

Notes from the Wellness Committee meeting - Tuesday, February 3rd

Wellness Committee - Agenda - Tuesday, February 3rd - 3:45 pm

1. Welcome (Tracy)
2. Share out - Triennial Assessment SlideDeck (Chad)
 - a. Sharing with the School Board on Monday, February 23, 2026 @ Salem Hills
 - b. Walked through the SlideDeck
 - c. Feedback provided by Gail, Tracy and Chad
3. Wellness Committee Follow-Up - Happenings by Site (Chad)
 - a. Leadership Site Questions - Spreadsheet explaining what each site is doing
4. Brainstorm - "How to Recruit?" and "Site Leadership" (Group)
 - a. Growing our Wellness Committee
 - b. Finding a way to get kids' perspective - prioritizing after April
 - c. High School Students - Bring together a group of older students to share their K-5, 6-8 experiences they found to be exciting and meaningful
 - d. Site director involvement
5. Other.... (Group)
6. Next Meeting: Tuesday, April 21st, 2026 - Google Meeting - 3:45 pm

Mission - The IGH Wellness Committee is dedicated to cultivating a school environment that prioritizes and promotes physical health, mental well-being, and lifelong healthy habits for students, staff, and the wider community.

Attendees:

Chad Sexauer
Tracy Lutt
Gail Anderson