Crusaders bus. Bus service from 60th to 100th Street East and West.**

SOCCER for Grades 1, 2, 3, 4

Teacher: Corbin's Crusader Coaches

Hours: 3:15 - 5:00 p.m. (Bus departs at 5:00 pm)

Class Fee: \$995

The program is for girls with all levels of experience and skill sets. The focus will be on basic positioning and play. **Girls will be returned home after the activity by a Corbin's Crusader bus. Bus service from 60th Street to 100th Street East and West.**

TUESDAY

CLAY LAB for Grades 1, 2, 3, 4

Teacher: T.B.A.
Hours: 3:30 - 4:30 p.m.

Class Fee: \$645 Materials Fee: \$50

In this class students will mold, shape and create through hands on projects. From pinch pots and animal sculptures to imaginative creatures and textured tiles, students will learn basic hand-building techniques while developing fine motor skills and artistic expression.

DRAWING ADVENTURES for Grades 1, 2, 3, 4

Teacher: Ms. Shormi Uddin
Hours: 3:30 - 4:30 p.m.

Class Fee: \$645 Materials Fee: \$25

Students will learn the basics of drawing in this calming art class building on techniques to create still lifes, portraits and landscape drawings using traditional and unique materials!

K-POP KIDS for Grades 1, 2, 3

Teacher: T.B.A.
Hours: 3:30 - 4:30 p.m.

Class Fee: \$645

Get ready to dance, groove and shine like your favorite K-pop stars. In this high energy class students will learn fun choreography to upbeat K-pop hits. We'll bop to BLACKPINK, to BTS and hit the stage to perform our best HUNTR/X moves.

SCIENCE WIZARDS for Grades 1, 2, 3, 4

Teacher: T.B.A.
Hours: 3:30 - 4:30 p.m.

Class Fee: \$645 Materials Fee: \$25

Join us for a creative exploration of STEM and storytelling in this fun and explorative wizarding world of science. Students learn about chemistry through potion making, anatomy through owl making, spell creations and more.

SWIFTIE SCRATCH! for Grades 2, 3, 4

Teacher: T.B.A.
Hours: 3:30 - 4:30 p.m.

Class Fee: \$645 Materials Fee: \$50

Students will learn the fundamentals of coding and programming while rocking out to Taylor Swift songs. These Swifties will program a music video, an interview with their favorite music icon, and help their superstar get ready for the next concert.

MAGICAL EMBROIDERY ADVENTURE

Grades 2, 3, 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 p.m.

Class Fee: \$645 Materials Fee: \$50

Step into a world of sparkle, stitches and imagination! Students will learn the art of embroidery while bringing magical creatures to life. We begin with a hand-painted unicorn while mastering the foundational embroidery skills including the running stitch and backstitch.

OFF CAMPUS

SOFTBALL for Grades 1, 2, 3, 4

Teacher: Corbin's Crusader Coaches

Hours: 3:15 - 5:30 p.m. (Bus departs at 5:00 pm)

Class Fee: \$995

Softball will take place at Randall's Island! We will practice skill-building, scrimmages and tons of fun. The girls will work on hitting, throwing, fielding and game play all in a positive environment. If it rains we will be in gym at 95th and Central Park West.

TENNIS for Grades 1, 2, 3

Teacher: Super Star Tennis

Hours: 3:15 - 4:30 p.m.

Class Fee: \$675 Materials Fee: \$50

This class will emphasize tennis fundamentals; learn how to hit forehand, backhand and volleys with the proper technique and grip. We will also work on drills, games, hand-eye coordination, sportsmanship and team building skills while having fun! All equipment is provided. Sacred Heart chaperones will accompany the girls to tennis. **Pickup for tennis is at Immanuel Lutheran Church, 88th Street and Lexington Avenue.**

WEDNESDAY

ART OUT OF THE BOX for Grades 1, 2, 3

Teacher: T.B.A.

Hours: 3:30 - 4:30 p.m.

Class Fee: \$645 Materials Fee: \$50

Students will learn how to get creative and make mini masterpieces using materials like fabric, paper and found objects from nature! They will also learn about contemporary and historic artists using unconventional materials.

HOMEWORK'S DONE! for Grades 2, 3, 4

Teacher: Ms. Gianna Duca

Hours: 3:30 - 4:30 p.m.

Class Fee: \$645

Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the supervision of a teacher and the company of your peers. This class is for girls who are working at grade level and above.

KNITTING and CROCHET for Grades 2, 3, 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 p.m.

Class Fee: \$645 Materials Fee: \$25

Students will explore the art of yarn through both knitting and crochet. They'll learn foundational stitches and techniques, then build on their skills to create custom projects: from simple scarves and headbands to playful crochet shapes and cozy knit accessories.

MATH ENRICHMENT for Grades 3, 4

Teacher: Mrs. Maureen Cook

Hours: 3:30 - 4:30 p.m.

Class Fee: \$645

This class will focus on math concepts and honing math skills. This class is for girls who are working at grade level and above.

RUNNING CLUB! for Grades 3, 4

Teacher: Ms. Maria Levine & Ms. Victoria Fox

Hours: 3:30 - 4:30 p.m.

Class Fee: \$645

This class will instruct the girls in age-appropriate running techniques using warm-up and fitness games. Emphasis will be on safety and fun!

SPANISH CLUB

for Grades 1, 2, 3

Teacher: Ms. Carolina Garcia

Hours: 3:30 - 4:30 p.m.

Class Fee: \$645

Join our fun interactive Spanish class! Through games, songs and engaging activities, students will build their Spanish vocabulary and confidence in speaking the language.

OFF CAMPUS

LACROSSE for Grades 1, 2, 3, 4

Teacher: Corbin's Crusader Coaches

Hours: 3:15 - 5:00 pm

Class Fee: \$1,050

Lacrosse will be at Randall's Island. Girls will practice stick work, shooting, defense and fun scrimmages all in a positive environment. All levels are welcome and players are grouped by experience.

Girls will be returned home after the activity by a Corbin's Crusaders bus. Bus service from 60th to 100th Street East and West.

SWIM CLUB Grades 1, 2

Teacher: Cardinal Swim Club Coaches

Hours: 3:15 - 5:00 pm

Class Fee: \$675

Swim instructors will work with students to learn everything from safety & survival techniques to stroke mechanics and conditioning. Students are grouped by skill level. **Students should be picked up promptly at 5:00 pm at 406 East 91st Street. (Girls will walk over to 406 with a Sacred Heart chaperone.)**

New

New

New

iPIANOLAB for Grades 1, 2, 3

Teacher: Mr. Steve Catanzaro

Hours: 3:30 - 4:30 p.m.

Class Fee: \$645

Materials Fee: \$50

iPianolab is a fun way to learn piano keyboard right at school. iPianolab sets up a portable keyboard lab with a keyboard and headphones for each student. The girls will learn all the keyboard basics while learning to play songs they love. The class includes free access to iPiano's website to watch tutorials of all the lessons and songs including fun interactive learning games.

KITCHEN CHEMISTRY for Grades 1, 2, 3, 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 p.m.

Class Fee: \$645

Materials Fee: \$25

Students will explore the science of food and chemistry in this fun and exploratory class. With edible experiments, lessons on nutrition, recipes and fun activities to get us learning more about what we eat!

MATH GAMES! for Grades 2, 3

Teacher: Mrs. Maureen Cook

Hours: 3:30 - 4:30 p.m.

Class Fee: \$645

In this class we will build number sense, fact fluency, and flexible thinking - all while playing games. Math games increases math skills by making practice fun and engaging. Students will participate in various games and activities to help build number sense and confidence.

WEAVING for Grades 1, 2, 3, 4

Teacher: Ms. Holly Brown

Hours: 3:30 - 4:30 pm

Fee: \$645

Material Fee: \$50

Students will experience the wonders of weaving while learning a variety of techniques. With a portable loom and yarn, students will create woven pouches and wall hangings. Students will create their original textiles exploring color relationships, pattern, and repetition.

ON CAMERA ACTING for Grades 1, 2, 3, 4

Teacher: T.B.A

Hours: 3:30 - 4:30 p.m.

Class Fee: \$645

Lights, camera, action! Join this cinematic course focusing on imagination, concentration, script work and acting techniques. Students will learn the basics of playing to the camera while creating their own mini-blockbusters.

SPY KIDS for Grades 1, 2, 3, 4

Teacher: T.B.A

Hours: 3:30 - 4:30 p.m.

Class Fee: \$645

Materials Fee: \$25

We will explore science, engineering and design concepts by solving puzzles, cracking secret codes and crafting spy gadgets and disguises!

OFF CAMPUS

CORBIN'S ICE SKATING AT CHELSEA PIERS (Indoor Rink) for Grades 1, 2, 3, 4

Corbin's Crusaders

Teacher: Chelsea Piers Instructors

Hours: 3:15 - 5:00 p.m.

Class Fee: \$1,050

Materials Fee: \$50

In this activity, girls participate in a group skating lesson and a "free skate" session. The fee includes a lesson, ice skate rental and helmet. **Girls will be returned home after the activity by a Corbin's Crusaders bus. Bus service from 60th to 100th Street East and West.**

New

GROUP ICE SKATING AT CHELSEA PIERS (Indoor Rink) for Grades 1, 2, 3, 4

Teacher: Chelsea Piers Instructors

Hours: 3:15 - 5:45 p.m. **(Bus leaves at 5:00 pm)**

Class Fee: \$995

Material Fee: \$50

In this activity, girls participate in a group skating lesson and a "free skate" session. The fee includes a lesson, ice skate rental and helmet. **Sacred Heart chaperones accompany the children to the rink and back to school on a Sacred Heart bus.**

PRE-TEAM SWIM CLUB Grades 3, 4

Teacher: Cardinal Swim Club Coaches

Hours: 3:15 - 5:00 pm

Class Fee: \$675

This program is for students who want to develop their competitive swim skills. Participants should come with competency in three of the four strokes and have an interest in racing. **Students should be picked up promptly at 5:00 pm at 406 East 91st Street. (Girls will walk over to 406 with a SH chaperone.)**

New

THURSDAY

AFFINITY GROUP for Grades 1, 2, 3, 4

Teacher: Ms. Jesenia Jackson & Ms. Bridget Billups

Hours: 3:30 - 4:30 p.m.

Our LS affinity group provides an opportunity for LS students of color to celebrate their shared identities, strengthen their sense of belonging, and enrich our inclusive community. Through read-alouds, craft/virtual projects, circle shares, dance parties, and other activities, participants can connect with students of color from other grades and classes. Please note: This group is open to those who identify their racial/ethnic background as Black/ African American, African, Asian, Pacific Islander, Southeast Asian, First Nations, Latinx/Hispanic, Greater Middle Eastern, or Multiracial.

CHESS for Grades 1, 2, 3, 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 p.m.

Class Fee: \$645

Materials Fee: \$25

In this class, students learn all the basics of chess in a fun and noncompetitive atmosphere. The girls will be taught how pieces move and the use of a chess clock. They will learn basic chess strategies, openings, tactics and problem-solving skills.

FASHION ILLUSTRATION for Grades 2, 3, 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 p.m.

Class Fee: \$645

Explore figure drawing, fabric sketching and character outfits with weekly drawing challenges. No sewing -- just sketching and styling!

FENCING for Grades 2, 3, 4

Teacher: Coach Colin

Hours: 3:30 - 4:30 p.m.

Class Fee: \$645

Material Fee: \$50

The girls will learn the fundamentals of en garde, lunging, and parrying in a fun and safe environment. Foil and equipment provided! Please wear sneakers.

HOMEWORK'S DONE for Grades 2, 3, 4

Teacher: Ms. Leslie Perez

Hours: 3:30 - 4:30 p.m.

Class Fee: \$645

Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the supervision of a teacher and the company of your peers. This class is for girls who are working at grade level and above.

OFF CAMPUS

ROLLERBLADING for Grades 1, 2, 3, 4

Teacher: Roll America

Hours: 3:15 - 4:30pm

Class Fee: \$695

Students learn skills that will progressively take them from basic through advanced skating techniques.

Equipment needed: (helmet, wrist, knee and elbow pads) and skates are required.

New

VOLLEYBALL for Grades 2, 3, 4

Teacher: Corbin's Crusader Coaches

Hours: 3:15 - 5:00 p.m. **(Bus departs at 5:00 pm)**

Class Fee: \$995

The program is for girls with all levels of experience and skill sets. The focus will be on basic positioning and play. **Girls will be returned home after the activity by a Corbin's Crusader bus. Bus service from 60th Street to 100th Street East and West.**

FRIDAY

KARATE for Grades 1, 2, 3, 4

Teacher: T.B.A

Hours: 3:30 - 4:30 p.m.

Class Fee: \$645

This is an introductory karate class, students will build strength, balance, discipline and focus while learning basic martial arts skills. Each week features fun drills, partner exercises, and practice of basic strikes, kicks in an encouraging, non-competitive environment.

New

MINECRAFT: WORLD ADVENTURE for Grades 2, 3, 4

Teacher: T.B.A

Hours: 3:30 - 4:30 p.m.

Class Fee: \$645

Material Fee: \$50

We are off to explore new worlds within the Minecraft realm. Students will learn to move, explore, build and code within Minecraft while visiting exciting places including ancient Egypt, Tokyo Disneyland, the Wizarding World of Hogwarts and more.

Registration for Spring 2026 please go to:

<https://lowerschoolafterschool.campbrainregistration.com/>

-- Create an account and password

-- Select your after school class/es

-- Use your credit card to pay (VISA, Discover and Mastercard only) **NO AMERICAN EXPRESS**