



MARCH 6, 2026

THE FRIDAY FLYER

Weekly Newsletter of Freeman High School

509-291-3721

PRINCIPAL'S MESSAGE

Hello Scottie Parents/Guardians/Families!

From the start of the year, I've been consistently impressed with the dedication, hard work and presentation of our Scottie Cheer team. At Wednesday evening's state basketball game, the Cheer team coordinated with the band for their halftime pom routine, and it was fantastic! Cheer is one of the few activities that essentially runs the entire year: through Fall sports, through Winter sports through the Lilac parade in the Spring. Congratulations and thank you to Coach Unfred and the Freeman Cheer team for your support of our teams and for your well-executed halftime performances! Congratulations also to several members of our band and choir. The following students earned specific recognitions: Evan Smith, Alto Voice (Superior Rating); Maddox Kemble, Baritone Voice (Excellent Rating); Jonathan Dexter, Trumpet (Superior Rating); Josiah Kann, Flute (Superior Rating). The Freeman Choir Ensemble 1 featuring Conner Durrant, Emmett Wilkinson, Chelsea Daines, Eve Dumars, Rylee Salinas and Jade Talbott (Superior Rating). Good luck to our Boys Basketball team as they continue play at the 2B State Tournament this weekend, and good luck to our FFA Trap team as they host their Invitational Competition on Saturday!

Go Dawgs!

Jeff Smith, Principal

Freeman School District does not discriminate in any programs or activities on the basis of race, ethnicity, creed, religion, color, national origin, honorably discharged veteran or military status, sexual orientation, gender expression, gender identity, homelessness, immigration or citizenship status, the presence of any sensory, mental or physical disability, neurodivergence, or the use of a trained dog guide or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, rrussell@freemansd.org, 509- 291-3695, 15001 S Jackson Rd. Rockford, WA 99030

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Freeman Wins State Superintendent’s Award



We are thrilled to announce that the Freeman School District has been named one of only 25 districts statewide to receive the State Superintendent’s Award for Educational Excellence in Student Achievement. This prestigious honor recognizes our district’s standing as a top performer in Washington, specifically highlighting our success in critical areas such as kindergarten readiness, 8th-grade math, and graduation rates. Superintendent Randy Russell credits this achievement to the collective

"dedication, talent, and commitment" of our students, staff, and families. Being recognized by OSPI reinforces our community's shared mission to provide high-quality instruction and expanded opportunities for every student in our district.



MARCH 6TH
NO SCHOOL - Snow Make Up Day

MARCH 9TH
NO SCHOOL - Teacher PD Day

MARCH 11TH
Spring Sport Team Photos 3pm

MARCH 13TH
AM Activity Bell Schedule

MARCH 14TH
Athletics Auction & Dinner Fundraiser

MARCH 16TH
Jostens Here at Lunch with Senior Orders

MARCH 18TH
LATE START FOR STUDENTS - 10:15am

MARCH 20TH
AM Activity Bell Schedule

LIBERTY HIGH SCHOOL
March 12th

We will be taking a bus leaving at 10:15am and returning by lunch. Students can sign up to attend by contacting Ms. Youseph or using the form link in their CCR Google Classroom. Over 35 industry partners will be there.

- COLLEGES/ UNIVERSITIES
- MILITARY BRANCHES
- TRADE PROGRAMS
- EMPLOYERS
- & OTHER ORGANIZATIONS!



C
T
E

COLLEGE CAREER
readiness



JUNIORS

Thursday, April 16, 2025

Freeman High School
8:15am - 12:30pm
\$60 Test Fee

- Test in a familiar environment.
- Scores will be available for senior fall applications (if asked for by the university).
- Qualifying scores can be used to complete a Graduation Pathway.
- Sign-ups are in students' Graduating Class Google Classroom. You can also email Heidi Youseph at hyouseph@freemansd.org to sign your student up.
- Students can log into their College Board accounts to access their PSAT scores and practice questions for the SAT.
- Please contact Heidi Youseph if there are any questions about covering the testing fee.
- The deadline to register for the test is **APRIL 1, 2026**.

IMPORTANT COLLEGE & CAREER READINESS DATES:

- March 12: North Palouse Industry Fair at Liberty High School (11th and 12th)
- March 18: Business After School: Jubilant HollisterStier 3pm-5pm
- March 19: Business After School: EWU School of Design 3pm-5pm
- March 20: Paul Mitchell Tour (9th - 12th)
- March 23: Whitworth University during lunch
- March 24: College Planning Day at EWU (12th)
- March 27: Deadline to apply for Nurse Camp 2026 (see Ms. Youseph)
- March 30: WSU visit during lunch (12th)
- April 1: Trades Discovery Night @ East Valley HS 5pm-8pm
- April 16: SAT School Day (11th)
- April 22: Business After School: CarbonQuest 3pm-5pm
- April 23: Spring ASVAB (10th-12th)



Upcoming Sports



3/12 - vs. Ridgeline 4pm
3/14 - @ Shadle Park 11am



3/14 - @ Medical Lake (Dbl Header) 11am & 1pm



Sports Links:



Pay Fines/Fees



ATHLETE OF THE WEEK

senior
FINN LAPOINTE
 basketball

FREEMAN SCOTTIES ATHLETE OF THE WEEK
Sponsored by Freeman Athletic Booster Club

CERTIFICATE
 ATHLETE OF THE WEEK
Finn Lapointe

sponsored by
 Freeman Athletic Booster Club

ATHLETE OF THE WEEK

junior
ALY DASHIELL
 cheer

FREEMAN SCOTTIES ATHLETE OF THE WEEK
Sponsored by Freeman Athletic Booster Club

CERTIFICATE
 ATHLETE OF THE WEEK
Aly Dashiell

sponsored by
 Freeman Athletic Booster Club

ATHLETE OF THE WEEK

freshman
MADOX HODGES
 basketball

FREEMAN SCOTTIES ATHLETE OF THE WEEK
Sponsored by Freeman Athletic Booster Club

CERTIFICATE
 ATHLETE OF THE WEEK
Madox Hodges

sponsored by
 Freeman Athletic Booster Club



Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

BELL SCHEDULES

 Every Friday

Regular Schedule		
1	8:15 -- 9:02	47 min
2	9:06 -- 9:53	47 min
SCOTTIE BREAK	9:53 -- 10:01	8 min
3	10:04 -- 10:51	47 min
4	10:55 -- 11:42	47 min
5	11:46 -- 12:33	47 min
LUNCH	12:33 -- 1:03	30 min
6	1:07 -- 1:54	47 min
7	1:58 -- 2:45	47 min

AM Activity Schedule		
1	8:15 -- 8:57	42 min
2	9:01 -- 9:43	42 min
SCOTTIE BREAK	9:43 -- 9:51	8 min
3	9:55 -- 10:37	42 min
4	10:41 -- 11:23	42 min
5	11:27 -- 12:09	42 min
ACTIVITY	12:13-12:43	30 min
LUNCH	12:43-1:13	30 min
6	1:17 -- 1:59	42 min
7	2:03 -- 2:45	42 min

Late Start Schedule		
1	10:15 -- 10:46	31 min
2	10:50 -- 11:21	31 min
3	11:25 -- 11:56	31 min
4	12:00 -- 12:31	31 min
LUNCH	12:31 -- 1:01	31 min
5	1:05 -1:36	30 min
6	1:40 -- 2:11	31 min
7	2:15 -- 2:45	30 min

ATTENDANCE LINE

Please email fhsoffice@freemansd.org or call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day. If we do not receive an email, note, or a call your student's absence will remain unexcused.

BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply [here](#).

SCOTTIE BREAK We offer Scottie Break at the High School. A light snack will be available for students to purchase from 9:53am - 10:01am. Cost: \$2.50

LUNCH - served at the High School in the MPR. Cost: \$3.90. Click image for menus.



ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.



ATHLETICS AUCTION & Dinner Fundraiser

hosted by the Freeman Foundation



March 14th | 5:30pm
Coeur d'Alene Casino & Resort

Join us for a fun evening featuring a social hour, silent & live auction and dinner to raise funds for officials fees, sports travel, equipment & more.

Deadline to purchase tickets: March 6th

TICKETS ON SALE NOW

**\$60/PERSON
\$450/TABLE OF 8**

Purchase a table & sit with friends for RESERVED SEATING. Individual tickets and couples will be OPEN SEATING.

How to get involved...

- ✓ Purchase tickets and attend - must be purchased ahead of time
- ✓ Donate & help procure items by February 15th
- ✓ Extend the fun and stay the night with our discounted room block - online at CDA Casino Booking ID BKG481 Password 83454132

NEWTech PREP
Skill Center
4141 N Regal
Spokane, WA 99207

APPRENTICESHIP INFORMATION NIGHT

March 11, 2026
6:00 p.m. to 7:30 p.m.



Registered Apprenticeships

- Associated General Contractors
- Carpenters
- Construction Industry Training Council
- Electricians
- Heat & Frost Insulators
- Iron Workers
- Laborers
- Machinists
- Plasters & Cement Masons
- Plumbers & Pipe Fitters
- Sheet Metal Workers
- Spokane Community College
 - Support Agencies
 - Associated Builders & Contractors
 - Construct a Career
 - TradeUp2Construction
 - Pre-Employment Preparation Program

Discover Apprenticeship

Juniors and seniors will learn how registered apprenticeships work. A short presentation starts at **6:00 p.m.**, followed by time to meet apprenticeship coordinators and ask questions. This is not a career fair. Parents and caregivers are encouraged to come!

PLEASE REGISTER AT:

<https://tinyurl.com/InfoNight2026>

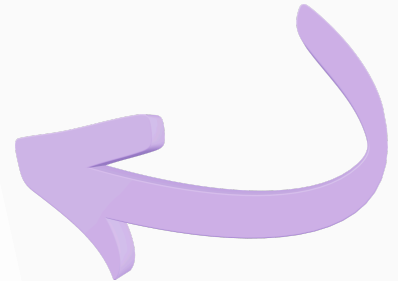




FREEMAN FOCUS

WINTER | SPRING 2026

The newest issue of the "Freeman Focus" is out now. Read the entire issue [here](#).



A Letter to Our Community...

Dear Freeman Students, Staff, Parents, and Community Members,

As we reach the midpoint of the school year, I want to pause and say thank you. Thank you to our students for showing up each day ready to learn and grow, to our staff for their unwavering commitment to kids, and to our parents and community for the continued trust and support you provide our schools. The first half of the year has been filled with hard work, positive momentum, and countless examples of people doing what's right for students.

Across the district, we've seen strong engagement in classrooms, meaningful progress toward our academic and social-emotional goals, and a continued focus on relationships, safety, and belonging. While there is always more work to do, I am proud of the way our Freeman community supports one another, works through challenges together, and keeps students at the center of every decision.

As we look ahead to the second half of the year, our focus remains the same: high expectations, strong relationships, and a commitment to continuous improvement. Thank you for being a partner in this work. Together, we will finish the year strong and continue building the kind of schools and community our students deserve.

Pride - Commitment - Caring
WE are Freeman

Sincerely,
Randy L. Russell, Ph.D.
Superintendent

The Spokane Scholars Foundation has been honoring excellence in education in the Spokane region for almost 30 years. They have recognized over 3,500 scholars, honored more than 500 award recipients and given over \$1.5 million in scholarships and cash matches. They take pride in honoring the scholarly success of high school students in our region. Our Freeman nominees are:

Congratulations to our Freeman SPOKANE SCHOLARS

 JOSIAH KAMM Fine Arts	 MAE GASHMERE Social Studies	 JOSIAH BESSIVE Math
 TAYLOR JUNKE World Language	 AVA ATWOOD Science	



FREEMAN PTSG

PARENT TEACHER STUDENT GROUP

Freeman's Parent Teacher Student Group (PTSG) continues to play a vital role in supporting our staff and students, often bridging critical funding gaps and enhancing opportunities across our schools. We are deeply grateful for their generosity and commitment to enriching student programs and strengthening our school community.

- Nearly \$7,000 in grants supporting K-12 music programs, the TK-8 library, counseling services, and classroom resources
- Partnership with Middle School ASB to support the Scottie Dash
- Support for student and family events such as the Harvest Hoedown, Craft Night, and the Family Glow Dance
- Two \$750 scholarships to be awarded to seniors at Freeman High School this spring

PACE Character Traits

- March - **DILIGENCE**
- April - **TRUSTWORTHINESS**
- May - **COURAGE**
- June - **INTEGRITY**



CRITICAL INCIDENT MAPPING IS NOT A MAP OF FREEMAN

...with Critical Incident Mapping... designed to support schools and first responders. In a crisis, every second counts. Collaborative Response Graphics maps that combine detailed floor plans, high-resolution imagery, emergency response systems, helping ensure faster, more coordinated communication and decision-making. Our ongoing commitment to the safety and security of our students and staff.

NEW CROSSWALK SIGN COMING SOON

Based on feedback from staff, students, and community members, Freeman School District will be installing a new solar- or AC-powered crosswalk sign equipped with flashing beacons on Jackson Road. This added safety measure is designed to increase visibility and help ensure safer crossings for our students. Installation is projected for completion by summer 2026. Student safety remains a top priority, and we appreciate the valuable input from our community in helping guide these improvements.



Response Protocol (SRP)



EVACUATE
District. We are currently updating a nationally recognized school drills across Washington and diverse learning environments to improve communication and

SHELTER

lights, out of sight; etc.

WORK



RIGHT: \$2,417 - Water Pump Seal Kit
Used to supply water to the entire school district.

Student HIGHLIGHTS



BOYS
BASKETBALL
State Send Off



Student HIGHLIGHTS

